Head Start
A Program of CAPK

Community Action Partnership of Kern
Head Start/State Child Development

POLICY COUNCIL MEETING PACKET

November 17, 2026

POLICY COUNCIL
STANDING COMMITTEES
November 2026

EXECUTIVE COMMITTEE

Chairperson:
Vice Chairperson:
Secretary:
Treasurer:
Parliamentarian:

STANDING COMMITTEE MEMBERS

Board of Directors:

BUDGET & FINANCE
Chairperson:

1.
2.
3.
4.
5.

BYLAWS
Chairperson:

1.
2.
3.
4.
5.

PLANNING
Chairperson:

1.
2.
3.
4.
5.

SCHOOL READINESS
Chairperson:

1.
2.
3.
4.
5.



Policy Council Standing Committee
Attendance Sheet
2026 – 2027

Budget & Finance Committee										
Member	Jan.	Feb.	Mar.	Apr.	May	June	Jul.	Aug.	Sept.	Oct.

Planning Committee										
Member	Jan.	Feb.	Mar.	Apr.	May	June	Jul.	Aug.	Sept.	Oct.

School Readiness Committee

Member	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.

Bylaws Committee

Member	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sept.	Oct.

Board of Directors

Member	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sept.	Oct.

Legend	
Attended	X
Did Not Attend	ABS
Attended Another CAPK Function	
Resigned	R
Terminated	
No Subcommittee Meeting Held	
Not Yet Elected to Subcommittee	
Absent Due to Weather Conditions	
Excused Absence	ABS*

DATE	November 17, 2026
TIME	5:30 p.m.
LOCATION	CAPK Administrative Office 1300 18th Street 3rd Floor – Board Conference Room Bakersfield, CA 93301
TEAMS LINK	Join Meeting
MEETING ID	255 108 470 051 499
PASSCODE	Dd3ug39M

Policy Council Meeting Agenda

The Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

1. **Call to Order**
   a. Roll Call

Ardelia Cabral	Kelcie Richardson
Ashley Torres	Lupe Perez-Garcia
Christina Perez	Maritza Jimenez
Claudia Arauz	
Gladis Gomez	

2. **Public Comments**
   The public may address the Policy Council on items that are not on the agenda. Speakers are limited to 3 minutes. If more than one person wishes to address the same topic, the total group time for the topic will be 10 minutes. Please state your name before making your presentation.

3. **Consent Agenda** ***Action Item***
   The Consent Agenda consists of items that are considered routine and non-controversial. These items are approved in one motion unless a member of the Council or the public requests removal of a particular item. If comment or discussion is requested, the item will be removed from the Consent Agenda and will be considered in the order listed –

   a. Policy Council Meeting Minutes – October 27, 2026 ***(p. 7-11)***
   b. Head Start Budget to Actual Report, March 1, 2026, through September 30, 2026 ***(p. 12-14)***
   c. Early Head Start Budget to Actual Report, March 1, 2026, through September 30, 2026 ***(p. 15-17)***
   d. Head Start McFarland Modular as of September 30, 2026 ***(p. 18-19)***
   e. Head Start and Early Head Start Kern Non-Federal and In-Kind Report, March 1, 2026, through September 30, 2026 ***(p. 20)***
   f. Early Head Start Childcare Partnerships Non-Federal Share and In-Kind Report, March 1, 2026, through September 30, 2026 ***(p. 21)***
   g. Parent Travel & Childcare March 1, 2026, through September 30, 2026 ***(p. 22)***
   h. Parent Activities March 1, 2026, through September 30, 2026 ***(p. 23)***
   i. Head Start Program Review & Evaluation Report – October 2026 ***(p. 24-25)***
   j. Backpack Connection Series: How to Give Clear Directions (English/Spanish) ***(p. 26-27)***
   k. Community Needs Survey – Community Action Partnership of Kern ***(p. 28)***
   l. Energy, Weatherization & Utility Bill Assistance – CAPK Energy ***(p. 29-30)***
   m. Little Sprouts Market Adventure – KTS Farmer's Market ***(p. 31)***
   n. Star Angel Babies Foundation – Bakersfield, CA ***(p. 32)***
   o. Infant Safe Sleep – National Institute of Child Health and Human Development ***(p. 33-36)***

p. Together for Wellness – UC Davis Health ***(p. 37)***
q. Free Women's Self-Defense Classes – The Open Door Network ***(p. 38)***
r. CalFresh Work and Community Engagement Requirements – Kern County Human Services ***(p. 39)***
s. Astronomy in the Park – November 14, 2026, Oak Grove Regional Park, Stockton, CA ***(p. 40)***
t. Miracle Mile Holiday Parade – December 4, 2026, Stockton, CA ***(p. 41)***
u. 4th Annual Holiday Village – December 4, 2026, Village West Marina & Resort, Stockton, CA ***(p. 42)***
v. Delta Reflections Light Up Boat Parade – December 5, 2026, Stockton, CA ***(p. 43)***
w. Our All-American Christmas – December 5, 2026, Lamont, CA (English/Spanish) ***(p. 44-45)***
x. Holiday Toy Giveaway – Safe Haven Kids' League, California City, CA ***(p. 46)***
y. 4th Annual Fatherhood Conference – January 21, 2027, Bakersfield Marriott (English/Spanish) ***(p. 47-48)***
z. Head Start Recruitment Flyer (English/Spanish) ***(p. 49-50)***
aa. Early Head Start San Joaquin Flyer (English/Spanish) ***(p. 51-52)***
bb. Home Visiting Program Flyer (English/Spanish) ***(p. 53-54)***

4. New Business ***Action Item***

a. 2026-2027 Policy Council Proposed Meeting Dates – Lisa Gonzales, Program Governance Coordinator ***(p. 55)***
b. Nomination and Election for Policy Council Chairperson ***(p. 56)***
c. Nomination and Election for Policy Council Vice Chairperson ***(p. 56)***
d. Nomination and Election for Policy Council Secretary ***(p. 56)***
e. Nomination and Election for Policy Council Treasurer ***(p. 56)***
f. Nomination and Election for Policy Council Parliamentarian ***(p. 56)***
g. Nomination and Election of Policy Council Representative to the Board of Directors ***(p. 56)***

5. Standing Reports

a. Program Governance – Lisa Gonzales, Program Governance Coordinator
b. Board of Directors – Lupe Perez-Garcia, CAPK Board Member
c. Head Start/State Child Development – Yolanda Gonzales, Director

6. Policy Council Member Comments

7. Next Scheduled Meeting

8. Adjournment

This is to certify that this agenda notice was posted in the lobby of the CAPK Administrative Office at 1300 18th Street, Bakersfield, CA and online at www.capk.org on November 13, 2026, by Lisa Gonzales, Program Governance Coordinator.

COMMUNITY ACTION PARTNERSHIP OF KERN
POLICY COUNCIL MEETING MINUTES
October 27, 2026
CAPK Administrative Office
1300 18th Street, Bakersfield, CA 93301

1. **Call to Order**

The meeting was called to order at 5:45 p.m.

a. Roll call was taken, and a quorum was established.

Policy Council Members Present: Alejandra Verduzco, Candy Diaz, Clarissa Mendoza, Elizabeth Williams, Frances Torres, Maria Izaguirre, Maritza Garcia, Pablo Reyes, Rebecca Castro

Policy Council Members Absent: James Osborne, Lupe Perez-Garcia, Zuleima Garcia

2. **Public Comments**

The public may address the Policy Council on items not included on the agenda at this time. However, the Policy Council will take no action other than that of referring the item(s) to staff for study and analysis. Speakers are limited to three minutes. If more than one person wishes to address the same topic, the total group time for the topic will be 10 minutes. Please state your name before making your presentation.

None

3. **Committee Verbal Reports**

a. **Budget & Finance Committee – Maria Izaguirre**

The Budget & Finance Committee met on October 20, 2026, for its final meeting of the term and reviewed the Head Start and Early Head Start budget to actual reports as well as all other standing reports for the period ending August 31, 2026. Appreciation was expressed to the Budget & Finance Committee staff sponsor Louis Rodriguez, for his preparation of the reports and thorough review with the committee as well as answering any questions and providing clarification when needed.

b. **Bylaws Committee – Maritza Garcia**

The Bylaws Committee completed all scheduled meetings of the 2025-2026 Policy Council term. Over the course of the term, the CAPK Head Start Policy Council Bylaws were reviewed in their entirety. During the review process, the committee made recommended changes to the document which subsequently received approval from the Policy Council as well as from the CAPK Board of Directors. Bylaws Committee members were thanked for their time, participation, and input.

c. **Planning Committee – Rebecca Castro**

The Planning Committee met on October 13, 2026, and reviewed the Division Program Activity Report for the month of September 2026. Early Head Start had a reportable enrollment of 94% and Head Start reported 86% enrollment during this reporting period. The Central Kitchen delivered a total of 62,126 meals. Progress towards the program's workforce goal was also shared with the committee. It was noted that the program has begun to provide job-specific training through the Learning Management System.

d. **School Readiness Committee – Alejandra Verduzco**

The School Readiness Committee met on several occasions during the current term and had the opportunity to hear quite a bit of information on the various components within the Head Start program that support school readiness. The committee concluded its final meeting of the term with an in-depth review and discussion of the proposed school readiness goals. Members were also provided the opportunity to provide their input. The proposed goals which included members' comments and suggestions were subsequently approved by the Policy Council as well as the CAPK Board of Directors and have been implemented for the 2026-2027 program year. Gratitude was expressed for staff sponsor, Cynthia Rodriguez for her knowledge and support.

4. Presentations

a. **Community Needs Assessment – Theresa Martinez, Grant Administrator, CAPK Community Development**

Theresa shared information about the current Community Needs Assessment survey which launched on October 1, 2026, and will run through March 31, 2027 and encouraged members to take the survey. She added that the data compiled from the survey helps the agency assess vital information, such as barriers to employment, as well as demographic data. The goal is to have 2,000 surveys completed, which will surpass last years figure. Theresa stated that paper copies will be distributed to sites, adding that there is also a QR code which will allow participants to access and complete the survey. Flyers were provided to the Council, and members were invited to share the survey with others. Theresa stated that a report based upon data received will be available in the spring of 2027.

b. **National Head Start Fall Leadership Institute 2026 – Rebecca Castro**

Rebecca expressed appreciation to the Council for electing her to attend the Leadership Conference, adding that she learned a lot and appreciated the opportunity as she had never been to Washington D.C. prior to the conference. Rebecca provided a PowerPoint presentation to the Council which highlighted speakers she was most moved by, such as Dr. Debra Bergeron, who presented almost daily to the conference attendees, Michael Higdon who is from the Central Valley, Dr. Anjali Ferguson who spoke on trauma informed practices and Lizabeth Casco White, Director of the Office of Head Start who started out as a parent of the Head Start program. Rebecca also provided an overview of some of the sessions she attended. This included but was not limited to, Poverty Abolitionists, in which the speaker who has traveled all over the world spoke about not having to live in poverty, and provided tips and ways that communities can fight back against poverty. Rebecca also spoke briefly about Parents Unite which empowers Head Start parents and provides a variety of leadership opportunities. She also shared her appreciation for having the opportunity to speak to members of Congressman David Valadao and Congressman Vincent Fong's offices to share her experience as a Head Start parent and to advocate for the program and for additional funding. Rebecca stated that this was a wonderful opportunity, and she learned even more about the Head Start program than she had known before.

c. **Recognition of 2025-2026 Policy Council Members –Yolanda Gonzales, Director Head Start/State Child Development and Jerry Meade, Assistant Director-Program Head Start/State Child Development**

Appreciation was expressed and members were thanked for their commitment and service to the Policy Council and for their overall support of the Head Start program. Head Start Director, Yolanda Gonzales, along with Jerry Meade, Assistant Director of Program acknowledged Policy Council members for their valuable contributions made to the program over the course of the year. Members were called upon individually and provided a certificate of appreciation, as well as a letter of recommendation for their service on behalf of the program.

