



Head Start/State Child Development

POLICY COUNCIL MEETING PACKET

**September 26, 2023
5:30 p.m.**

This meeting will be held via tele-conference
(213) 204-2374 ~ Conference ID: 273 630 157 859

[Click here to join the meeting](#)

POLICY COUNCIL STANDING COMMITTEES

September 2023

EXECUTIVE COMMITTEE

Chairperson: Ruby Cruz
Vice Chairperson: Andrea Flores
Secretary: Susana Barrios
Treasurer: Pablo Reyes
Parliamentarian: Vacant

STANDING COMMITTEE MEMBERS

Board of Directors: Nila Hogan

BYLAWS

Chairperson: Vacant

1. Fatima Echeverria
2. Andrea Flores
3. Ana Vigil
- 4.
- 5.
- 6.

PLANNING

Chairperson: Andrea Flores

1. Fatima Echeverria
2. Guillermina Herrera
- 3.
- 4.
- 5.
- 6.

SCHOOL READINESS

Chairperson: Susana Barrios

1. Gabriel Rios
2. Jennifer Wilson
3. Ruby Cruz
- 4.

BUDGET & FINANCE

Chairperson: Pablo Reyes

1. Gabriel Rios
2. Ruby Cruz
3. Susana Barrios
- 4.
- 5.
- 6.



School Readiness Committee

Member	Dec.	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sept.	Oct.
Susana Barrios			X	ABS	X	X	ABS				
Jennifer Wilson			X	X	X	X	X				
Gabriel Rios			X	X	X	X	ABS				
Ruby Cruz			X	X	X	ABS	X				
Sarita Little			ABS*	X	X	X	X				

Planning Committee

Member	Dec.	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sept.	Oct.
Andrea Flores			X	X	ABS	X	X		X	X	
Fatima Echeverria		X	X	X	X	X	X		X	X	
Sarita Little		X	X	X	ABS	ABS	ABS		ABS	R	
Guillermina Herrera					X	X	ABS		X	X	
Audreyanna Angel		ABS	X	X	ABS						

Board of Directors

Member	Dec.	Jan.	Feb.	Mar.	Apr.	May	Jun.	Jul.	Aug.	Sept.	Oct.
Nila Hogan		X	X	X	ABS	ABS	X		X		

Legend

Attended	X
Did Not Attend	ABS
Attended Another CAPK Function	
Resigned	R
Terminated	
No Subcommittee Meeting Held	
Not Yet Elected to Subcommittee	
Absent Due to Weather Conditions	
Excused Absence	ABS*

LEGEND:	
Attended	X
Did Not Attend	ABS
Attended Another CAPK Function	
Meeting Not Held	
Membership Terminated	
Absent Due to Weather Conditions	
Resigned	R
Special Call Meeting	SC
Executive Committee Meeting	EC
Not Yet Elected to Policy Council	

Policy Council Attendance

2022 ~ 2023

#	REGION 1	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Ruby Cruz - Heritage	X	X	X	X	X	X	X	X	X	X		
2	Fatima Echeverria - Martha J. Morgan	X	X	X	X	X	X	X	X		X		
3	Susana Barrios - Sunrise Villa	X	X	X	X	X	ABS	X	ABS	ABS	X		
4	Guillermina Herrera - Heritage					X	X	X	ABS		X		
#	REGION 2	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Vacancy												
2	Monique McWilliams - Sterling	X	X	ABS	X	X	ABS	X	ABS	X	R	R	R
3	Annie Saldana - Sterling	X	ABS	X	X	ABS	ABS						
4	Pablo Reyes - Harvey L. Hall	X	X	X	X	ABS	ABS	X	X	X	X		
#	REGION 3	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Audreyanna Angel - Pete Parra	X	X	X	ABS	ABS	ABS						
2	Gabriel Rios - Taft	X	X	X	X	X	X	X	X		X		
3	Michell Del Rio - Pete Parra	X	X	X	X	X	X	R	R		R	R	R
4	Vacancy												
#	REGION 4	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Sarita Little - California City	X	X	X	ABS	X	X	X	ABS		R	R	R
2	Vacancy												
3	Vacancy												
4	Vacancy												
#	REGION 5 - Home Base	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Jennifer Wilson - L. Kohler	X	X	X	X	X	X	X	ABS		X		
2	Vacancy												
#	REGION 5 - Partnership	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Vacancy												
#	REGION 6 - San Joaquin	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Andrea Flores - Home Base	X	ABS	X	X	ABS	X	X	X	ABS	ABS		
2	Vacancy												
#	Community Representatives	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2022	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Nila Hogan - Y-Empowerment	X	X	ABS	X	X	X	X	X		X		
2	Vacancy												
3	Vacancy												
#	Board Member	Nov 2022	Dec 2022	Jan 2023	Feb 2023	Mar 2022	Apr 2023	May 2023	June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023
1	Ana Vigil				X	X	X	X	ABS				



DATE	September 26, 2023
TIME	5:30 p.m.
LOCATION	Microsoft Teams Meeting / 5005 Business Park North Bakersfield, CA 93309
TEAMS LINK	Click here to join the meeting
PHONE	(213) 204-2374
MEETING ID	273 630 157 859

Policy Council Meeting Agenda

Meeting to be held via tele-conference. Members of the public may join the teleconference.

The Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

1. Call to Order

a. Roll Call

Susana Barrios	Nila Hogan
Ruby Cruz	Pablo Reyes
Fatima Echeverria	Gabrie Rios
Andrea Flores	Ana Vigil
Guillermina Herrera	Jennifer Wilson

2. Public Comments

The public may address the Policy Council on items not on the agenda. Speakers are limited to 3 minutes. If more than one person wishes to address the same topic, the total group time for the topic will be 10 minutes. Please state your name before making your presentation.

3. Subcommittee Verbal Reports

(3 minutes per report)

School Readiness
Planning
Budget & Finance
Bylaws

4. Presentation

Informational Item

a. CAPK Chief Program Officer Introduction – Louis Gil - CPO, Community Action Partnership of Kern

5. Consent Agenda

The Consent Agenda consists of items that are considered routine and non-controversial. These items are approved in one motion unless a member of the Council or the public requests removal of a particular item. If comment or discussion is requested, the item will be removed from the Consent Agenda and will be considered in the order listed – **Action Item**

- Policy Council Meeting Minutes – August 22, 2023 (English/Spanish) **(p.10-17)**
- Bylaws Committee Minutes – August 8, 2023 (English/Spanish) **(p.18-21)**
- Budget and Finance Committee Minutes – August 15, 2023 (English/Spanish) **(p.22-25)**
- Planning Committee Minutes – September 5, 2023 **(p.26-29)**
- Head Start Program Review Evaluation (PRE) Report – August **(p.30-31)**
- Head Start Budget to Actual Report, March 1, 2023 through July 31, 2023 **(p.32-34)**
- Early Head Start Budget to Actual Report, March 1, 2023 through July 31, 2023 **(p.35-37)**
- Head Start and Early Head Start Non-Federal Share and In-Kind Report, March 1, 2023 through July 31, 2023 **(p.38)**
- Early Head Start Child Care Partnerships Non-Federal Share and In-Kind Report, March 1, 2023 through July 31, 2023 **(p.39)**

- j. Parent Travel & Child Care through July 31, 2023 **(p.40-41)**
- k. Parent Activities through July 31, 2023 **(p.42-43)**
- l. Low Income Household Water Assistance Program – CAPK (English/Spanish) **(p.44-45)**
- m. Energy Assistance Program – CAPK **(p.46-47)**
- n. 5 Action Steps for Helping Someone in Emotional Pain – National Institute of Mental Health (English/Spanish) **(p.48-49)**
- o. My Mental Health: Do I Need Help: - National Institute of Mental Health (English/Spanish) **(p.50-51)**
- p. Warning Signs of Suicide – National institute of Mental Health (English/Spanish) **(p.52-53)**
- q. Crisis Resources **(p.54)**
- r. Policy Council Termination, Monique McWilliams – August 12, 2023 **(p.55)**
- s. Policy Council Resignation, Sarita Little – August 18, 2023 **(p.56)**
- t. Children's Mobile Clinic – September 2023 (English/Spanish) **(p.57-58)**
- u. National Night Out – October 3, 2023, Yokuts Park, 4200 Empire Drive, Bakersfield, CA **(p.59)**
- v. Manteca Pumpkin Fair – October 7-8, 2023, Downtown Manteca, CA (Yosemite Avenue) **(p.60)**
- w. Kern County Veterans Stand Down – October 12, 2023, Stramler Park, 3805 Chester Avenue, Bakersfield **(p.61)**
- x. Trunk O' Treat – October 13, 2023, Micke Grove Park, Lodi, CA **(p.62)**
- y. Apple Festival – October 14-15, 2023, Green Street in Downtown Tehachapi, CA **(p.63)**
- z. Dr. Kirk Monthly Parent Training Schedule – October 16, 2023 - CAPK Head Start Consultant -Clinical Psychologist **(p.64)**
- aa. Family Fun Festival – October 21, 2023, Central Methodist Church, 3700 Pacific Avenue, Stockton, CA **(p.65)**
- bb. Recruitment & Selection Plan Meeting – October 23, 2023 **(p.66)**
- cc. Backpack Connection Series: How to Help Your Child Have a Successful Bedtime (English/Spanish) **(p.67-68)**
- dd. Tell Us Your Head Start Story – Head Start California (English/Spanish) **(p.69-70)**
- ee. Kern Head Start Recruitment Flyer (English/Spanish) **(p.71-72)**
- ff. San Joaquin Early Head Start Recruitment Flyer (English/Spanish) **(p.73-74)**
- gg. Home Visiting Program Flyer (English/Spanish) **(p.75-76)**
- hh. Policy Council Meeting Dates **(p.77)**

6. New Business

Action Item

- a. Kern County and San Joaquin Community Assessment Update 2023 – Karen Vazquez, Senior Community Development Specialist I **(p.78-167)**
- b. Head Start and Early Head Start 2024 – 2029 Goals and Objectives – Robert Espinosa, Program, Design & Management Administrator **(p.168-176)**
- c. Revised Head Start and Early Head Start Carryover Request – Jerry Meade, Assistant Director ~ Program **(p.177-178)**

7. Standing Reports

- a. Program Governance – Lisa Gonzales, Program Governance Coordinator
- b. Community Representative – Nila Hogan, Y-Empowerment
- c. Board of Directors – Ana Vigil, CAPK Board Member
- d. Head Start/State Child Development – Yolanda Gonzales, Head Start/State Child Development Director

8. Policy Council Chairperson Report

9. Policy Council Member Comments

10. Next Scheduled Meeting

11. Adjournment



FECHA	26 de septiembre, 2023
HORA	5:30 p.m.
UBICACIÓN	Reunión de Microsoft Teams 5005 Business Park North Bakersfield, CA 93309
ENLACE	Pulse el enlace para unirse a la junta
TELÉFONO NÚMERO DE IDENTIFICACIÓN	(213) 204-2374 273 630 157 859

Agenda del concilio de póliza

Reunión que se celebrará por teleconferencia. Los miembros del público pueden unirse a la teleconferencia.

La promesa de Acción Comunitaria

Acción Comunitaria cambia la vida de las personas, simboliza el espíritu de esperanza, mejora las comunidades y hace de América un mejor lugar para vivir. Estamos interesados en la comunidad y nos dedicamos a que la gente aprenda a ayudarse a sí mismos y a los demás.

1. Llamado de orden

a. Pase de lista

Susana Barrios	Nila Hogan
Ruby Cruz	Pablo Reyes
Fatima Echeverria	Gabriel Ríos
Andrea Flores	Ana Vigil
Guillermina Herrera	Jennifer Wilson

2. Comentarios públicos

El público puede dirigirse al concilio de póliza sobre temas que no se presentan en la agenda. Los oradores están limitados. Si más de una persona desea abordar el mismo tema, el tiempo total que se otorgará para dicho tema, será de 10 minutos. Favor de proporcionar su nombre antes de su presentación.

3. Reportes verbales de los subcomités

(3 minutos por reporte)

Preparación escolar
Planeación
Presupuestos y finanzas
Estatutos

4. Presentación

a. Presentación al director de programas de CAPK – Louis Gil, CPO, Asociación de Acción Comunitaria de Kern

5. Agenda de consentimiento

La agenda de consentimiento cuenta con elementos que se consideran rutinarios y no controversiales. Estos elementos se aprueban con una propuesta, a menos que un miembro del concilio o el público solicite la eliminación de un elemento en particular. Si se solicita un comentario o discusión, dicho elemento se eliminará de la agenda de aprobación y se considerará en el orden indicado. – **Elemento de acción**

- Actas de la reunión del consejo de políticas – 22 de agosto, 2023 (inglés/español)
- Resumen de la reunión del comité de estatutos – 8 de agosto, 2023 (inglés/español)
- Resumen de la reunión del comité de presupuestos y finanzas – 15 de agosto, 2023 (inglés/español)
- Resumen de la reunión del comité de planeación – 5 de septiembre, 2023 (inglés/español)
- Reporte de evaluación del programa Head Start (PRE, siglas en inglés) – Agosto
- Reporte del presupuesto y gastos actuales de Head Start, 1 de marzo, 2023 hasta 31 de julio, 2023
- Reporte del presupuesto y gastos actuales de Early Head Start, 1 de marzo, 2023 hasta el 31 de julio, 2023
- Reporte de donaciones internas no federales de Head Start y Early Head Start del 1 de marzo, 2023 hasta el 31 de julio, 2023

- i. Reporte de donaciones internas no federales de la asociación de cuidado infantil Early Head Start del 1 de marzo, 2023 hasta el 31 de julio, 2023
- j. Reporte de viajes para padres y cuidado infantil hasta el 31 de julio, 2023
- k. Actividades para padres hasta el 31 de julio, 2023
- l. Programa de asistencia financiera para recibo de agua, para las familias de bajos ingresos – CAPK (inglés/español)
- m. Programa de asistencia para recibos de energía - CAPK
- n. Cinco pasos para ayudar a una persona que sufre emocionalmente – Instituto Nacional de Salud Mental (inglés/español)
- o. Mi salud mental: ¿necesito ayuda? – Instituto Nacional de Salud Mental (inglés/español)
- p. Señales de advertencia de un suicida – Instituto Nacional de Salud Mental (inglés/español)
- q. Renuncia de Sarita Little – 18 de agosto, 2023
- r. Clínica de vacunación infantil – septiembre 2023 (inglés/español)
- s. Cancelación de membresía de Monique Williams – 6 de septiembre, 2023
- t. Celebración nacional para salir en la noche – 3 de octubre 2023, Yokuts Park, Bakersfield, CA
- u. Feria de calabazas en Manteca: 7 y 8 de octubre, 2023, Centro de Manteca (Avenida Yosemite)
- v. Feria de asistencia para los veteranos del condado de Kern – 12 de octubre, 2023, Stramler Park, 3805 Chester Avenue, Bakersfield
- w. Trunk O' Treat – 13 de octubre, 2023, Micke Grove Park, Lodi, CA
- x. Festival de la manzana 14 y 15 de octubre, 203 calle Green centro de Tehachapi, CA
- y. Calendario mensual de capacitaciones para padres del Dr. Kirk – 16 de octubre, 2023 psicólogo clínico – Asesor del programa Head Start de CAPK
- z. Festival de diversión familiar – 21 de octubre, 2023 iglesia metodista central, 3700 Pacific Avenue, Stockton CA
- aa. Junta de reclutamiento y selección – 23 de octubre, 2023
- bb. Series conexión mochila: cómo ayudarlo a su hijo a crear una rutina para dormir (inglés/español)
- cc. Cuéntanos tu historia de Head Start – Head Start California (inglés/español)
- dd. Volante de reclutamiento de Head Start Kern (inglés/español)
- ee. Volante de reclutamiento de Early Head Start de San Joaquín (inglés/español)
- ff. Volante de reclutamiento del programa de visitas a domicilio (inglés/español)
- gg. Fechas de las reuniones del consejo de políticas

6. Nuevos intercambios

Componente de acción

- a. Actualización de evaluación de la 2023 comunidad del condado de Kern y San Joaquín 2023 – Karen Vásquez, especialista senior en desarrollo comunitario I
- b. Metas y Objetivos de Head Start y Early Head Start 2024 – 2029 – Robert Espinosa, administrador de diseño y gestión de programas
- c. Solicitud revisada de transferencia de Head Start y Early Head Start – Jerry Meade, subdirector -programa

7. Reportes permanentes

- a. Gobernanza del Programa – Lisa Gonzales, Coordinadora de la Gobernanza del Programa
- b. Representante de la comunidad – Nila Hogan, Y-Empowerment
- c. Junta Directiva – Ana Vigil, miembro de la Junta de CAPK
- d. Head Start/Desarrollo Infantil Estatal – Yolanda Gonzales, directora de Desarrollo Infantil de Head Start/Estado

8. Reporte de la presidenta del concilio de póliza

9. Comentarios de los miembros del concilio de póliza

10. Próxima reunión programada

11. Conclusión

Se certifica que esta agenda se publicó en el vestíbulo de la oficina administrativa de CAPK, localizada en el 5005 Business Park North, Bakersfield, CA y en línea en www.capk.org a las 12:00 p.m. 22 de septiembre, 2023, por Lisa Gonzales, coordinadora del programa de gobernanza

**COMMUNITY ACTION PARTNERSHIP OF KERN
POLICY COUNCIL COMMITTEE MEETING MINUTES**

August 22, 2023

Teleconference ID: 273 502 390 081

1. Call to Order

Policy Council Chairperson, Ruby Cruz called the meeting to order at 5:33 p.m.

a. Roll call was taken, and a quorum was established.

Policy Council Members Present: Susana Barrios, Ruby Cruz, Fatima Echeverria, Guillermina Herrera, Nila Hogan, Pablo Reyes, Gabriel Rios, Jennifer Wilson

2. Public Comments

*The public wishing to address the full Policy Council may do so at this time. Policy Council members may respond briefly to statements made or questions posed. However, the Policy Council will take no action other than referring the item(s) to staff for study and analysis. **Speakers are limited to three minutes each.** If more than one person wishes to address the same topic, the total group time for the topic will be 10 minutes. Please state your name before making your presentation. Thank you.*

None

3. Standing Committee Reports

a. School Readiness Committee

It was reported that though all scheduled School Readiness Committee meetings have taken place for this term, school readiness is always taking place within the program. As the start of the new school year recently began, all staff attended pre-service staff development training which covered a variety of areas. This training included an introduction to *Loose Parts*, which are materials that can be moved, manipulated, redesigned, taken apart and put back together in multiple ways. The idea is to promote and inspire play in young children through "loose parts" by captivating their natural curiosity and allowing them to use their imagination to no end. Staff had the opportunity to "play" with various types of loose parts during this training. Other areas in which staff received training/information included Health and Nutrition, family Engagement, Child and Adult Care Food program and more, all of which contribute to a child's overall school readiness.

b. Planning Committee

The Planning Committee met on August 1, 2023. The Enrollment and Attendance reports for June and July 2023 were reviewed. Head Start enrollment was at 69% and Early Head Start was at 76% enrollment for June. During the month of July Head start reported 42% for Head Start and 67% enrollment for Early Head Start. There were fifteen new staff onboarded as well as twenty-seven resignations over the course of this two-month reporting period. The Child Adult Care Food Program report for May 2023 noted there were 64,889 meals delivered to centers, with 43,177 meals delivered in June 2023. Enrollment and Attendance staff participated in various recruitment events in both Kern and San Joaquin Counties to recruit families for full enrollment. It was also shared that the program successfully submitted a quarterly report in the Preschool Language Information System. This is a California State Preschool program report that collects data on dual language as well as multi language learners, language composition of staff as well as language characteristics of preschool programs. The next Planning Committee meeting will be held on September 5, 2023.

c. Budget & Finance Committee

The Budget & Finance Committee met on August 22, 2023. Budget to actual reports for Head Start and Early Head Start were presented to the committee and reviewed. Also reviewed were Parent Activity Funds, and Parent Local Travel and Childcare Reimbursement reports. It was highlighted that at the end of the first quarter of the fiscal year as a program we are at 37% of our in-kind requirement and are on target not only to meet our goal but we are on track to exceed it. It was stated that all financial reports can be found in the current Policy Council Packet. The next meeting of the Budget & Finance Committee is scheduled for 5:30 p.m. on September 19, 2023.

d. Bylaws Committee

The Bylaws Committee met on August 8, 2023 at 5:30 p.m. The committee reviewed the balance of the CAPK Head Start Bylaws, articles ten through fourteen. These areas spoke to disciplinary action, and provided various kinds of inappropriate actions that could potentially result in disciplinary action. Differences between a concern, a problem, and a complaint were outlined along with the protocol associated with each. Other sections reviewed included the procedure should the Council find itself at an impasse. It was also noted that though the Policy Council has adopted Robert's Rules of Order as parliamentary authority, it retains the authority to deviate from this formal structure.

The final article spoke of the amendment procedure to the bylaws should the committee deem any changes necessary. It was noted that during this term, the Bylaws Committee did not feel there were any changes needed to the document. This was the final meeting of the Bylaws Committee for this Policy Council term.

4. Presentations

a. Head Start and Early Head Start 2024-2029 Goals and Objective Draft – Robert Espinosa, Program Design and Management Administrator

Robert shared that the draft version of the 2024-2029 Goals and Objectives he is presenting is a necessary document that must accompany the program's grant application for the next funding year cycle. Robert reviewed the goals, beginning with the first goal, which is to enhance onboarding and retention and recruitment of staff. This is to be done by implementing programs that embrace pathways for learning, professional development, and a positive culture to obtain and retain staff. Robert continued to review goals and objectives as well as the correlating action steps required. In addition to workforce goals, program option and school readiness goals were also reviewed as well as the objectives for each. The objectives provided members with specific quantifiable statements of how these goals will be achieved. Upon conclusion of the presentation, there was an opportunity for questions and/or clarification, to which there was none. Robert shared that when the document has been finalized and is no longer in draft form it will be brought to the Policy Council for approval.

5. Consent Agenda

***ACTION**

The Consent Agenda consists of items that are considered routine and non-controversial. These items are approved in one motion unless a member of the Council or the public requests removal of a particular item. If comment or discussion is requested, the item will be removed from the Consent Agenda and will be considered in the order listed.

- a. Policy Council Executive Committee Special Call Meeting Minutes – July 6, 2023 (English/Spanish)
- b. School Readiness Committee Minutes – June 8, 2023 (English/Spanish)
- c. Budget and Finance Committee Minutes – June 20, 2023 (English/Spanish)
- d. Planning Committee Minutes – August 1, 2023
- e. Head Start Program Review Evaluation (PRE) Report – June/July
- f. Head Start Budget to Actual Report, March 1, 2023 through June 30, 2023
- g. Early Head Start Budget to Actual Report, March 1, 2023 through June 30, 2023
- h. Parent Travel & Child Care through June 30, 2023
- i. Parent Activities through June 30, 2023
- j. Head Start and Early Head Start Non-Federal Share and In-Kind Report, March 1, 2023 through June 30, 2023
- k. Early Head Start Child Care Partnerships Non-Federal Share and In-Kind Report, March 1, 2023 through June 30, 2023
- l. ACF-IM-HS-23-04 Fiscal Year 2024 Monitoring Process for Head Start and Early Head Start Recipients; Issuance Date: July 11, 2023
- m. Children's Mobile Clinic – August 2023 (English/Spanish)
- n. Kern County Veterans Stand Down – October 12, 2023, Stramler Park, 3805 Chester Avenue, Bakersfield
- o. Dr. Kirk Monthly Parent Trainings – Clinical Psychologist - CAPK Head Start Consultant
- p. Advocacy and Leadership – Tips for Families: Everyday Leadership Skills – Head Start ECLKC
- q. Backpack Connection Series: How to Help Your Child Understand and Label Emotions (English/Spanish)
- r. Kern Head Start Recruitment Flyer (English/Spanish)
- s. San Joaquin Early Head Start Recruitment Flyer (English/Spanish)
- t. Home Visiting Program Flyer (English/Spanish)
- u. Policy Council Meeting Dates

Pablo Reyes made a motion to approve items (a) through (u); seconded by Jennifer Wilson. Motion carried unanimously.

6. New Business

***ACTION**

a. Request to change the date of the October 24, 2023 Policy Council Meeting – Lisa Gonzales, Program Governance Coordinator

Lisa shared that the final Policy Council meeting of the term is historically held in person, in conjunction with a time set aside for member recognition. She added that traditionally they have been held at a venue which provides a meal for members as well as one additional guest of their choosing. Lisa stated that because the October meeting lands on a date when many staff, including herself will be away on a weeklong training, there is a request that the Policy Council meeting date for October be held one week earlier. The proposed date change is from October 24, 2023 to October 17, 2023. Lisa went on to share that more information will be provided pending the outcome of this request. Jennifer Wilson made a motion to change the date of the meeting to October 17, 2023; seconded by Fatima Echeverria. Motion carried unanimously.

7. Standing Reports

a. Program Governance – Lisa Gonzales, Program Governance Coordinator

Lisa shared Parent Meetings will begin next month (September), and parents should have received surveys asking for their input on meeting days and times. She added that information gathered will support the initial meeting with a parent vote taking place for all future meetings.

Lisa also provided information on the CAPK Energy program which helps qualified applicants with assistance with their utility bill. She also shared information on the Weatherization Program which can help make your home more energy efficient and in turn potentially help you to reduce your monthly utility bill. Weatherization team members come into your home and assess where improvements could be made, and they complete those improvements free of charge. If you rent your home, you will need permission from the landlord to make these no cost improvements

Lisa also shared information about the Tell Us Your Head Start Story campaign as Head Start California prepares for Head Start Awareness month which takes place in October. She encouraged members to share their stories.

