



School Readiness Committee Meeting Agenda

Meeting held via Microsoft Teams:

Meeting ID: 251 738 754 767 26

Link: [School Readiness Committee Meeting](#)

April 16, 2026

5:30 p.m. – 6:15 p.m.

1. Welcome
2. Call to order
3. Roll call and establish quorum (half plus one)
4. Approval of Agenda
5. Approval of Minutes
6. Introduction of Guests
7. Public Forum
(The public wishing to address the Policy Council School Readiness Committee may do so at this time; however, the Committee will take no action other than referring the item to staff for study and analysis.)
8. Presentation/Discussion Items – Rosita Curry, Tommie Sue Cordova, Bobbi Camacho, and Denise Cooper, Home Base Team
 - a) CAPK Home Base Program
9. Announcements
 - a) Next meeting May 21, 2026
10. Meeting Adjourned

“Individual commitment to a group effort – that is what make a teamwork, a company work, a society work, a civilization work.” – Vince Lombardi

Committee Chairperson – Alejandra Verduzco
Clarissa Mendoza, Frances Torres, Maritza Garcia, Rebecca Castro
Head Start / State Child Development
661.336.5236

Community Action Partnership of Kern Head Start/State Child Development
Policy Council School Readiness Committee Meeting Minutes
March 19, 2026

Audio Only: (213) 204-2374 Phone Conference ID: 262 872 989 299 05

1. Welcome

- a. School Readiness Subcommittee Sponsor, Cynthia Rodriguez, welcomed members to the meeting. Alejandra Verduzco, committee chairperson, also welcomed the committee members.

2. Call to Order

- a. Alejandra Verduzco called the meeting to order at 5:34 PM

3. Roll Call and establish Quorum (half plus one)

- a. Quorum was established.
- b. Members Present: Clarissa Mendoza, Frances Torres, Rebecca Castro, and Alejandra Verduzco.
- c. Members not present: None

4. Approval of Agenda

- a. Clarissa Mendoza made a motion to approve the agenda dated March 19, 2026; seconded by Rebeca Castro.

5. Approval of Minutes

- a. Rebecca Castro made a motion to approve the minutes dated February 19, 2026; seconded by Clarissa Mendoza.

6. Introduction of Guests

- a. Alejandra Versuzco introduced Maria Guadian, Support Services Manager

7. Public Forum

(The public wishing to address the Policy Council School Readiness Committee may do so at this time; however, the Committee will take no action other than referring the item to staff for study and analysis.)

None

8. Presentation / Discussion Items

- a. Introduction and Ice breaker: Maria introduced herself and the service areas that she supports. Maria facilitated the ice breaker activity asking members what transitions mean to them as an adult. Alejandra Verduzco shared her thoughts are changes from one task to the next, Maria Guadian shared changes throughout the day, Rebecca Castro shared telling children and having patience as they prepare for the transitions, and

Cynthia Rodriguez shared the use of visuals as an adult such as a badge for work and an apron when cooking or preparing the mood with certain music. Maria Guadian reassured everyone that all the examples shared are part of transitions for adults and for children. Maria shared the agenda for the presentation which included Health and Nutrition Family Engagement Services, Intervention Services, and Questions and takeaways.

Health and Nutrition: Maria Guadian shared the importance of healthy nutrition, visits to the doctors, dentists, and having follow-up as needed. Maria reiterated that Parents and caregivers are the child's first teacher and the one that knows the child best and our program partners to ensure that support is provided to ensure that children are healthy and academically prepared for transitions. Maria asked the committee members why they thought health was so important. Alejandra shared to ensure that children can learn, a child that is hungry or in pain could not retain information. Rebecca shared healthy eating helps ensure that children are growing and developing appropriately. Maria added information regarding the well-baby exams and physicals which at times include vision and hearing screeners. If a child is not cooperating the provider will not complete it, but our team will complete it ensuring that the child's needs are met. Maria discussed family style eating and committee members shared the benefits of eating together as a family. Other benefits include practicing independence by serving themselves, passing their food, and having rich conversations while they eat their meals. Maria added information about the nutritional experiences that happen at the center, where children have an opportunity to prepare their food and discuss portions or taste the food.

Intervention Services: Maria shared the Pyramid Model Framework which supports positive relationships and strategies to support children with various needs. Teachers receive training to ensure that visuals, classroom schedules, expectations, and positive relationships are reflected in the classroom. Maria asked the members if they had seen visuals at their centers and Rebecca shared, she has used the timer for hand washing with her child and her child's artwork is posted on the hallways. Maria also discussed the importance of discussing emotions and Rebecca shared that one of the teachers lent her a book to practice calming strategies with her nieces at home. Maria shared that some classrooms also do zoo yoga and blowing the candle to help regulate emotions. Some classrooms display greeting boards or greeting charts to use as children are coming in in the morning.

Family Engagement: Maria introduced the Ready Rosie parenting curriculum and asked members to register if they have not registered already. Maria discussed the workshops that are provided to share information about milestones, social emotional development, and parenting skills. The team also encourages families to share their culture and experiences so that our environment reflects each child enrolled. Maria asked the committee members what Family Engagement means to them. Alejandra shared being involved with your children. Maira invited the members to visit their child's classroom and read or attend parent meetings/events. Maria reminded committee members about the monthly Family Engagement activities and encouraged everyone to participate and

share the outcomes with the teachers. Maria asked the members to tell her why they think it is important for them to be involved. Alejandra shared that children would feel loved. Clarissa shared that she would want her children to know that she would show up for them and share her personal experience as a child.

Closing: Maria thanked the committee members for allowing her to present and asked if anyone had any additional questions. Rebecca shared that she appreciated the opportunity to share a space where we learn from each other.

- b. 2026 Policy Council School Readiness Proposed Meeting Dates: Rebecca Castro made a motion to approve the Proposed 2026 School Readiness Committee Meeting Dates; seconded by Frances Torres.

9. Announcements

- a. Cynthia Rodriguez announced that next week we will be observing Early Childhood STEM week and they will see fun activities happening at our centers.

10. Adjournment

The meeting was adjourned at 6:34 PM.