5. Consent Agenda ***ACTION**

The Consent Agenda consists of items that are considered routine and non-controversial. These items are approved in one motion unless a member of the Council or the public requests the removal of a particular item. If comment or discussion is requested, the item will be removed from the Consent Agenda and will be considered in the order listed.

a. Policy Council Meeting Minutes – September 22, 2026 (English/Spanish)
b. Policy Council Bylaws Committee Meeting Minutes – September 9, 2026
c. Policy Council Planning Committee Meeting Minutes – September 8, 2026
d. Policy Council Budget & Finance Committee Meeting Minutes – September 15, 2026
e. Head Start Budget to Actual Report, March 1, 2026, through August 31, 2026
f. Early Head Start Budget to Actual Report, March 1, 2026, through August 31, 2026
g. Head Start McFarland Modular as of August 31, 2026
h. Head Start and Early Head Start Kern Non-Federal and In-Kind Report, March 1, 2026, through August 31, 2026
i. Early Head Start Child Care Partnership Non-Federal and In-Kind Report, March 1, 2026, through August 31, 2026

j. Parent Travel & Childcare March 1, 2026, through August 31, 2026
k. Parent Activities through March 1, 2026, through August 31, 2026
l. Head Start Program Review & Evaluation Report – September 2026
m. What's your #headstartstory? – Head Start California
n. Movies in the Park – through October 2026, Bakersfield, CA
o. Free Sensory Friendly Movie Dates – through December 2026, Studio Movie Grill
p. Optimistic October – Action for Happiness
q. Backpack Connection Series: (English/Spanish)
r. Head Start Recruitment Flyer (English/Spanish)
s. Early Head Start San Joaquin Flyer (English/Spanish)
t. Home Visiting Program Flyer (English/Spanish)

A motion was made by Candy Diaz and seconded by Rebecca Castro to approve consent agenda items (a) through (t). Motion carried unanimously.

6. <u>New Business</u> ***ACTION**

a. **2027-2028 Head Start/Early Head Start Training and Technical Assistance Plan – Rosa Guerrero, Administrative Analyst**
Rosa referenced the program goals and objectives which the Council previously approved and shared that following the approval of that document a training plan was created based upon those goals and objectives. In reviewing the document Rosa noted that the approved goals and objectives can be identified in the Training and Technical Assistance Plan for the next fiscal year which will begin on March 1, 2027, through February 2028. Candy Diaz made a motion to approve the 2027-2028 Training and Technical Assistance Plan, with a second by Maritza Garcia. Motion carried unanimously.

b. **2027-2028 Head Start/Early Head Start Refunding Application – Rosa Guerrero, Administrative Analyst**
The 2027-2028 refunding application for Head Start and Early Head Start along with budget detail was provided to and discussed with the Council. Rosa stated that this will be the fourth year of a five-year grant cycle. She also outlined the requirement process of a refunding application, noting that although the grant is on a 5-year cycle, each year a refunding application must be submitted to the Office of Head Start along with the required supporting documentation. Clarissa Mendoza made a motion to approve the 2026-2027 Head Start/Early Head Start Refunding Application and seconded by Frances Torres. Motion carried unanimously.

7. <u>Standing Reports</u>

a. **Program Governance – Lisa Gonzales, Program Governance Coordinator**
Lisa thanked members for their time and for the commitment they have made to the Policy Council over the past year. She spoke to a few noteworthy informational items in the packet which included, statistics and information on domestic violence along with the helpline phone number. Additional information shared centered around healthy versus unhealthy relationships and included examples of such. The handout also spoke about equality and control and what that can look like in a relationship. Various ways in which parents can continue to stay involved, advocate and support Head Start as their Policy Council term concludes was discussed. She shared that those members who are still in the program can show support by attending their parent meetings, volunteering in their child's classroom, and most effectively of all, they can share their Head Start experience with others. Lisa stated parents are the best recruitment tools the program has, their voice and experience speaks volumes. She stated that the program is always accepting applications and encouraged members to tell others about Head Start. Lisa shared that as the outgoing Council completes their term, she looks forward to working with new members who will begin their term in November. She also thanked new members for attending the October Policy Council meeting which provided them with an opportunity to see how a Council meeting is conducted. Lisa encouraged those members moving on to elementary school to continue to be an advocate and be involved in their child's education. She also asked that members check their email, as they will be receiving a small token of appreciation for their service on the Policy Council. She stated that the email will come from Goody Technologies Inc. and will allow each member to select a gift of their choosing from this gifting platform. Alejandra Verduzco was recognized and commended for serving three years

as a Policy Council member. Lisa added that over those 3 years Alejandra has only missed a total of six meetings and travels over a 40-mile round trip to attend Policy Council. In closing, Lisa welcomed Gladis, Claudia and Christina to the 2026-2027 Policy Council term and thanked them for attending the event. She shared that she is excited for what the new term will bring, including new members and new learning.

b. **Community Representative – Pablo Reyes, Past Parent**
Pablo expressed his appreciation for the invitation to serve on the Council as a past parent of the program. Pablo is an administrator with the Kern High School District; his children previously attended the Harvey L. Hall center. Pablo stated that it was a privilege to serve on the Council and encouraged parents to continue serving as their children move on in their education. Pablo stated that it is a vital component not only for the children but for the school as well; parent voices are important and school administrators want to hear from them. Pablo encouraged parents to attend school board meetings, become involved in school site council, and continue to ask questions as they have during their time on the Council.

c. **Community Representative – Elizabeth Williams, Adventist Health Hospital**
Elizabeth spoke of her passion for the Head Start program and her love of early childhood education adding that she has been a lifelong advocate even prior to the birth of her now 17-year-old son. Elizabeth shared that though she still works with students albeit in a different capacity her servant heart is committed to helping children. Elizabeth encouraged parents to continue to be an advocate, and if they are interested in the field as a career, she highly recommended they pursue their interest. As a recent past employee, she was grateful to have the opportunity to serve on the Council during the 2025-2026 term and thanked Lisa as well as Jerry and Yolanda. In closing, on behalf of Adventist Health Hospital, Elizabeth stated to members, "continue to stay healthy!"

d. **Board of Directors – Lupe Perez-Garcia, CAPK Board of Directors Representative**
Lisa shared the Board of Directors report on behalf of Lupe who was unable to attend. It was noted that all items on the Consent Agenda were approved as was the Employee Health Insurance Renewal for the 2027 plan year. A variety of other action items were approved as presented. Additionally, Kim Simmonds was introduced to the Board. She will be the Executive Assistant to Chief Executive Officer, Jeremy Tobias upon Paula Daoutis' retirement.

e. **Head Start/State Child Development – Yolanda Gonzales, Head Start/State Child Development Director**
Yolanda thanked the Council for their commitment and partnership. She shared that October is (unofficially) Pumpkin Month, and there are a lot of activities taking place at centers and all throughout the program and thanked parents for being a part of those activities. Yolanda mentioned a few of the events that have occurred such as, family father engagement, nutrition and healthy living workshops, family literacy, visits from the police department in Shafter, spirit week and so much more. Yolanda encouraged members to allow this opportunity and their time on the Council to be a part of the beginning of their journey. In reiterating Pablo's sentiments, she spoke about really being involved in their child's education as they move on to kindergarten, into elementary school, junior high and high school because it makes such a difference. Yolanda once again thanked members for their time and commitment, and she looks forward to what their journey brings and the new chapters. In closing, Yolanda welcomed new members, adding that she looks forward to working with them.

8. <u>Policy Council Chairperson Report</u>
No report provided as the Chairperson was unable to attend the event.

9. <u>Policy Council Member Comments</u>
Members had an opportunity to share a comment if they would like.

Alejandra Verduzco was thankful for the opportunity to serve on the Council over the past 3 years. She stated that she learned so much about the program adding that she got to see the ins and outs of it. Alejandra expressed gratitude to the program for the foundation it provided her two children to be able to succeed and thrive in elementary school.

Candy Diaz wished members a happy and safe Halloween.

Clarissa Mendoza was grateful for the opportunity to serve on the Council and was appreciative for all the email reminders Lisa sent as well. Clarissa stated that the entire experience on the Policy Council served as motivation for her for a potential career change and to be more involved. She expressed thanks for all the knowledge, tips and resources shared.

Elizabeth Williams stated she was very impressed with all the parent members of the Council and commended them for being an active participant and learning how to speak so eloquently at meetings. She encouraged them to continue to be an advocate whether they stay on the Council or not. Elizabeth also thanked staff who work with the children each day for all they do because it is a hugely important job and they do a lot of the hard work that we do not get to see on a daily basis.

Frances Torres thanked the staff and primarily Lisa for never giving up on her no matter what her situation was. She added that Lisa always called on her and checked on her to make sure she was doing okay. Frances shared that this meant so much to her and she is so appreciative of that. She also shared that she was very grateful to be able to attend the Head Start California Conference in Ontario where she learned a lot. Frances stated that she is going to try to stay connected and plugged in, adding that she will miss everyone since her daughter is now in kindergarten.

Maria Izaguirre thanked everyone, specifically Lisa for always being there. She shared that she is now taking English classes and can understand most everything that is being said. Maria stated she is very thankful to have been a part of the Policy Council.

Maritza Garcia stated that Policy Council is amazing and she is happy to return for the next term. She shared that she was excited to get to talk with Elizabeth (Williams) because she is awesome. Maritza stated that she checks her email daily and has seen the email about the gift, which she has already selected and it is being shipped! She stated that she did not know Head Start could be such a great program not just for her children, but for her as well.

Pablo shared a brief story about a “light bulb” new learning moment his daughter had when she was in the program. She had noticed the EXIT sign in the center near the doors and one day when traveling on the freeway saw a sign and noticed that it had the same letters and said aloud, “exit!” Pablo shared that his daughter then excitedly said, “that is why we get off the freeway, we exit!” Pablo expressed his appreciation for all the “light bulb moments” that his girls have had and continue to have which all began with Head Start.

Rebecca Castro thanked all of Head Start staff and stated that she did not fully understand that Head Start and CAPK were two different things. She added that she has learned so much over the year she has served on the Policy Council. Rebecca shared that it was also a great opportunity to network with others. She shared the program is amazing and that she will always be a lifelong advocate. Rebecca added that everyone who has or has had a child in the program should be encouraging others to enroll their children too. The Head Start program is so empowering, it empowers families with resources and empowers them with knowledge and that is what makes the program so important and powerful. Rebecca expressed appreciation to all for their time and welcomed and encouraged members to stay connected with one another.

10. <u>Adjournment</u>

The meeting was adjourned at 6:54 p.m.

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MEMORANDUM

To: Budget and Finance Committee of Policy Council

From: Tracy Webster, CFO/ Louis Rodriguez, Finance Administrator

Date: November 17th, 2026

Subject: *Head Start*
Budget to Actual Report for the period ended September 30, 2026 – **Info Item**

The Office of Head Start has awarded CAPK the full amount of its Head Start and Early Head Start grant for a five-year budget period, the third-year budget period is March 1, 2026, through February 28, 2027.

The following are highlights of the Head Start Budget to Actual Report for the period of March 1, 2026, through September 30, 2026. Seven months (58.33%) of the 12-month budget period have elapsed.

Base Funds

Overall expenditures are at 55% of the budget.

Training & Technical Assistance Funds

Overall expenditures are at 100% of the budget.

Non-Federal Share (Head Start and Early Head Start combined)

The non-Federal share is at 87% of the budget.

Community Action Partnership of Kern
Head Start
Budget to Actual Report
Budget Period: March 1, 2026 - February 28, 2027
Report Period: March 1, 2026 - September 30, 2026
Month 7 of 12 (58.33%)

Prepared 11/09/2026

BASE FUNDS	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
PERSONNEL	9,546,814	5,266,715	4,280,098	55%	45%
FRINGE BENEFITS	3,184,875	2,333,655	851,220	73%	27%
SUPPLIES	613,172	475,471	137,701	78%	22%
CONTRACTUAL	258,399	229,386	29,013	89%	11%
CONSTRUCTION	2,100,204	-	2,100,204	0%	100%
OTHER	3,323,722	2,117,699	1,206,023	64%	36%
INDIRECT	1,957,817	1,180,228	777,589	60%	40%
TOTAL BASE FUNDING	**20,985,003**	**11,603,155**	**9,381,848**	**55%**	**45%**
TRAINING & TECHNICAL ASSISTANCE					
TRAVEL	56,265	31,387	24,878	56%	44%
SUPPLIES	28,122	14,858	13,264	53%	47%
CONTRACTUAL	10,420	5,544	4,876	53%	47%
OTHER	63,752	106,769	(43,017)	167%	-67%
INDIRECT	19,027	19,027	-	100%	0%
TOTAL TRAINING & TECHNICAL ASSISTANCE	**177,586**	**177,586**	**(0)**	**100%**	**0%**
GRAND TOTAL HS FEDERAL FUNDS	**21,162,589**	**11,780,741**	**9,381,848**	**56%**	**44%**