Lisa spoke briefly to the Advocacy and Leadership handout in the Policy Council packet. She encouraged members to look at the information, adding it just might change their idea of what a leader is. Lisa stated to members they are leaders in their everyday lives, and this article speaks to the various ways we as parents lead. She encouraged members to take a moment to complete the reflection activity, which highlights strengths, and areas where there may be more growth desired.

In closing Lisa thanked members for their time, adding she is looking forward to October when the Council will get together in person, to have dinner, connect with each other and to conduct the necessary business of the Policy Council meeting as well.

b. Community Representative - Nila Hogan, Y-Empowerment

Nila shared that though COVID has not gone anywhere, there are more cases occurring especially with the start of school. She stated that many may not know but there are free (testing) kits available at most all elementary schools even if your child does not attend the school. Nila encouraged members to obtain a free testing kit as these can be beneficial to have on hand, in the event you or child or someone in your home may feel ill and suspect it might be more than the common cold. Nila stated it is important to keep yourself, your family and everyone around you safe.

c. Board of Directors – Ana Vigil, CAPK Board Member

It was stated that Ana Vigil is currently attending a conference with the agency, and there is no report this evening to share.

d. Head Start/State Child Development – Yolanda Gonzales, Head Start/State Child Development Director

It was further shared that Yolanda is also attending an agency conference this evening, therefore there isn't a report to share at this time.

8. Policy Council Chairperson Report

Ruby stated she is super excited and cannot wait to meet in person for the last meeting. She also shared that her child has recently had a little cold with the start of school and shared the importance of keeping children home if they are not feeling well.

9. Policy Council Member Comments

Members were given an opportunity to share comments.

Jennifer shared that she really liked in the 2024-2029 goals seeing enhanced recruitment and retention (for staff.) She felt that was great because there are waiting lists for Head Start and Jennifer feels that if we can get staff to fill those positions then we can open classrooms and get CAPK to fill the need. She shared that she felt it was great it was the number goal stated on the goals and objectives. Jennifer was very pleased to see that.

10. Next Scheduled Meeting

The next scheduled meeting will take place on September 26, 2023 at 5:30 p.m.

11. Adjournment

The meeting was adjourned at 6:08 p.m.

ASOCIACIÓN DE ACCIÓN COMUNITARIA DE KERN
ACTAS DE LA REUNIÓN DEL COMITÉ DEL CONSEJO DE POLÍTICAS
agosto 22, 2023
ID de teleconferencia: 273 502 390
081

1. Llame para ordenar

La presidenta del Consejo de Políticas, Ruby Cruz, llamó a la reunión al orden a las 5:33 p.m.

a. Se pasó lista y se estableció quórum.

Miembros del Consejo de Políticas presentes: Susana Barrios, Ruby Cruz, Fatima Echeverría, Guillermina Herrera, Nila Hogan, Pablo Reyes, Gabriel Rios, Jennifer Wilson

2. Comentarios públicos

El público que desee dirigirse al pleno del Consejo de Políticas puede hacerlo en este momento. Los miembros del Consejo de Políticas pueden responder brevemente a las declaraciones hechas o preguntas planteadas. Sin embargo, el Consejo de Políticas no tomará ninguna otra medida que remitir el (los) elemento (s) al personal para su estudio y análisis. Los oradores están limitados a tres minutos cada uno. Si más de una persona desea abordar el mismo tema, el tiempo total del grupo para el tema será de 10 minutos. Por favor, indique su nombre antes de hacer su presentación. Gracias.
Ninguno

3. Informes del Comité Permanente

a. Comité de Preparación Escolar

Se informó que aunque todas las reuniones programadas del Comité de Preparación Escolar han tenido lugar para este trimestre, la preparación escolar siempre se lleva a cabo dentro del programa. Al comienzo del nuevo año escolar recientemente, todo el personal asistió a la capacitación previa al desarrollo del personal en el servicio que cubrió una variedad de áreas. Esta capacitación incluyó una introducción a las piezas sueltas, que son materiales que se pueden mover, manipular, rediseñar, desmontar y volver a unir de múltiples maneras. La idea es promover e inspirar el juego en los niños pequeños a través de "partes sueltas" cautivando su curiosidad natural y permitiéndoles usar su imaginación sin fin. El personal tuvo la oportunidad de "jugar" con varios tipos de piezas sueltas durante esta capacitación. Otras áreas en las que el personal recibió capacitación / información incluyeron Salud y Nutrición, Participación familiar, Programa de Alimentos para el Cuidado de Niños y Adultos y más, todo lo cual contribuye a la preparación escolar general de un niño.

b. Comité de Planificación

El Comité de Planificación se reunió el 1 de agosto de 2023. Se revisaron los informes de inscripción y asistencia de junio y julio de 2023. La inscripción en Head Start fue del 69 % y la inscripción de Early Head Start del 76 % en junio. Durante el mes de julio, Head Start reportó un 42 % para Head Start y un 67 % de inscripción para Early Head Start. Hubo quince nuevos funcionarios incorporados, así como veintisiete renuncias en el transcurso de este período de dos meses. El informe del Programa de Alimentos para el Cuidado de Niños Adultos para mayo de 2023 señaló que se entregaron 64,889 comidas a los centros, con 43,177 comidas entregadas en junio de 2023. El personal de inscripción y asistencia participó en varios eventos de reclutamiento en los condados de Kern y San Joaquín para reclutar familias para la inscripción completa. También se compartió que el programa presentó con éxito un informe trimestral en el Sistema de Información de Lenguaje Preescolar. Este es un informe del programa preescolar del estado de California que recopila datos sobre los estudiantes bilingües y multilingües, la composición lingüística del personal y las características lingüísticas de los programas preescolares. La próxima reunión del Comité de Planificación se llevará a cabo el 5 de septiembre de 2023.

c. Comité de Presupuesto y Finanzas

El Comité de Presupuesto y Finanzas se reunió el 22 de agosto de 2023. El presupuesto de los informes reales para Head Start y Early Head Start se presentó al comité y se revisó. También se revisaron los Fondos de Actividad para Padres y los informes de Reembolso de Viajes y Cuidado de Niños Locales para Padres. Se destacó que al final del 1er trimestre del año fiscal como programa, estamos en el 37% de nuestro requisito en especie y estamos en camino no solo de cumplir con nuestro objetivo, sino que estamos en camino de superarlo. Se dijo que todos los informes financieros se pueden encontrar en el actual paquete del Consejo de Políticas. La próxima reunión del Comité de Presupuesto y Finanzas está programada para las 5:30 p.m. del 19 de septiembre de 2023.

d. Comité de Estatutos

El Comité de Estatutos se reunió el 8 de agosto de 2023 a las 5:30 p.m. El comité revisó el balance de los Estatutos de Head Start de CAPK, artículos diez a catorce. Estas áreas hablaban de medidas disciplinarias y proporcionaban varios tipos de acciones inapropiadas que podrían resultar en medidas disciplinarias. Las diferencias entre una preocupación, un problema y una queja se delinearon junto con el protocolo asociado con cada uno. Otras secciones examinadas incluían el procedimiento en caso de que el Consejo se encontrara en un punto muerto. También se señaló que, aunque el Consejo de Políticas ha adoptado las Reglas de Orden de Robert como autoridad parlamentaria, conserva la autoridad para desviarse de esta estructura formal. El último artículo hablaba del procedimiento de enmienda a los estatutos en caso de que el comité considerara necesario algún cambio. Se señaló que durante este período, el Comité de Estatutos no consideró que fuera necesario introducir cambios en el documento. Esta fue la última reunión del Comité de Estatutos para este período del Consejo de Políticas.

4. Presentaciones

a. Borrador de metas y objetivos de Head Start y Early Head Start 2024-2029 – Robert Espinosa, Administrador de Diseño y Gestión de Programas

Robert compartió que la versión preliminar de las Metas y Objetivos 2024-2029 que está presentando es un documento necesario que debe acompañar la solicitud de subvención del programa para el próximo año de financiamiento ciclo. Robert revisó los objetivos, comenzando con el primer objetivo, que es mejorar la incorporación, la retención y el reclutamiento de personal. Esto debe hacerse mediante la implementación de programas que abarquen caminos para el aprendizaje, el desarrollo profesional y una cultura positiva para obtener y retener personal. Robert continuó revisando las metas y objetivos, así como los pasos de acción correlacionados requeridos. Además de las metas de la fuerza laboral, también se revisaron las metas de opción del programa y preparación escolar, así como los objetivos para cada una. Los objetivos proporcionaron a los miembros declaraciones cuantificables específicas de cómo se lograrán estos objetivos. Al concluir la presentación, hubo una oportunidad para preguntas y/o aclaraciones, a las que no hubo ninguna. Robert compartió que cuando el documento se hay finalizado y ya no esté en forma de borrador, será llevado al Consejo de Políticas para su aprobación.

5. Agenda de consentimiento

***ACCIÓN**

La Agenda de Consentimiento consiste en temas que se consideran rutinarios y no controvertidos. Estos temas se aprueban en una moción a menos que un miembro del Consejo o el público solicite la eliminación de un tema en particular. Si se solicita un comentario o discusión, el tema se eliminará de la Agenda de consentimiento y se considerará en el orden indicado.

- a. Actas de la reunión de llamadas especiales del Comité Ejecutivo del Consejo de Políticas - 6 de julio de 2023 (inglés / español)
- b. Actas del Comité de Preparación Escolar – 8 de junio de 2023 (inglés/español)
- c. Actas del Comité de Presupuesto y Finanzas – 20 de junio de 2023 (inglés/español)
- d. Actas del Comité de Planificación – 1 de agosto de 2023
- e. Informe de evaluación de revisión del programa Head Start (PRE, sigla en inglés) – junio/julio
- f. Informe del presupuesto de Head Start al informe real, del 1 de marzo de 2023 al 30 de junio de 2023
- g. Informe real del presupuesto de Early Head Start al informe real, del 1 de marzo de 2023 al 30 de junio de 2023
- h. Viajes para padres y cuidado infantil hasta el 30 de junio de 2023
- i. Actividades para padres hasta el 30 de junio de 2023
- j. Informe no federal sobre acciones y en especie de Head Start y Early Head Start, del 1 de marzo de 2023 al 30 de junio de 2023
- k. Informe no federal sobre acciones y en especie de las asociaciones de cuidado infantil de Early Head Start, del 1 de marzo de 2023 al 30 de junio de 2023
- l. ACF-IM-HS-23-04 Proceso de monitoreo del año fiscal 2024 para los beneficiarios de Head Start y Early Head Start; Fecha de emisión: 11 de julio de 2023
- m. Clínica móvil para niños – agosto de 2023 (inglés/español)
- n. Los veteranos del condado de Kern se retiran - 12 de octubre de 2023, Stramler Park, 3805 Chester Avenue, Bakersfield
- o. Capacitaciones mensuales para padres del Dr. Kirk – Psicólogo clínico - CAPK Consultor de Head Start

- p. Abogacía y liderazgo – Consejos para las familias: Habilidades diarias de liderazgo – Head Start ECLKC
- q. Serie Backpack Connection: Cómo ayudar a su hijo a entender y etiquetar las emociones (inglés/español)
- r. Folleto de reclutamiento de Kern Head Start (inglés/español)
- s. Folleto de reclutamiento de San Joaquín Early Head Start (inglés/español)
- t. Folleto del Programa de visitas al hogar (inglés/español)
- u. Fechas de reunión del Consejo de Políticas

Pablo Reyes presentó una moción para aprobar los puntos a) a u); secundado por Jennifer Wilson. Moción aprobada por unanimidad.

6. Nuevos negocios

*ACCIÓN

a. **Solicitud para cambiar la fecha de la reunión del Consejo de Políticas del 24 de octubre de 2023 – Lisa Gonzales, Coordinadora de Gobernanza**

del Programa Lisa compartió que la reunión final del Consejo de Políticas del término se lleva a cabo históricamente en persona, junto con un tiempo reservado para el reconocimiento de los miembros. Agregó que tradicionalmente se han celebrado en un lugar que ofrece una comida para los miembros, así como un invitado adicional de su elección. Lisa declaró que debido a que la reunión de octubre llega a una fecha en que muchos empleados, incluida ella misma, estarán ausentes en una capacitación de una semana, hay una solicitud de que la fecha de la reunión del Consejo de Políticas para octubre se celebre una semana antes. El cambio de fecha propuesto es del 24 de octubre de 2023 al 17 de octubre de 2023. Lisa continuó compartiendo que se proporcionará más información en espera del resultado de esta solicitud. Jennifer Wilson hizo una moción para cambiar la fecha de la reunión al 17 de octubre de 2023; secundado por Fátima Echeverría. Moción aprobada por unanimidad.

7. Informes permanentes

a. **Gobernanza del Programa – Lisa Gonzales, Coordinadora de Gobernanza del Programa**

Lisa compartió que las reuniones de padres comenzarán el próximo mes (septiembre), y los padres deberían haber recibido encuestas solicitando su opinión sobre los días y horarios de las reuniones. Agregó que la información recopilada apoyará la reunión inicial con un voto de los padres que tendrá lugar para todas las reuniones futuras.

Lisa también proporcionó información sobre el programa CAPK Energy que ayuda a los solicitantes calificados con asistencia con su factura de servicios públicos. También compartió información sobre el Programa de climatización que puede ayudar a que su hogar sea más eficiente energéticamente y, a su vez, potencialmente ayudarlo a reducir su factura mensual de servicios públicos. Los miembros del equipo de climatización entran en su casa y evalúan dónde se podrían hacer mejoras, y completan esas mejoras de forma gratuita. Si alquila su casa, necesitará el permiso del propietario para realizar estas mejoras sin costo.

Lisa también compartió información sobre la campaña Cuéntanos tu historia de Head Start mientras Head Start California se prepara para el mes de concientización sobre Head Start que se lleva a cabo en octubre. Alentó a los miembros a compartir sus historias.

Lisa habló brevemente sobre el folleto de Defensa y Liderazgo en el paquete del Consejo de Políticas. Alentó a los miembros a mirar la información, y agregó que podría cambiar su idea de lo que es un líder. Lisa declaró a los miembros que son líderes en su vida cotidiana, y este artículo habla de las diversas formas en que nosotros, como padres, lideramos. Alentó a los miembros a tomarse un momento para completar la actividad de reflexión, que destaca las fortalezas y las áreas en las que se desea un mayor crecimiento.

Para concluir, Lisa agradeció a los miembros por su tiempo, y agregó que espera con ansias octubre, cuando el Consejo se reunirá en persona, cenará, se conectará entre sí y también llevará a cabo los asuntos necesarios de la reunión del Consejo de Políticas.

b. **Representante de la comunidad - Nila Hogan, Y-Empowerment**

Nila compartió que aunque COVID no ha ido a ninguna parte, hay más casos que ocurren especialmente con el inicio de la escuela. Ella dijo que muchos pueden no saberlo, pero hay kits

gratuitos (de prueba) disponibles en la mayoría de las escuelas primarias, incluso si su hijo no asiste a la escuela. Nila alentó a los miembros a obtener un kit de prueba gratuito, ya que puede ser beneficioso tenerlo a mano, en caso de que usted, su hijo o alguien en su hogar se sienta mal y sospeche que podría ser más que el resfriado común. Nila declaró que es importante mantenerse a salvo, a su familia y a todos los que lo rodean.

c. Junta Directiva – Ana Vigil, Miembro de la Junta de CAPK

Se dijo que Ana Vigil asiste actualmente a una conferencia con la agencia, y no hay ningún informe esta noche para compartir.

d. Head Start/Desarrollo infantil estatal – Yolanda Gonzales, Directora de Desarrollo Infantil de Head Start/Estado

Además, se compartió que Yolanda también asistirá a una conferencia de la agencia esta noche, por lo tanto, no hay un informe para compartir en este momento.

8. Informe del Presidente del Consejo de Políticas

Ruby dijo que está muy emocionada y no puede esperar para reunirse en persona para la última reunión. También compartió que su hijo recientemente ha tenido un poco de resfriado con el comienzo de la escuela y compartió la importancia de mantener a los niños en casa si no se sienten bien.

9. Comentarios de los miembros del Consejo de Políticas

Los miembros tuvieron la oportunidad de compartir comentarios.

Jennifer compartió que realmente le gustó en los objetivos 2024-2029 ver un mejor reclutamiento y retención (para el personal). Ella sintió que era genial porque hay listas de espera para Head Start y Jennifer siente que si podemos conseguir personal para llenar esos puestos, entonces podemos abrir aulas y hacer que CAPK satisfaga la necesidad. Ella compartió que sentía que era genial, era la meta número establecida en las metas y objetivos. Jennifer estaba muy contenta de ver eso.

10. Próxima reunión programada

La próxima reunión programada tendrá lugar el 26 de septiembre de 2023 a las 5:30 p.m.

11. Aplazamiento

Se levanta la sesión a las 18.08 horas.

Community Action Partnership of Kern Head Start/State Child Development
Policy Council Bylaws Committee Meeting Minutes
August 8, 2023
Call in Number: (213) 204-2374 Meeting ID: 227 414 432 532

1. Welcome

Fatima Echeverria assumed the role of Chairperson and welcomed members to the meeting.

2. Call to Order

a. Fatima called the meeting to order at 5:43 p.m.

3. Roll Call and establish Quorum (half plus one)

a. Quorum was established.

b. Members Present: Fatima Echeverria, Andrea Flores, Ana Vigil

c. Members not present: Monique McWilliams

4. Approval of Agenda

Andrea Flores made a motion to approve the agenda dated August 8, 2023; seconded by Ana Vigil.
Motion carried.

5. Approval of Minutes

Andrea Flores made a motion to approve the minutes dated June 213, 2023; seconded by Ana Vigil.
Motion carried.

6. Introduction of Guests

None

7. Public Forum

(The public wishing to address the Policy Council Bylaws Committee may do so at this time; however, the Committee will take no action other than referring the item to staff for study and analysis.)

None

8. Presentation / Discussion Items

***Action Item**

a. Review and Discussion of Policy Council Bylaws Articles X-XIV

Lisa shared that the majority of the balance of articles for review and discussion are regarding disciplinary action. She added that this information aligns with the Code of Conduct document reviewed and provided to members during Policy Council New Member Training. Some examples deemed inappropriate actions were also shared, including but were not limited to, actual or threatening physical violence, using, possessing or being under the influence of controlled substance, falsification of, or making omissions on form, records, etc. Article X also discussed the disciplinary action process, which begins with a written statement identifying the appropriate actions. This timeline in which this process must occur was also shared. A copy of the alleged actions shall be provided to the member in question with responsible parties making recommendations accordingly.

Additional information shared included spoke to the definitions and differences between, concerns, problems, and complaints. The appropriate channels for both the general community and for Policy Council representatives were discussed along with the corresponding procedure.

It was shared that Article XII is required as a part of grantees bylaws per the Head Start Program Performance Standards. This is the procedure for resolution should there be an impasse between the governing body (CAPK Board of Directors) and the Policy Council. An impasse is a situation where no progress has been made, differing thoughts on the same topic with both sides standing their ground. The article states should this occur, a mutually agreed upon third-party (mediator) will be selected to assist in resolving the dispute through mediation.

When reviewing and discussing Parliamentary Authority it was noted that while the Council has adopted Robert's Rules of Order, as the book of "guidelines" for conducting meetings, Policy Council has the power to deviate from this formal structure, when necessary. It was also noted that it is the responsibility of the Program Governance Coordinator to implement this policy and to tutor those, including staff who may need the knowledge and skills necessary for implementation.

In conclusion, Article XIV, the final article simply states that any changes the committee deems necessary must be provided to each Policy Council member for review and subsequent approval from the Council is required as is approval from the CAPK Board of Directors.

b. **Additional Meeting Discussion**

All articles of the Bylaws were discussed to members' satisfaction over the course of the regularly scheduled meetings; therefore, the consensus was that there was no need to schedule any additional meetings.

9. **Announcements**

Ana asked about the Backpack Giveaway benefiting the Friendship House Community Center. Lisa shared the flyer with members adding that it was included in the CAPK newsletter which is also typically sent to Board Members as well as Policy Council members. The event is taking place on August 13, 2023 at Vintage Cutz on Mount Vernon Avenue and will be from 9:00 a.m. to 12:00 p.m. Along with free backpacks and school supplies there will also be free haircuts available.

Members were reminded that the next Policy Council meeting will take place at 5:30 p.m. on Tuesday, August 22, 2023.

10. **Adjournment**

The meeting was adjourned at 6:15 p.m.

1. Bienvenida

Fatima Echeverria asumió el papel del presidente, dió la bienvenida a la reunión.

2. Llamado al orden

a. Fatima llamó la junta al orden a las 5:43 p.m.

3. Pase de lista (la mitad más uno)

a. Se estableció cuórum.

b. Miembros presentes: Fatima Echeverria, Andrea Flores, Ana Vigil

c. Miembros ausentes: Monique McWilliams

4. Aprobación de agenda

Andrea Flores presentó una propuesta para la aprobación de la agenda fechada el 8 de agosto, 2023; esta fue secundada por Ana Vigil. Propuesta aprobada.

5. Aprobación de minutos

Andrea Flores presentó una propuesta para la aprobación de los minutos fechados el 13 de junio, 2023; esta fue secundada por Ana Vigil. Propuesta aprobada por unanimidad.

6. Presentación de invitados

Ninguno

7. Foro publico

(El público que desee dirigirse al comité de estatutos del concilio de póliza puede hacerlo en este momento; sin embargo, el comité no tomará ninguna acción, solo referirá el tema al personal para su estudio y análisis))

Ninguno

8. Presentación/discusión de temas

***Elemento de acción**

a. Revisión y discusión de estatutos del concilio de póliza del X-XIV

Lisa informó que a mayoría del resto de los estatutos se refieren a medidas disciplinarias. Añadió que esta información se alinea con el código de conducta, documento que se revisó y entregó a los miembros durante la capacitación de los nuevos miembros del concilio de póliza. Se proporcionaron algunos ejemplos de algunas acciones que se consideran inapropiadas, las cuales incluyen violencia física, amenazas, uso, posesión o estar bajo la influencia de sustancias controladas, falsificación u omisión de información en formularios, registros, etc. Se continuó con la revisión, el artículo X describe el proceso de acción disciplinaria, la cual inicia con una declaración escrita que identifica las acciones inapropiadas. Se mostró el cronograma que debe proseguir este proceso. Se le proporcionará una copia de las acusaciones al miembro en cuestión y las partes responsables harán las recomendaciones correspondientes.

Se extendió más información sobre las definiciones y diferencias entre inquietudes, problemas y quejas. Se discutieron los canales apropiados tanto para la comunidad en general como para los representantes del concilio de póliza y el procedimiento correspondiente.

Se explicó que el artículo XII es obligatorio como parte de los concesionarios de acuerdo a las normas de desempeño del programa Head Start. Este es el procedimiento de resolución en caso de que no haya una solución entre el órgano de gobierno (la junta directiva de CAPK) y el concilio de póliza. Cuando no se encuentra en una resolución, y existen diferentes opiniones diferentes sobre el mismo tema y ambas partes se mantienen firmes en su postura. El artículo establece si esto

ocurre, se seleccionará a un tercero (mediador) mutuamente acordado para ayudar a resolver la disputa a través de la mediación.

Cuando se revisó el papel de la autoridad parlamentaria se observó que adoptó las reglas de orden de Robert, como el libro de directrices para llevar a cabo reuniones, el concilio de póliza tiene el poder de desviarse de esta estructura formal cuando sea necesario. También se señaló que es responsabilidad del coordinador del programa de gobernanza implementar esta póliza y brindar tutoría a los interesados, incluyendo el personal quienes necesiten de este conocimiento y habilidades que son necesarios para su implementación.

Para concluir, el último artículo XIV, simplemente establece que cualquier cambio que el comité crea necesario, se le debe proporcionar a cada miembro del concilio de póliza para su revisión y la subsecuente aprobación del concilio es necesaria, así como también la de la junta directiva de CAPK.

b. Comentarios adicionales de la reunión

Todos los artículos de los estatutos se les explicaron a los miembros durante el transcurso de las reuniones programadas durante el transcurso del año, por lo tanto, no se consideró necesario programar reuniones adicionales.

9. Anuncios

Ana preguntó sobre el evento de donación de mochilas a beneficio del centro comunitario Casa de la Amistad. Lisa repartió el volante con los miembros, agregando que la información estaba incluida en el boletín que CAPK publica y envía a los miembros tanto del concilio de póliza, así como la junta directiva. El evento se llevará a cabo el 13 de agosto en Vintage Cutz localizado en la avenida Mount Vernon de las 9 a.m. a las 12 p.m. Además de repartición de mochilas, y útiles escolares gratuitos, también se ofrecerán cortes de pelo gratuitos.

Se les recordó a los miembros que la próxima junta del concilio de póliza tendrá lugar el 22 de agosto del presente año a las 5:30 p.m.

10. Conclusión

La junta concluyó a las 6:15 p.m.

Community Action Partnership of Kern
Head Start / State Child Development
Policy Council Budget & Finance Committee Meeting Minutes
August 15, 2023
Audio Only: (213) 204-2374 Meeting ID: 230 502 352 583

1. Welcome

The group was welcomed to the meeting.

2. Call to Order

a. The meeting was called to order at 5:36 p.m. by Chairperson Pablo Reyes.

