

# 2023/24 Head Start Annual Report

## Early Education

### School Readiness

School readiness is fundamental across all early childhood systems and programs. The Head Start Approach to School Readiness means that families are ready to support their children's learning, children are ready for school, and schools are ready for children. Head Start is a pillar among the early childhood development field, leading with a clear and comprehensive focus on all aspects of healthy development through research-based curricula and philosophies.

#### SCHOOL READINESS FOR ALL CHILDREN

CAPK Head Start and Early Head Start center-based learners utilize the research-based Creative Curriculum. Creative Curriculum is designed to be able to meet the learning needs and interest of all children through an organized, developmental scope and sequence based on developmental progression of how children learn. Topics such as Trees and Water are introduced via play-based, hands-on investigations that place the child at the forefront of their learning. Each lesson aligns instruction and opportunities for play, exploration, discovery, and problem solving with the early learning outcomes.

Home-based providers utilize the curriculum Parents as Teachers. Parents as Teachers is a parenting curriculum that provides a variety of topics focused on family care, self-sufficiency, and infant mental health. Regardless of program, CAPK Head Start and Early Head Start creates each child a Child Development Project Plan. These plans help promote individual development that is unique to each individual child's learning needs and temperament.

#### DUAL LANGUAGE LEARNERS

CAPK Head Start and Early Head Start celebrates the integration of culturally and linguistically responsive practices for all our families and children. This is done in the spirit of creating the best early education experience possible. Nationally, there is a growing population of children who are dual language learners. At CAPK, 542 preschool-aged children, or 57% of our three and four-year-old children, were determined to be Dual Language Learners.

CAPK Head Start and Early Head Start assess each child's performance in a culturally and linguistically inclusive manner, whereby a child is assessed in their preferred language. As a reflection of our diverse population, CAPK makes a strong effort to hire bilingual team members to better support both children and families with the preservation of their home language, while also fostering families to develop their English language skill. Teachers are encouraged to speak in a child's home language and use dual-language books, songs, and cultural materials to support language development.

#### POSITIVE BEHAVIOR SUPPORT

Relationships, both in and out of the classroom, shape the way children learn, interpret, and connect with others. A child's first years of school are filled with wondrous moments and it's a time of tremendous physical and intellectual development. Children are also developing self-regulation - the ability to calm themselves when they are upset, and this process can lead to some challenging moments for both adults and children.

At CAPK Head Start and Early Head Start, the Pyramid Model's Positive Behavior Support framework is utilized to offer evidence-based strategies that support the learning and engagement of all children, giving teachers and parents strategies for promoting healthy social and emotional development.

As children begin learning to regulate their behaviors and emotions, challenging behaviors are often part of the typical development of young children. The Pyramid Model builds upon a tiered public health approach to providing universal support to all children to promote wellness, targeted services to those who need more support, and intensive services to those who need them.

## Engagement

### Positive & Goal-Oriented Relationships

CAPK Head Start and Early Head Start practices the "Whole Child, Whole Family," approach while working with parents and their children. Family Engagement at CAPK Head Start and Early Head Start is about building relationships that support family well-being, strong family relationships, as well as ongoing learning and development for both parents and children. The Parent/Guardian, Family, and Community Engagement Framework is our road map for achieving outcomes which lead to positive and enduring change for children and families. During the 2023-2024 school year, 62% of surveyed parents seeking employment were able to accept employment, while 75% of parents surveyed stated they were able to sustain employment while their child was enrolled in CAPK Head Start and Early Head Start.

Parent and family engagement activities are grounded in positive goal-oriented relationships with families. When parent and family engagement activities are systemic and integrated across program foundations, family engagement outcomes are achieved, resulting in children who are healthy and ready for school. For example, correlations between our parent surveys and developmental assessment outcomes show a significant increase in the following Early Learning Outcomes Framework central domains: Cognition, Math, Science, and Self-Regulation.

Parents are the primary educators of their children, and research shows engagement activities at home are paramount to their child's success. In 2024, CAPK Head Start hosted the inaugural Fatherhood Conference, where 49 parents attended and learned about the importance of having a male figure in their child's life. Families enrolled in our Head Start and Early Head Start programs also have access to ReadyRosie, a research-based parenting curriculum, which provides families with customized parenting videos and activities to reinforce learning initiatives from the classroom at home.

ReadyRosie builds on parents' knowledge, harnessing the power of video modeling and mobile technology to build powerful partnerships between families and educators, resulting in Ready Families, Ready Educators, and Ready Children.

- More than 1,000 families have registered to use the ReadyRosie app for the 2023-2024 school year.
- 11 ReadyRosie workshops were provided, online, to families enrolled in CAPK Head Start or Early Head Start.
- Enrolled Families watched more than 5,500 videos supporting children's Language & Literacy development.
- This school year, the most popular ReadyRosie videos focused on Health and Well-being and Language and Literacy.