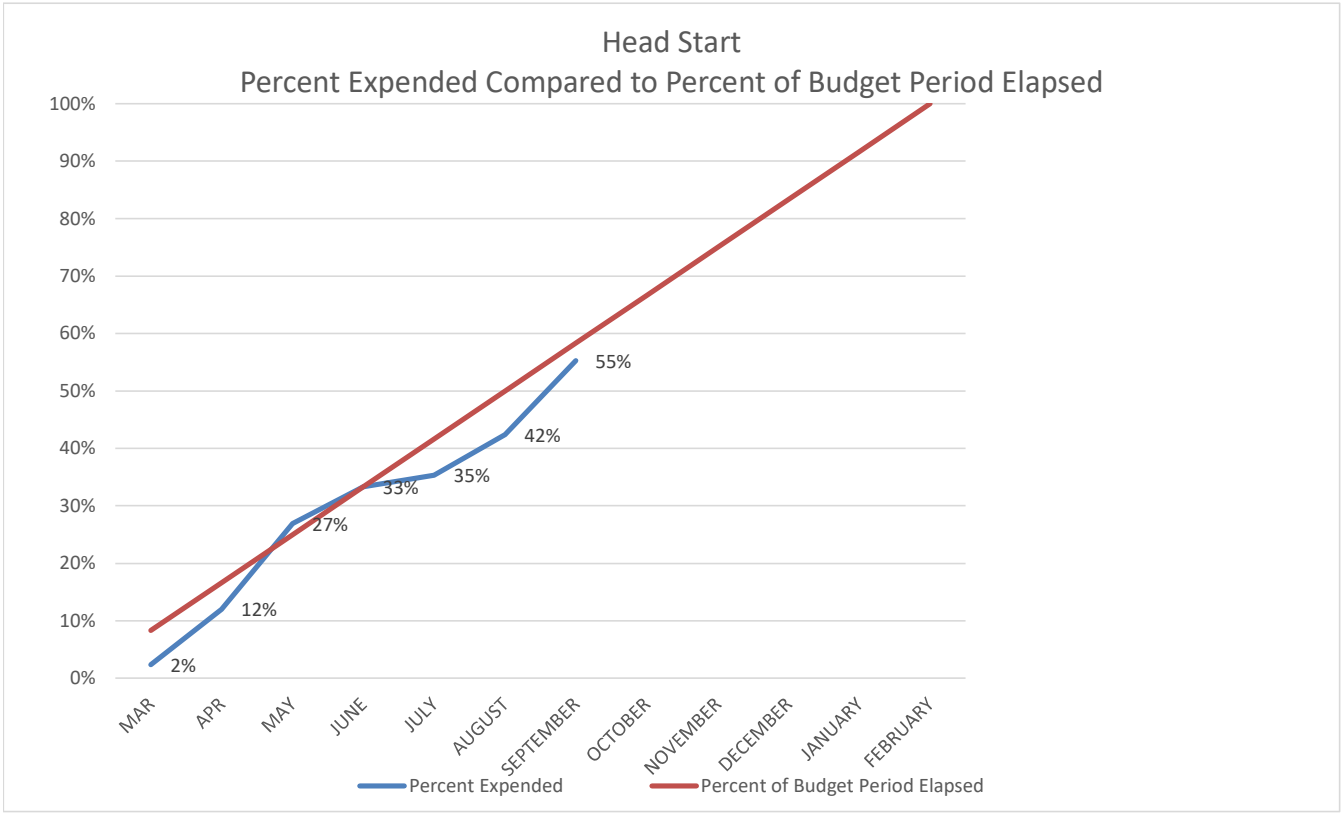
HEAD START and EARLY HEAD START COMBINED NON-FEDERAL SHARE

SOURCE	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
IN-KIND	2,117,972	2,755,638	(637,666)	130%	-30%
CALIF DEPT OF ED	7,967,702	5,989,216	1,978,486	75%	25%
TOTAL NON-FEDERAL	**10,085,674**	**8,744,854**	**1,340,820**	**87%**	**13%**

Budget reflects Notice of Award #09CH012489-03-03
Actual expenditures include posted expenditures and estimated adjustments through 09/30/2026
Administrative Cost for HS and EHS Combined **10.98%**

Agency-Wide Credit Card Report

	CURRENT	1 TO 30	31 TO 60	61 TO 90	TOTAL	STATEMENT DATE
Elan Credit Card	73,022				**73,022**	10/1/2026
Lowe's	4,252	-	-	-	**4,252**	10/1/2026
Smart & Final	449	-	-	-	**449**	10/1/2026
Save Mart	-	-	-	-	**-**	10/1/2026
Chevron & Texaco Business Card	3,543	-	-	-	**3,543**	10/1/2026
Home Depot	17,885	-	-	-	**17,885**	10/5/2026
	99,151	**-**	**-**	**-**	**99,151**	


Head Start
Percent Expended Compared to Percent of Budget Period Elapsed
100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%
2%
12%
27%
33%
35%
42%
55%
MAR
APR
MAY
JUNE
JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER
JANUARY
FEBRUARY
Percent Expended
Percent of Budget Period Elapsed

MEMORANDUM

To: Budget and Finance Committee of Policy Council

From: Tracy Webster, CFO / Louis Rodriguez, Finance Administrator

Date: November 17th, 2026

Subject: *Early Head Start*
Budget to Actual Report for the period ended September 30, 2026 – **Info Item**

The Office of Head Start has awarded CAPK the full amount of its Head Start and Early Head Start grant for a five-year budget period, the third-year budget period is March 1, 2026, through February 28, 2027.

The following are highlights of the Early Head Start Budget to Actual Report for the period of March 1, 2026, through September 30, 2026. Seven months (58.33%) of the 12-month budget period has elapsed.

Base Funds

Overall expenditures are at 63% of the budget.

Training & Technical Assistance Funds

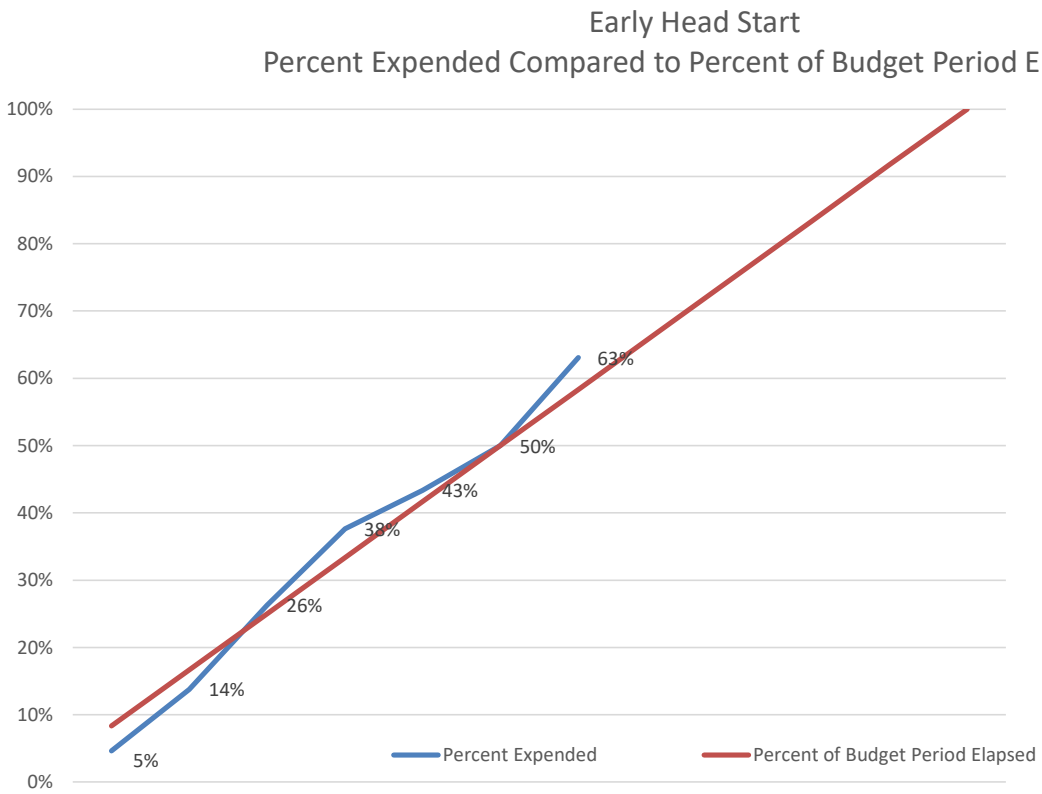
Overall expenditures are at 65% of the budget.

Community Action Partnership of Kern
Early Head Start
Budget to Actual Report
Budget Period: March 1, 2025 - February 28, 2027
Report Period: March 1, 2026 - September 30, 2026
Month 7 of 12 (58.33%)

Prepared 11/09/2026

BASE FUNDS	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
PERSONNEL	10,872,663	6,688,941	4,183,723	62%	38%
FRINGE BENEFITS	3,584,023	2,555,546	1,028,477	71%	29%
SUPPLIES	818,999	523,296	295,703	64%	36%
CONTRACTUAL	1,021,511	591,156	430,355	58%	42%
OTHER	2,447,205	1,470,655	976,550	60%	40%
INDIRECT	2,191,961	1,379,995	811,966	63%	37%
TOTAL BASE FUNDING	**20,936,362**	**13,209,588**	**7,726,775**	**63%**	**37%**
TRAINING & TECHNICAL ASSISTAN					
TRAVEL	107,305	51,285	56,020	48%	52%
SUPPLIES	38,024	27,948	10,076	74%	26%
CONTRACTUAL	23,813	5,356	18,457	22%	78%
OTHER	137,953	114,498	23,455	83%	17%
INDIRECT	36,851	23,999	12,852	65%	35%
TOTAL TRAINING & TECHNICAL AS	**343,946**	**223,085**	**120,861**	**65%**	**35%**
GRAND TOTAL EHS FEDERAL FUN	**21,280,308**	**13,432,673**	**7,847,635**	**63%**	**37%**

Budget reflects Notice of Award #09CH012489-03-03
Actual expenditures include posted expenditures and estimated adjustments through 09/30/2026


Early Head Start
Percent Expended Compared to Percent of Budget Period Elapsed
100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%
5%
14%
26%
38%
43%
50%
63%
Percent Expended
Percent of Budget Period Elapsed

MEMORANDUM

To: Budget and Finance Committee of Policy Council

From: Tracy Webster, CFO/ Louis Rodriguez, Finance Administrator

Date: November 17th, 2026

Subject: *Head Start*
McFarland Modular as of September 30, 2026 – **Info Item**

CAPK received authorization from the Office of Head Start (OHS) to purchase and install a modular unit at 410 E. Perkins Ave., McFarland, CA 93250.

The purchase of the new modular unit will be funded through the current grant (09CH012489-03-03).

Below are highlights of the modular project funds for the period ending September 30, 2026:

Overall expenditures to date: **3.39%.**

Community Action Partnership of Kern

McFarland Modular

Report Period: March 1, 2025 - September 30 2026

Prepared 11/09/2026	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
McFarland - (Purchase and Installation of Modular)	1,699,878	57,588	1,642,290	3.39%	96.61%

NOA - 09CH012489-03-04

Community Action Partnership of Kern
Head Start and Early Head Start Kern
Year-to-Date Non-Federal Share and In-Kind Report
Budget Period: March 1, 2026 through February 28, 2027
Report for period ending September **30, 2026** (Month 7 of 12)