3. Roll Call and establish Quorum (half plus one)

a. Quorum was established.

b. Members present: Pablo Reyes, Gabriel Rios, Ruby Cruz, Susana Barrios

c. Members not present:

4. Approval of Agenda

Gabriel Rios made a motion to approve the agenda dated August 15, 2023; seconded by Ruby Cruz. Motion carried.

5. Approval of Minutes

Gabriel Rios made a motion to approve the minutes dated June 20, 2023; seconded by Ruby Cruz. Motion carried.

6. Introduction of Guests

Guests in attendance were Louis Rodriguez, Finance Administrator and Lisa Gonzales, Program Governance Coordinator.

7. Public Forum

(The public wishing to address the Policy Council Budget & Finance Committee may do so at this time; however, the Committee will take no action other than referring the item to staff for study and analysis.)

None

8. Presentation / Discussion Items – Louis Rodriguez, Finance Administrator

a. Financial Reports

The Head Start budget to actual report for the period beginning March 1, 2023 through June 30, 2023, which is four months into the twelve-month budget period was shared. Especially noteworthy was the nonfederal share for Head Start was reported at 40% during this reporting period, which is extremely good. It was shared that as a program we will not only meet our nonfederal share goal, but we will also meet it.

The budget to actual report for the same reporting period for Early Head Start was also presented and discussed in detail with committee members. This included percentages expended in various categories with base funds at 28% expended and training and technical assistance at 24% expended bring the overall budget expenditures to 28%.

In continuing to review the balance of financial reports, the parent local travel and childcare were provided for which there have been no expenses incurred.

Additionally, the parent activities report was shared, again with no expenses incurred at this time.

The last report reviewed was the Non-Federal Share (in-kind detail) report which indicated the grand total as of the June 30, 2023 reporting period was 5.2 million. The in-kind budget detail for the Early Childcare Partnership was also shared.

9. Announcements

- a. Committee members were reminded about the upcoming August 22, 2023 Policy Council (PC) meeting, noting PC Packets were mailed out earlier in the day. Lisa shared there has been a little bit of a challenge establishing a quorum, which did not happen for June and almost didn't happen for the Special Call meeting in July. She went on to state that there will be one action item as well as information that will be shared regarding goals and objectives for the upcoming next 5-year grant cycle. Lisa mentioned that part year programs resumed this week and as those parents return to centers they may see some staffing changes, as some staff have transitioned to other centers. Lisa shared with members that there are only three meetings left during this current Policy Council term. She added that parent meetings will resume in September reminding parents if they are interested in potentially continuing to participate, they must attend their parent meeting and be elected by their peers as a Regional Parent Committee member. Lisa stated parent meeting surveys were provided to staff and if they hadn't yet received it to be on the lookout.

Pablo shared that one of his daughter's exited the program last week and has transitioned to TK. He added that today was a meet and greet at her new school and she is very excited. Pablo also shared that he and his wife were able to adopt both children last month. This was exciting, there was a celebration at the courthouse, followed by a pool party. Pablo shared that he has one more year in Head Start before his daughter graduates from the program.

In closing, Pablo stated the next Policy Council Budget & Finance meeting will be held on Tuesday, September 19, 2023.

10. Adjournment

The meeting was adjourned at 5:47 p.m.

Asociación de Acción Comunitaria de Kern
Head Start / Desarrollo Infantil Estatal
Comité de Presupuestos y Finanzas
Resumen de la junta
15 de agosto, 2023

Sólo por audio: (213) 204-2374 Número de identificación de la junta: 230 502 352 583

1. Bienvenida

El grupo fue bienvenido a la reunión.

2. Convocación de reunión

a. Pablo Reyes presidente, convocó la junta al orden a las 5:36 p.m.

3. Pase de lista, establecimiento de quórum (la mitad más uno)

a. Se estableció el quórum

b. Miembros presentes: Pablo Reyes, Gabriel Ríos, Ruby Cruz, Susana Barrios

c. Miembros ausentes: Ninguno

4. Aprobación de agenda

Gabriel Ríos presentó una propuesta para la aprobación de la agenda fechada el 15 de agosto, 2023; esta fue secundada por Ruby Cruz. Propuesta aprobada.

5. Aprobación de minutos

Gabriel Ríos presentó una propuesta para la aprobación de los minutos fechados el 20 de junio, 2023; esta fue secundada por Ruby Cruz. Propuesta aprobada.

6. Presentación de invitados

Los invitados presentes fueron Louis Rodriguez, administrador de finanzas y Lisa Gonzales, coordinadora del programa de gobernanza.

7. Foro publico

(El público que desee dirigirse al comité de presupuestos y finanzas, puede hacerlo en este momento, sin embargo, el comité no tomará ninguna acción, solo referirá la cuestión al personal, para su estudio y análisis.)

Ninguno

8. Presentación / discusión de temas – Louis Rodriguez, administrador de finanzas

a. Reportes financieros

Se revisó el presupuesto actual de Head Start para el ciclo que inició el 1 de marzo, 2023 hasta el 30 de junio, 2023, el cual demarca cuatro meses dentro del periodo presupuestario de doce meses. Es especialmente digno mencionar que la contribución no federal para Head Start fue del 40% durante el periodo de este informe, lo cual es extremadamente bueno. Se informó que el programa cumplirá con la meta de participación no federal.

Se revisó el presupuesto actual de Early Head Start para el mismo periodo. Esto incluyó los porcentajes de diferentes categorías, el cual ha alcanzado un 28% de fondos base el 24% en asistencia técnica para dar como resultado un 28% de gastos presupuestarios en general.

Continuando con la revisión del resto de los reportes, se informó que los presupuestos

de los viajes locales para padres y cuidado infantil no han experimentado ningún gasto hasta la fecha de este reporte.

El último reporte que se revisó fue el de donaciones no federales, el cual indica que hasta el 30 de junio del presente año fue de 5.2 millones. También se compartió el reporte detallado de la asociación de cuidado infantil.

9. Anuncios

- a. Se les recordó a los miembros de la próxima reunión del concilio de póliza, a llevarse a cabo el 22 de agosto del presente año, añadiendo que ya se han enviado los paquetes por correo. Lisa agregó que ha habido problemas para tener cuórum, fenómeno que no ocurrió ni en junio o julio. Continuó informando que en la próxima reunión habrá un elemento que se someterá a votación, así como información sobre las metas y objetivos para el próximo ciclo de cinco años. Lisa mencionó que los programas de medio año, reanudarán esta semana y advirtió a los padres que, a su regreso, tal vez, noten algunos cambios de personal, ya que se han transferido a otros centros. Lisa informó a los miembros que solo quedan tres juntas para el concilio de póliza actual. Agregó que las juntas para padres se reanudarán en septiembre, y les recordó a los padres que, si desean continuar participando, deben asistir a las juntas de padres para que los padres los elijan como miembros del comité regional de padres. Se repartieron las encuestas, y si no han recibido ninguna les dijo que estuvieran atentos.

Pablo informó que su hija ha cumplido con el programa y estará en transición al kindergarten, agregó que el día de hoy habían ido a conocer la nueva escuela y que su niña está muy emocionada. Anunció que adoptaron a ambos niños y que hubo una celebración en el juzgado continuó en la casa con una fiesta en la piscina. Por último, dijo que todavía le queda un año más en Head Start antes de que su otra hija se gradúe del programa.

Para finalizar Pablo informó que la próxima junta del comité de presupuestos y finanzas se llevará a cabo el martes 19 de septiembre, 2023.

10. Conclusión

La junta concluyó a las 5:47 p.m.

**Community Action Partnership of Kern
Head Start / State Child Development
Policy Council Planning Committee
Meeting Minutes
September 5, 2023**

1. Welcome

The group was welcomed to the meeting.

2. Call to Order

a. Meeting was called to order at 5:39 p.m., by Andrea Flores

3. Roll Call and establish Quorum (half plus one)

a. Quorum was established.

b. **PC Members present:** Fatima Echeverria, Guillermina Herrera & Andrea Flores

c. **PC members absent:** None

4. Approval of Agenda

a. Motion to approve the agenda dated September 5, 2023, was made by Fatima Echeverria; Guillermina Herrera seconded. Motion carried unanimously.

5. Approval of Minutes

a. Motion to approve the minutes dated August 1, 2023, was made by Fatima Echeverria; Guillermina Herrera seconded. Motion carried unanimously.

6. Introduction of Guests

Guests in attendance tonight were Robert Espinosa, PDM Administrator; Sylvia Ortega, Quality Assurance Administrator; Carol Hendricks, Enrollment and Attendance Manager & Leticia Villegas, Program Assistant/Translator.

7. Public Forum

(The public wishing to address the PC Planning Committee may do so at this time; however, the Committee will take no action other than referring the item to staff for study and analysis.)
None

8. Presentation / Discussion Items

a. Division/Program Monthly Report – Carol Hendricks, Enrollment, and attendance Manager
– **Informational Item**

The enrollment reports for August 2023 were shared. In August, Head Start Kern reported 54% enrollment; Early Head Start reported 72% enrollment during this reporting period. Robert informed members that 3% of children enrolled in Head Start Kern had an IFSP (Individual Family Service Plan); IEP (Individualized Education Plan) in August; Early Head Start reported 13% IEP enrollment for the same reporting time. In the over income category, none of the programs were above the 10% goal; therefore, we were in compliance. The division staffing report included one hundred and ten vacant positions for the month of August. The Family Medical Leave report noted there are twenty-seven employees on continuous leave and sixty-two on intermittent leave. The highlights section reported that fourteen staff were onboarded and there were nineteen resignations. There were five days of interviews conducted for ten open requisitions. Robert also presented the Child and

Adult Care Food Program (CACFP) report. There was a total of 39,174 meals delivered with 31,398 prepared by Central Kitchen for the month of July.

The following updates and compliance items have or will take place in Kern County:

- Staff participated in the Kern County Department of Child Support Services Ready-Set Back 2 School Health and Wellness Fair.
- Select staff participated in the National Community Action Partnership Annual Conference in Atlanta, Georgia
- Two days of Pre-service training for Direct Service Staff, including staff at Escuelita Hernandez Partnership center
- Bakersfield College and Taft College and Taft College Partnership centers attended active shooter training and team building activities
- The program successfully submitted to the Office of Head Start (OHS) Program information report (PIR) on August 31, 2023. The PIR provides comprehensive data on the services, staff, children, and families served by Head Start and Early Head Start programs nationwide.

9. Announcements

The next meeting is on October 3, 2023, at 5:30 p.m.

10. Adjournment

Meeting was adjourned at 5:50 p.m.

**Asociación de Acción Comunitaria de Kern
Head Start / Desarrollo Infantil Estatal
Resumen de la junta del comité de planeación
5 de octubre, 2023**

1. Bienvenida

Se le dió la bienvenida al grupo.

2. Llamado de orden

a. Andrea Flores llamó la junta al orden a las 5:39 p.m.

3. Pase de lista, establecimiento de cuórum (la mitad más uno)

a. Se estableció cuórum.

b. **Miembros del comité:** Fatima Echeverria, Guillermina Herrera & Andrea Flores

c. **Miembros del comité ausentes:** Ninguno

4. Aprobación de agenda

a. Fatima Echeverría presentó una propuesta para la aprobación de la agenda fechada el 5 de septiembre, 2023; Guillermina Herrera la secundó. Propuesta aprobada por unanimidad.

5. Aprobación de minutos

a. Fatima Echeverria presentó una propuesta para aprobar los minutos fechados el 1 de agosto, 2023; Guillermina Herrera la secundó. Propuesta aprobada por unanimidad.

6. Presentación de invitados

Los invitados presentes fueron: Robert Espinosa, administrador de PDM; Sylvia Ortega, administradora de control de calidad; Carol Hendricks, gerente de inscripciones y asistencia & Leticia Villegas, asistente del programa, traductora.

7. Foro publico

(El público que desee dirigirse al comité de planeación pueden hacerlo en este momento, sin embargo, no se tomara ninguna acción, solo se referirá el tema al personal docente para su estudio y análisis)

8. Presentación/Discusión de temas

a. Reporte mensual de la división y/o programa – Carol Hendricks, gerente de inscripciones y asistencia – **Componente informativo**

Se revisó el informe de la inscripción del mes de agosto 2023. Head Start de Kern reportó una inscripción de 54%; Early Head Start reportó un 72% durante el mismo periodo. Robert informó a los miembros que el 3% de los alumnos inscritos en Head Start contaban con un IFSP, plan de servicios familiar individual o un IEP, plan educativo individual para el mes de agosto. Early Head Start reportó un 13% durante el mismo periodo. En la categoría de ingresos superiores, ninguno de los programas estuvo arriba del diez por ciento de la meta establecida; por lo tanto, estamos cumpliendo con los parámetros. El reporte de la división de personal incluyó un total de ciento diez vacantes, para el mes de agosto. El reporte de ausencias medicas informa que, hay veintisiete empleados con licencia continua y sesenta y dos en licencia intermitente. En la sección de aspectos destacados informa que se contrataron catorce empleados, y diecinueve renunciaron. Robert también presentó el

informe del programa de alimentación y cuidado infantil y para adultos (CACFP, siglas en ingles); durante el mes de julio, se repartieron un total de 39,174 de las cuales 31,398 fueron preparadas por la comida central.

Las siguientes renovaciones y acatamientos se llevaron a cabo en el condado de Kern:

- El personal participó en la feria de bienestar y salud del departamento de servicios de manutención infantil del condado de Kern
- Un número de empleados participó en la conferencia anual de la Asociación de Acción Comunitario en Atlanta, Georgia
- Se impartió una capacitación de dos días , en estas capacitaciones se incluyó a la escuela Hernández.
- Los centros en los colegios de Bakersfield & Taft participaron en una capacitación para aprender a tirar una arma, así como formación de equipos.
- El programa envió el reporte de información del programa (PIR) a la oficina de Head Start (OHS) el 31 de agosto del presente año. El reporte PIR proporciona un informe completo sobre los servicios, el personal, los niños y familias a los que se prestan servicios a través de los programas de Head Start y Early Head Start a nivel nacional.

9. Anuncios

La próxima junta se llevará a cabo el 3 de octubre a partir de las 5:30 p.m.

10. Clausura de sesión

La sesión se clausuró a las 5:50 p.m.

DIVISION/PROGRAM MONTHLY ACTIVITY REPORT

Division/Director: Head Start/State Child Development/Yolanda Gonzales	Month/Year: August 2023
Program/Work Unit: Head Start/Early Head Start	Program Manager/Administrator: Carol Hendricks/Robert Espinosa
Services: Head Start and Early Head Start childhood education for low-moderate income children ages 0-5 in center-based, part-day or full-day environments and home-based options.	

Program	Funded Enrollment	Reportable Enrollment	Percentage	Disabilities	Over Income 131%+ up to 10% 101—130% Up to 35%
Head Start	1,242	667	54%	3%	4%
<ul style="list-style-type: none"> 12 Classrooms Fully Closed 	215				4%
Early Head Start	829	597	72%	13%	8%
<ul style="list-style-type: none"> 14 Classrooms Fully Closed/ 2 Classrooms Partially Closed 	128				6%

Home Visiting Program	Cumulative Enrollment	Contract Enrollment Target
	236	312

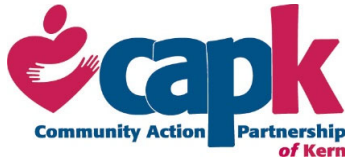
Division Staffing = 701			
Currently Employed	Vacant Positions	Continuous Family Leave	Intermittent Family Leave
591	110	27	62

HIGHLIGHTS: 14 staff were onboarded and had 19 resignations. Five days of interviews were conducted for 10 open direct service requisitions.

Program Update & Compliance
<p>The following events transpired in the month of August 2023:</p> <ul style="list-style-type: none"> Staff participated in the Kern County Department of Child Support Services Ready-Set Back 2 School Health and Wellness Fair. Select staff participated in the National Community Action Partnership Annual Conference in Atlanta, Georgia. Two days of Pre-service training for Direct Service staff, including staff at Escuelita Hernandez Partnership center. Bakersfield College and Taft College Partnership centers attended active shooter training and team building activities. The program successfully submitted the Office of Head Start (OHS) Program Information Report (PIR) on August 31, 2023. The PIR provides comprehensive data on the services, staff, children, and families served by Head Start and Early Head Start programs nationwide.

Central Kitchen August 2023				
Meals & Snacks	Total # Prepared	Breakfast	Lunch	Snack
Center Totals	54,697	20,060	16,875	17,682

CACFP						
July 2023						
Total Meals Delivered			Meals Allocated		# of Meals Served	% of Meals Served
Central Kitchen	Vendor Meals	Total Meals	CACFP/USDA	HS/EHS	13,483	53%
31,398	7,776	39,174	22,127	17,047		



MEMORANDUM

To: Budget and Finance Committee of Policy Council

From: Tracy Webster, CFO/ Louis Rodriguez, Finance Administrator

Date: September 19, 2023

Subject: *Head Start*
Budget to Actual Report for the period ended July 31, 2023 – **Info Item**

The Office of Head Start has awarded CAPK the full amount of its Head Start and Early Head Start grant for a five-year budget period, the fifth-year budget period is March 1, 2023, through February 29, 2024.

The following are highlights of the Head Start Budget to Actual Report for the period of March 1, 2023, through July 31, 2023. Five months (41.7%) of the 12-month budget period have elapsed.

Base Funds

Overall expenditures are at 29% of the budget.

Training & Technical Assistance Funds

Overall expenditures are at 70% of the budget.

Non-Federal Share (Head Start and Early Head Start combined)

The non-Federal share is at 45% of the budget.

Community Action Partnership of Kern

Head Start

Budget to Actual Report

Budget Period: March 1, 2023 - February 29, 2024

Report Period: March 1, 2023 - July 31, 2023

Month 05 of 12 (41.7%)

Prepared 8/31/2023

BASE FUNDS	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
PERSONNEL	10,474,074	2,856,181	7,617,893	27%	73%
FRINGE BENEFITS	4,056,398	818,572	3,237,826	20%	80%
TRAVEL	-	-	-		
EQUIPMENT	-	-	-		
SUPPLIES	744,041	267,483	476,558	36%	64%
CONTRACTUAL	131,568	108,168	23,400	82%	18%
CONSTRUCTION	-	-	-		
OTHER	2,707,283	1,270,841	1,436,442	47%	53%
INDIRECT	1,754,646	501,320	1,253,326	29%	71%
TOTAL BASE FUNDING	19,868,010	5,822,565	14,045,445	29%	71%

TRAINING & TECHNICAL ASSISTANCE

TRAVEL	41,904	27,327	14,577	65%	35%
SUPPLIES	23,986	7,885	16,101	33%	67%
CONTRACTUAL	22,800	442	22,358	2%	98%
OTHER	72,752	77,135	(4,383)	106%	-6%
INDIRECT	16,144	11,210	4,934	69%	31%
TOTAL TRAINING & TECHNICAL ASSISTANCE	177,586	123,998	53,588	70%	30%

CARRYOVER

SUPPLIES	-	-	-		
CONTRACTUAL	-	-	-		
CONSTRUCTION	-	-	-		
OTHER	-	-	-		
OTHER - CARES	-	-	-		
INDIRECT	-	-	-		
TOTAL CARRYOVER	-	-	-		

GRAND TOTAL HS FEDERAL FUNDS	20,045,596	5,946,563	14,099,033	30%	70%
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HEAD START and EARLY HEAD START COMBINED NON-FEDERAL SHARE

SOURCE	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
IN-KIND	1,958,398	1,498,587	459,811	77%	23%
CALIF DEPT OF ED	11,131,398	4,448,308	6,683,090	40%	60%
TOTAL NON-FEDERAL	13,089,796	5,946,895	7,142,901	45%	55%

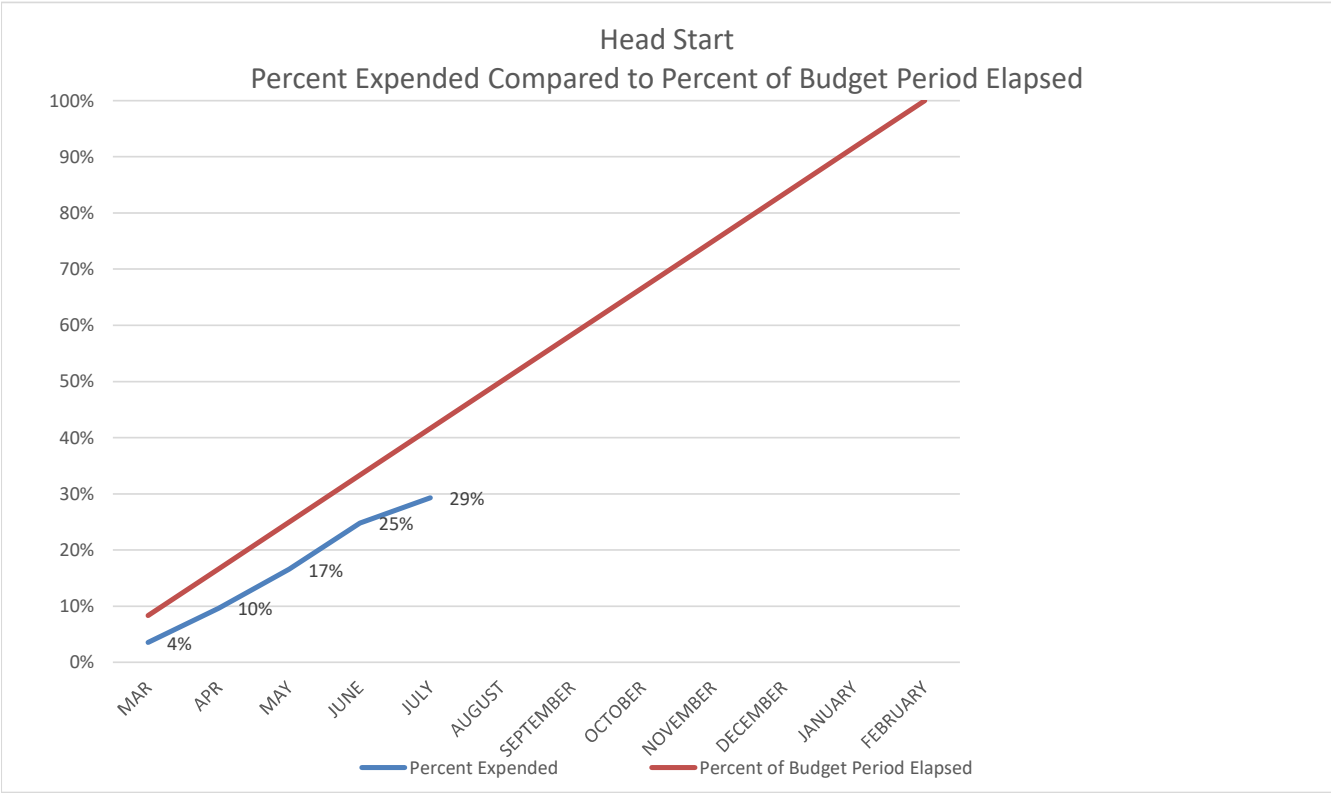
Budget reflects Notice of Award #09CH011132-05-01

Actual expenditures include posted expenditures and estimated adjustments through 07/31/2023

Administrative Cost for HS and EHS Combined 5.1%

Agency-Wide Credit Card Report

	CURRENT	1 TO 30	31 TO 60	61 TO 90	TOTAL	STATEMENT DATE
Wells Fargo	47,219	-	-	-	47,219	8/1/2023
Lowe's	40,733	511	-	-	41,245	8/3/2023
Smart & Final	406	-	-	-	406	8/1/2023
Save Mart	530	-	67	118	715	7/31/2023
Chevron & Texaco Business Card	6,715	-	-	-	6,715	8/6/2023
Home Depot	10,370	457	1,957	-	12,785	8/4/2023
	105,974	-	2,024	118	109,085	





MEMORANDUM

To: Budget and Finance Committee of Policy Council

From: Tracy Webster, CFO / Louis Rodriguez, Finance Administrator

Date: September 19, 2023

Subject: *Early Head Start*
Budget to Actual Report for the period ended July 31, 2023 – **Info Item**

The Office of Head Start has awarded CAPK the full amount of its Head Start and Early Head Start grant for a five-year budget period, the fifth-year budget period is March 1, 2023, through February 29, 2024.

The following are highlights of the Early Head Start Budget to Actual Report for the period of March 1, 2023, through July 31, 2023. Five months (41.7%) of the 12-month budget period has elapsed.

Base Funds

Overall expenditures are at 33% of the budget.

Training & Technical Assistance Funds

Overall expenditures are at 30% of the budget.