# Empowering Parents/Guardians

- Monthly Parent Policy Council and committee meetings, which include Budget & Finance, Bylaws, Planning, and School Readiness Committees;
- Triannual Regional Parent Committee meetings;
- Health, Nutrition, and the Disabilities Advisory committee meetings;
- Center Family Engagement and School Readiness Parent Activities;
- Family Education Night (Open House);
- Monthly Parent Meetings;
- Workshops such as Families as Partners, You Can Make A Difference, and Relationship Matters;
- 49 parents attended the inaugural CAPK Fatherhood Conference
- Annual School Readiness Resource Fair; and
- Annual Family Engagement Conference

## Did You Know?

- We are funded to serve 2,071 children and families each day. Our cumulative enrollment during the 2023-24 school year reached 2,025. Our monthly program enrollment, as a percentage of funded enrollment, was 69%.
- 97% of clients served were income eligible or categorically eligible for Head Start services. Categorical eligibility includes children in foster care, families receiving specific forms of Public Assistance, or families who are experiencing homelessness.
- 60% percent of CAPK Head Start and Early Head Start children received a professional medical exam. Exams include Preschool Physical Exams and Well Baby Checks for Infants and Toddlers.
- 81% of Head Start preschool children, including those who were enrolled in Medicaid or CHIP, received an exam by a dental professional during the 2023-24 school year.
- CAPK Head Start provided over 218,000 nutritious meals to Head Start and Early Head Start children during the 2023-24 school year.
- Did you know that in 2022, the Administration for Children and Families expanded its interpretation of "Public Assistance" to include families in the Supplemental Nutrition Assistance Program (SNAP). SNAP households can demonstrate their eligibility for Head Start by showing proof of SNAP benefits or eligibility!



# Program Quality

## 2023-2024

| Federal Revenue and In-Kind              |           |                   |
|------------------------------------------|-----------|-------------------|
| Head Start Federal Funding               | \$        | 22,527,302        |
| Early Head Start Federal Funding         | \$        | 20,179,400        |
| In-Kind/Non-Federal Share                | \$        | 10,515,329        |
| <b>Total Federal Revenue and In-Kind</b> | <b>\$</b> | <b>53,222,031</b> |

| State: Department of Education               |           |                  |
|----------------------------------------------|-----------|------------------|
| California State Preschool (CSPP)            | \$        | 5,918,908        |
| <b>Total Department of Education Revenue</b> | <b>\$</b> | <b>5,918,908</b> |

| State: Department of Social Services       |           |                  |
|--------------------------------------------|-----------|------------------|
| General Child Care (CCTR)                  | \$        | 3,560,128        |
| General Child Care (SJC CCTR)              | \$        | 2,108,820        |
| Migrant Child Care (CMIG/CMSS)             | \$        | 41,089           |
| CACFP                                      | \$        | 2,098,319        |
| <b>Total Department of Social Services</b> | <b>\$</b> | <b>7,808,356</b> |

**Total Federal and State Revenue**                      **\$     66,949,295**

| Expenditures              |           |                   |
|---------------------------|-----------|-------------------|
| Personnel                 | \$        | 40,026,015        |
| Equipment & Supplies      | \$        | 2,111,525         |
| Contractual               | \$        | 1,219,974         |
| Construction              | \$        | 2,345,378         |
| Other                     | \$        | 10,731,074        |
| In-Kind/Non-Federal Share | \$        | 10,515,329        |
| <b>Sub-Total</b>          | <b>\$</b> | <b>66,949,295</b> |

Budget reflects Notice of Award #09CH011132-05-05

\* includes \$3,523,819 Carryover from FY 22-23

## 2024-2025 Program Year

| Federal Budget and In-Kind               |           |                   |
|------------------------------------------|-----------|-------------------|
| Head Start Federal Funding               | \$        | 17,229,421        |
| Early Head Start Federal Funding         | \$        | 22,862,004        |
| In-Kind/Non-Federal Share                | \$        | 10,022,857        |
| <b>Total Federal Revenue and In-Kind</b> | <b>\$</b> | <b>50,114,282</b> |

| State Budget                      |           |                   |
|-----------------------------------|-----------|-------------------|
| General Child Care (CCTR)         | \$        | 3,996,470         |
| General Child Care (SJC CCTR)     | \$        | 2,788,764         |
| California State Preschool (CSPP) | \$        | 7,381,970         |
| Migrant Child Care (CMIG/CMSS)    | \$        | 343,006           |
| CACFP                             | \$        | 1,423,043         |
| <b>Total State Revenue</b>        | <b>\$</b> | <b>15,933,253</b> |

**Total Federal and State Budget**                      **\$     66,047,535**

Budget reflects Notice of Award #09CH012489-01-03

## FEDERAL MONITORING REVIEW

From February 15, 2022, to February 18, 2022, the Administration for Children and Families, under the Department of Health & Human Services, conducted a Focus Area Two Monitoring Review of the CAPK Head Start and Early Head Start programs. Based on the information gathered during this review, our program was found to have met the requirements of all applicable Head Start Program Performance Standards, laws, regulations, and policy requirements.

## EXTERNAL FINANCIAL AUDIT

An independent, external audit for fiscal year ending February 28, 2024, found no significant deficiencies in our financial oversight, expenditures, or program operations.

This report was prepared in compliance with the Head Start Reauthorization Act of 2007, Administrative Requirements and Standards Sec. 644 [42 U.S.C. 0839 (a)(2)]. It can be viewed online at [www.capk.org/headstart](http://www.capk.org/headstart)