Percent of budget period elapsed: 58.33%

LOCATION	Enroll-ment	March	April	May	June	July	Aug	Sep	YTD Totals	Kern/SJC	IN-KIND GOAL	% OF GOAL MET
Alberta Dillard	34	8,550	10,613	4,280	0	0	0	5,390	28,834	Kern	47,159	61%
Alicante	17	7,857	18,424	17,701	9,404	6,432	9,377	22,754	91,949	Kern	23,579	390%
Angela Martinez	105	24,979	10,922	9,732	9,319	5,076	7,024	0	67,052	Kern	145,637	46%
Broadway	34	7,454	6,917	2,204	0	0	0	0	16,575	Kern	47,159	35%
California City	17	8,331	6,917	2,204	0	0	0	0	17,453	Kern	23,579	74%
Cleo Foran	23	171	20,798	11,750	0	0	7,859	6,630	47,207	Kern	31,901	148%
Delano	60	23,684	13,043	11,815	7,784	6,635	10,794	3,852	77,606	Kern	83,221	93%
Fairfax	34	11,338	4,701	7,127	3,452	4,851	5,279	0	36,748	Kern	47,159	78%
Harvey L. Hall	136	26,024	27,454	31,011	24,149	22,519	27,551	1,070	159,778	Kern	188,634	85%
Heritage	17	1,518	1,437	2,012	0	0	0	0	4,967	Kern	23,579	21%
Home Base	170	16,628	10,995	14,220	14,995	8,540	2,233	0	67,611	Kern	235,793	29%
Martha J. Morgan	50	19,321	29,346	28,977	19,070	17,492	19,517	0	133,724	Kern	69,351	193%
Oasis	42	12,771	11,350	4,633	0	0	6,546	0	35,299	Kern	58,255	61%
Pete H. Parra	116	78,959	63,868	66,867	36,498	26,605	31,462	0	304,259	Kern	160,894	189%
Primeros Pasos	67	81,527	87,998	83,920	81,541	37,396	56,041	0	428,424	Kern	92,930	461%
Rosamond	51	0	148	0	0	0	0	0	148	Kern	70,738	0%
San Diego	32	9,986	10,149	11,746	10,429	0	0	0	42,310	Kern	44,384	95%
Shafter	17	1,820	1,653	3,544	1,775	4,374	3,838	0	17,004	Kern	23,579	72%
Shafter HS/EHS	24	4,059	4,872	4,382	3,593	4,134	4,935	0	25,975	Kern	33,288	78%
Sterling	115	31,322	25,655	26,981	24,111	20,719	17,952	0	146,740	Kern	159,507	92%
Stockdale Head Start	41	7,286	7,874	5,176	0	0	5,097	0	25,434	Kern	56,868	45%
Sunrise Villa	17	3,669	834	345	0	0	0	0	4,849	Kern	23,579	21%
Taft	51	19,560	20,075	11,435	0	0	8,100	0	59,171	Kern	70,738	84%
Tehachapi	15	0	0	0	0	0	0	0	0	Kern	20,805	0%
Vineland	17	8,932	8,846	4,296	0	0	1,891	0	23,965	Kern	23,579	102%
Virginia	17	10,839	9,480	5,815	0	0	4,118	0	30,251	Kern	23,579	128%
Willow	0	0	0	0	0	0	0	0	0	Kern	0	0%
Administrative Services		0	0	0	0	0	0	0	0	Kern/SJC	0	0%
PC Planning		0	0	0	0	0	0	0	0	Kern/SJC	0	0%
PC By Laws		0	0	0	0	0	0	0	0	Kern/SJC	0	0%
Governance		0	61	275	6	0	0	0	342	Kern	0	0%
Program Services		21,927	14,047	5,432	7,356	0	0	0	48,762	Kern/SJC	74,265	66%
California Street	24	1,876	8,059	10,739	3,241	3,283	3,334	0	30,532	SJC	33,288	92%
Gianone	16	1,228	2,002	1,102	1,051	1,417	1,869	0	8,670	SJC	22,192	39%
Kennedy	16	147	5,319	5,396	76	0	0	0	10,938	SJC	22,192	49%
Lodi Home Base	20	12,516	2,967	14,146	19,375	15,980	15,040	0	80,023	SJC	27,740	288%
Lodi UCC	24	18,379	7,868	7,891	5,923	7,111	6,979	0	54,151	SJC	33,288	163%
Lathrop Home Base	20	4,764	2,967	2,605	2,670	3,405	1,116	0	17,526	SJC	27,740	63%
Marci Massei	24	0	0	0	0	0	0	0	0	SJC	33,288	0%
Stockton Home Base	40	5,680	5,294	2,293	4,334	4,576	5,197	0	27,374	SJC	55,481	49%
Lathrop	24	3,600	2,527	3,733	966	2,154	1,732	0	14,713	SJC	33,288	44%
SUBTOTAL IN-KIND	**1,527**	**496,702**	**465,482**	**425,788**	**291,117**	**202,700**	**264,880**	**39,696**	**2,186,364**	**0**	**2,192,237**	**100%**
										x		
State General Child Care*		0	0	0	0	326,417	328,972	321,183	976,571	Kern	2,135,515	46%
State Preschool*		1,026,140	693,628	0	0	363,309	631,447	833,180	3,547,705	Kern	4,067,566	87%
State Migrant Child Care*		2,382	2,268	2,155	2,268	567	1,032	930	11,602	Kern	157,004	7%
SUBTOTAL CA DEPT of ED		**1,028,522**	**695,896**	**2,155**	**2,268**	**690,293**	**961,451**	**1,155,293**	**4,535,878**		**6,360,085**	**71%**
										x		
State General Child Care*		235,717	235,233	183,871	196,036	179,941	203,397	219,143	1,453,338	SJC	1,607,617	**90%**
SUBTOTAL CA DEPT of ED		**235,717**	**235,233**	**183,871**	**196,036**	**179,941**	**203,397**	**219,143**	**1,453,338**		**1,607,617**	**90%**
GRAND TOTAL		**1,760,941**	**1,396,611**	**611,814**	**489,421**	**1,072,934**	**1,429,728**	**1,414,132**	**8,175,580**		**10,159,939**	**80%**
									569,274			
									8,744,854			

Community Action Partnership of Kern
Early Head Start Child Care Partnerships
Non-Federal Share and In-Kind Year-to-Date Report
Budget Period: March 1, 2026 through February 28, 2027
Report for period ending September 30, 2026 (Month 7 of 12)

Percent of year elapsed: 58.33%

LOCATION	FUNDED ENROLL-MENT	Mar-26	Apr-26	May-26	Jun-26	Jul-26	Aug-26	Sep-26	YTD Totals	IN-KIND GOAL	% OF GOAL MET
Kern Community College District - BC	32	28,443	28,174	29,782	30,910	15,858	10,640	30,299	174,106	137,864	126%
KCSOS - Blanton	16	39,828	32,032	37,058	32,023	20,500	21,481	25,958	208,878	68,932	303%
Garden Pathways	11	0	0	0	0	0	0	0	0	47,391	0%
Taft College	42	37,023	35,735	18,539	23,209	19,981	22,969	28,834	186,291	180,947	103%
Escuelita Hernandez	16	0	0	0	0	0	0	0	0	68,932	0%
Program Services		0	0	0	0	0	0	0	0		
Admin Services		0	0	0	0	0	0	0	0		
GRAND TOTAL	**117**	**105,294**	**95,941**	**85,379**	**86,141**	**56,339**	**55,090**	**85,090**	**569,274**	**504,065**	**113%**

Budget reflects Notice of Award #09CH012489-03-03

COMMUNITY ACTION PARTNERSHIP OF KERN
PARENT TRAVEL & CHILD CARE (6115)
2026-2027

HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO-DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2026	$ 1,350.00	$ 81.00	$ 81.00	$ 1,269.00	8%	6%
APRIL 2026	$ 1,269.00	$ 61.64	$ 142.64	$ 1,207.36	17%	11%
MAY 2026	$ 1,207.36	$ 46.02	$ 188.66	$ 1,161.34	25%	14%
JUNE 2026	$ 1,161.34	$ 19.96	$ 208.62	$ 1,141.38	33%	15%
JULY 2026	$ 1,141.38	$ -	$ 208.62	$ 1,141.38	42%	15%
AUGUST 2026	$ 1,141.38	$ 30.17	$ 238.79	$ 1,111.21	50%	18%
SEPTEMBER 2026	$ 1,111.21	$ 29.59	$ 268.38	$ 1,081.62	58%	20%
OCTOBER 2026	$ 1,081.62	$ -	$ 268.38	$ 1,081.62	67%	20%
NOVEMBER 2026	$ 1,081.62	$ -	$ 268.38	$ 1,081.62	75%	20%
DECEMBER 2026	$ 1,081.62	$ -	$ 268.38	$ 1,081.62	83%	20%
JANUARY 2027	$ 1,081.62	$ -	$ 268.38	$ 1,081.62	92%	20%
FEBRUARY 2027	$ 1,081.62	$ -	$ 268.38	$ 1,081.62	100%	20%

EARLY HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO-DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2026	$ 500.00	$ 45.54	$ 45.54	$ 454.46	8%	9%
APRIL 2026	$ 454.46	$ 34.69	$ 80.23	$ 419.77	17%	16%
MAY 2026	$ 419.77	$ 25.90	$ 106.13	$ 393.87	25%	21%
JUNE 2026	$ 393.87	$ 11.22	$ 117.35	$ 382.65	33%	23%
JULY 2026	$ 382.65	$ -	$ 117.35	$ 382.65	42%	23%
AUGUST 2026	$ 382.65	$ 17.71	$ 135.06	$ 364.94	50%	27%
SEPTEMBER 2026	$ 364.94	$ 17.38	$ 152.44	$ 347.56	58%	30%
OCTOBER 2026	$ 347.56	$ -	$ 152.44	$ 347.56	67%	30%
NOVEMBER 2026	$ 347.56	$ -	$ 152.44	$ 347.56	75%	30%
DECEMBER 2026	$ 347.56	$ -	$ 152.44	$ 347.56	83%	30%
JANUARY 2027	$ 347.56	$ -	$ 152.44	$ 347.56	92%	30%
FEBRUARY 2027	$ 347.56	$ -	$ 152.44	$ 347.56	100%	30%

Prepared by: Louis Rodriquez
November 10, 2026

COMMUNITY ACTION PARTNERSHIP OF KERN
PARENT ACTIVITIES (7175)
2026-2027

HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO-DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2026	$ 9,210.00	$ -	$ -	$ 9,210.00	8%	0%
APRIL 2026	$ 9,210.00	$ -	$ -	$ 9,210.00	17%	0%
MAY 2026	$ 9,210.00	$ -	$ -	$ 9,210.00	25%	0%
JUNE 2026	$ 9,210.00	$ 163.85	$ 163.85	$ 9,046.15	33%	2%
JULY 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	42%	2%
AUGUST 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	50%	2%
SEPTEMBER 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	58%	2%
OCTOBER 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	67%	2%
NOVEMBER 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	75%	2%
DECEMBER 2026	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	83%	2%
JANUARY 2027	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	92%	2%
FEBRUARY 2027	$ 9,046.15	$ -	$ 163.85	$ 9,046.15	100%	2%

EARLY HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO-DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2026	$ 5,245.00	$ -	$ -	$ 5,245.00	8%	0%
APRIL 2026	$ 5,245.00	$ -	$ -	$ 5,245.00	17%	0%
MAY 2026	$ 5,245.00	$ -	$ -	$ 5,245.00	25%	0%
JUNE 2026	$ 5,245.00	$ 92.16	$ 92.16	$ 5,152.84	33%	2%
JULY 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	42%	2%
AUGUST 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	50%	2%
SEPTEMBER 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	58%	2%
OCTOBER 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	67%	2%
NOVEMBER 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	75%	2%
DECEMBER 2026	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	83%	2%
JANUARY 2027	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	92%	2%
FEBRUARY 2027	$ 5,152.84	$ -	$ 92.16	$ 5,152.84	100%	2%

November 10, 2026

Month	Oct-26	Program/Work Unit	Head Start Preschool & Early Head Start
Division/Director	Head Start/State Child Development Division/ Yolanda Gonzales	Enrollment and Attendance Manager	Carol Hendricks
Reporting Period	October 1, 2026 - October 31, 2026		

Program Description

Head Start provides high-quality, early childhood education to children ages zero to five years old through part-day, full-day, and home-based options. The program has a holistic approach, not only addressing the needs of the child but teaching parents to become advocates and skilled providers for their children through its Parent Policy Council and Family Engagement programs. CAPK offers Head Start and Early Head Start services throughout Kern and San Joaquin counties.

Early Head Start (ages 0-3) (FNPI 2a, 2b, 2c, 2c.1,2d, SRV 2b, 7a)	Month	Target	Annual Goal	Annual Progress	
Reportable/Funded Enrollment	717	753	753	95%	
Disabilities	180	10%	10%	30%	
Over Income 101%-130% (up to 35%)	16	n/a	n/a	2%	
Over Income 131% and up (up to 10%)	61	n/a	n/a	9%	

Head Start Preschool (ages 3-5) (FNPI 2a, 2b, 2c, 2c.1,2d,SRV 2b, 7a)	Month	Target	Annual Goal	Annual Progress	
Reportable/Funded Enrollment	818	936	936	87%	
Disabilities	76	10%	10%	10%	
Over Income 101%-130% (up to 35%)	17	n/a	n/a	2%	
Over Income 131% and up (up to 10%)	64	n/a	n/a	8%	

Head Start Preschool San Jaoquin County Ofice of Education - (ages 3-5) (FNPI 2a, 2b, 2c, 2c.1,2d,SRV 2b, 7a)	Month	Target	Annual Goal	Annual Progress	
Reportable/Funded Enrollment	96	153	153	63%	
Disabilities	10	n/a	n/a	1%	
Over Income 101%-130% (up to 35%)	5	n/a	n/a	5%	
Over Income 131% and up (up to 10%)	0	n/a	n/a	0%	

Home Visiting Program (SRV 2cc, 7a)	Monthly (Reportable)	Year-To- Date (Term/Calendar)	Annual Goal (Term / Calendar)	Annual Progress (Calendar)	Annual Progress (Program Term)
Enrollment	184	218 / 402	240 / 480	91%	84%

Central Kitchen	Total Meals Delivered	Breakfast	Lunch	Snack
Meals and Snacks	65,147	23,116	18,915	23,116

Child and Adult Care Food Program (CACFP) (Note: The data represents information from September 2026)	Total Meals Delivered	Meals Allocated (CACFP/HS)	# of Meals Served	% of Meals Served
Meals and Snacks (SRV 5ii)	79,056	54,451/24,605	79,056	76%
Meals and Snacks - Kern Vendors	65,904	44,042/21,862	65,904	74%
Meals and Snacks - SJC Vendors	13,152	10,409/2,743	13,152	87%

Eligbility Determination (SRV 7b) (January 2025-December 2025)	99	2020
Total Community Services	**99**	**2020**

Explanation (Over/Under Goal Progress)

For the month of October 2026, staffing remained a challenge to reach full enrollment. Ongoing efforts have been made to recruit qualified staff.