Community Action Partnership of Kern
Early Head Start
Budget to Actual Report
Budget Period: March 1, 2023 - February 29, 2024
 Report Period: March 1, 2023 - July 31, 2023
 Month 05 of 12 (41.7%)

Prepared 8/31/2023

BASE FUNDS	BUDGET	ACTUAL	REMAINING	% SPENT	% REMAINING
PERSONNEL	9,862,428	3,129,862	6,732,566	32%	68%
FRINGE BENEFITS	2,829,887	894,926	1,934,961	32%	68%
TRAVEL	-	-	-		
EQUIPMENT	-	-	-		
SUPPLIES	1,205,123	241,164	963,959	20%	80%
CONTRACTUAL	1,057,942	359,091	698,851	34%	66%
CONSTRUCTION	-	-	-		
OTHER	2,171,939	964,662	1,207,277	44%	56%
INDIRECT	1,666,021	538,435	1,127,586	32%	68%
TOTAL BASE FUNDING	18,793,340	6,128,140	12,665,200	33%	67%

TRAINING & TECHNICAL ASSISTANCE

PERSONNEL	-	(6,165)	6,165		
FRINGE BENEFITS	-	(472)	472		
TRAVEL	44,192	22,833	21,359	52%	48%
SUPPLIES	30,013	3,242	26,771	11%	89%
CONTRACTUAL	26,080	5,808	20,272	22%	78%
OTHER	212,393	68,425	143,968	32%	68%
INDIRECT	31,268	9,351	21,917	30%	70%
TOTAL TRAINING & TECHNICAL ASSISTANCE	343,946	103,023	240,923	30%	70%

CARRYOVER

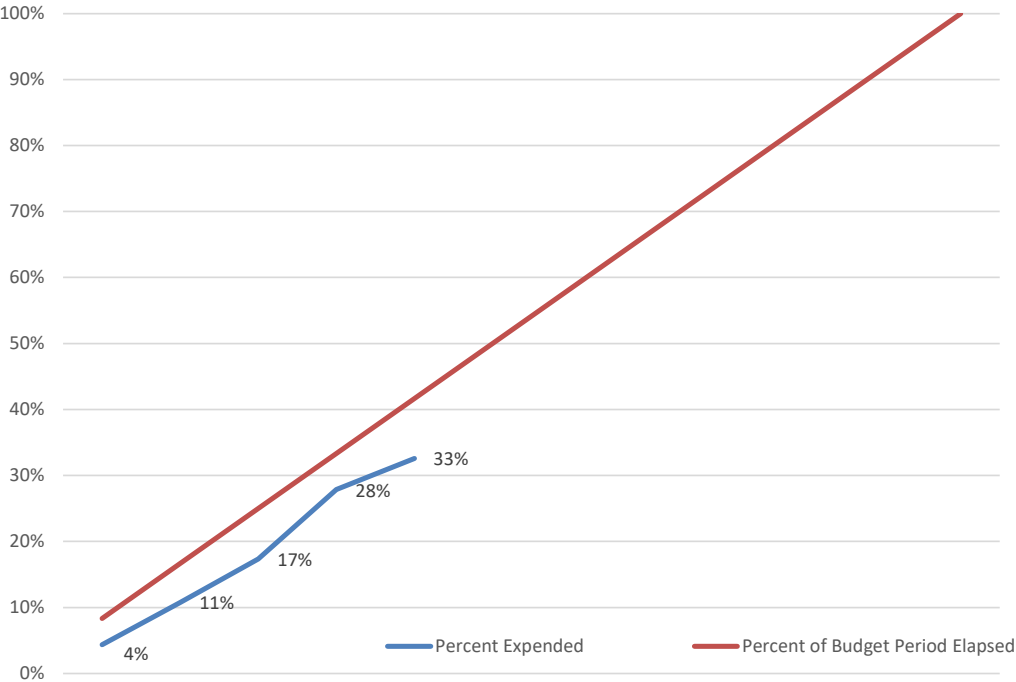
PERSONNEL		-	-		
FRINGE BENEFITS		-	-		
SUPPLIES	-	-	-		
CONTRACTUAL	-	-	-		
CONSTRUCTION	-	-	-		
OTHER	-	-	-		
INDIRECT	-	-	-		
TOTAL CARRYOVER	-	-	-		

GRAND TOTAL EHS FEDERAL FUNDS	19,137,286	6,231,164	12,906,122	33%	67%
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Budget reflects Notice of Award #09CH011132-05-01

Actual expenditures include posted expenditures and estimated adjustments through 07/31/2023

Early Head Start
Percent Expended Compared to Percent of Budget Period Elapsed



Community Action Partnership of Kern

Page 1 of 1

Head Start and Early Head Start Kern

Year-to-Date Non-Federal Share and In-Kind Report

Budget Period: March 1, 2023 through February 29, 2024

Report for period ending July 31, 2023 (Month 5 of 12)

Percent of budget period elapsed: 41.7%

LOCATION	Enroll- ment	March	April	May	June	July	YTD Totals	Kern/ SJC	IN-KIND GOAL	% OF GOAL MET
Alberta Dillard	40	12,893	7,852	2,921	0	0	23,666	Kern	39,812	59%
Alicante	20	10,979	8,866	11,664	6,824	3,341	41,673	Kern	19,906	209%
Angela Martinez	60	8,111	9,756	13,679	11,828	8,755	52,128	Kern	59,718	87%
Broadway	40	5,844	8,572	3,967	0	0	18,384	Kern	39,812	46%
California City	20	3,962	3,239	1,334	0	0	8,535	Kern	19,906	43%
Cleo Foran	23	6,400	5,152	6,764	7,199	3,143	28,658	Kern	22,892	125%
Delano	76	21,579	21,523	10,293	0	0	53,395	Kern	75,643	71%
East California	52	6,966	7,633	16,470	10,427	6,476	47,972	Kern	51,756	93%
Fairfax	39	14,513	14,443	11,020	0	0	39,976	Kern	38,817	103%
Fairview	0	0	0	0	0	0	0	Kern	0	0%
Harvey L. Hall	140	15,666	14,424	13,784	14,253	11,611	69,737	Kern	139,343	50%
Heritage	20	6,419	4,447	2,392	0	0	13,258	Kern	19,906	67%
Home Base	126	13,671	16,943	8,815	7,531	6,051	53,010	Kern	62,704	85%
Lamont	20	6,800	7,113	3,715	0	0	17,629	Kern	19,906	89%
Martha J. Morgan	71	18,212	18,278	16,383	11,873	7,314	72,060	Kern	70,667	102%
McFarland	20	18,674	14,207	11,433	0	0	44,314	Kern	19,906	223%
Mojave	20	2,344	954	100	0	0	3,399	Kern	19,906	17%
Oasis	45	14,048	12,103	9,215	0	0	35,366	Kern	44,789	79%
Pete H. Parra	128	28,157	26,760	31,534	19,623	17,175	123,250	Kern	127,399	97%
Planz	0	0	0	0	0	0	0	Kern	0	0%
Primeros Pasos	76	16,591	28,746	32,941	27,910	14,522	120,711	Kern	75,643	160%
Rosamond	60	4,136	4,253	1,942	0	0	10,331	Kern	59,718	17%
San Diego	32	7,732	6,487	4,299	2,778	2,436	23,732	Kern	31,850	75%
Seibert	20	2,192	2,325	1,186	0	0	5,702	Kern	19,906	29%
Shafter	20	5,245	3,951	2,855	4,498	592	17,142	Kern	19,906	86%
Shafter HS/EHS	24	3,739	1,701	2,203	2,665	3,359	13,667	Kern	23,887	57%
Sterling	124	17,586	14,182	16,513	14,750	11,281	74,312	Kern	123,418	60%
Stockdale Head Start	60									
Sunrise Villa	20	2,987	4,203	1,784	0	0	8,974	Kern	19,906	45%
Taft	60	8,550	8,852	6,946	0	0	24,349	Kern	59,718	41%
Tehachapi	34	1,671	2,593	77	0	0	4,342	Kern	33,840	13%
Vineland	20	2,263	2,062	1,834	0	0	6,159	Kern	19,906	31%
Virginia	20	9,620	10,265	12,432	0	0	32,317	Kern	19,906	162%
Wesley	60	21,461	17,008	14,220	0	0	52,689	Kern	59,718	88%
Willow	40	10,607	9,946	6,779	0	0	27,332	Kern	39,812	69%
Administrative Services		0	0	0	0	0	0	Kern	0	0%
PC Planning		0	0	0	0	0	0	Kern	0	0%
PC By Laws		0	0	0	0	0	0			
Governance		451	166	23	0	0	640	Kern	15,000	4%
Program Services		13,559	8,991	5,680	6,201	7,588	42,021	Kern	74,265	57%
California Street	24	5,829	6,641	6,121	4,730	3,443	26,764	SJC	39,646	68%
Chrisman	16	4,794	4,540	2,987	946	0	13,267	SJC	26,431	50%
Gianone	0	0	0	0	0	0	0	SJC	0	0%
Kennedy	16	1,373	2,054	1,184	1,415	2,560	8,586	SJC	26,431	32%
Lodi Home Base	30	8,307	13,348	14,790	10,683	5,160	52,288	SJC	24,779	211%
Lodi UCC	30	6,058	6,624	5,855	5,632	5,928	30,097	SJC	49,558	61%
Manteca Home Base	11	7,143	5,740	6,477	3,909	4,286	27,556	SJC	9,086	303%
Marci Massei	24	1,924	2,680	2,838	2,834	3,187	13,463	SJC	39,646	34%
St. Mary's	24	4,791	3,369	3,162	6,348	3,404	21,075	SJC	39,646	53%
Stockton Home Base	78	9,353	11,386	11,847	12,647	7,203	52,435	SJC	64,425	81%
Tracy Home Base	12	6,099	4,634	4,532	3,758	0	19,023	SJC	9,912	192%
Walnut	24	3,586	3,040	3,039	4,162	5,123	18,951	SJC	39,646	48%
Administrative Services		0	0	0	0	0	0	SJC	0	0%
Program Services		0	0	755	3,501	0	4,256	SJC	0	0%
Policy Council		0	0	0	0	0	0	SJC	0	0%
SUBTOTAL IN-KIND	1,919	402,886	392,053	350,785	208,925	143,939	1,498,587	0	1,958,398	77%
x										
State General Child Care*		273,064	254,458	266,636	260,460	211,943	1,266,560	Kern	3,297,554	38%
State Preschool*		623,046	525,600	542,386	315,917	179,767	2,186,717	Kern	6,413,658	34%
State Migrant Child Care*		5,212	7,596	7,442	3,941	1,020	25,212	Kern	245,034	10%
SUBTOTAL CA DEPT of ED		901,323	787,654	816,465	580,318	392,730	3,478,489		9,956,246	35%
x										
State General Child Care*		96,972	128,349	139,529	128,466	114,272	607,589	SJC	1,175,152	52%
SUBTOTAL CA DEPT of ED		96,972	128,349	139,529	128,466	114,272	607,589		1,175,152	52%
GRAND TOTAL		1,401,181	1,308,056	1,306,779	917,709	650,941	5,584,665		13,089,796	43%
							<u>362,230</u>			
							<u>5,946,895</u>			

**Community Action Partnership of Kern
Early Head Start Child Care Partnerships
Non-Federal Share and In-Kind Year-to-Date Report
Budget Period: March 1, 2023 through February 29, 2024
Report for period ending July 31, 2023 (Month 5 of 12)**

Percent of year elapsed: **41.7%**

LOCATION	FUNDED ENROLL- MENT	Mar 2023	Apr 2023	May 2023	June 2023	July 2023	YTD Totals	IN-KIND GOAL	% OF GOAL MET
Angela Martinez	24	2,332	2,225	2,631	2,925	1,738	11,851	103,398	11%
Kern Community College District - BC	32	27,579	13,672	20,450	23,702	272	85,674	137,864	62%
KCSOS - Blanton	16	33,685	6,355	8,469	37,414	0	85,923	68,932	125%
Garden Pathways	11	0	166	0	0	0	166	47,391	0%
Taft College	42	49,928	44,682	45,507	38,442	0	178,559	180,947	99%
Escuelita Hernandez	16	57	0	0	0	0	57	68,932	0%
TBD	11	0	0	0	0	0	0	47,391	0%
Program Services		0	0	0	0	0	0		
Admin Services		0	0	0	0	0	0		
GRAND TOTAL	152	113,580	67,100	77,056	102,484	2,010	362,230	654,854	55%

Budget reflects Notice of Award #09CH011132-05-01

**COMMUNITY ACTION PARTNERSHIP OF KERN
PARENT TRAVEL & CHILD CARE (6115)
2023-2024**

HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO- DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	8%	0%
APRIL 2023	\$ 1,350.00		\$ -	\$ 1,350.00	17%	0%
MAY 2023	\$ 1,350.00		\$ -	\$ 1,350.00	25%	0%
JUNE 2023	\$ 1,350.00		\$ -	\$ 1,350.00	33%	0%
JULY 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	42%	0%
AUGUST 2023	\$ 1,350.00		\$ -	\$ 1,350.00	50%	0%
SEPTEMBER 2023	\$ 1,350.00		\$ -	\$ 1,350.00	58%	0%
OCTOBER 2023	\$ 1,350.00		\$ -	\$ 1,350.00	67%	0%
NOVEMBER 2023	\$ 1,350.00		\$ -	\$ 1,350.00	75%	0%
DECEMBER 2023	\$ 1,350.00		\$ -	\$ 1,350.00	83%	0%
JANUARY 2024	\$ 1,350.00		\$ -	\$ 1,350.00	92%	0%
FEBRUARY 2024	\$ 1,350.00		\$ -	\$ 1,350.00	100%	0%

EARLY HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO- DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	8%	0%
APRIL 2023	\$ 500.00		\$ -	\$ 500.00	17%	0%
MAY 2023	\$ 500.00		\$ -	\$ 500.00	25%	0%
JUNE 2023	\$ 500.00		\$ -	\$ 500.00	33%	0%
JULY 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	42%	0%
AUGUST 2023	\$ 500.00		\$ -	\$ 500.00	50%	0%
SEPTEMBER 2023	\$ 500.00		\$ -	\$ 500.00	58%	0%
OCTOBER 2023	\$ 500.00		\$ -	\$ 500.00	67%	0%
NOVEMBER 2023	\$ 500.00		\$ -	\$ 500.00	75%	0%
DECEMBER 2023	\$ 500.00		\$ -	\$ 500.00	83%	0%
JANUARY 2024	\$ 500.00		\$ -	\$ 500.00	92%	0%
FEBRUARY 2024	\$ 500.00		\$ -	\$ 500.00	100%	0%

Prepared by: Louis Rodriquez
September 5, 2023

COMMUNITY ACTION PARTNERSHIP OF KERN
VIAJES DE LOS PADRES y CUIDADO DE NIÑOS
2023-2024

KERN HEAD START

MES	BALANCE INICIAL	LO QUE SE GASTO ESTE MES	LO QUE SE HA GASTADO HASTA ESTE AÑO	SALDO RESTANTE	PORCENTAJE DEL AÑO TRANSCURRIDO	PORCENTAJE DEL PRESUPUESTO QUE SE GASTO
MARZO DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	8%	0%
ABRIL DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	17%	0%
MAYO DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	25%	0%
JUNIO DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	33%	0%
JULIO DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	42%	0%
AGOSTO DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	50%	0%
SEPTIEMBRE DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	58%	0%
OCTUBRE DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	67%	0%
NOVIEMBRE DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	75%	0%
DICIEMBRE DEL 2023	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	83%	0%
ENERO DEL 2024	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	92%	0%
FEBRERO DEL 2024	\$ 1,350.00	\$ -	\$ -	\$ 1,350.00	100%	0%

EARLY HEAD START

MES	BALANCE INICIAL	LO QUE SE GASTO ESTE MES	LO QUE SE HA GASTADO HASTA ESTE AÑO	SALDO RESTANTE	PORCENTAJE DEL AÑO TRANSCURRIDO	PORCENTAJE DEL PRESUPUESTO QUE SE GASTO
MARZO DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	8%	0%
ABRIL DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	17%	0%
MAYO DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	25%	0%
JUNIO DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	33%	0%
JULIO DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	42%	0%
AGOSTO DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	50%	0%
SEPTIEMBRE DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	58%	0%
OCTUBRE DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	67%	0%
NOVIEMBRE DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	75%	0%
DICIEMBRE DEL 2023	\$ 500.00	\$ -	\$ -	\$ 500.00	83%	0%
ENERO DEL 2024	\$ 500.00	\$ -	\$ -	\$ 500.00	92%	0%
FEBRERO DEL 2024	\$ 500.00	\$ -	\$ -	\$ 500.00	100%	0%

5 de septiembre de 2023

**COMMUNITY ACTION PARTNERSHIP OF KERN
PARENT ACTIVITIES (7175)
2023-2024**

HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO- DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	8%	0%
APRIL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	17%	0%
MAY 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	25%	0%
JUNE 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	33%	0%
JULY 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	42%	0%
AUGUST 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	50%	0%
SEPTEMBER 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	58%	0%
OCTOBER 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	67%	0%
NOVEMBER 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	75%	0%
DECEMBER 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	83%	0%
JANUARY 2024	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	92%	0%
FEBRUARY 2024	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	100%	0%

EARLY HEAD START

MONTH	BEGINNING BALANCE	SPENT THIS MONTH	SPENT YEAR-TO- DATE	REMAINING BALANCE	% OF YEAR ELAPSED	% OF BUDGET SPENT
MARCH 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	8%	0%
APRIL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	17%	0%
MAY 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	25%	0%
JUNE 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	33%	0%
JULY 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	42%	0%
AUGUST 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	50%	0%
SEPTEMBER 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	58%	0%
OCTOBER 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	67%	0%
NOVEMBER 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	75%	0%
DECEMBER 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	83%	0%
JANUARY 2024	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	92%	0%
FEBRUARY 2024	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	100%	0%

September 5, 2023

COMMUNITY ACTION PARTNERSHIP OF KERN
ACTIVIDADES DE LOS PADRES
2023-2024

KERN HEAD START

MES	BALANCE INICIAL	LO QUE SE GASTO ESTE MES	LO QUE SE HA GASTADO HASTA ESTE AÑO	SALDO RESTANTE	PORCENTAJE DEL AÑO TRANSCURRIDO	PORCENTAJE DEL PRESUPUESTO QUE SE GASTO
MARZO DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	8%	0%
ABRIL DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	17%	0%
MAYO DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	25%	0%
JUNIO DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	33%	0%
JULIO DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	13%	0%
AGOSTO DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	25%	0%
SEPTIEMBRE DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	38%	0%
OCTUBRE DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	50%	0%
NOVIEMBRE DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	63%	0%
DICIEMBRE DEL 2023	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	75%	0%
ENERO DEL 2024	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	88%	0%
FEBRERO DEL 2024	\$ 9,210.00	\$ -	\$ -	\$ 9,210.00	100%	0%

KERN EARLY HEAD START

MES	BALANCE INICIAL	LO QUE SE GASTO ESTE MES	LO QUE SE HA GASTADO HASTA ESTE AÑO	SALDO RESTANTE	PORCENTAJE DEL AÑO TRANSCURRIDO	PORCENTAJE DEL PRESUPUESTO QUE SE GASTO
MARZO DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	8%	0%
ABRIL DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	17%	0%
MAYO DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	25%	0%
JUNIO DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	33%	0%
JULIO DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	13%	0%
AGOSTO DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	25%	0%
SEPTIEMBRE DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	38%	0%
OCTUBRE DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	50%	0%
NOVIEMBRE DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	63%	0%
DICIEMBRE DEL 2023	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	75%	0%
ENERO DEL 2024	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	88%	0%
FEBRERO DEL 2024	\$ 5,245.00	\$ -	\$ -	\$ 5,245.00	100%	0%

5 de septiembre de 2023



Do you need help paying your water bill?

CAPK Energy can reduce your utility costs

Water expenses continue to rise.

If you're falling behind on your payments or need assistance with your current bill, CAPK's Low Income Household Water Assistance Program (LIHWAP) may be able to help you reduce your water or wastewater bills.

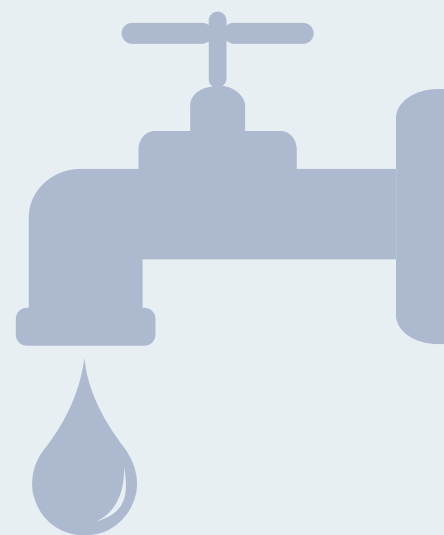
How does the water assistance program work?

The CAPK Energy team will help you complete an application, submit all required documentation and will establish your eligibility level. Households that qualify for assistance could reduce their water or wastewater charges by up to \$15,000.

Make an appointment today to see if you qualify for water utility assistance

To find out if you qualify for assistance with your water bills, call **2-1-1** or visit energy.capk.org/water-utility-assistance/.

There's no cost to see if you qualify, and any assistance you receive doesn't have to be paid back.





¿Necesita ayuda para pagar su factura de agua?

CAPK Energy puede reducir sus costos de servicios públicos

Los gastos de agua continúan aumentando.

Si se está atrasando en sus pagos o si necesita asistencia con sus facturas actuales, el programa gratuito de CAPK para la ayuda de pago de facturas de agua de casa y aguas residuales puede ayudarle a reducir sus facturas de agua de casa o aguas residuales.

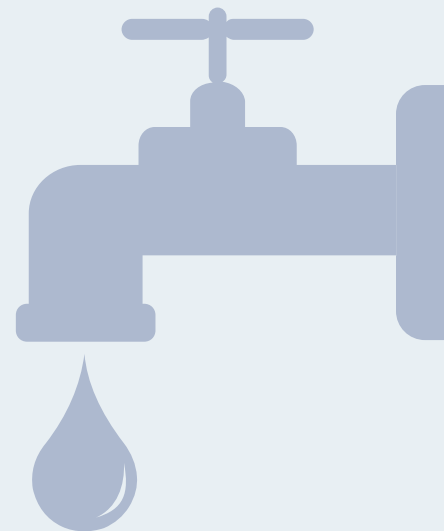
¿Cómo funciona el programa de asistencia de agua de casa y aguas residuales?

El equipo de CAPK Energy le ayudará a completar una solicitud, enviar toda la documentación requerida y establecerá su nivel de elegibilidad. Los hogares que califiquen para recibir asistencia podrían reducir sus cargos por agua o aguas residuales hasta en \$15,000.

Haga una cita hoy para ver si califica para la asistencia del servicio de agua

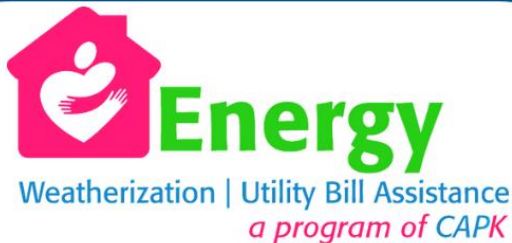
Para ver si califica para recibir asistencia con sus facturas de agua, llame al **2-1-1** o visite energy.capk.org/water-utility-assistance/.

No hay costo para ver si califica, y cualquier asistencia que reciba no tiene que ser devuelta.





GET THE HELP YOU NEED!



300 19th street Bakersfield, Ca
93301

Please call for an appointment
2-1-1 or 1-800-273-2275



Utility Assistance is available to help with current and past due electric, gas, and water bills.



The Weatherization Program assistance can help make your home more energy efficient which could help reduce your monthly utility bill.

Community Action Partnership of Kern's Energy Program can help you pay your utility bills and claim a fresh start. There is no cost for eligible individuals and families.



¡OBTÉN LA AYUDA QUE NECESITAS!



Energy

Weatherization | Utility Bill Assistance
a program of CAPK

300 19th street Bakersfield, Ca
93301

Por favor llame para una cita
2-1-1 o 1-800-273-2275



La asistencia de servicios públicos está disponible para ayudar con las facturas actuales y pasadas de electricidad, gas y agua.

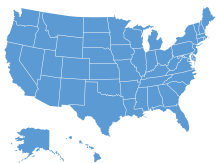


La asistencia del Programa de Climatización puede ayudar a que su hogar sea más eficiente energéticamente, lo que podría ayudar a reducir su consumo mensual de energía.
Factura.

Community Action Partnership of Kern's Energy Program puede ayudarlo a pagar sus facturas de servicios públicos y reclamar un nuevo comienzo. No hay costo para individuos y familias elegibles.

5

Action Steps for Helping Someone in Emotional Pain



Suicide is a major public health concern and a leading cause of death in the United States. Suicide affects people of all ages, genders, races, and ethnicities.

Suicide is complicated and tragic, but it can be preventable. **Knowing the warning signs for suicide and how to get help can help save lives.**

Here are 5 steps you can take to #BeThe1To help someone in emotional pain:



1. ASK:

“Are you thinking about killing yourself?” It’s not an easy question but studies show that asking at-risk individuals if they are suicidal does not increase suicides or suicidal thoughts.



2. KEEP THEM SAFE:

Reducing a suicidal person’s access to highly lethal items or places is an important part of suicide prevention. While this is not always easy, asking if the at-risk person has a plan and removing or disabling the lethal means can make a difference.



3. BE THERE:

Listen carefully and learn what the individual is thinking and feeling. Research suggests acknowledging and talking about suicide may in fact reduce rather than increase suicidal thoughts.



4. HELP THEM CONNECT:

Save the 988 Suicide & Crisis Lifeline number (**call or text 988**) and the Crisis Text Line number (**741741**) in your phone so they’re there if you need them. You can also help make a connection with a trusted individual like a family member, friend, spiritual advisor, or mental health professional.



5. STAY CONNECTED:

Staying in touch after a crisis or after being discharged from care can make a difference. Studies have shown the number of suicide deaths goes down when someone follows up with the at-risk person.

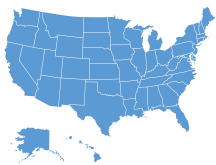
For more information on suicide prevention:
www.nimh.nih.gov/suicideprevention
www.bethe1to.com



National Institute
of Mental Health

5

medidas que puede tomar para ayudar a una persona con dolor emocional



El suicidio es un problema importante de salud pública y una de las principales causas de muerte en los Estados Unidos. El suicidio afecta a personas de todas las edades, géneros, razas y etnias.

El suicidio es complicado y trágico, pero puede evitarse. **Saber cuáles son las señales de advertencia del suicidio y dónde obtener ayuda puede servir para salvar vidas.**

A continuación, planteamos 5 medidas que puede seguir para ayudar a una persona con dolor emocional:



1. PREGUNTE:

“¿Estás pensando en suicidarte?” No es una pregunta fácil de hacer, pero los estudios muestran que preguntar a las personas en riesgo si tienen pensamientos o deseos de morir o de matarse no aumenta los suicidios ni los pensamientos suicidas.



2. MANTÉNGALA A SALVO:

Reducir el acceso de la persona suicida a ciertos objetos o lugares sumamente letales es parte esencial de la prevención del suicidio. Si bien hacer esto no es fácil, preguntarle a la persona en riesgo si tiene algún plan y desactivar o eliminar cualquier medio letal puede marcar la diferencia.



3. ESTÉ PRESENTE:

Escuche atentamente para enterarse de lo que la persona en riesgo está pensando y sintiendo. De hecho, las investigaciones sugieren que reconocer y hablar sobre el suicidio puede reducir los pensamientos suicidas en lugar de aumentarlos.



4. AYÚDELA A ESTABLECER UNA CONEXIÓN:

Guarde el número de la Línea de Prevención del Suicidio y Crisis (**988**) y la Línea de Mensajes de Texto en Tiempos de Crisis (**741741**) en su teléfono celular para que los tenga a mano cuando los necesite. Usted también puede ayudar a la persona con pensamientos suicidas a establecer una conexión con una persona de confianza, como un miembro de la familia, un amigo, un asesor espiritual o un profesional de la salud mental.



5. MANTÉNGASE COMUNICADO:

Mantenerse en contacto con la persona después de que tuvo una crisis o después de haber sido dada de alta de su tratamiento puede marcar la diferencia. Los estudios han demostrado que el número de muertes por suicidio disminuye cuando alguien da seguimiento con la persona en riesgo.

Para más información sobre la prevención del suicidio, visite:

www.nimh.nih.gov/prevencionsuicidio

www.bethe1to.com (en inglés) #Bethe1To



National Institute of Mental Health

Identificador de NIMH Núm. SOM 22-4315
Revisada en el 2022

My Mental Health: Do I Need Help?

First, determine how much your symptoms interfere with your daily life.



Do I have mild symptoms that have lasted for less than 2 weeks?

- Feeling a little down
- Feeling down, but still able to do job, schoolwork, or housework
- Some trouble sleeping
- Feeling down, but still able to take care of yourself or take care of others



If so, here are some self-care activities that can help:

- Exercising (e.g., aerobics, yoga)
- Engaging in social contact (virtual or in person)
- Getting adequate sleep on a regular schedule
- Eating healthy
- Talking to a trusted friend or family member
- Practicing meditation, relaxation, and mindfulness

If the symptoms above do not improve or seem to be worsening despite self-care efforts, talk to your health care provider.



Do I have severe symptoms that have lasted 2 weeks or more?

- Difficulty sleeping
- Appetite changes that result in unwanted weight changes
- Struggling to get out of bed in the morning because of mood
- Difficulty concentrating
- Loss of interest in things you usually find enjoyable
- Unable to perform usual daily functions and responsibilities
- Thoughts of death or self-harm



Seek professional help:

- Psychotherapy (talk therapy)—virtual or in person; individual, group, or family
- Medications
- Brain stimulation therapies

For help finding treatment, visit nimh.nih.gov/findhelp.

If you are in crisis, call or text the 988 Suicide & Crisis Lifeline at 988 or chat at 988lifeline.org, or text the Crisis Text Line (text HELLO to 741741).



National Institute
of Mental Health

¿Necesito ayuda para mi salud mental?

Primero, determine hasta qué punto sus síntomas interfieren en su vida diaria.



¿Tengo síntomas leves que han durado menos de dos semanas?

- Se siente un poco decaído.
- Se siente decaído, pero aún puede trabajar, hacer tareas escolares o realizar labores domésticas.
- Tiene cierta dificultad para dormir.
- Se siente decaído, pero aún puede cuidarse a sí mismo o a otros.



Si es así, las siguientes son algunas actividades de autocuidado que pueden ayudarle:

- Hacer ejercicios (por ejemplo, aeróbicos o yoga).
- Participar en actividades que incluyan contacto social (ya sean virtuales o en persona).
- Dormir de forma adecuada, manteniendo un horario regular.
- Comer saludablemente.
- Hablar con un amigo o pariente en quien confía.
- Practicar actividades de meditación, relajamiento y contemplación.

Si los síntomas anteriores no mejoran o parece que están empeorando, a pesar de los esfuerzos de autocuidado, hable con su proveedor de atención médica.



¿Tengo síntomas graves que han durado dos semanas o más?

- Tiene dificultad para dormir.
- Hay cambios en su apetito que originan cambios no deseados en su peso.
- Tiene dificultad en las mañanas para levantarse de la cama debido a su estado de ánimo.
- Tiene dificultad para concentrarse.
- Ha perdido interés en cosas que por lo general le son divertidas.
- No puede realizar sus actividades y funciones diarias.
- Tiene pensamientos sobre la muerte o de hacerse daño.



Busque ayuda profesional:

- psicoterapia (terapia de diálogo), ya sea virtual o en persona, individual, grupal o familiar;
- medicamentos;
- terapias de estimulación cerebral.

Para ayudarle a encontrar tratamientos, visite la página de ayuda para enfermedades mentales: nimh.nih.gov/busqueayuda.

Si está en crisis, llame al 988 a la Línea de Prevención del Suicidio y Crisis. Si habla inglés, también puede enviar un mensaje de texto al 988 o usar su chat en vivo **988lifeline.org**. Además, puede comunicarse en inglés o español con la Línea de Mensajes de Texto en Tiempos de Crisis (**envíe AYUDA al 741741**).



National Institute
of Mental Health

nimh.nih.gov

Síguenos en las redes
sociales en @NIMHgov



WARNING SIGNS OF SUICIDE:

The behaviors listed below may be some of the signs that someone is thinking about suicide.

TALKING ABOUT:



- ▷ Wanting to die
- ▷ Great guilt or shame
- ▷ Being a burden to others

FEELING:



- ▷ Empty, hopeless, trapped, or having no reason to live
- ▷ Extremely sad, more anxious, agitated, or full of rage
- ▷ Unbearable emotional or physical pain

CHANGING BEHAVIOR, SUCH AS:



- ▷ Making a plan or researching ways to die
- ▷ Withdrawing from friends, saying goodbye, giving away important items, or making a will
- ▷ Taking dangerous risks such as driving extremely fast
- ▷ Displaying extreme mood swings
- ▷ Eating or sleeping more or less
- ▷ Using drugs or alcohol more often

If these warning signs apply to you or someone you know, get help as soon as possible, particularly if the behavior is new or has increased recently.

988 Suicide & Crisis Lifeline
Call or text 988
Chat at 988lifeline.org

Crisis Text Line
Text “HELLO” to **741741**



National Institute
of Mental Health

www.nimh.nih.gov/suicideprevention

NIMH Identifier No. OM 22-4316

SEÑALES DE ADVERTENCIA SOBRE EL SUICIDIO

Los comportamientos que se mencionan a continuación pueden ser algunas de las señales de advertencia de que alguien está pensando en suicidarse.

HABLAR SOBRE:



- ▷ querer morirse,
- ▷ sentir una gran culpa o vergüenza,
- ▷ ser una carga para los demás.

SENTIRSE:



- ▷ vacío, sin esperanza, atrapado o sin razón para vivir;
- ▷ extremadamente triste, ansioso, agitado o lleno de ira;
- ▷ con un dolor insoportable, ya sea emocional o físico.

CAMBIAR DE COMPORTAMIENTO, COMO:



- ▷ hacer un plan o investigar formas de morir;
- ▷ alejarse de los amigos, decir adiós, regalar artículos importantes o hacer un testamento;
- ▷ hacer cosas muy arriesgadas como conducir con una rapidez extrema;
- ▷ mostrar cambios de humor extremos;
- ▷ comer o dormir demasiado o muy poco;
- ▷ consumir drogas o alcohol con más frecuencia.

Si estas señales de advertencia le son pertinentes a usted o a alguien que conoce, busque ayuda lo más pronto posible, especialmente si el comportamiento es nuevo o si se ha intensificado recientemente.

Línea de Prevención del Suicidio y Crisis
Llame al 988 (ayuda en español).

Llame o envíe un mensaje de texto al 988
o use su chat en vivo en 988lifeline.org
(ayuda en inglés).

Línea de Mensajes de Texto en
Tiempos de Crisis

Envíe la palabra “AYUDA” al 741741.



National Institute
of Mental Health

www.nimh.nih.gov/prevencionsuicidio

NIMH Identificador No. SOM 22-4316

Suicide Prevention Resources & Crisis Services

Emergency Resources: 911

Crisis Services:

24/7 Crisis Hotline:

988 Suicide & Crisis Lifeline

988lifeline.org

If you or someone you know is struggling or in crisis, help is available.

Call or text **988**

*Veterans press 1 when calling.

24/7 Crisis Text Line

Text: TALK to **741-741**

To text with a trained crisis counselor from the Crisis Text Line

Veterans Crisis Line

Send a text to **838255**

Vets4Warriors

1-855-838-8255

Peer-to-peer support network

SAMHSA Treatment Referral Hotline (Substance Abuse)

1-800-662-HELP (4357)

RAINN National Sexual Assault Hotline

1-800-656-HOPE (4673)

National Teen Dating Abuse Helpline

1-866-331-9474

The Trevor Project (LGBTQ+)

1-866-488-7386

TEXT: START to **678678** to chat with a trained counselor at the Trevor Project

Also visit your:

- Primary care provider
- Local psychiatric hospital
- Local walk-in clinic
- Local emergency department
- Local urgent care center



MEMORANDUM

To: Policy Council

Lisa Gonzales

From: Lisa Gonzales, Program Governance Coordinator

Date: September 26, 2023

Subject: *Agenda Item 5(q):* Policy Council Termination – Consent Agenda Action Item

This document shall serve as formal notice of termination of Policy Council member, Monique McWilliams.

As outlined in the CAPK Head Start Bylaws, Article III, Section 1(1)(a) “*At least fifty-one (51%) of the Policy Council will be parents of children currently enrolled in the Head Start/State Child Development program.*” On August 12, 2023, Ms. McWilliams’ voluntarily disenrolled her child from the program, therefore making her ineligible to serve as a member of Policy Council.

This termination is effective August 12, 2023.



MEMORANDUM

To: Policy Council

Lisa Gonzales

From: Lisa Gonzales, Program Governance Coordinator

Date: September 26, 2023

Subject: *Agenda Item 5(r)*: Policy Council Resignation – Consent Agenda Action Item

This document shall serve as formal notice of resignation received from Policy Council member, Sarita Little.

In speaking with Sarita via a telephone conversation on August 18, 2023 she shared that she does not have the time she feels is necessary to devote to Policy Council and feels it would be a disservice to continue in name as a member.

Sarita further shared that she intends to become involved in a similar manner, as her child has transitioned from the Head Start program into kindergarten. She is intent on being an advocate and a voice in her new educational setting.

Sarita shared that she was very appreciative of the opportunity to participate on the Council and to be able to share her thoughts and opinions on matters. She encouraged members to continue to serve on Policy Council and to encourage other parents at their centers to become more involved. Sarita also expressed great appreciation for staff, and all the hard work they do behind the scenes. She also expressed much gratitude for the teachers and staff at the California City center, where her child received services.

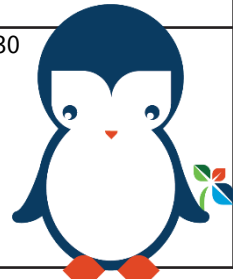
This resignation is effective as of August 18, 2023.

Children's Mobile Immunization Program



SEPTEMBER 2023

- Vaccines are FREE for children ages 0-5 regardless of health insurance.
- Vaccines are FREE for children ages 6-18 who meet one of the following criteria:
 1. No health insurance
 2. Enrolled in Medi-Cal (*Please bring Medi-Cal card to every visit.*)
 3. American Indian or Native Alaskan
- We offer the Hemoglobin test FREE of charge for children, expecting/postpartum mothers, regardless of health insurance.
- Your child's Immunization cards are required.
- Please be aware that our program DOES NOT offer TB skin tests or physicals.
- Clinics may be canceled due to weather conditions. Please call our office prior to arriving.
- We may stop registration 30 minutes before closing time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 OFFICE CLOSED	5	6 CMIP by appointment only. (Please call office to schedule) 11:30 am — 3:00 pm	7 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	8	9
10	11 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	12	13 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	14 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	15	16
17	18 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	19	20 CMIP by appointment only. (Please call office to schedule) 1:00 pm — 3:00 pm 3:30 pm — 6:00 pm	21 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	22	23
24	25 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	26	27 CMIP by appointment only. (Please call office to schedule) 8:30 am — 11:30 am 12:00 pm — 2:00 pm	28	29	30 


Prior to attending one of the clinics listed, please call 661-869-6740, for additional instructions

Please schedule an appointment if your child is over the age of 5. Walk-ins welcome for children 5 and under.

To view our clinic schedule online visit AdventistHealthBakersfield.org/Immunizations

SEPTIEMBRE 2023

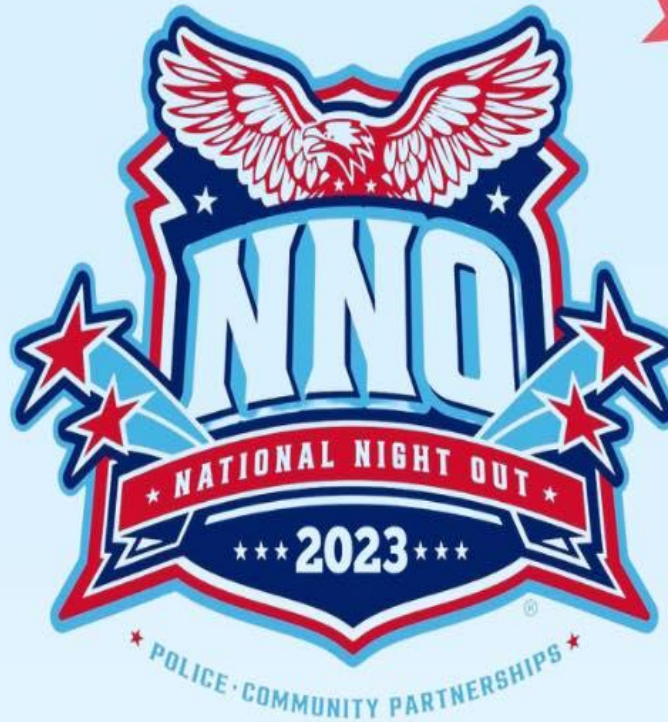
- Vacunas son GRATIS para niños menores de 5 años sin importar cobertura medica.
- Vacunas son GRATIS para niños de 6-18 años que cumplen uno de los siguientes criterios:
 1. No aseguranza medi-ca
 2. Inscrito a Medi-Cal(Favor de traer la tarjeta de Medi-cal en cada visita)
 3. Indio Americano o Nativo de Alaska
- Ofrecemos prueba de Hemoglobina GRATIS para niños, mujeres embarazadas/ postparto sin importar cobertura medica.
- La tarjetas de vacunas de su hijo(a) son requeridas.
- NO OFRECEMOS pruebas de tuberculosis o exámenes físicos.
- Las clinicas podran ser canceladas por condi-ciones del clima. Porfa-vor llame antes de ir a la clinica móvil.
- Podemos parar de registrar 30 minutos antes de cerrar.

DOMINGO	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
					1	2
3	4 OFICINA CERRADA	5	6 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 11:30 am— 3:00 pm	7 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	8	9
10	11 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	12	13 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am-11:30 am 12:00 pm- 2:00 pm	14 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	15	16
17	18 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	19	20 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 1:00 pm—3:00 pm 3:30 pm—6:00 pm	21 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	22	23
24	25 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	26	27 CMIP solo con cita. (Favor de llamar a la oficina para una cita) 8:30 am—11:30 am 12:00 pm— 2:00 pm	28	29	30 

Favor de llamar al 661-869-6740 antes de acudir a una de las clinicas para mas instrucciones

Agenden cita para niños mayores de 5 años. Niños de 5 y menores se aceptaran el mismo dia sin cita.

Para ver la programacion de clinicas visite la pagina AdventistHealthBakersfield.org/Immunizations



SAVE THE DATE

Tuesday, October 3, 2023

6PM - 9PM

Yokuts Park, 4200 Empire Dr.





MANTECA KIWANIS PUMPKIN FAIR

The Manteca Sunrise Kiwanis will once again be hosting this annual fall celebration in beautiful, downtown Manteca, on Yosemite Avenue.

Come enjoy the finest pumpkin flavored foods, music, crafts and more!

Admission is **FREE!**

Time: 10:00 a.m. – 6:00 p.m.

Date: October 7-8, 2023, Saturday & Sunday

There will be tons of fun including:

- Haunted House
- Tractor Show – Saturday 10:00 a.m. -3:00 p.m.
- Car Show – Sunday 9:00 a.m. -3:00 p.m.
- Kids Zone
- 150+ Booths
- Pumpkin Carving Contest
- Lots of pumpkin baked good, and more!

Access the following link for more information:

<http://mantecapumpkinfair.org/pumpkinfairhome.html>

KERN COUNTY VETERANS STAND DOWN

**THURSDAY
OCTOBER 12, 2023**

All Veterans Welcome!

Stramler Park

3805 Chester Avenue
(Near Sam Lynn Ball park)

Veterans Court

Register with CVAF between
6/01/23 - 9/15/23
1617 30th Street
(661)455-7400

Transportation

Call (661)455-7400

Gates open from: 8:00am to 3:00pm



CALIFORNIA VETERANS ASSISTANCE FOUNDATION



TRUNK O' TREAT AT MICKE GROVE

Make memories with your children at this free event featuring zoo activities at Micke Grove.

Enjoy festive decorated cars, kids crafts and games, pumpkin decorating, food trucks and lots of candy for your littles!

Bring your family to this safe event and fill their bags with goodies!

This event is for kids aged 12 and under, please no scary or oversized costumes. Children must be accompanied by an adult.

Admission: Free

Parking: \$5

Location: Micke Grove Regional Park
11793 Micke Grove Road
Lodi, CA

Date: Friday, October 13, 2023

Time: 4:00 p.m. - 7:00 p.m.

For more information, email: parks@sjgov.org or call (209) 953-8800



TEHACHAPI

~ APPLE FESTIVAL ~



October 14 – 15, 2023

Green Street in Downtown Tehachapi

Saturday: 10:00 a.m. – 5:00 p.m.

Sunday: 10:00 a.m. – 4:00 p.m.

FREE ADMISSION

Come to the beautiful Tehachapi Mountains and enjoy a day of family fun at the Apple Festival. There are many great vendors featuring home decor, clothing, knick-knacks, toys, outdoor art, candles, soaps, etc. There will be many food booths including local apple farmers selling apples, apple pie, apple nachos and many other great apple treats. Live music can also be enjoyed all day long in Centennial Plaza.

There are tons of fun, free, “kid friendly” activities including balloon car races, a petting zoo, carnival games, face painting, rocket and robotic demonstrations and more which are all FREE! There is also a bounce house kids' zone for \$10 all-day access.

Watch the pie eating contest or participate in the pie backing contest; lots of great fun for everyone!



DR KIRK
ANNUAL PARENT TRAINING CALENDAR
2023-2024 SCHEDULE

OCTOBER 16, 2023

NOVEMBER 13, 2023

DECEMBER 11, 2023

JANUARY 24, 2024

FEBRUARY 12, 2024

MARCH 18, 2024

APRIL 15, 2024

MAY 13, 2024

TRAININGS ARE ON
MONDAYS
AND WILL BE HELD ON
ZOOM
TIME 3:00 P.M – 4:00 P.M





FAMILY *Fun Festival*

FREE COMMUNITY EVENT, FUN FOR ALL AGES!

OCT 21, 2023 (4PM - 7PM)



Music By: The Whiskey Kiss Band
Food Trucks
Community Resources
Kids Activities and More!

LOCATED AT CENTRAL UNITED
METHODIST CHURCH

3700 PACIFIC AVE, STOCKTON, CA 95204

Featuring Family Promise's
awareness campaign,
"Night Without A Bed"!

Visit our website to learn how you
can spend a night without your
bed to help further our mission of
ending family homelessness.



www.familypromisesjo.org/nightwithoutabed



Event Sponsors



SAVE — THE — DATE

OCTOBER 23, 2023

11:30 A.M.- 1:30 P.M.

RECRUITMENT AND SELECTION PLAN
MEETING

CAPK BOARD ROOM
5005 BUSINESS PARK NORTH
BAKERSFIELD, CA 93309



Backpack Connection Series

About this Series

The Backpack Connection Series was created by TACSEI to provide a way for teachers and parents/caregivers to work together to help young children develop social emotional skills and reduce challenging behavior. Teachers may choose to send a handout home in each child's backpack when a new strategy or skill is introduced to the class. Each Backpack Connection handout provides information that helps parents stay informed about what their child is learning at school and specific ideas on how to use the strategy or skill at home.

The Pyramid Model



The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional competence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. Programs that implement the Pyramid Model are eager to work together with families to meet every child's individualized learning and support needs. To learn more about the Pyramid Model, please visit ChallengingBehavior.org.

More Information

More information and resources on this and other topics are available on our website, ChallengingBehavior.org.



ChallengingBehavior.org

How to Help Your Child Have a Successful Bedtime

Alyson Jiron, Brooke Brogle & Jill Giacomini

Infants and young children need 10 to 12 hours of sleep daily in order to support healthy development. Parents also need to feel rested in order to be nurturing and responsive to their growing and active young children. When your child does not get enough sleep, challenging behaviors are likely to occur. Your child might be moody, short-tempered and unable to engage well in interactions with others. Lack of sleep can also have a negative impact on your child's ability to learn. When a young child sleeps, her body is busy developing new brain cells that she needs for her physical, mental and emotional development. Babies and young children thrive on predictability and learn from repetition. It is important to establish a bedtime routine that you and your child both understand and helps everyone to feel calm and relaxed.



Try This at Home

- Watch for and acknowledge your child's signs of sleepiness. She might pull on her ears, rub her eyes or put her head on your shoulder. For example, you can say, "I see you rubbing your eyes. You look sleepy. Let's get ready for bed." Teaching your child to label and understand her body cues will help her to use language instead of challenging behavior (e.g., whining, crying or temper tantrums) to communicate her needs.
- Use a visual schedule made with photos, clipart or other objects to help your child see the steps in her bedtime routine. A visual schedule can help her to understand the steps and expectations of the routine. To learn more about how to create a visual schedule, visit challengingbehavior.org and type "visual schedule" in the search box in the upper-right corner.
- Provide your child with activities, sounds or objects that help her feel calm and restful during the hour before bedtime. Make these activities part of your nightly routine. For example, reading books, listening to soft, calming music, and/or giving your child her pacifier, favorite blanket or stuffed animal will all help her to understand that it is time to calm down and prepare for sleep.
- Tell your child what will happen when she wakes up. She may be resistant to going to sleep because she does not want to miss out on an activity or have her day to come to an end. Reassure her that tomorrow will be filled with more fun and special time. You can also include tomorrow's activity on the visual schedule (e.g., provide a picture of her teacher or preschool).

- Give your child your undivided and unrushed attention as you prepare her for bed. Bedtime can be a positive experience filled with quality time for you and your child.



Practice at School

For children who spend the day at school, nap time is an important time to rest and prepare for afternoon learning and activities. Teachers use a consistent routine so that children know what to expect and can participate in the process. Children can select and set up a napping area, get pillows or blankets from cubbies and choose a book to read. Routines might include brushing teeth, using the toilet, stories read aloud by teachers, or audio books or soft music for a period of time. Children understand the steps they need to follow to get ready for the nap, how long they are expected to rest and what they can do when they wake up. When everyone understands the expectations and routine, naptime can be a relaxing and happy part of the day.



The Bottom Line

Bedtime is a daily opportunity for you to build and nurture a positive relationship with your child. Predictable routines make children feel safe and secure. When you provide a predictable bedtime routine, you are teaching your child the skills she needs to relax and transition from the busy activity of the day to preparation for sleep. When your child is able to get a restful sleep, you will also feel more calm and rested. A successful bedtime routine that you follow regularly will prepare you both for shared days of family fun and learning.



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This publication was produced by the Technical Assistance Center on Social Emotional Intervention (TACSEI) for Young Children funded by the Office of Special Education Programs (OSEP), U.S. Department of Education (H326B070002) and updated by the National Center for Pyramid Model Innovations also funded by OSEP (H326B170003). The views expressed do not necessarily represent the positions or policies of the Department of Education, July 2013/January, 2018.