Goals	Progress Towards Goal
Goal IV: School Readiness: Increase families and staff capacity to support children's school readiness and to implement a quality program by enhancing an inclusive environment to strengthen teacher and child interaction.	Objective D: The program will secure MOU's with 25% of school districts to provide specialized services to children served, including transitions for school readiness. In Progress: Program transition letters were updated to better facilitate Head Start Preschool children's end of year transition to kindergarten. Additional information will be recorded in ChildPlus and staff will undergo data entry and transition training to supplement these changes in the 26-27 program year.

Program Description

Program Activities:
1.October 02, 2026: Crew of the Week recruitment in Delano.
2.October 08, 2026: East Bakersfield High School Hispanic Heritage Month Family Fiesta Recruitment Event
3.October 13, 2026: Greenfield Open House Resource Fair
4.October 21, 2026: Loudon Elementary Family Picnic
5.October 21, 2026: UEI Trunk or Treat
6.October 23, 2026: Vineland School District Trunk or Treat
7.October 24, 2026: Del Oro High School Car Show and Community Resource Fair
8.October 25, 2026: Clinica Sierra Vista Trunk or Treat Festival
9.October 28, 2026: Fairview Elementary Resource Fair & Trunk or Treat
10.October 29, 2026: LESD Harvest Festival
Program Highlights:
1.October 20, 2026: The Family Engagement team provided a ReadyRosie Family workshop at the Alicante Center. The team presented on Relationships Matter, where parents learned the importance of building strong, positive relationships between parents and children.
2.October 2026: Initial Assessments for the Fall, DRDP 2025, has been completed. Teachers are gathering observations for the Winter Assessments. Our administration team is conducting classroom observations to measure the quality of interactions to further enhance our practices and teaching strategies. Teachers will receive training on how to gather observations and use the assessment data for lesson planning.



Backpack Connection Series

About this Series

The Backpack Connection Series was created by TACSEI to provide a way for teachers and parents/caregivers to work together to help young children develop social emotional skills and reduce challenging behavior. Teachers may choose to send a handout home in each child's backpack when a new strategy or skill is introduced to the class. Each Backpack Connection handout provides information that helps parents stay informed about what their child is learning at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model



The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional competence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. Programs that implement the Pyramid Model are eager to work together with families to meet every child's individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information

More information and resources on this and other topics are available on our website, ChallengingBehavior.org.

National Center for Pyramid Model INNOVATIONS

ChallengingBehavior.org

How to Give Clear Directions

Brooke Brogle, Alyson Jiron & Jill Giacomini

"Why do I have to repeat myself time and again?" "Why won't she listen to me?" Listening and following directions are important skills young children must learn. There are many reasons why children do not follow directions.

- **The child does not hear the direction.** Parents often give directions from a distance or in passing. "Lauren, get your shoes on." Did your child actually hear what you said? Just as adults often don't hear what their partner has said to them because they are focused on reading, email or talking on the phone, children too often don't hear what a parent has said because they are focused on a task such as building a tower or drawing a picture.
- **The parent gives too many directions at one time.** When you give your child too many directions at one time, it reduces the chance that she will follow the directions and increases the chance that she will be confused. "Lauren, please go upstairs, brush your teeth and pick up your blocks while I finish the dishes." This multi-step direction is too long and complicated for your child to easily understand. Instead, try giving one direction at a time.
- **The child doesn't understand the direction or the direction is too vague.** Directions such as "Settle down," "stop," or "be nice" might be too vague and difficult for your child to understand. If she is throwing toys out of the bathtub and you simply say, "Lauren," you have not actually told her what you want her to do. If you say, "stop it," it may temporarily stop the behavior, but she still may not know what you want her to do. If what you mean is, "Lauren, toys stay in the tub," then you need to explicitly tell her so.
- **The direction does not tell the child what to do.** Parents often tell children what not to do, rather than what they should do. It is important to state directions positively in order to teach your child the expectation. Instead of saying, "Stop running!", state the direction positively by saying, "Use walking feet."
- **The direction sounds like a suggestion or question.** Daily conversation is filled with questions, suggestions and directions. When you say, "Will you put your shoes away?" you are not giving your child a direction—you are asking her a question. When you give your child a direction that needs to be followed, it is essential that you tell your child what to do rather than ask. For example, "Lauren, put your shoes by the door."

Try This at Home

- It is important to follow through when you give your child a direction. A technique you can use to make sure you do follow through when your child has difficulty complying, or following directions is Do-WAWP.
  - » Do—State the "do" direction.
  - » W—Wait for compliance (silently count to 5).
  - » A—Ask the child to restate the direction.
  - » W—Wait for compliance (silently count to 5).
  - » P—Provide encouragement or help (helping will ensure success).
- **Make sure that you have your child's attention.** Eye contact is a great indicator! When you state the "do" direction you are teaching your child the desired behavior. For instance, "Lauren, go brush your teeth." When you count to five, you are giving her the opportunity to hear and process the direction. Parents often repeat the same direction over and over in that five second period. When you repeat the same direction to your child time and again, it teaches her that she does not have to follow the direction the first time. Instead, state the direction once and then have your child restate the direction back to you. This way you can confirm that she heard you and understood what you were saying. Finally, offering help may simply mean that you take her hand and lead her to the bathroom. Don't forget to encourage your child by saying something like, "Wow, Lauren, what great listening ears! Thank you for brushing your teeth."



Practice at School

In addition to verbal instructions, teachers use many methods to give directions and help children understand expectations. These methods may include using symbols or pictures, sign language or gestures, songs, puppets, instruments, sand timers, or other tools. The more opportunities children are given to see or hear the instructions, the more likely they are to complete the task. For example, when teachers need to tell the class that it is time to go inside from the playground, in addition to words they may use a sound (e.g., ring a bell) to alert the children about this event. Children know that the sound means that it is time to line up at the door, even if they do not hear the verbal instructions. When teachers pair words with other signals, they help children to confidently and successfully participate in activities.

The Bottom Line

Listening and following directions are skills that children learn through their daily interactions. When children do not follow directions, for any reason, it can be extremely frustrating for parents. You can increase the chances that your child will listen and successfully follow your directions when you make sure that your direction is clearly stated and you follow through.

An important consideration for parents when teaching their child to follow directions is to "pick your battles". You want to avoid insisting that your child follow directions that are not important or can escalate to a major struggle when the direction is not critical. Pick a few, very important directions that you will follow-through with your child.

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This publication was produced by the Technical Assistance Center on Social Emotional Intervention (TACSEI) for Young Children funded by the Office of Special Education Programs (OSEP), U.S. Department of Education (H326B070002) and updated by the National Center for Pyramid Model Innovations also funded by OSEP (H326B170003). The views expressed do not necessarily represent the positions or policies of the Department of Education. July 2013/January, 2018.

University of South Florida

IDEAs that Work
Office of Special Education Programs
U.S. Department of Education



Serie de Conexión Mochila

Sobre esta serie

La *Serie de Conexión Mochila* fue instaurada por TACSEI (por sus siglas en inglés) para brindarle a los maestros y padres/proveedores una vía para trabajar en conjunto para ayudar a los niños a desarrollar sus aptitudes socioemocionales y reducir las conductas desafiantes. Los maestros podrían elegir enviar un volante a casa dentro de la mochila de cada niño cada vez que sea introducida una nueva estrategia o aptitud dentro de la clase. Cada volante de la *Conexión de Mochila* proporciona información que ayudará a los padres a estar informados sobre lo que su niño está aprendiendo en la escuela y las ideas específicas sobre cómo utilizar las estrategias o aptitudes en casa.

El Modelo de la Pirámide



El Modelo de la Pirámide es un marco que proporciona a los programas orientación en como promover la capacidad socioemocional en todos los niños y diseñar intervenciones efectivas que apoyen a los niños que puedan contar con conductas desafiantes persistentes. También proporciona prácticas para asegurarse de que los niños con retrasos socioemocionales reciban educación intencional. Los programas que implementan el Modelo de la Pirámide están entusiasmados de trabajar en sociedad con las familias para satisfacer las necesidades individuales de aprendizaje y apoyo que cada niño necesita. Para conocer más del Modelo de la Pirámide, por favor visite *challengingbehavior.org*.

Más información

Más información y recursos sobre este y otros temas están disponibles en nuestro sitio web, *ChallengingBehavior.org*.

National Center for Pyramid Model INNOVATIONS

ChallengingBehavior.org

Cómo dar instrucciones claras

Brooke Brogle, Alyson Jiron y Jill Giacomini

¿Por qué tengo que repetir las cosas una y otra vez?" "¿Por qué no me hace caso?" El escuchar y seguir las instrucciones son aptitudes importantes que los niños deben aprender. Existen varias razones por las cuales los niños no siguen las instrucciones.

- **El niño no escucha las instrucciones.** A menudo los padres dan las instrucciones a distancia o cuando van pasando. "Laura ponte los zapatos." ¿En realidad escuchó su niña lo que usted le dijo? Tal como los adultos a menudo no escuchan lo que su pareja ha dicho debido a que están concentrados leyendo, revisando su correo electrónico o hablando por teléfono, los niños por igual a menudo no escuchan lo que sus padres han dicho ya que están concentrados en alguna tarea tal como construir una torre o dibujando.
- **El padre da demasiadas instrucciones a la vez.** Cuando usted le da demasiadas instrucciones a su niño a la vez, reduce la posibilidad de que siga las instrucciones e incrementa la posibilidad de que se confunda. "Laura, por favor sube, cepíllate los dientes y levanta tus bloques de juguete mientras termino de lavar los platos." Esta instrucción múltiple es demasiado larga y complicada para que su niña la comprenda fácilmente. En su lugar, trate de dar una instrucción a la vez.
- **El niño no comprende la instrucción o la instrucción es muy vaga.** Las instrucciones tal como ""tranquilízate," "detente" o "se bueno" pueden ser muy imprecisas y difícil de comprender para su niña. Si ella está tirando juguetes fuera de la tina de baño y usted simplemente dice, "Laura" usted realmente no le ha dicho lo que quiere que ella haga. Si lo que usted quiere decir es, "Laura, los juguetes deben mantenerse en la tina," entonces usted tiene que decírselo explícitamente.
- **La instrucción no le dice al niño qué hacer.** Los padres a menudo le dicen a sus hijos qué no hacer, en vez de decirles qué hacer. Es muy importante el manifestar las instrucciones en sentido positivo a fin de que le enseñe a sus hijos las expectativas. En vez de decir, "Deja de correr," manifieste la instrucción de manera positiva diciendo, "utiliza los pies para caminar."
- **La instrucción suena como sugerencia o pregunta.** Las conversaciones diarias están llenas de preguntas, sugerencias e instrucciones. Cuando usted dice, "¿Recogerás tu zapatos?" usted no le está dando una instrucción a su hija- usted le está haciendo una pregunta. Cuando usted le da una instrucción a su niña que necesita que sea obedecida, es esencial que le diga a su niña qué hacer en vez de preguntarle. Por ejemplo, "Laura, ¡coloca tus zapatos junto a la puerta!"