Serie de Conexión Mochila

Sobre esta serie

La *Serie de Conexión Mochila* fue instaurada por TACSEI (por sus siglas en inglés) para brindar a los maestros y padres/proveedores una vía para trabajar en conjunto para ayudar a los niños a desarrollar sus aptitudes socioemocionales y reducir las conductas desafiantes. Los maestros podrían elegir enviar un volante a casa dentro de la mochila de cada niño cada vez que sea introducida una nueva estrategia o aptitud dentro de la clase. Cada volante de la *Conexión de Mochila* proporciona información que ayudará a los padres a estar informados sobre lo que su niño está aprendiendo en la escuela y las ideas específicas sobre cómo utilizar las estrategias o aptitudes en casa.

El Modelo de la Pirámide



El Modelo de la Pirámide es un marco que proporciona a los programas orientación en como promover la capacidad socioemocional en todos los niños y diseñar intervenciones efectivas que apoyen a los niños que puedan contar con conductas desafiantes persistentes. También proporciona prácticas para asegurarse de que los niños con retrasos socioemocionales reciban educación intencional. Los programas que implementan el Modelo de la Pirámide están entusiasmados de trabajar en sociedad con las familias para satisfacer las necesidades individuales de aprendizaje y apoyo que cada niño necesita. Para conocer más del Modelo de la Pirámide, por favor visite ChallengingBehavior.org.

Más información

Más información y recursos sobre este y otros temas están disponibles en nuestro sitio web, ChallengingBehavior.org.



ChallengingBehavior.org

Cómo ayudar a su niño a la hora de dormir con éxito

Alyson Jiron, Brooke Brogle y Jill Giacomini

Los bebés y los niños pequeños necesitan de 10 a 12 horas de sueño todos los días con el fin de apoyar el desarrollo saludable. Los padres también necesitan sentirse descansados con el fin de cuidar y responder al crecimiento de sus niños activos. Cuando su hijo no duerme lo suficiente, conductas desafiantes son probables de ocurrir. Su hijo podría estar de mal humor, y no llevarse bien con los demás. La falta de sueño también puede tener un impacto negativo en la capacidad del niño para aprender. Cuando un niño pequeño duerme, su cuerpo está ocupado desarrollando nuevas células del cerebro que necesita para su desarrollo físico, mental y emocional. Los bebés y los niños pequeños se benefician de lo que pueden anticipar y aprenden de la repetición. Es importante establecer una rutina antes de acostarse que usted y su hijo entiendan para que les ayude a que todos se sientan tranquilos y relajados.



Pruebe esto en casa

- Ponga atención y reconozca los signos de falta de sueño de su hijo. Puede ser que se jale las orejas, que se frote los ojos o que se recueste en su hombro. Por ejemplo, usted puede decir: "Veo que te frotas los ojos. Te ves con sueño. Vamos a alistarnos para dormir". El enseñarle a su hijo a nombrar y a entender sus señales corporales le ayudará a usar el lenguaje en lugar de la conducta desafiante (por ejemplo, lloriqueando, llorando o rabietas) para comunicar sus necesidades.
- Use un horario visual hecho con fotos, imágenes prediseñadas u otros objetos para ayudarle a su hijo a ver los pasos en su rutina a la hora de acostarse. Un horario visual le puede ayudar a entender los pasos y las expectativas de la rutina. Para obtener más información acerca de cómo crear un horario visual, visite ChallengingBehavior.org y escriba "horario visual" en el cuadro de búsqueda en la esquina superior derecha.
- Proporcione a su hijo actividades, sonidos u objetos que le ayuden a sentirse tranquilo y relajado durante la hora antes de acostarse. Haga estas actividades parte de su rutina nocturna. Por ejemplo, leer libros, escuchar música suave, y / o darle a su niño su chupete, manta favorita o un animal de peluche; todo esto le ayuda a comprender que es el momento de calmarse y prepararse para dormir.
- Dígle a su niño lo que pasará cuando se despierte. Él se puede resistir a irse a dormir porque no quiere perderse la oportunidad de una actividad o creer que su día ha llegado a su fin. Asegúrele que mañana estará lleno de más diversión y tiempo especial. También puede incluir la actividad de mañana en el horario visual (por ejemplo, una foto de su maestra o de la escuela).

- Dele a su hijo toda su atención y sin prisa mientras lo prepara para acostarse. La hora de dormir puede ser una experiencia positiva llena de tiempo de calidad para usted y su hijo.



Practique en la escuela

Para los niños que pasan el día en la escuela, la siesta es un momento importante para descansar y prepararse para el aprendizaje y las actividades de la tarde. Los maestros utilizan una rutina constante para que los niños sepan qué esperar y pueden participar en el proceso. Los niños pueden seleccionar y configurar un área de dormir, agarrar almohadas o mantas de los casilleros y elegir un libro para leer. Las rutinas pueden incluir cepillarse los dientes, usar el baño, historias leídas en voz alta por los maestros o libros de audio o música suave durante un período de tiempo. Los niños entienden los pasos que deben seguir para prepararse para la siesta, el tiempo que se espera para descansar y lo que pueden hacer cuando se despiertan. Cuando todo el mundo entiende las expectativas y la rutina, la siesta puede ser una parte relajante y feliz del día.



La conclusión

La hora de dormir es una oportunidad diaria para que usted pueda construir y desarrollar una relación positiva con su hijo. Las rutinas predecibles hacen que los niños se sientan seguros y protegidos. Cuando usted le proporciona una rutina de acostarse predecible, le está enseñando a su hijo las habilidades que necesita para relajarse y la transición de una actividad del día a la preparación para acostarse. Cuando su hijo puede dormir bien, usted también se sentirá más tranquila y descansada. Una exitosa rutina de la hora de acostarse que usted siga con regularidad los preparará a los dos para los días compartidos de la familia llenos de diversión y aprendizaje.

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Esta publicación fue producida por el Centro de Asistencia Técnica sobre Intervención Social y Emocional (TACSEI) por sus siglas en inglés para niños pequeños financiado por la Oficina de Programas de Educación Especial (OSEP) por sus siglas en inglés, Departamento de Educación de los Estados Unidos (H32A8070002) y actualizado por el Centro Nacional para Innovaciones del Modelo de la Pirámide también financiado por OSEP (H32A8170003). Las opiniones expresadas no representan necesariamente las posiciones o políticas del Departamento de Educación, julio 2013 / enero, 2018.





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California.

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#headstartstory?

Tell us your Head Start story!

How has your Head Start program impacted you? Whether you're a Head Start parent, teacher, or a Head Start graduate, everyone has a story to tell.

The stories we share with policymakers, community leaders and educators today have the power to ensure that more families can benefit from Head Start tomorrow.

All stories submitted by Sept. 29, 2023 will be entered into a random drawing for a \$100 Amazon gift card! (stories must include a photo to be eligible).

**Every story matters.
Submit yours today!**

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historia de
Head Start!**

Usted #headstartcuentos Asuntos

Head Start California está trabajando para aumentar la conciencia pública de la comunidad de Head Start, brindar un mejor servicio a nuestros miembros y participar de manera profunda y colaborativa con la comunidad de cuidado y educación de la primera infancia en California y en todo el país. Queremos escuchar sus historias sobre cómo Head Start le ha impactado.

¡Los participantes participarán en una rifa para recibir una de las cinco tarjetas de regalo de Amazon de \$100! Las historias deben entregarse antes del 29 de septiembre.

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web para comenzar!**

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Your child's education is our priority!

Community Action Partnership of Kern's Head Start program is a no cost program for children 6 weeks to 5 years from low-income families and pregnant women. Families and children experiencing homelessness and children in the foster care system are also eligible, as well as children with disabilities and other special needs.

Rest assured that Head Start has put together a portfolio of robust safety features to reduce the risk of COVID-19 transmission while children attend our site locations.



There are various program options that can best fit your family's needs:

Head Start

- Full Year/Part Year Options
- Full Day/Part Day in class

Early Head Start

- Home Based
- Pregnant Women Full Day in Class

Partnerships




- Partnerships with community day care providers
- Full-day classes

To complete an application, you will need:

- Birth certificate or any legal document showing child's age
- Immunization's record
- Proof of family income - last 12 months
- Proof of address
- Proof of pregnancy (if applying for Pregnant Women's Program)



Our Head Start Students Receive:

-  High-quality, age-appropriate learning from credentialed teachers
-  Free medical and dental screenings, Healthy meals and snacks
-  A safe indoor and outdoor setting to explore, discover, and learn

Give your child a Head Start!

1-800-701-7060

www.capk.org/headstart



La educación de su hijo(a) es nuestra prioridad.

Head Start es un programa sin costo, diseñado para niños (as) de 6 semanas hasta 5 años provenientes de familias de escasos recursos y mujeres embarazadas. Las familias y menores desamparados, así como las familias inscritas en el sistema de crianza, también pueden calificar para el programa, esto también incluye a los niños (as) con discapacidades y otras necesidades especiales.

Tenga la seguridad de que Head Start ha reunido una serie de sólidos elementos de seguridad para reducir el riesgo de transmisión de COVID-19 mientras los niños asisten a nuestros centros.



Hay varias opciones de programas que pueden adaptarse mejor en las necesidades de su familia:

Head Start

- Opciones de año completo/año parcial
- Clases de tiempo completo y medio tiempo

Early Head Start

- Servicios a domicilio
- Mujeres embarazadas
- Día completo en clase

Asociaciones

- Asociaciones con proveedores de guarderías comunitarias
- Día completo en clase

Para completar una solicitud, necesitará:

- Acta de nacimiento o cualquier documento legal que demuestre la edad del niño
- Registro de vacunas
- Comprobante de ingresos familiares—últimos 12 meses
- Comprobante de domicilio
- Prueba de embarazo
(Si solicita el programa para mujeres embarazadas)



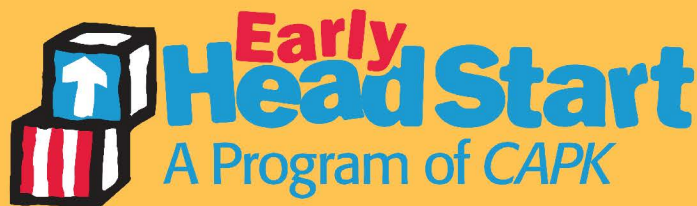
Nuestros alumnos de Head Start reciben:

- Aprendizaje de alta calidad y adecuado a la edad, ofrecido por profesores acreditados
- Exámenes médicos y dentales gratuitos, comidas y meriendas saludables
- Un ambiente interior y exterior seguro para explorar, descubrir, y aprender

¡Dele la oportunidad de un buen comienzo a su hijo (a) en Early Head Start!

1-800-701-7060

www.capk.org/headstart



Your child's education is our priority!

Community Action Partnership of Kern's Early Head Start Program in San Joaquin County is a no cost program for eligible children 0 to 3 years old and pregnant women. Our program is inclusive of all families including children experiencing homelessness, in the foster care system, as well as children with disabilities and other special needs.

CAPK has in place a variety of safety features to reduce the risk of transmitting infectious diseases including COVID-19, RSV, etc.



There are various program options that can best fit your family's needs:

Early Head Start

- Home Based
- Pregnant Women
- Full Day in Class

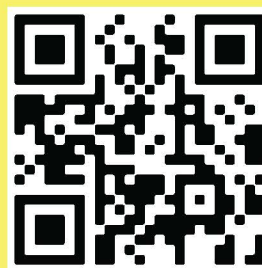
To complete an application, you will need:

- Birth certificate or any legal document showing child's age
- Immunization's record
- Proof of family income - last 12 months
- Proof of address
- Proof of pregnancy (if applying for Pregnant Women's Program)



Give your child the opportunity for a good start at Early Head Start!

APPLY NOW by scanning this!



(209) 242-9540
www.capk.org/headstart/

CAPK Early Head Start Children Receive:

- High-quality, age-appropriate learning from qualified and responsive teaching staff.
- Screening, assessments, healthy meals, and snacks.
- A safe indoor and outdoor setting to explore, discover and learn.



La educación de su hijo(a) es nuestra prioridad.

CAPK Early Head Start en el condado de San Joaquín es un programa sin costo para las familias elegibles. Ofrecemos servicios a niños de 0 a 3 años y mujeres embarazadas. Nuestro programa incluye a todas las familias, incluidos los niños sin hogar, niños en hogares de acogida y los niños con discapacidades.

CAPK cuenta con una serie de dispositivos de seguridad para reducir el riesgo de transmisión de enfermedades infecciosas como COVID-19, RSV, etc.



Hay varias opciones de programas que pueden adaptarse mejor en las necesidades de su familia:

Early Head Start

- Servicios a domicilio
- Mujeres embarazadas
- Día completo en clase

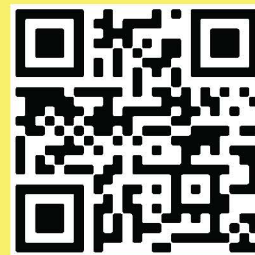
Para completar una solicitud, necesitará:

- Acta de nacimiento o cualquier documento legal que demuestre la edad del niño
- Registro de vacunas
- Comprobante de ingresos familiares—últimos 12 meses
- Comprobante de domicilio
- Prueba de embarazo
(Si solicita el programa para mujeres embarazadas)






¡Dele la oportunidad de un buen comienzo a su hijo (a) en Early Head Start!

¡APLICA AHORA escaneando esto!



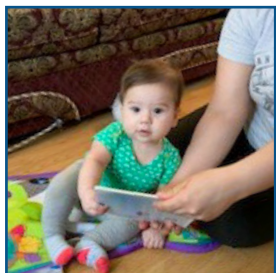
(209) 242-9540
www.capk.org/headstart/

Los Niños de CAPK Early Head Start Reciben:

-  Aprendizaje de alta calidad y adecuado a la edad del niño con personal calificado y atento.
-  Exámenes, evaluaciones, comidas y aperitivos saludables.
-  Un ambiente interior y exterior seguro para explorar, descubrir y aprender.



CalWORKs Home Visiting Program



Home visiting could help you with:

- Pre-natal & post-partum education
- Family and community support
- Positive parent and child interactions
- Health and social services

Who May Be Eligible?

CalWORKs participants who are:

- Pregnant
- Parents or caretakers of children birth to 24 months.

*To learn more or
to sign up for the program,*

Please contact our HVP Liaison at **(661)631-6756**
or your CalWORKs case worker.





CalWORKs

Programa de Visitas a domicilio



Las visitas a domicilio le pueden ayudar con:

- Educación
- Apoyo familiar y comunitario
- Interacción positiva entre padres e hijos
- Servicios sociales y de salud

¿Quién es elegible?

Las personas que participan en el programa de CalWORKs:

- Embarazadas
- Padres o guardianes de bebés recién nacidos hasta 24 meses de edad

Para obtener más información o inscribirse en el programa,

Llame al coordinador de HVP al **(661)631-6756** o a su trabajador social de CalWORKs.



2022-2023 Head Start Policy Council Meeting Dates

At this time, all meetings will be held via teleconference through Microsoft Teams. Members of the public may join via teleconference. Teleconference information can be found on monthly meeting agendas, located on the CAPK website at www.capk.org/documents/

En este momento, todas las reuniones se llevarán a cabo por teleconferencia a través de Microsoft Teams. Los miembros del público pueden unirse a través de teleconferencia. La información de teleconferencia se puede encontrar en las agendas de reuniones mensuales, que se encuentran en el sitio web de CAPK en www.capk.org/documents/

Tuesday, November 15, 2022*
Tuesday, December 20, 2022**
Tuesday, January 24, 2023
Tuesday, February 28, 2023
Tuesday, March 28, 2023
Tuesday, April 25, 2023
Tuesday, May 23, 2023
Tuesday, June 27, 2023
Tuesday, August 22, 2023
Tuesday, September 26, 2023
Tuesday, October 17, 2023***

Policy Council Meetings are generally held on the 4th Tuesday of the month.

* The November meeting was scheduled a week earlier to support potential additional leadership opportunities.

**The December meeting will be held one week earlier due to the Christmas holiday.

Policy Council Approved: November 15, 2022

***Policy Council Approved: August 22, 2023



To: Head Start Policy Council

From: Karen Vazquez, Senior Community Development Specialist I

Date: September 19, 2023

Subject: *Agenda Item 6(a): Kern and San Joaquin Community Assessment Update 2023–
Action Item*

The Office of Head Start (OHS) requirement Part 1302 – Program Operations: 1302.11 Determining community strengths, needs, and resources, requires an annual review and update of the community assessment to reflect changes including the availability of publicly funded pre-kindergarten services. The updated assessment utilizes Census data from the newly released 2021 American Community Survey - 1 year and 5-year Estimates Data Profiles to evaluate how the community meets the needs of parents and children. Topics of special consideration, as required by OHS, include children experiencing homelessness, children in foster care, and children with disabilities. Head Start is requesting approval to submit the Kern San Joaquin Community Assessment Update - 2023 for 2023-2024 funding cycle of the Early Head Start (EHS) San Joaquin and Kern grant #09CH011132. Approval from the Head Start Policy Council is a required component.

This update will inform any service gaps and necessary changes to our program options so that we may continue to provide a comprehensive service delivery plan that supports school readiness for children 0-5, while focusing on communities most in need. The program is funded by the CDE, OHS, and USDA. CAPK will manage the development, implementation, and evaluation of early learning theories that are researched-based.

This program supports state and county efforts to improve communities by promoting educational opportunities that enrich the lives of children and their families. The report will support the delivery of services for the funding period beginning on March 1, 2024, and ending on February 29, 2025.

Recommendation

Staff recommends the HS Policy Council approve the submission of the Kern and San Joaquin Community Assessment Update – 2023 for the EHS San Joaquin and Kern #09CH011132 grant.

Attachment:

Kern County Community Assessment – 2023
San Joaquin Community Assessment - 2023



Community Assessment
Kern County
2023



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Executive Summary

Community Action Partnership of Kern (CAPK) has been serving low-income people and families since 1965. As the dedicated poverty fighting agency in Kern County, the Agency provides quality, life changing services through an array of programs designed to meet basic needs as well as empower people and families to improve their lives. CAPK's Head Start/Early Head Start (HS/EHS) program plays a crucial role in the fight against poverty by giving children and families the support they need for children to be successful academically and throughout their lives.

CAPK's HS/EHS mission is to "provide rich, high quality early learning experiences to a diverse population of children aged from birth to five. We will promote access to comprehensive services with a holistic focus on the family by encouraging family engagement, supporting school readiness, and instilling self-reliance in children and their families." CAPK's HS/EHS provides high quality early childhood education to children from pre-natal to five years-old through part-day, full-day, and home-based options.

For this assessment, CAPK HS/EHS used primary and secondary data sources to identify community needs of Kern County low-income children and families. Findings will assist CAPK to identify and respond to gaps in services and emerging needs in the community for low-income HS/EHS eligible children and families. The data and analysis are used to guide CAPK's strategic planning process to better serve HS/EHS children and families.

In accordance with the requirements of 45 CFR Part 1305 Section 1305.3(e), 1302.11(b), the CAPK Head Start and Early Head Start Programs 2021 Community Assessment Update was completed and approved by the Head Start Policy Council Planning Committee on August 22, 2023, and the CAPK PRE Committee on September 13, 2023.

When comparing the current findings to the previous assessment, there has been very little change in the determinants of needs affecting Head Start eligible children and families, except for homelessness. In Metro Bakersfield, the number of people who are homeless rose by 42% over the previous year, driven by a 108% jump in the number of unsheltered homeless people. Rural homelessness rose by 131%.

Another notable change is the increase in transitional kindergarten public school enrollments. There has been a 38% increase over the past several years.

KEY FINDINGS

The results of the needs analysis of Kern County confirm the continued need in the County for Head Start Services for low-income children and families. Head Start/Early Head Start is an important part of community efforts to break the cycle of poverty by providing low-income preschool children and their families a wholistic and culturally responsive approach to help them meet their emotional, social, health, nutritional and psychological needs.

- Kern County is a large and geographically diverse county with a high need for services in rural communities.
- Approximately **8% (68,000) of Kern's children are ages 0-5 years.**
- The **0-5 years** population has decreased slightly overall in Kern County, California, and the United States between 2019-2021.
- An estimated 79.4% of residents are native – born in the United States, while 19.7% are foreign born.
- Of Kern County residents, **13% have less than a High School education.**
- Approximately **44% of residents that use a language other than English at home, speak Spanish.**
- The **unemployment rate has decreased in recent years but remains high at 6.7%** in comparison to the State of California.
- Kern County median household has risen over the last few years to \$58,824 in 2021, is remains **\$10,197 less than the United States and \$25,273 lower than the State of California.**
- In 2021, **18.6% of Kern residents lived in poverty.**
- Single female headed households with children under the age of 5 experienced poverty at five times the rate of married couples with children under 5.
- An estimated **21,994 of Kern Children ages 0-5 years live in poverty.**
- An estimated **89% of children ages 0-5 who live in communities served by CAPK Head Start/Early Head Start, live in poverty.**
- **At least 15.8% of working residents in Kern County are living in poverty (working poor).**
- Most **(98.7%) of Kern County residents have health insurance.**
- Access to health care remains an issue throughout the County with a **ratio of one primary care physician per 2,020 residents.**
- **Kern County Ranks 53 of 58 of California Counties for worst health outcomes.**
- The results from the **CAPK 2023 Community Needs survey are consistent with the overall needs identified in the Head Start Community Assessment.**

METHODS

In 2021, the Community Action Partnership of Kern (CAPK) Head Start/State Child Development (HS/SCD) Division completed a comprehensive community assessment and report detailing the most current data and source material available. The Community Assessment provided a detailed understanding of the characteristics of Kern County's children and families, their childcare needs, and the conditions that impact their health, development, and economic stability.

This Community Assessment includes updated statistics and considerations of county and incorporated community population numbers, household characteristics and relationships, estimates of income eligible children, disability, educational attainment, health, child welfare, prenatal health, homeless children, and families, and Head Start and Early Head Start program information. Wherever possible data was sought for the 0-3 and 3-5 age groups, (areas that this age breakdown for data was not available, are noted throughout the report.

The primary data source (unless otherwise sited) for the 2021 Community Assessment Update is the U.S. Census Bureau American Community Survey (ACS), 2019 ACS 1-year Estimates and 2017-2021 ACS 5-year Estimates. Other sources of local, state, regional, and national data and intelligence are cited throughout the report and presented in the "Work Cited" page. The CAPK Head Start & Early Head Start Program 2022/2023 Information Reports (PIR) was used for data directly related to HS/EHS.

CAPK performs a comprehensive bi-annual community needs survey of clients, staff, and Agency partners. Along with the 2023 CAPK Community Needs Survey, CAPK held focus groups in select locations representing the diversity of Kern County to gain deeper understandings and insights of the survey results. Findings from the 2023 survey and focus groups are included in this current report.

AGENCY OVERVIEW

Established in 1965, CAPK is a private nonprofit 501(c)(3) corporation. In carrying out its mission *to provide and advocate for resources that will empower the members of the communities we serve to be self-sufficient*, CAPK develops and implements programs that meet specific needs of low-income individuals and families.

CAPK is one of the largest nonprofit agencies in Kern County and one of the oldest and largest Community Action Agencies in the United States. Originating as the Community Action Program Committee of Kern County in 1965, CAPK later became the Kern County Economic Opportunity Corporation, and in 2002 became the Community Action Partnership of Kern.

CAPK operates in seven divisions, which include Head Start/State Child Development (HS/SCD); Health and Nutrition Services; Administration; Finance; Human Resources; Operations; and Community Development. Head Start and Early Head Start (HS/EHS) programs are operated under the HS/SCD Division.

As Kern County's federally designated Community Action Agency in the fight against poverty, CAPK provides assistance to over 100,000 low-income individuals annually through 16 direct-service programs including but not limited to 2-1-1 Kern County; CalFresh Healthy Living Program; the East Kern Family Resource Center; Energy; CAPK Food Bank; Friendship House Community Center; Head Start/Early Head Start; Migrant Childcare Alternative Payment; Shafter Youth Center; CAPK Volunteer Income Tax Assistance (VITA); and Women, Infants and Children (WIC) Supplemental Nutrition.

CAPK has offices located in 27 cities/communities in Kern County and offers services at over 100 sites. The Agency also operates programs in other counties in the San Joaquin Valley including Migrant Childcare Alternative Payment (MCAP) Program, enrolling families through six Central Valley counties that include Kern, Madera, Merced, Tulare, Kings, and Fresno; WIC program services in San Bernardino County; and 2-1-1 Information and Referral Helpline in Kings, Tulare, Stanislaus, and San Diego Counties. In 2015 CAPK's EHS program expanded to San Joaquin County (Stockton, Lodi, Manteca, and Tracy). The information below further details CAPK's programs.

2-1-1 Kern County: 24/7 information and referral service that provides residents with comprehensive information and linkage to community health and human services at no cost. In addition to live phone operators, 2-1-1 Kern has a database of over 1,500 social service agencies that is available to the public through the 2-1-1 Kern Online Resource Directory at www.capk.org > 2-1-1 Kern. Additionally, 2-1-1 Kern is the Homeless Coordinated Entry Services provider in partnership with the Kern County Homeless Collaborative.

CAPK Food Bank: Provides emergency food assistance to eligible food-insecure Kern County residents through a network of over 130 pantry and commodity distribution sites. Food Bank also operates a senior food program providing over 3,500 seniors with healthy and nutritious food each month. Community support as well as volunteer hours are essential to the operation of the Food Bank, which is the third largest food bank in California.

Energy Program: Assists income-eligible Kern County residents with utility bill payment, free weatherization, and energy education, at no cost to the participant. Weatherization services include weather stripping; repair or replacement of windows and doors; heating and cooling; and energy efficient appliances, stoves, and refrigerators.

East Kern Family Resource Center: Case management to east Kern County families identified by Child Protective Services as high-risk for child abuse and/or neglect. Other services and programs offered at the center include the Financial Empowerment for Families program and school readiness for prekindergarten-age children. An emergency supplies closet and referral services are also provided to individuals and families in the community who require assistance with basic and other needs.

Friendship House Community Center and Shafter Youth Center: Educational and recreational activities are provided to children ages 6-18 from low-income families at community centers in southeast Bakersfield and Shafter. Activities and programs for children, adults and families include youth after-school, summer and pre-employment programs, parenting classes, nutrition education, sports, mentoring, community gardens, and access to social services.

Head Start and Early Head Start: High quality early childhood education for children from pre-natal to age five through part-day, full-day, and home-based options. The program uses a wholistic approach by not only addressing the needs of the child, but by teaching parents to become advocates and self-reliant providers for their children through its Parent Policy Council and Family Engagement programs.

Migrant Childcare Alternative Payment (MCAP) Program: A voucher-based childcare program that allows migrant, agriculturally working families to choose the best childcare option for their situation. Parents can enroll one time and use the vouchers to access childcare as they travel throughout the state for employment.

Volunteer Income Tax Assistance (VITA): Free tax preparation and e-filing for low- and medium-income individuals and families. VITA also assists eligible clients to take advantage of the Earned Income Tax Credit (EITC), thereby increasing the amount of their tax return and boosting the local economy. All VITA services are provided through trained IRS-certified staff and community volunteers.

Women, Infants, and Children (WIC) Supplemental Nutrition Assistance: Provides free nutrition education, breast feeding support, and food vouchers for infants, children, and women who are pregnant, postpartum, or breast feeding and who are at nutritional risk. Foster parents, grandparents, and single parents can apply on behalf of their children.

CAPK's New Programs:

Homeless Services: in partnership with the County of Kern, CAPK operates a new 150 bed homeless Low Barrier Navigation Center on M Street in Bakersfield. This 24-hour shelter offers housing, meals and an array of mental health, medical care and economic assistance to unsheltered homeless people including those with partners and pets.

CalFresh Healthy Living: CAPK CalFresh Healthy Living improves the nutrition health of low-income Kern County residents by providing access to nutrition education, physical activity education, and training that will help build a healthy, knowledgeable community.

Community Schools Partnership Program: in partnership with Bakersfield City School District, CAPK provides direct wrap around case management to students and families. The program links families to community-based services addressing food insecurities, housing stability, or other related basic services.

CalAIM: is a new initiative by the Department of Health Care Services (DHCS) to improve the quality of life and health outcomes of Medi-Cal beneficiaries by implementing broad delivery of system, programmatic, and payment system reforms.

Adult Re-Entry (ARG) Program: this program provides funding for community-based organizations to deliver reentry services for people formerly incarcerated in state prison.

CAPK's HS/EHS serves over 2,800 children and their families at 36 locations across Kern County. Children and families also have access to CAPK's network of comprehensive programs and services, all of which are in place to assist and empower families towards self-sufficiency.

Table 1, CAPK HeadStart and Early Head Start Kern County Locations

HS/EHS Site Name	Address
Administration Office	5005 Business Park North, Bakersfield 93309
Alberta Dillard	5704 Pioneer Dr Bakersfield, CA 93306-6546
Alicante	7998 Alicante Ave Lamont, CA 93241-1744
Angela Martinez	4032 Jewett Ave Bakersfield, CA, 93301
Bakersfield College	1801 Panorama Bakersfield CA 93305
Blanton	315 E. 18th Street, Bakersfield, CA 93301
Broadway	929 Broadway St., Wasco, CA 93280
California City	9124 Catalpa Ave California City, CA 93505-2781

Cleo Foran	1410 11th Street Bakersfield, CA 93304-1432
Delano	1835 Cecil Ave Delano, CA 93215-1519
East California	1900 E. California Ave Bakersfield CA 93307
Fairfax	1500 S. Fairfax Rd. Bakersfield, CA 93307
Garden Pathways	1130 17 th St. Bakersfield, CA 93301
Harvey L. Hall	315 Stine Rd Bakersfield, CA 93309-3268
Heritage Park	2320 Mt Vernon Ave Bakersfield, CA 93306-3300
Lamont	8201 Palm ave Lamont, CA 93241-2118

Martha J. Morgan	3811 River Blvd Bakersfield, CA 93305-1004
McFarland	410 E Perkins Ave McFarland, CA 93250-1230
Mojave	1940 Inyo St Mojave, CA 93501-1765
Oasis	814 North Norma, Ridgecrest, CA 93555
Pete H. Parra	1825 Feliz Dr., Bakersfield, CA 93307
Primeros Pasos	1111 Bush St Arvin, CA 93203-2056
Rosamond	2584 Felsite Rosamond, CA 93560-7688
San Diego	10300 1/2 San Diego St Lamont, CA 93241-1743
Seibert	2800 Agate St., Bakersfield, CA 93304-5306
Shafter EHS	459 E. Euclid Ave Shafter, CA 93263-2777
Shafter HS	452 W. Los Angeles Ave Shafter, CA 93263-2590
Sterling	3000 Sterling Road Bakersfield, CA 93306-4569
Sunrise Villa	1600 Poplar Ave Wasco, CA 93280-3405
Taft	819 6th Street Taft, CA 93268-2305
Taft College	29 Cougar Ct. Taft, CA 93268
Tehachapi	1120 S Curry St Tehachapi, CA 93561-2300
Vineland	14327 S Vineland Rd Bakersfield, CA 93307-9463
Virginia	3301 Virginia Ave Bakersfield, CA 93307-2931
Wesley	1314 Oswell St, Bakersfield CA 93306
Willow	401 Willow Dr Bakersfield, CA 93308-4761

Source: CAPK Operations

Kern County has an abundant list of providers of services for low-income families and children. CAPK 2-1-1 Information and Referral Helpline has a database of over 1,500 social services and other agencies that people can be linked to through calling 2-1-1 or on the CAPK 2-1-1 web page www.capk.org. Common resources for Kern families include Addiction Resource Center, Alliance Against Family Violence, Bakersfield Homeless Center, Clinica Sierra Vista, Department of Fair Housing and Employment, Delores Huerta Foundation, Ebony Counseling Center, Kern County Behavioral Health, Kern County Department Of Human Services, Employers Training Resources, Family Growth Counselling, Independent Living Center of Kern County, New Advances for People with Disabilities, Operation Fresh Start, Salvation army, Social Security administration, and many more.

DETERMINANTS OF NEED

KERN COUNTY OVERVIEW

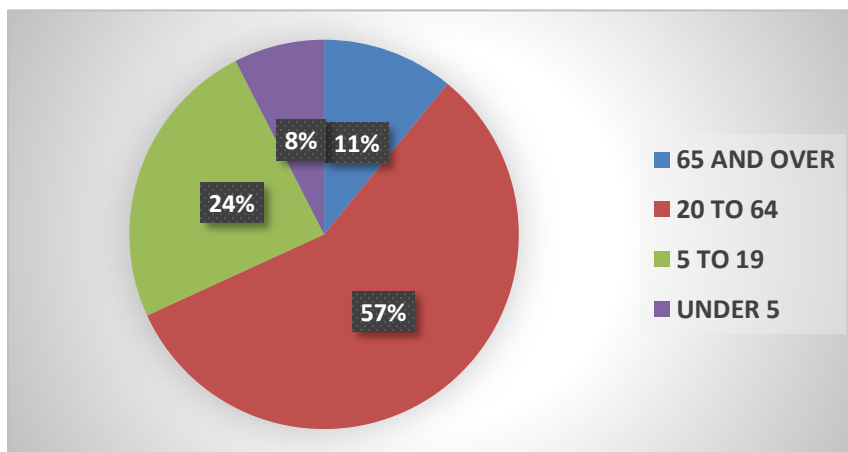
Kern County is in Central California, at the southern end of the San Joaquin Valley. At 8,172 square miles, Kern is California's third-largest county by land area. Terrain varies dramatically within the County, from the valley lowlands to the mountain peaks of the southern Sierra Nevada, to arid stretches of the Mojave Desert. Because of this geographic diversity, the county has a wide range of climates, determined largely by elevation and precipitation. Summer temperatures often reach over 100 degrees on the valley floor and in the Mojave Desert, and winter temperatures drop into the teens in the higher mountains.



POPULATION

There are 905,644 people living in Kern County with most residents living in Bakersfield, the County's major metropolitan area. A total of 10 other cities containing about 20% of the population and the remaining residents (38%) live in unincorporated mostly rural areas of the county. Approximately **68,078** of the County's residents are **under the age of 5** years; 220,293 are ages 5 to 19; 518,253 are ages 20 – 64; and 99,020 are ages 65 and over.

Figure 2, Kern Population Age Distribution



Source: US Census American Community Survey 2021, 5-Year Estimates

Of the estimated **68,078** children ages 0 to 5 in Kern County, approximately **60% are in the 0-2 years age group** (kids.data.org). Gender for children in the 0-5 age group is almost even with 49% female and 51% male.

POPULATION GROWTH

Kern County's overall population growth from 2012-2021 is similar to trends for the State and Nation. Noteworthy, the 0-5 population has decreased at the county, state, and nation level.

Table 2, Population Growth Comparison

Location	2012	2021	Growth
Kern	839,631	905,644	7.8%
California	37,659,181	39,455,353	4.7%
United States	309,138,711	329,725,481	6.6%
Children Ages 0-5			
Kern	71,484	68,078	-4.7%
California	2,527,752	2,350,335	-7.0%
United States	20,137,884	19,423,121	-3.5%

Source: US Census American Community Survey 2021, 5-Year Estimates

RACE/ETHNICITY

Kern County's racial and ethnic composition is diverse. After White, the largest Racial/Ethnic group is Hispanics/Latino (53.3%), compared to 39% of California's population and 18% of the United States. The smallest group are Native Hawaiian/Pacific Islander at .2% in Kern County and the United States and .4% in California.

Table 3, Kern County Race and Ethnicity

Race/Ethnicity	All Residents
White	62.3%
African American	5.4%
American Indian or Alaska Native	1%
Asian	4.8%
Native Hawaiian or Other, Pacific Islander	.1%
Hispanic or Latino	54.7%
Some Other Race	13.8%

Source: US Census American Community Survey Estimates 2021, 5-Year Estimates

Kern County has seen growth in most race/ethnicities with Native Hawaiians and other Pacific Islanders seeing the highest percent rate of growth, followed by Asians. The only decrease was in American Indian and Alaskan Native groups. Whites and Hispanics grew at almost the same rate, with Hispanics seeing slightly more growth.

Table 4, Kern Population Change by Race/Ethnicity, 2017-2021

Race/Ethnicity	Percent Change
White	-15.6%
Black or African American	-1%
American Indian and Alaska Native	-1.1%
Asian	-1.1%
Native Hawaiian and Other Pacific Islander	-.5%
Hispanic or Latino (of any race)	6.9%

Source: US Census American Community Survey 2017-2021, 5-Year Estimates

NATIVITY AND FOREIGN BORN

Of Kern County's population, 79.4% (719,419) were born in the United States, and 19.7% (177,999) were foreign-born. Of the county's foreign-born population, 61.3% (109,135) are not U.S. citizens.

LANGUAGE

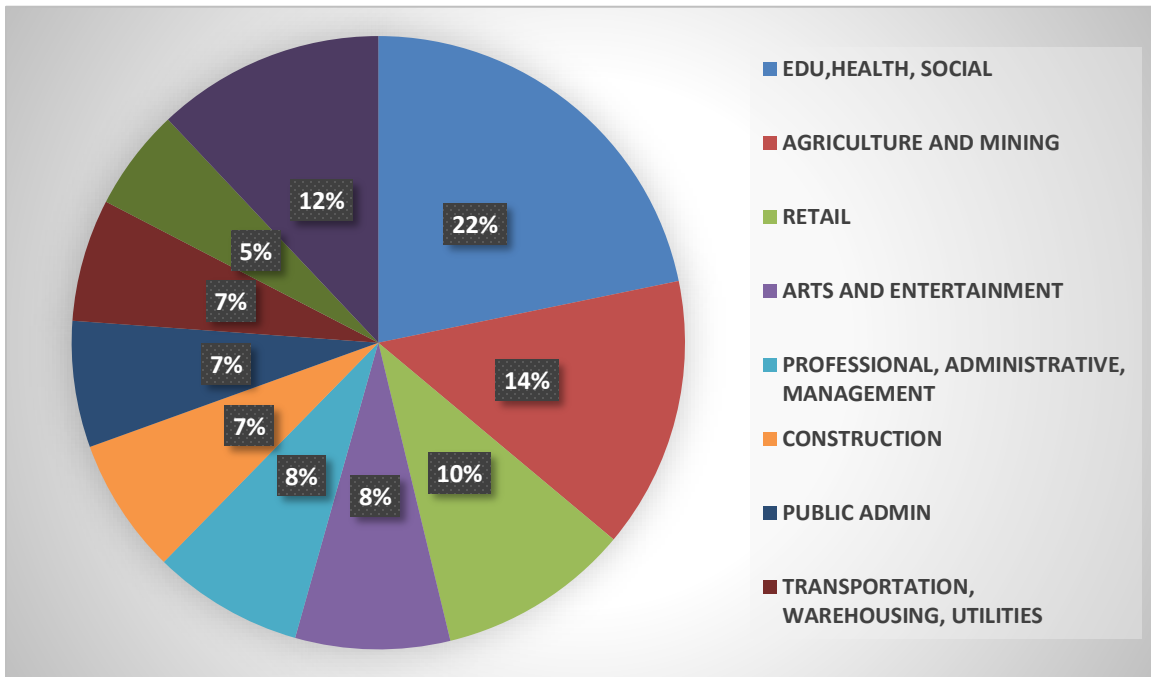
Approximately 44.3% of Kern and California's adults speak a language other than English at home, with most of these comprised of Spanish speakers (88.5%). The next most common language is Asian and Pacific islander languages at 2.9%. (U.S. Census, 2021).

EMPLOYMENT

The petroleum and agriculture industries are the main drivers of Kern County's economy. According to the Kern Economic Development Corporation, Kern is the top agricultural producer and the second highest oil-producing county in the nation. The County also has two military bases on its eastern edge and has seen growth in the alternative energy, (wind and solar) and aerospace industries. Agriculture and oil are not consistent in employment and are affected by seasons, environmental, national, and global economic factors. For example, while most of the Country was recovering from the recession, decreases in oil production resulted in mass layoffs in Kern County and the recent California drought had dire consequences for seasonal farm workers.

There are 671,496 Kern County residents ages 16 and over. Of these, an estimated 58.1% that are in the labor force are employed. The largest employment sector in Kern is Education, Health, and Social Work which has large variances in types and pay rates of jobs. The second, Agriculture and mining (which include the oil industry), can be unstable sources of employment due to strong seasonal cycles as well as other factors discussed previously.

Figure 3, Kern County Workers by Industry

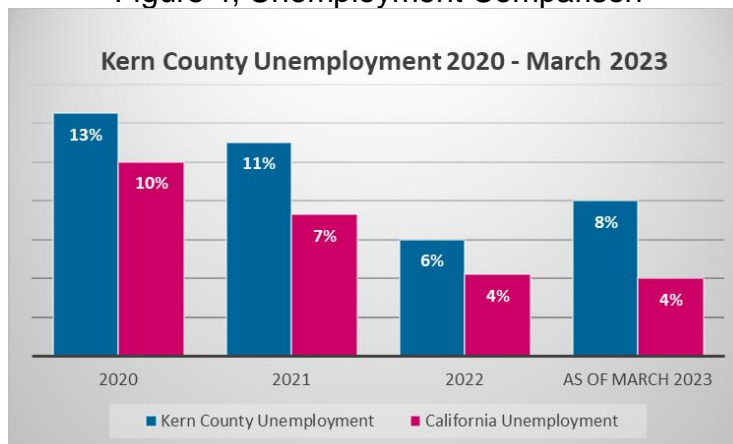


Source: US Census American Community Survey 2021, 5-Year Estimates

UNEMPLOYMENT

Kern County unemployment rates typically run in the double digits and about 2 to 3 times higher than the State and Nation. However, Kern saw historic lows in unemployment in 2018 and 2019. However, these gains disappeared during the pandemic when over 12% of Kern's working population became unemployed. Currently, for 2022-23, Kern County's unemployment rate has been between 6-8%, which is consistently higher than California's unemployment rate (Employment Development Department, 2023).

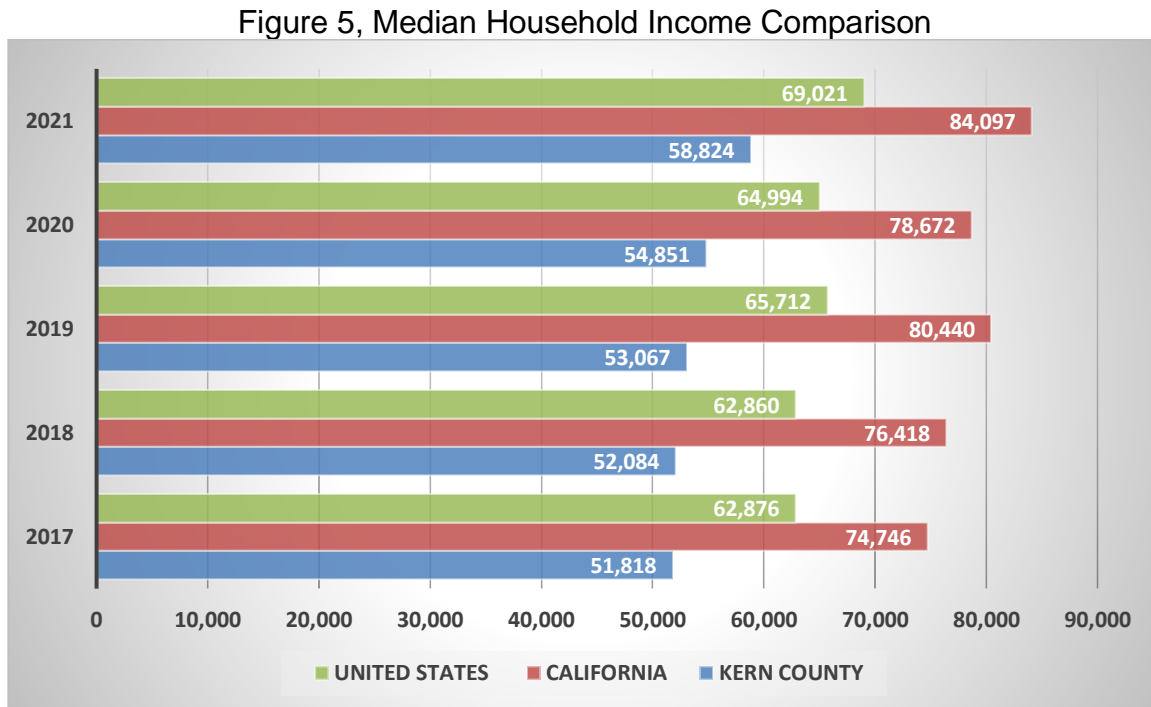
Figure 4, Unemployment Comparison



Source: California Department of Labor, 2023

INCOME

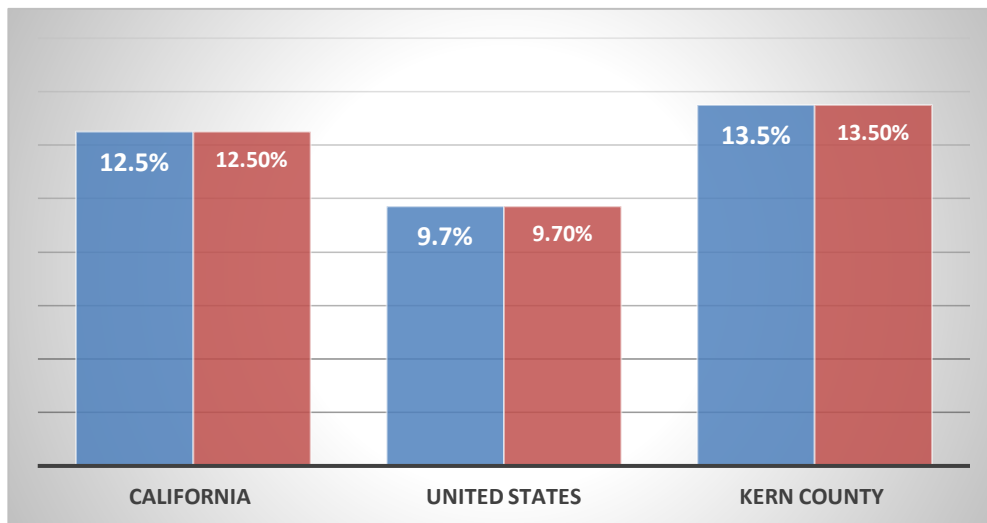
Kern County median household income, at \$58,824 in 2021, is **\$10,197 less than the United States and \$25,273 lower than the State of California.**



Source: US Census American Community Survey 2017-2021, 5-Year Estimates

Overall, the state and nation have seen a steady increase over the last 5 years. Kern's median income has steadily grown over the last three years but falls significantly behind in comparison.

Figure 6, Income Growth Comparison



Source: US Census American Community Survey 2017-2021, 5-Year Estimates

POVERTY

According to the US Census, 18.6% of Kern County residents live in poverty; Kern County has a higher poverty rate when compared to all 58 California Counties (The Public Policy Institute of California, 2021). Within Kern County, there are pockets of extreme poverty with some communities having more than 45% of residents living below the federal poverty level.

WORKING POOR

The face of poverty in the United States has changed greatly over the last decade. In a report presented at the National Community Action Partnership Mega Trends Learning Cluster, *Inequality in America*, former Secretary of Labor Robert Reich discusses trends of those living in poverty in the U.S. According to Reich, as the median family income continues to drop, an estimated 65% of U.S. families live paycheck to paycheck. He goes on to say that a significant number of people in poverty are working but are unable to earn enough to lift themselves out of poverty. Reich also claims that about 55% of all Americans aged 25 to 60 have experienced at least one year of poverty or near poverty (below 150% of the poverty line), and at least half of all U.S. children have relied on food stamps at least once in their lifetime.

This is also supported by the California Budget and Policy Center, *Five Facts Everyone Should Know About Poverty*, which states that most families that live in poverty are working and 67% of those families have one or more workers supporting them. The key reasons cited for working families remaining in poverty are a lack of good paying jobs and the low minimum wage. In Kern County, 15.8% of employed residents who are 16 years of age or over are living in poverty (U.S. Census, 2021).

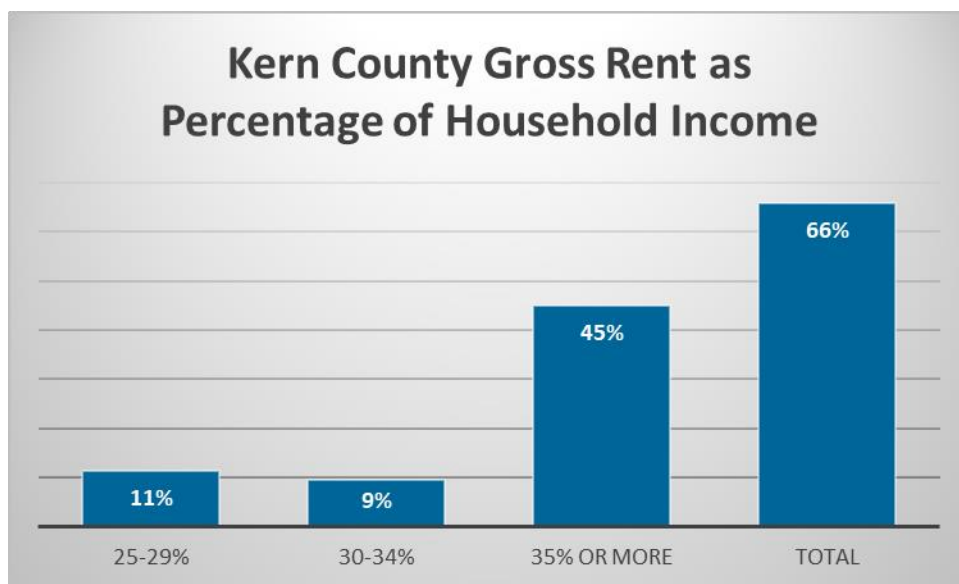
HOUSING

According to the US Census Estimates, there are 274,705 occupied housing units in Kern County.

The Kern County Council of Governments' (KCOG) Housing Element 2015-2023 reports that Bakersfield (Kern County's most populated city) is projected to only meet 42.7% of their Regional Housing Needs Allocation (RHNA) for very low and low-income households. Other factors affecting housing, are as follows:

- Jobs to housing ratio of 1 job very every .13 of housing.
- Most of the available housing is single family homes.
- Approximately 50% of households are at 50% of the median income—51% earn less than \$50,000 per year.
- Limited inventory of Section 8 housing for larger families.
- Subsidized multifamily units are at risk of becoming market rate units.

The U.S. Department of Housing and Urban Development states that families who pay more than 30% of their income for housing are considered cost burdened and may have difficulty affording necessities such as food, clothing, transportation, and medical care. Based on the 2021 American Community Survey estimates, 26.2% of all Kern County homeowners with a mortgage paid 35% or more of their household income on housing. Renters paid an even higher percentage of their income on housing, with almost half of renters spending 45% or more of their household income on rent.