Pruebe esto en casa

- Es importante que de seguimiento cuando le dé una instrucción a su niño. Una técnica que puede utilizar para asegurarse de dar seguimiento cuando su niño tenga dificultad cumpliendo o siguiendo las instrucciones se llama "Hacer – EPEP".
  - » Hacer – Manifieste la instrucción por "hacer."
  - » E – Espere por el cumplimiento (cuente hasta 5 silenciosamente).
  - » P – Pregúntele al niño a que repita la instrucción.
  - » E – Espere por el cumplimiento (cuente hasta 5 silenciosamente).
  - » P – Proporcione estímulo o ayuda (el ayudar asegura el éxito).
- **Asegúrese de que cuente con la atención de su niño.** ¡El contacto visual es un gran indicador! Cuando usted manifiesta la instrucción por "hacer" usted le está enseñando a su niño la conducta deseada. Por ejemplo, "Laura, ve y cepíllate los dientes." Cuando usted cuenta hasta cinco, usted le está dando la oportunidad de que escuche y procese la instrucción. A menudo los padres repiten la misma instrucción una y otra vez durante ese periodo de cinco segundos. Cuando usted le repite la misma instrucción a su niña una y otra vez, esto le enseña a la niña que no tiene que obedecer la instrucción a la primera. En su lugar, manifieste la instrucción una sola vez y después pídale a su niña que repita la instrucción. De esta manera puede confirmar que lo escuchó y comprendió lo que usted le solicitó. Finalmente, el ofrecerle ayuda puede ser el simple hecho de tomarla de la mano y llevarla al baño. No se le olvide el estimular a su niña diciéndole algo como, "¡Guau, Laura, que bien escuchas!" Gracias por cepillarte los dientes."

Practique en la escuela

Además de las instrucciones verbales, los maestros utilizan varios métodos para dar instrucciones y ayudar a los niños a comprender las expectativas. Estos métodos pueden incluir la utilización de símbolos o imágenes, mímicas o gestos, canciones, títeres, instrumentos, relojes de arena u otras herramientas. Entre más oportunidades se les dé a los niños para que observen y escuchen las instrucciones, habrá más probabilidad para que los niños completen las tareas. Por ejemplo, cuando los maestros necesitan decirle a los niños que es hora de entrar al salón desde el patio de juegos, además de utilizar palabras ellos pueden utilizar un sonido (por ej. sonar la chicharra) para alertar a los niños sobre este evento. Los niños saben que el sonido de la chicharra significa que es hora de formarse en la puerta, aun cuando no escuchen la instrucción verbal. Cuando los maestros emparejan las palabras con otras señales, ayudan a que los niños participen de manera confiada y exitosa en las actividades.

La conclusión

El escuchar y obedecer las instrucciones son aptitudes que los niños aprenden a través de sus interacciones cotidianas. Cuando los niños no obedecen las instrucciones, por cualquier razón, puede ser extremadamente frustrante para los padres. Usted puede incrementar las posibilidades de que su niño lo escuche y obedezca de manera exitosa a sus instrucciones cuando usted se asegure que su instrucción fue manifestada claramente y que le dio seguimiento. Una consideración importante para los padres cuando le están enseñando a sus hijos a obedecer las instrucciones es la de "elegir sus batallas." Debe de evitar el insistir en que su niño obedezca instrucciones que no son importantes o que pueden escalar a un estrago mayor cuando las instrucciones no son críticas. Elija unas cuantas instrucciones muy importantes a las que dará seguimiento con su hijo.

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Esta publicación fue producida por el Centro de Asistencia Técnica sobre Intervención Social y Emocional (TACSEI por sus siglas en inglés) para niños pequeños financiado por la Oficina de Programas de Educación Especial (OSEP por sus siglas en inglés), Departamento de Educación de los Estados Unidos (H326B070002) y actualizado por el Centro Nacional para Innovaciones del Modelo de la Pirámide también financiado por OSEP (H326B170003). Las opiniones expresadas no representan necesariamente las posiciones o políticas del Departamento de Educación. julio 2013 / enero, 2018.

UNIVERSITY OF SOUTH FLORIDA

IDEAs that Work
Office of Special Education Programs

COMMUNITY NEEDS SURVEY

WE WANT TO HEAR FROM YOU!

Let us know what needs to be done to improve the lives of low-income people and families living in our community.



ENCUESTA DE NECESIDADES DE LA COMUNIDAD

¡QUEREMOS ESCUCHAR DE USTED!

Díganos que necesitamos hacer para mejorar la vida de las personas y familias de bajos ingresos que viven en nuestra comunidad.

SCAN THE QR CODE TO COMPLETE A BRIEF SURVEY.

It's anonymous and only takes a few minutes to complete.

ESCANEA EL CODIGO QR PARA LLENAR UNA BREVE ENCUESTA.

Es anónimo y solo lleva unos minutos completarlo.

WWW.CAPK.ORG/CNA

capk
Community Action Partnership of Kern



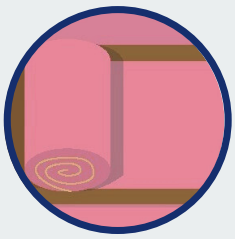
ABOUT US

Eligible households may qualify for CAPK's free Weatherization services, which help improve energy efficiency and reduce future energy costs. Eligibility is based on factors such as income, household size, energy usage, and the presence of vulnerable populations, including the elderly, disabled, or families with young children. Priority may be given to those with the greatest need. All upgrades are determined by a home assessment and are subject to changes based on feasibility as evaluated by CAPK.

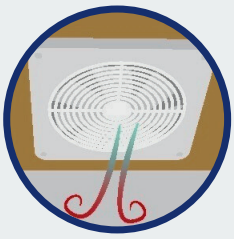
Energy
Weatherization | Utility Bill Assistance

persons in house hold	2025 Max monthly income
1	$2,608.33
2	$3,525.00
3	$4441.67
4	$5358.33
5	$6275.00
6	$7191.67

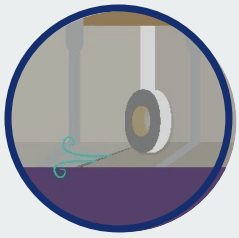
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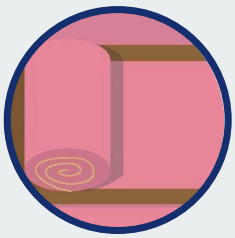
SOBRE NOSOTROS

Los hogares elegibles pueden acceder a servicios gratuitos de climatización de CAPK para mejorar la eficiencia energética y reducir costos futuros. La elegibilidad depende de factores como ingresos, tamaño del hogar, consumo de energía y la presencia de personas mayores, con discapacidad o familias con niños pequeños, dando prioridad a quienes más lo necesiten. Todas las mejoras se determinan mediante una evaluación de la vivienda y están sujetas a la viabilidad que CAPK establezca.

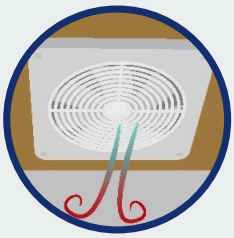
Energy
Weatherization | Utility Bill Assistance

Personas en el hogar	2025 Ingreso mensual máximo
1	$2,608.33
2	$3,525.00
3	$4441.67
4	$5358.33
5	$6275.00
6	$7191.67

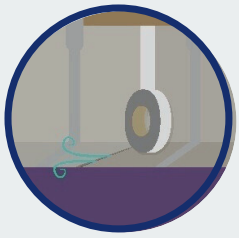
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Si el hogar es más grande de lo provisto, ¡comuníquese con nosotros para ver si es elegible!

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StarAngel Babies Foundation

Collection & Distribution Center

Serving Our Community with Compassion, Dignity & Hope



At StarAngel Babies Foundation, we are here to walk alongside families and provide help, hope, and resources when they need it most.

WE PROUDLY SERVE:

- Pregnant & Nursing Mothers
- Infants
- Children of All Ages
- Youth Through High School



FREE ITEMS MAY INCLUDE:

- Children's Clothing (All Sizes)
- Maternity Clothing
- Diapers & Wipes
- Formula & Baby Food
- Bibs & Blankets
- Toys & Stuffed Animals
- Books
- Shoes
- Jackets & Coats

LARGER BABY ITEMS
(WHEN AVAILABLE), INCLUDING:

- Strollers
- High Chairs
- Pack 'n Plays
- Baby Swings
- And More



COMMUNITY CARE RESOURCE SERVICES

CONNECTING FAMILIES TO LOCAL SUPPORT

Need help beyond clothing and baby supplies?

Our Collection & Distribution Center also serves as a Community Care Resource Center, helping connect individuals and families with local programs and services—similar to an in-person 2-1-1 resource center.

We can help connect you with community resources for:

- Food Assistance
- Housing Resources
- Utility Assistance
- Parenting Support
- Health & Social Services
- Employment Resources
- Counseling & Support Programs
- And many other community services



You are not alone. We're here to help.

DONATIONS WELCOME!

Your generosity helps us bless local families.



We gladly accept donations of:

- Baby Items
- Children's Clothing
- Maternity Clothing
- Shoes
- Toys
- Books
- Diapers
- Formula
- Household Baby Equipment
- Adult Clothing

We partner with other local ministries to ensure adult clothing donations are shared with families in need.

EVERYTHING WE PROVIDE IS FREE.

If you would like to help sustain this ministry, Love Donations are gratefully accepted but never required.

CONTACT US

Patrina "Trina" Johnson
Founder & Executive Director
661-703-0089

Janice Wren
Collection & Distribution Center's Office Director
☎ 661-378-0760

HOURS

Days and hours currently vary as we transition into our new Collection & Distribution Center.

Please call or message us for current availability.

NEW LOCATION COMING SOON!



Located off Brundage Lane near the railroad tracks.
Our complete address will be announced once our move is finished and the center is fully operational.

Star Angel

THIS IS JUST ONE PART OF WHAT WE DO.

StarAngel Babies Foundation provides compassionate support, practical resources, community [illegible] and families and [illegible] throughout our community.

We offer a hand up, not a handout.



WHAT DOES A SAFE SLEEP ENVIRONMENT LOOK LIKE?

The following image shows a safe sleep environment for baby.

Room share: Give babies their own sleep space in your room, separate from your bed.

Use a firm, flat, and level sleep surface, covered only by a fitted sheet*.

Remove everything from baby's sleep area, except a fitted sheet to cover the mattress. No objects, toys, or other items.

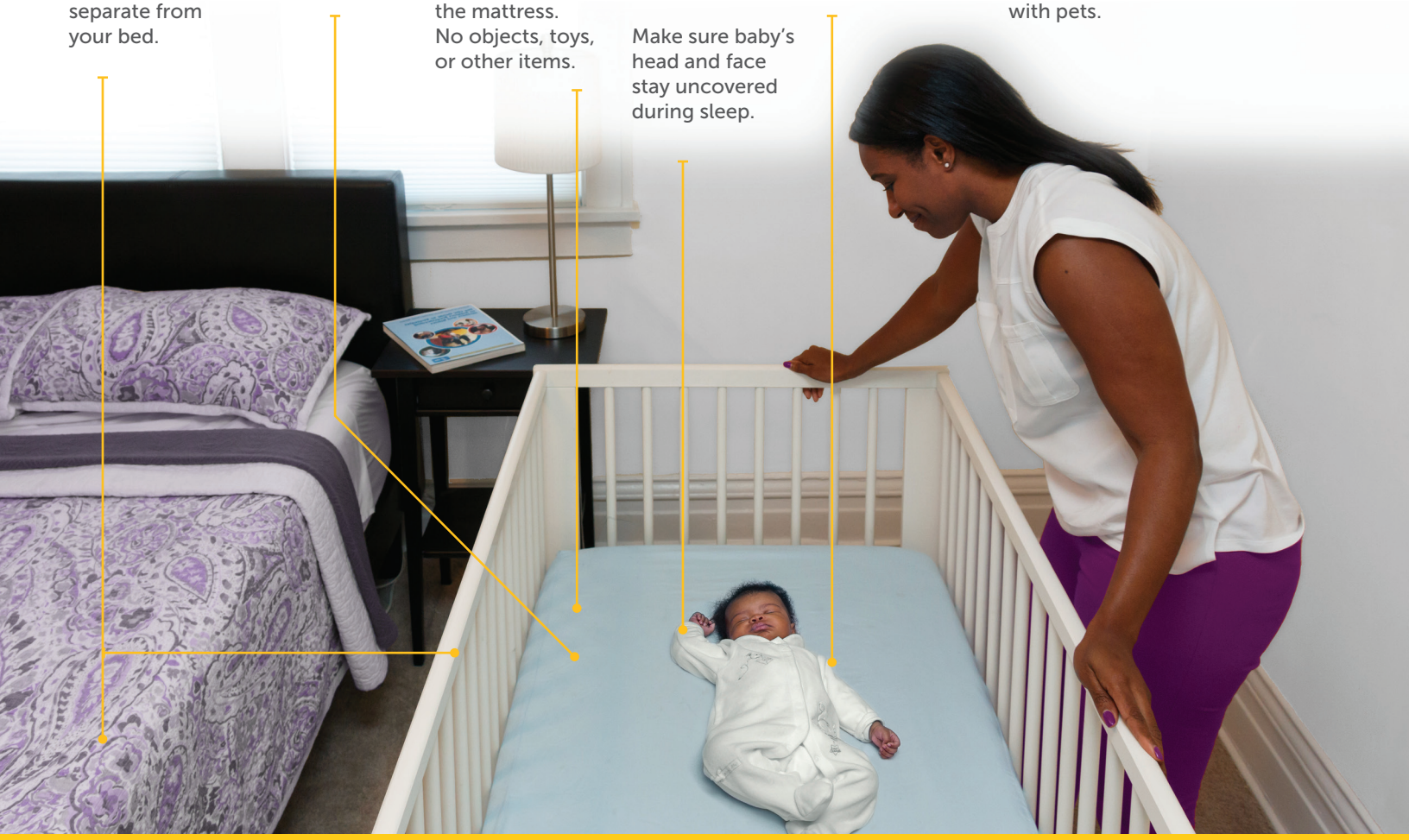
Use a wearable blanket to keep baby warm without blankets in the sleep area.

Make sure baby's head and face stay uncovered during sleep.

Place babies on their backs to sleep, for naps and at night.

Couches and armchairs are not safe for baby to sleep on alone, with people, or with pets.

Keep baby's surroundings smoke/vape free.



*The Consumer Product Safety Commission sets safety standards for infant sleep surfaces (such as a mattress) and sleep spaces (like a crib). Visit https://www.cpsc.gov/SafeSleep to learn more.

NIH Eunice Kennedy Shriver National Institute of Child Health and Human Development

SAFE TO SLEEP®

SAFE SLEEP FOR YOUR BABY

Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Infant Deaths



Feeding babies human milk by direct breastfeeding, if possible, or by pumping from the breast, reduces the risk of SIDS. Feeding only human milk, with no formula or other things added, for the first 6 months provides the greatest protection from SIDS.

Place babies on their backs to sleep for naps and at night.



Use a sleep surface for baby that is *firm* (returns to original shape quickly if pressed on), ***flat*** (like a table, not a hammock), ***level*** (not at an angle or incline), **and covered only with a fitted sheet**.



Feed your baby human milk, like by breastfeeding.



Share a room with baby for at least the first 6 months. Give babies their own sleep space (crib, bassinet, or portable play yard) in your room, separate from your bed.



Keep things out of baby's sleep area—no objects, toys, or other items.



Offer baby a pacifier for naps and at night once they are breastfeeding well.



Stay smoke- and vape-free during pregnancy, and keep baby's surroundings smoke- and vape-free.



Stay drug- and alcohol-free during pregnancy, and make sure anyone caring for baby is drug- and alcohol-free.



Avoid letting baby get too hot, and keep baby's head and face uncovered during sleep.



Get regular medical care throughout pregnancy.



Follow health care provider advice on vaccines, checkups, and other health issues for baby.



Avoid products and devices that go against safe sleep guidance, especially those that claim to "prevent" SIDS and sleep-related deaths.



Avoid heart, breathing, motion, and other monitors to reduce the risk of SIDS.



Avoid swaddling once baby starts to roll over (usually around 3 months of age), and keep in mind that swaddling does not reduce SIDS risk.



Give babies plenty of "tummy time" when they are awake, and when someone is watching them.



NIH Pub. No. 22-HD-5759 | August 2022

For more information about the Safe to Sleep® campaign, contact us:

Phone: 1-800-505-CRIB (2742) | Fax: 1-866-760-5947
Email: SafetoSleep@mail.nih.gov
Website: https://safetosleep.nichd.nih.gov
Telecommunications Relay Service: 7-1-1



¿CÓMO ES UN AMBIENTE DE SUEÑO SEGURO?

La siguiente imagen muestra un ambiente de sueño seguro para los bebés.

Comparta su habitación con el bebé. Ponga al bebé a dormir en un lugar separado, pero en su misma habitación y cerca de su cama.

Use una superficie firme, plana y nivelada, cubierta solo con una sábana ajustable*.

Quite todo del lugar donde duerme el bebé, excepto una sábana ajustable para cubrir el colchón. Nada de objetos, juguetes u otros artículos.

Use un saco de dormir para mantener al bebé calientito sin necesidad de cobijas o cobertores. Asegúrese de que la cabeza y la cara del bebé permanezcan descubiertas mientras duerme.

Coloque a los bebés boca arriba para dormir, durante las siestas y por la noche.

Los sillones y los sofás no son lugares seguros para que el bebé duerma, ya sea solo, con personas o con mascotas.

Mantenga el área del bebé libre de humo o vapor.



*La Comisión de Seguridad de Productos del Consumidor (CPSC, por sus siglas en inglés) establece normas de seguridad para las superficies (como el colchón) y los lugares (como la cuna) en los que duermen los bebés. Visite https://www.cpsc.gov/es/SafeSleep para más información.

NIH Eunice Kennedy Shriver National Institute of Child Health and Human Development

SEGURO AL DORMIR®

SUEÑO SEGURO PARA SU BEBÉ

Reduzca el riesgo del síndrome de muerte súbita del bebé y otras muertes infantiles relacionadas con el sueño.



Amamante a su bebé, siempre que sea posible, o aliméntelo con leche materna extraída, para reducir el riesgo del síndrome de muerte súbita del bebé. Si se los alimenta solo con leche materna, sin añadir leche de fórmula u otras cosas, durante los primeros 6 meses, se obtiene una mayor protección contra este síndrome.

Coloque a los bebés boca arriba para dormir durante las siestas y por la noche.



Al poner a su bebé a dormir, use una superficie *firme* (que vuelva a su forma original rápidamente si se le presiona), ***plana*** (como una mesa, no una hamaca), ***nivelada*** (que no esté en ángulo o inclinada) **y cubierta solo con una sábana ajustable**.



Alimente a su bebé con leche materna, por ejemplo, amamantándolo.



Comparta una habitación con el bebé al menos durante los primeros 6 meses. Deles a los bebés su propio espacio para dormir (cuna, moisés o corralito portátil) en su habitación, separado de su cama.



Mantenga las cosas fuera del lugar donde duerme el bebé: nada de objetos, juguetes u otros artículos.



Ofrézcale al bebé un chupón durante las siestas y por la noche, una vez que se esté amamantando bien.



No fume ni use cigarrillos electrónicos durante el embarazo y mantenga el área del bebé sin humo ni vapor.



No consuma drogas ni alcohol durante el embarazo y asegúrese de que las personas que cuidan del bebé tampoco lo hagan.



Evite que el bebé se caliente demasiado y mantenga su cabeza y su cara al descubierto mientras duerme.



Reciba cuidados de salud regulares durante el embarazo.



Siga los consejos de su proveedor de servicios de salud sobre las vacunas, los chequeos y otras cuestiones de salud para el bebé.



Evite los productos y los dispositivos que van en contra de la orientación sobre el sueño seguro, especialmente los que afirman "prevenir" el síndrome de muerte súbita del bebé y las muertes relacionadas con el sueño.



Evite los monitores del corazón, la respiración, el movimiento o cualquier otro tipo para reducir el riesgo del síndrome de muerte súbita del bebé.



Evite envolver al bebé una vez que empiece a voltearse (normalmente alrededor de los 3 meses de edad) y tenga en cuenta que envolverlo no reduce el riesgo del síndrome de muerte súbita del bebé.



Ponga a los bebés boca abajo cuando estén despiertos y cuando alguien los vigile en todo momento.



Para más información sobre la campaña Seguro al Dormir®, comuníquese con nosotros:

Teléfono: 1-800-505-CRIB (2742) | Fax: 1-866-760-5947
Correo electrónico: SafetoSleep@mail.nih.gov
Sitio web: https://www.nichd.nih.gov/BebeDormir
Servicio de Retransmisión de Telecomunicaciones: 7-1-1

NIH Pub. No. 22-HD-5759S | Agosto de 2022

TOGETHER FOR WELLNESS

It's ok not to be ok

Free Emotional Health & Resources for ALL!



- A **FREE** digital wellness website for Californians
- Resources include apps, websites, articles, videos and more
- Available in 10 different languages

Our resources cover topics such as
Emotional & Family Wellbeing
Suicide & Crisis Prevention
Building Supportive Connections
Loss & Grief

The site has been created with input from community members of diverse ages, ethnicities, identities, and backgrounds, to ensure that it's useful for **ALL** Californians!

https://www.togetherca.org/

UCLA | UCDAVIS HEALTH | Center for Reducing Health Disparities | chorus

FREE

Women's Self-Defense Classes



AGES 12+ | FIRST **FRIDAY** OF THE MONTH

6:00PM - 8:00PM

1921 19th Street, Bakersfield, CA 93301

the open door NETWORK

LIMITED SPACE IS AVAILABLE

To sign up for these classes, please scan the QR code to the right and fill out the online form **or visit this link: https://forms.office.com/r/2n8XRawTgD**

Questions or Comments, email us at: nontiveros@opendoorhelps.org

CalFresh Work and Community Enagement Requirements are Here

As of June 1, 2026, if you are between the ages of **18 and 64** and **are not disabled**, you may need to work or participate in community engagement activities to get or keep getting CalFresh food benefits.

If you already receive CalFresh, the work requirements will start after your next recertification.

To learn more:

Go to: BenefitsCal.com

Call: 1-877-3663 (FOOD)/For speech and/or hearing call **711 Relay.**

Come in: Visit your nearest DHS office.
KCDHS.ORG/Locations



CalFresh

KERN COUNTY HUMAN SERVICES

Astronomy in the Park

Oak Grove Regional Park
4520 W. Eight Mile Road
Stockton, CA 95209
FREE Admission

Saturday, November 14, 2026

Sunset is at 5:00 p.m. Viewing of the Moon, Saturn, Mercury, M13 (Star Cluster in Hercules.)

Saturday, December 12, 2026

Sunset is at 4:45 p.m. Viewing of the Moon, Saturn, Deep Sky Object: M31 (Andromeda Galaxy.)

For more information call:

Doug Christensen – Stockton Astronomical Society
(209) 471-1674

Eric Holland – Stockton Astronomical Society
(209) 351-0206

MIRACLE MILE HOLIDAY PARADE

INAUGURAL 2026

DEC 4TH | 6-8 PM



BRING LAWN CHAIRS

PRESENTED BY

MIRACLE MILE
COMMUNITY IMPROVEMENT DISTRICT

PARTNERED WITH

CITY OF STOCKTON

stocktonmiraclemile.com

4th Annual Holiday Village at Village West Marina & Resort



Location: Village West Marina and Resort
Date: Friday, December 4, 2026
Time: 6:00 p.m. – 8:30 p.m.

Join us for a magical night along the waterfront filled with family fun, festive lights, and live holiday music!

Come join us at our 4th Annual Holiday Village located at the beautiful Village West Marina & Resort! Bring your family and friends to this free event to experience the magic of Christmas in person. Family-friendly event activities include:

- **VWM&R Lighted Boat Show**
- **Photos with Santa**
- **Petting zoo**
- **Face painting & balloon animals**
- **Live Christmas carolers and more!**

45th Annual

DELTA REFLECTIONS

Lighted Boat Parade



SATURDAY • DECEMBER 5, 2026

PARADE VIEWING IS FREE TO THE PUBLIC

ALL BOAT SIZES WELCOME! • BIG PRIZES!

5PM START AT WINDMILL COVE
6:15PM PARADE ARRIVES DOWNTOWN

$25 Entry Fee
BOATERS REGISTER AT
STOCKTONYC.CLUBEXPRESS.COM

ALL PROCEEDS BENEFIT CHARITY

Hosted by
Stockton Yacht Club

Proud Partners
Village West Yacht Club
Stockton Sailing Club
Village West Marina Resort

Our All-American CHRISTMAS IN LAMONT

250 YEARS

OF MANY CHRISTMAS TRADITIONS *with One* AMERICAN DREAM



SATURDAY,
December 5th
KICKOFF AT 10:00 AM

PARADE ROUTE
Main Street (Highway 184)
Starting at Segrue
(new starting line this year)
Heading north to Panama Road

JUDGING AT THE FasTrip
BETWEEN HALL AND GAIL MARIE

62ND ANNUAL
Parade

BROUGHT TO YOU BY THE
Lamont Lions Club

Questions? 661-845-2724 | lamontparade@gmail.com

Nuestra Navidad AMERICANA en LAMONT

250 AÑOS

250 años de muchas tradiciones navideñas con un solo sueño americano



SÁBADO,
5 de DICIEMBRE
INICIO A LAS 10:00 A. M.

RECORRIDO DEL DESFILE
Calle Main (Carretera 184)
Comienza en Segrue
(¡nuevo punto de inicio este año!)
Sigue hacia el norte hasta Panama Road

JUZGAMIENTO EN *FASTRIP*
ENTRE HALL Y GAIL MARIE

62.º DESFILE ANUAL

PRESENTADO POR EL
CLUB DE LEONES DE LAMONT

¿PREGUNTAS? 661-845-2724 | lamontparade@gmail.com


SAFE HAVEN KIDS' LEAGUE
& COMMUNITY RESOURCES OF CALIFORNIA CITY
Stronger Families ♥ Brighter Futures
JOY
HOPE
COMMUNITY
HAPPY HOLIDAYS!
Together We Make a Difference
WM
Working Together for a Cleaner, Stronger Tomorrow
Holiday
TOY GIVEAWAY
BRINGING JOY TO OUR COMMUNITY
SATURDAY
DECEMBER 19, 2026
1:00 PM – 5:00 PM
STRATA CENTER
10350 Heather Ave.
California City, CA 93505
TOYS FOR CHILDREN
(While Supplies Last • Children Must Be Present)
FAMILY FUN & ACTIVITIES
Special Thanks to
Mojave Highway Patrol
for their yearly donations of toys!
OUR VALUED SPONSORS
RE/MAX
AREVON
ANDEAN PRECIOUS METALS GOLDEN QUEEN
The Hub
Desert Song Foursquare Church
capk FOOD BANK
AltaOne FEDERAL CREDIT UNION
HATCH
HYDROSTOR
Kern Family Health Care
General Construction Services
TERRA-GEN OPERATING COMPANY
PSG PACIFIC STEEL GROUP
aes
KERN COUNTY DISTRICT 2
Chris Parlier
Kern County Supervisor, 2nd District
Email: ParlierC@kerncounty.com
THANK YOU TO OUR MAIN SPONSOR
WM
We're proud to partner again with WM in support of our children and families!
Community People Resources Change
Stronger Families ♥ Brighter Futures
SAFE HAVEN KIDS' LEAGUE & COMMUNITY RESOURCES OF CALIFORNIA CITY
A LICENSED 501(C)(3) NONPROFIT ORGANIZATION

DADS IN ACTION

Making Connections. Finding Resources. Building Stronger Families.



4th Annual
Fatherhood Conference

10 AM
3 PM

Bakersfield Marriott
801 Truxtun Ave,
Bakersfield, CA 93301

21 JAN 2027

LUNCH • GUEST SPEAKERS • RAFFLES



Louis Gill
CEO Columbus House Inc.



Ed Condon
Executive Director of
Head Start West



Damon Carson
EVP & GM of Education
Neighborhood House Association

Register Now!

Head Start
A Program of CAPK

**THIS CONFERENCE IS INTENDED FOR ADULTS ONLY.*

PADRES EN ACCIÓN

Estableciendo conexiones. Encontrando recursos. Construyendo familias más fuertes.



4.ª Conferencia Anual de Paternidad

10 AM
3 PM

Bakersfield Marriott
801 Truxtun Ave,
Bakersfield, CA 93301

21 ENERO 2027

ALMUERZO • ORADORES INVITADOS • PREMIOS



Luis Gill
Director Ejecutivo de Columbus House Inc.



Ed Condon
Director Ejecutivo de Head Start West



Damon Carson
Vicepresidente Ejecutivo de la Asociación de Casas Vecinales de Educación

¡Regístrate ahora!

Head Start
A Program of CAPK

**ESTA CONFERENCIA ESTÁ DIRIGIDA EXCLUSIVAMENTE A ADULTOS.*

Scan this code with your phone for more info!

Head Start
A Program of *CAPK*

Your child's education is our priority!

Community Action Partnership of Kern's Head Start program is a no cost program for children 6 weeks to 5 years from low-income families and pregnant women. Families and children experiencing homelessness and children in the foster care system are also eligible, as well as children with disabilities and other special needs.

Rest assured that Head Start has put together a portfolio of robust safety features to reduce the risk of COVID-19 transmission while children attend our site locations.







There are various program options that can best fit your family's needs:

Head Start
- Full Year/Part Year Options
- Full Day/Part Day in class

Early Head Start
- Home Based
- Pregnant Women
  Full Day in Class

Partnerships
- Partnerships with community day care providers
- Full-day classes

To complete an application, you will need:
- Birth certificate or any legal document showing child's age
- Immunization's record
- Proof of family income - last 12 months
- Proof of address
- Proof of pregnancy
  (if applying for Pregnant Women's Program)

capk
Community Action Partnership of Kern

Our Head Start Students Receive:
- High-quality, age-appropriate learning from credentialed teachers
- Free medical and dental screenings, Healthy meals and snacks
- A safe indoor and outdoor setting to explore, discover, and learn

Give your child a Head Start!

1-800-701-7060

www.capk.org/headstart

¡Escanea este código con tu teléfono para obtener más información!

Head Start
Un Programa de *CAPK*

La educación de su hijo(a) es nuestra prioridad.

Head Start es un programa sin costo, diseñado para niños (as) de 6 semanas hasta 5 años provenientes de familias de escasos recursos y mujeres embarazadas. Las familias y menores desamparados, así como las familias inscritas en el sistema de crianza, también pueden calificar para el programa, esto también incluye a los niños (as) con discapacidades y otras necesidades especiales.

Tenga la seguridad de que Head Start ha reunido una serie de sólidos elementos de seguridad para reducir el riesgo de transmisión de COVID-19 mientras los niños asisten a nuestros centros.







Hay varias opciones de programas que pueden adaptarse mejor en las necesidades de su familia:

Head Start
- Opciones de año completo/año parcial
- Clases de tiempo completo y medio tiempo

Early Head Start
- Servicios a domicilio
- Mujeres embarazadas
- Día completo en clase

Asociaciones
- Asociaciones con proveedores de guarderías comunitarias
- Día completo en clase

Para completar una solicitud, necesitará:
- Acta de nacimiento o cualquier documento legal que demuestre la edad del niño
- Registro de vacunas
- Comprobante de ingresos familiares–últimos 12 meses
- Comprobante de domicilio
- Prueba de embarazo (Si solicita el programa para mujeres embarazadas)

capk
Community Action Partnership of Kern

Nuestros alumnos de Head Start reciben:

- Aprendizaje de alta calidad y adecuado a la edad, orecido por profesores acreditados
- Examenes médicos y dentales gratuitos, comidas y meriendas saludables
- Un ambiente interior y exterior seguro para explorar, descubrir, y aprender

¡Dele la oportunidad de un buen comienzo a su hijo (a) en Early Head Start!

1-800-701-7060

www.capk.org/headstart

Early Head Start
A Program of CAPK

Your child's education is our priority!

Community Action Partnership of Kern's Early Head Start Program in San Joaquin County is a no cost program for eligibile children 0 to 3 years old and pregnant women. Our program is inclusive of all families including children experiencing homelessness, in the foster care system, as well as children with disabilities and other special needs.

CAPK has in place a variety of safety features to reduce the risk of transmitting infectious diseases including COVID-19, RSV, etc.







There are various program options that can best fit your family's needs:

Early Head Start

- Home Based
- Pregnant Women
- Full Day in Class

To complete an application, you will need:

- Birth certificate or any legal document showing child's age
- Immunization's record
- Proof of family income - last 12 months
- Proof of address
- Proof of pregnancy (if applying for Pregnant Women's Program)

capk
Community Action Partnership of Kern

Give your child the opportunity for a good start at Early Head Start!

APPLY NOW by scanning this!

(209) 242-9540

www.capk.org/headstart/

CAPK Early Head Start Children Receive:

- High-quality, age-appropriate learning from qualified and responsive teaching staff.
- Screening, assessments, healthy meals, and snacks.
- A safe indoor and outdoor setting to explore, discover and learn.

Early Head Start
A Program of CAPK

La educación de su hijo(a) es nuestra prioridad.

CAPK Early Head Start en el condado de San Joaquín es un programa sin costo para las familias elegibles. Ofrecemos servicios a niños de 0 a 3 años y mujeres embarazadas. Nuestro programa incluye a todas las familias, incluidos los niños sin hogar, niños en hogares de acogida y los niños con discapacidades.

CAPK cuenta con una serie de dispositivos de seguridad para reducir el riesgo de transmisión de enfermedades infecciosas como COVID-19, RSV, etc.







Hay varias opciones de programas que pueden adaptarse mejor en las necesidades de su familia:

Early Head Start
- Servicios a domicilio
- Mujeres embarazadas
- Día completo en clase

Para completar una solicitud, necesitará:
- Acta de nacimiento o cualquier documento legal que demuestre la edad del niño
- Registro de vacunas
- Comprobante de ingresos familiares–últimos 12 meses
- Comprobante de domicilio
- Prueba de embarazo
  (Si solicita el programa para mujeres embarazadas)

capk
Community Action Partnership of Kern

¡Dele la oportunidad de un buen comienzo a su hijo (a) en Early Head Start!

¡APLICA AHORA escaneando esto!

(209) 242-9540

www.capk.org/headstart/

Los Niños de CAPK Early Head Start Reciben:
- Aprendizaje de alta calidad y adecuado a la edad del niño con personal calificado y atento.
- Exámenes, evaluaciones, comidas y aperitivos saludables.
- Un ambiente interior y exterior seguro para explorar, descubrir y aprender.

CalWORKs

Home Visiting Program







Home visiting could help you with:

- Pre-natal & post-partum education
- Family and community support
- Positive parent and child interactions
- Health and social services

Who May Be Eligible?

CalWORKs participants who are:

- Pregnant
- Parents or caretakers of children birth to 24 months.



To learn more or to sign up for the program,

Please contact our HVP Liaison at **(661)631-6756** or your CalWORKs case worker.

CalWORKs

Programa de Visitas a domicilio







Las visitas a domicilio le pueden ayudar con:

- Educación
- Apoyo familar y comunitario
- Interacción positiva entre padres e hijos
- Servicos sociales y de salud

¿Quién es elegible?

Las personas que participan en el programa de CalWORKs:

- Embarazadas
- Padres o guardianes de bebés recién nacidos hasta 24 meses de edad



Para obtener más información o inscribirse en el programa,

Llame al coordinador de HVP al **(661)631-6756** o a su trabajador social de CalWORKS.

PROPOSED 2026 - 2027
Head Start Policy Council
Meeting Dates

Tuesday, November 17, 2026*
Tuesday, December 15, 2026*
Tuesday, January 26, 2027
Tuesday, February 23, 2027
Tuesday, March 23, 2027
Tuesday, April 27, 2027
Tuesday, May 25, 2027
Tuesday, June 22, 2027
July – No Meeting
Tuesday, August 24, 2027
Tuesday, September 28, 2027
Tuesday, October 26, 2027

Policy Council Meetings are generally held at 5:30 p.m.
on the 4th Tuesday of the month.

** The November and December meetings will be held one week earlier due to the Thanksgiving and Christmas holidays.*

Policy Council Approved:

Community Action Partnership of Kern
Policy Council Executive Officer Roles & Responsibilities Overview

1. **Chairperson**
   - **a.** The Chairperson shall conduct all meetings of the Policy Council according to **Robert's Rules of Order**, and the **Ralph M. Brown Act.**
   - **b.** Review of the agenda with the Program Governance Coordinator prior to the meeting date.
   - **c.** Call the meeting to order on time, follow the agenda and be able to clarify the business at hand.
   - **d.** May vote only to break a tie.

2. **Vice-Chairperson**
   - **a.** The Vice-Chairperson will chair the **Planning Committee**.
   - **b.** The Vice-Chairperson shall act in the absence of the Chairperson or whenever the Chairperson temporarily vacates/steps down from their position.
   - **c.** With support from the staff sponsor, the Vice-Chairperson will provide a monthly verbal report of the Planning Committee meeting to the Policy Council.

3. **Secretary**
   - **a.** The Secretary will chair the **School Readiness Committee**.
   - **b.** Ensure that Policy Council members sign in when attending meetings.
   - **c.** Call roll and establish whether or not a quorum has been met at Policy Council meetings.
   - **d.** With support from the staff sponsor, the Secretary will provide a monthly verbal report of the School Readiness Committee meeting to the Policy Council.

4. **Treasurer**
   - **a.** The Treasurer will chair the **Budget & Finance Committee**.
   - **b.** Ensure all budget reports, including a monthly Parent Activity Funds report, are provided to the Policy Council.
   - **c.** With support from the staff sponsor, the Treasurer will provide a monthly verbal report of the Budget & Finance Committee meeting to the Policy Council.

5. **Parliamentarian**
   - **a.** The Parliamentarian will chair the **Bylaws Committee**.
   - **b.** Be able to define the Policy Council Bylaws and advise the Council as necessary.
   - **c.** Will be aware of the meeting format and support in keeping within that format.
   - **d.** With support from the staff sponsor, the Parliamentarian will provide a monthly verbal report of the Bylaws Committee meeting to the Policy Council.

All Executive Board Officers, with the exception of the Chairperson, will be responsible for providing a brief verbal report to the Council about their respective committee meetings.