Source: US Census, 2021

HOUSING QUALITY

Substandard housing is common in much of the County. The KCOG Regional Housing Needs Allocation Plan 2013-2023, included an assessment of county housing quality which shows that an estimated 54% of Kern County Housing is substandard, ranging from a low of 30% in

Tehachapi to almost 96% of homes in California City.

Table 5, Kern Substandard Housing

City	Substandard Stock
Arvin	57.1%
Bakersfield	34.0%
California City	95.9%
Delano	42.0%
Maricopa	94.3%
McFarland	50.8%
Ridgecrest	39.6%
Shafter	44.2%
Taft	54.9%
Tehachapi	29.6%
Wasco	54.4%
Unincorporated	56.5%

Source: Kern Council of Governments, 2013-2023

TRANSPORTATION

Transportation poses challenges in Kern County, particularly for those in rural areas. Bakersfield is the hub of the county where people can access employment, doctors, social services, and other needed resources. In rural areas of Kern, many low-income people with limited incomes rely on public transportation to get to Bakersfield, which in most of these areas has one trip to Bakersfield in the morning and one return trip in the afternoon.

For those who own a vehicle, the higher gas prices in California, approximately \$1.89 per gallon over the national average, can be an additional burden for low-income families.

Figure 7, Public Bus Routes in Rural Kern County



Source: Kern Transit

MENTAL HEALTH

According to the California Health Interview Survey, over 16% of Kern County residents experienced serious psychological distress in 2020, which is slightly higher than for California as a whole. Obtaining mental health treatment can be difficult. According to the National Mental Health Services Survey, 2020, California has approximately 970 mental health treatment facilities with many of those private care facilities. In California, there are 59 psychiatric hospitals. In Bakersfield there are approximately ten mental health facilities with three of those accepting patients for in-hospital treatment. Bakersfield and the county lack mental health professionals especially those who serve low-income populations, and the San Joaquin Valley has one of the lowest ratios of behavioral health professionals to population in California.

SUBSTANCE USE DISORDER

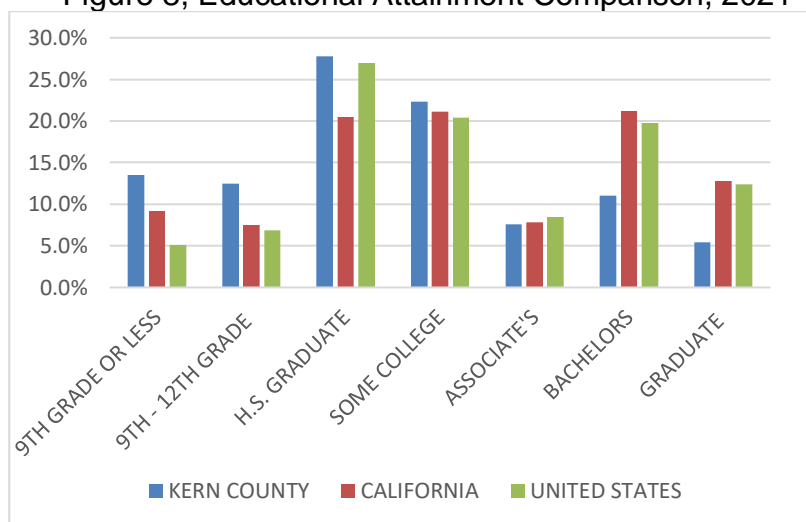
According to the California Health Care Foundation, substance use disorders are common; 8.8% of California meets the criteria for a substance use disorder. Many rural areas of the state lack access to treatment and experience significant wait times. According to the California Department of Health Care Services, seven (7) of the 50 physician appointments and four (4) out of the 50 urgent appointments did not meet timeliness standards as indicated in the 2021/2022 Kern County Mental Health Plan.

Needs and Resources of Eligible Children and Their Families

EDUCATIONAL ATTAINMENT

In 2021, 12.9% of people ages 25 and older in Kern County had less than a 9th grade education; 11.8% has between a 9th and 12th grade without a diploma; 27.5% were a high school graduate (or equivalent); 22.3% of residents had some college experience without a degree; 11.4% had a bachelor's degree and 5.7% had a Graduate or Professional degree. California has less residents over the age of 25 with a 9th grade education or less and with a 9th grade to 12th grade education without a diploma, at 8.9% and 7.2%, respectively. California has more than twice the percentage of residents with a bachelor's degree or Graduate degree at 21.6% and 13.1%, respectively. The nation fares better than the state in educational attainment for a high school graduate, though California's rates for a bachelor's degree is higher than both the county and the nation. The details of each percentage at educational level of attainments are depicted below. The most concerning for Kern County is the low attainment of college degrees—about half as many Kern residents have a bachelor's degree or higher than the state or nation. Today, college appears to be the new high school, with many entry level jobs requiring higher levels of education and skills than what can be acquired as a high school graduate.

Figure 8, Educational Attainment Comparison, 2021



Source: US Census American Community Survey 2021, 5-Year Estimates

The lack of higher educational attainment has far reaching implications for Kern residents. According to a report by The PEW Charitable Trust, a four-year college degree encourages upward mobility from the lower rungs of society and prevents downward mobility from the middle and top. The report states that about 47% of people who are raised in the bottom quartile of the family income ladder who do not get a college degree stay at that level compared to 10% who have earned a college degree. Also, about 39% of those raised in the middle-income ladder who do not get a college degree move down, while 22% with a degree stay in the middle or advance.

According to the U.S. Census Community Data for Kern County, approximately 24,292 of people aged 25 years or older that have a high school diploma (includes GED) or less live in poverty compared to 3,217 with a bachelor's degree or higher.

Table 6 Educational Attainment by Race Ethnicity, 2021

Race/Ethnicity	Kern		CA		US	
	HS or Higher	BA or Higher	HS or Higher	BA or Higher	HS or Higher	BA or Higher
White	84.7%	22.2%	93.8%	44.6%	89.9%	33.5%
Black	84.6%	17.6%	90.7%	28%	86%	21.6%
American Indian or Alaska Native alone	74.5%	15.2%	70.5%	16.7%	80.3%	15%
Asian	88.1%	39.3%	88.6%	55.1%	87.1%	54.3%
Native Hawaiian and Other Pacific Islander alone	90.5%	19.6%	85.1%	19.9%	87%	17.8%
Some other race	62.4%	9.9%	64.0%	12.4%	62.7%	12%
Hispanic or Latino Origin	63.9%	10.4%	68.1%	15.9%	68.7%	16.4%

Source: US Census American Community Survey 2021, 5-Year Estimates

ADULT EDUCATION

In Kern County, 9.4% of residents over age 25 have between a 9th and 12th grade education without a diploma. Among families enrolling in Head Start/Early Head Start the figure is even higher with 44% (approximately 591) of parents not having a high school diploma. This number demonstrates a need for Adult Basic Education (ABE) or General Education Development (GED) preparation. ABE and GED preparation is available in most populated areas in Kern County. Job training is an unmet need as demonstrated in the table here.

Table 7, HS/EHS Families Obtaining Diploma, GED, Professional Training or Job Skills

Head Start			Early Head Start			Early Head Start Partnership		
In Job Training or School	Not in Job Training or School	Completing GED/Diploma, Job Training, Professional Certificate or License	In Job Training or School	Not in Job Training or School	Completing GED/Diploma, Job Training, Professional Certificate or License	In Job Training or School	Not in Job Training or School	Completing GED/Diploma, Job Training, Professional Certificate or License
833	266	117	54	103	54	47	16	47

Source: 2022/2023 PIR Data

Undergraduate education opportunities exist in Kern County with 4-year degrees offered on-campus and online in Bakersfield through several institutions and 2-year/vocational/associate degrees offered in Bakersfield via the Kern Community College District (KCCD) campuses and online learning as well as others. Locations in Ridgecrest, Lake Isabella, California City, and Tehachapi offer classes through KCCD as well. There does not seem to be a shortage of undergraduate education opportunities. Head Start families in Kern County can receive the educational services they need. It is noted that some families are already enrolled in adult education or job training upon their children's entry into the Head Start/Early Head Start programs.

Low cost or free GED preparation, ESL classes, and vocational training are often offered by the same institutions. A GED is also available online through the public schools. Some colleges also offer vocational training. Although multiple locations are available, gaps in the current training system were observed when compiling the information:

- Locations are concentrated in more populated areas and may be difficult for others to reach.
- Inconsistent options for vocational training among varying locations.
- Programs associated with the public-school system were not necessarily linked to the school district website and their websites were sometimes difficult to find.
- Schedules and offerings were not always listed on the websites.
- Programs have differing eligibility criteria.
- Some programs may charge fees.

Different directories list different programs and/or different services for the same location.

EMPLOYMENT AND JOB TRAINING

Employment and job training for Head Start/Early Head Start families is critical in ensuring the ability of families to become self-sufficient and capable of adequately providing for themselves and their children. According to the Kern County PIR, ***more than 1,236 parents of Head Start/Early Head Start children are employed or are active-duty military***. Head Start/Early Head Start parents can work and feel secure about the care of their children while they are working. The numbers from this report do not preclude the need for job training and education opportunities for the families served by Head Start and Early Head Start. Although many HS/EHS parents are employed, (over half), their low-income status indicates a high need for further job skills and/or education.

ENGLISH AS A SECOND LANGUAGE

There is a high need for English as a second language (ESL) education in Kern County with many foreign-born Kern residents indicating a low English-speaking ability. Among Head Start and Early Head Start families in Kern, approximately 29% residents stated that they primarily speak another language at home. ESL training opportunities are relatively abundant in Kern County with each city or census tract showing opportunities.

FINANCIAL LITERACY/ASSET BUILDING SERVICES

Financial empowerment helps families with low incomes build financial stability. Services focus on strengthening low-income people's financial position by providing access to proven routes out of poverty—education/ training, employment, entrepreneurship, safe/affordable credit, asset building, and home ownership. Financial empowerment is not a substitute for other poverty reduction programs, however, when integrated into existing programs, financial empowerment can significantly boost a family's ability to rise out of poverty. Approximately 4 of Head Start/Early Head Start families in the county had a need for services that would help them build assets or reduce debt, and 4 received these services.

In 2019, CAPK HS/EHS began staff training and implementation of the Your Money Your Goals (YMYG) Tool Kit. Created by the U.S. Consumer Financial Protection Bureau, the YMYG Toolkit is a collection of important financial empowerment information and tools that can be selected based on the needs and goals of families. The goal is to help someone get started on solving specific financial challenges and reaching their goals. And, when they want or need additional help, the aim is to help you refer them for financial counseling. Unlike a financial education curriculum that may have a specific set of goals and requires materials be presented in a set order, the YMYG toolkit is made up of modules that can be selected based on the family's specific needs.

HEALTH

Lower income and fewer bachelor's degrees are linked to worse health outcomes including increases in asthma, obesity, diabetes, stroke, cancer, low birth weight, poor mental health days, and heart attack ER visits (Kern County Community Health Needs Assessment, 2019). The health of Kern County residents falls far behind residents of other California counties.

According to the County Health Rankings and Roadmaps for 2023, Kern County ranked **53 out of 58** California counties in **'Health Outcomes'** and **56 out of 58 in 'Health Factors'**. According to this study, health factors that affect people living in Kern County include many of the socio-economic factors previously discussed, such as educational attainment, unemployment, and income inequality. When comparing scores over the past five years, scores have remained dangerously high.

Table 8, Kern County Health Rankings, 2019-2023

Outcomes	2019	2020	2021	2022	2023
Health Outcomes	52	52	53	53	53
Length of Life	46	46	48	49	49
Quality of Life	55	54	57	56	54
Health Factors	57	57	56	57	56
Health Behaviors	58	57	47	55	51
Clinical Care	52	54	52	51	52
Social & Economic Factors	53	54	55	57	56
Physical Environment	57	57	54	55	53

Source: County Health Rankings.org

Some of the most prevalent health conditions affecting Kern residents are asthma, obesity, and diabetes. Asthma is one of the most common chronic diseases among children in the U.S. and a leading cause of hospitalizations and absences from school. Although identifying the impact of independent risk factors for asthma is difficult, low-income and minority children are at disproportionately high risk for severe symptoms, missed school days, and emergency room visits due to asthma (U.S. Environmental Protection Agency, 2019).

More than 30% of U.S. children ages 2-19 are overweight/obese, according to a survey from the Centers for Disease Control and Prevention (Fryer, C. D., et al., 2018). Kern County's rates are often higher; kidsdata.org noted that 44.5% of 5th grade children were obese in 2019.

According to the Centers for Disease Control, among children and adolescents younger than 20, non-Hispanic whites had the highest rate of new cases of Type 1 diabetes compared to members of other U.S. racial and ethnic groups. Among children and adolescents aged 10-19 years, U.S. minority populations had higher rates of new cases of type 2 diabetes compared to non-Hispanic whites. The risk of developing type 2 diabetes increases with age. The number of children diagnosed with type 2 diabetes is growing due to more overweight youth. Still, it is less common in children and young adults than it is in older people.

Asthma: A key contributor to the high asthma rates is Kern's poor air quality (American Lung Association, 2019).

- Kern residents experiencing asthma – 17.7% (California Department of Public Health, 2020).
- **Kern children** suffering from Asthma – **7.6%** (Kidsdata.org, 2019).

Obesity

- Of Kern adults, 78% are overweight or obese.
- People of color have obesity rates higher than average at 25%.
- Children aged 11-14, nearly 44% are considered overweight or obese (Kidsdata.org, 2019)

Diabetes:

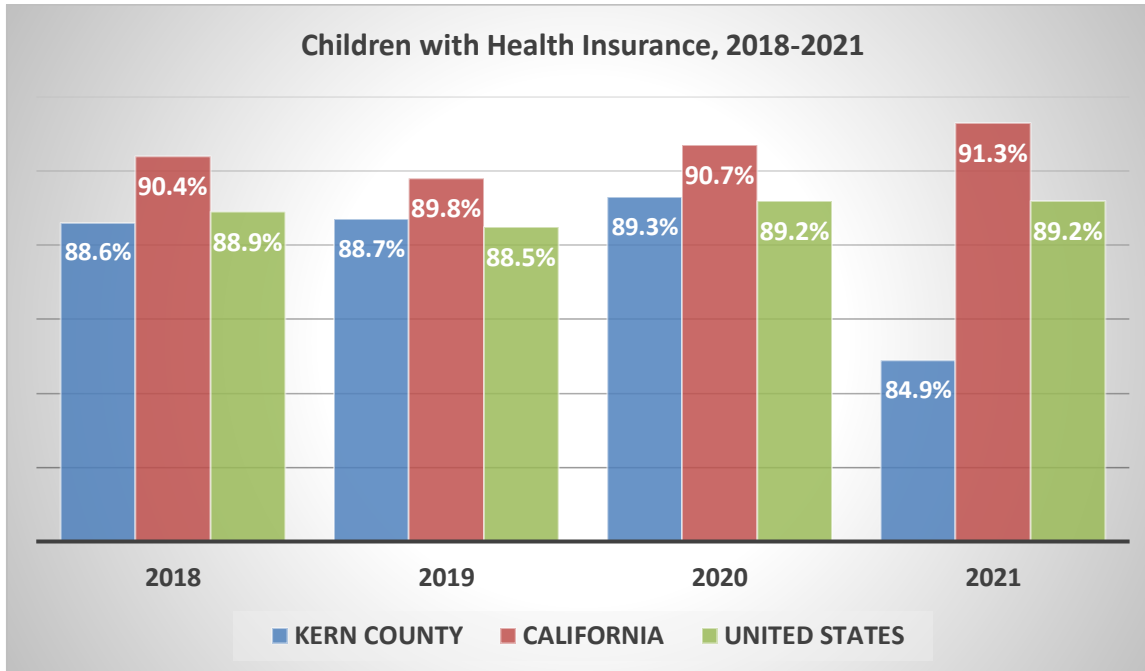
- In Kern County, 13% of adults have been diagnosed with diabetes, (County Health Rankings, 2021).
- Of the children discharged from hospitals in Kern County in 2020, 3.5% or 172 children were diagnosed with diabetes (Kidsdata.org, 2020).

HEALTH INSURANCE

The US census estimates the percentage of children with health insurance each year by county. Estimates are available for children younger than 19 and living at 138% of the federal poverty level or below. Coverage rates in Kern County have been rising and are now at 98.7%, which is above national and state estimates. Data from Kern County's Head Start/Early Head Start program information report (PIR) is similar. All (100%) of children in Head Start and Early Head Start had health insurance at the end of the reporting period.

Despite these successes, there are still groups of people without health insurance. The US Census estimates above indicate that 3.7% of children do not have health insurance and the California Department of Public Health, Maternal and Infant Health Assessment found that 4% of women were uninsured during pregnancy. The survey also reported that 14% were uninsured post-partum and 2% had no infant health insurance.

Figure 9, All Children with Health Insurance in the United States, California, and Kern County



Source: US Census American Community Survey 2018-2021, 5-Year Estimates

HEALTH CARE ACCESS

Although most of Kern Residents (and all HS/EHS children) are insured, having access to quality and timely care is an issue. In Kern County there are 2,020 people for each primary care physician (2,020:1) compared to a ratio of 1,230:1 for the State of California (County Health Rankings and Roadmaps, 2020). Where a family lives in the county also plays a crucial role in access. According to the 2019 Kern Community Health Needs Assessment, approximately 2 out of every 3 Kern residents (over 519,000) are living in a severely under-resourced area. Communities identified in this report as majorly under resourced include Oildale, East Bakersfield, Southeast Bakersfield, Arvin, Lamont, Greenfield, Wasco, McFarland, Delano, Shafter, Taft and Buttonwillow. Pregnant women are a priority in the health care system but continue to face access issues. The California Maternal and Infant Health Assessment reported several important findings:

- Almost 63% of pregnant women had a routine source of pre-pregnancy care;
- During the first trimester, 82% initiated care; and
- Nearly 12% reported either they or their infant needed care post-partum, but they could not afford it.

Although 100% of program participants at Kern County Head Start/Early Head Start had health insurance, keeping children up to date on screenings was challenging, as shown in Table 16. This may be partially related to the access issues previously discussed.

Table 9, HS/EHS Medical Care Received

Care Type	Received Care
Pre-and post-natal care for pregnant women	80%
Medical home	100%
Received all possible immunizations or exempt	100%
Up to date on EPSDT schedule	83.5%

Source: 2018/2019 Kern PIR

DENTAL CARE

Kern County faces a general scarcity of dentists. The Robert Wood Johnson Foundation reports there are 2,080 Kern residents for every one dentist (2,080:1). California shows a much higher rate of dental professionals per person, with a ratio of 1,200:1.

Data for Head Start/Early Head Start in Kern County show that while 99% of participants have a dental home, only 94% of Early Head Start and 87% of Head Start participants had completed a professional dental examination. A much lower percentage of HS/EHS children who were identified as needing dental treatment had received it (17%).

EXPECTANT MOTHERS

In addition to access to health care mentioned previously, pregnant women continue to face a variety of challenges. According to the California Department of Public Health, Maternal and Infant Health Assessment Survey, of the poorest 6,900 pregnant Kern County women, only 29% self-reported taking folic acid daily in the month prior to their pregnancy, and nearly 25% did not seek first term care. Also noteworthy is that 30.5% reported being food insecure, and almost 22% did not gain adequate weight. An additional 45% gained excessive weight.

Many poor women in Kern County experience a range of hardships during pregnancy. Some of these instances include experiencing two or more hardships during childhood, 30.3%; homelessness, 5.2%; moving locations due to problems paying rent or mortgage, 9.4%; woman or their partner losing job, 25.3%; woman or partner cut in pay or hours, 18%; becoming separated or divorced, 12%; and having no practical or emotional support during pregnancy, almost 5%. Out of this same group of women, 87% had Medi-Cal insurance pre-natal coverage with 4.4% being uninsured, and 8.4% having private insurance. In 12.4% of cases, either the mother or infant needed post-partum care but did not afford said care.

Other data for the county show 70.8% of pregnant women are unmarried, 26% did not complete high school or obtain a GED, and nearly 75% live in a high poverty neighborhood.

AIR QUALITY

According to the American Lung Association 2022 State of the Air Report, Bakersfield had the worst air quality in the United States for year-round particle pollution, as it has had for many years. Kern County also received failing grades for both short-term particle pollution and ozone pollution.

- Short-term particulate: Episodes of increased particulates caused by events such as wildfires.
- Year-round particulate: chronic exposure to particulates caused by things like soot, diesel exhaust, chemicals, metals, and aerosols.
- Ozone: mostly attributed to wood-burning and auto exhaust.

Kern County ranked as the worst county in the nation with the highest year-round particle pollution. These particulates are of special concern for Kern County residents because of the significant health risks. As noted in this report, Kern has a high poverty rate,

especially in our rural farming communities, which is linked to lower access to health care. Another factor to consider is that Kern's main industries (agriculture and oil) are major contributors to the poor air quality. Asthma rates for Kern County are ranked among the highest in the state as indicated by asthma hospitalizations. Children are more vulnerable to the effects on health from poor air quality due to more permeable skin and fragile systems. In addition to the health effects of the poor air quality in Kern already discussed, children are also at risk of increased cognitive defects and cancer.

FOOD INSECURITY

According to the United States Department of Agriculture, food insecurity occurs when there are reports of multiple indications of disrupted and reduced food intake. Although Kern County is one of the largest producers of agriculture in the world, it also hosts the city with the highest food insecurity rate in America. The Food Research and Action Center's (FRAC) identified Bakersfield as first among the 100 largest metropolitan cities in the U.S. for food insecurity.

CAPK's Food Bank is the largest emergency food distributor in Kern County. The Food Bank provides an emergency means of food for Kern County's low-income children, families, and other vulnerable people such as elderly, disabled, and the homeless. Over the last few years the Food Bank has seen dramatic increases in food needs going from 13 million lbs. of food distributed in 2015 to over 33 million lbs. in 2020.

According to the Feeding America, Map the Meal Gap 2021 statistics, **18.2% of children in Kern County are food insecure** compared to 13.5% of children in both California and the United States.

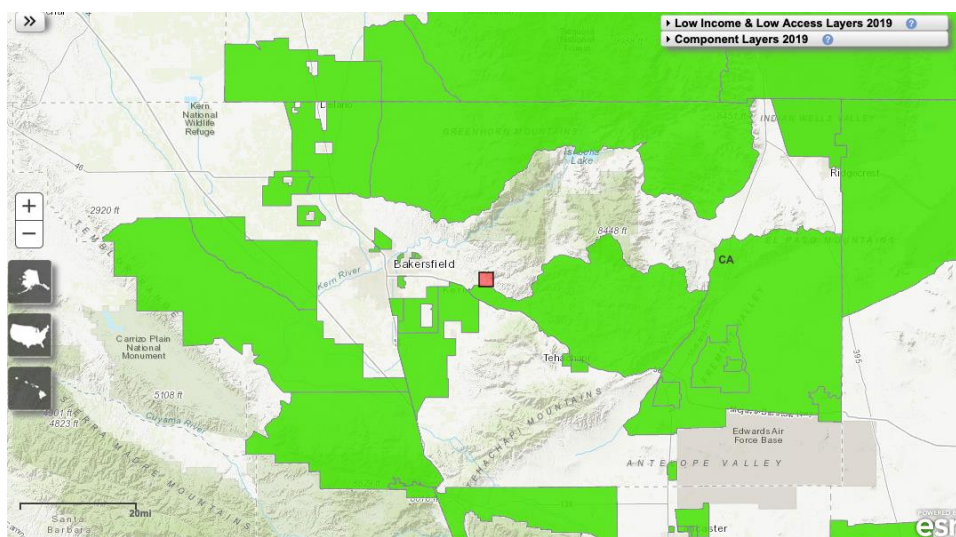
- California Department of Education: up to 140,000 Kern children receive free or reduced- price school lunch.
- California Department of Social Services: Approximately 83,589 children received CalFresh (SNAP) benefits.
- Over 25,692 children are served by WIC in Kern County

The CAPK Food Bank provides food distribution throughout the County. In 2021, the Food Bank served approximately 40,000 households per month, the majority of which include children. The CAPK Head Start Central Kitchen prepares approximately 72,000 meals and snacks each month for HS/EHS children and parent volunteers. Additionally, CAPK's Friendship House and Shafter Youth Center serve daily no- cost meals and snacks, to children and parents throughout the year.

FOOD DESERTS

A **food desert** is an area that has limited access to affordable and nutritious food (Karpyn et al., 2019). They are most common in low-income and/or rural areas but can also appear in metropolitan areas. Racial and economic disparities in food access persist across the nation; approximately 1/3 of white residents experience limited access to food retail than their non-white counterparts. As seen in the map below, where the green areas represent low-income and low access areas, most of Kern County is considered food desert (United States Department of Agriculture, 2023).

Figure 10, Kern County Food Deserts



Source: United States Department of Agriculture 2023

The Kern County Food System Assessment reports 17 community gardens; Edible School Year program with cooking classes and a garden in Shafter, Bakersfield, and Arvin; Certified Farmer's Markets in Bakersfield, Delano, Lake Isabella, Lamont, Shafter, Tehachapi, Wasco, and Wofford Heights. Additionally, in response to the lack of fresh and healthy foods for many low-income people in Kern, the CAPK Food Bank began holding "Free Farmers Markets" — giving fresh locally sourced donated produce at no-cost to low-income people in Bakersfield. These occasional produce distributions have grown into regularly scheduled Free Farmers Markets held in Delano, Wasco, and low-income Bakersfield areas.

HEAD START/EARLY HEAD START ELIGIBLE CHILDREN AND FAMILIES

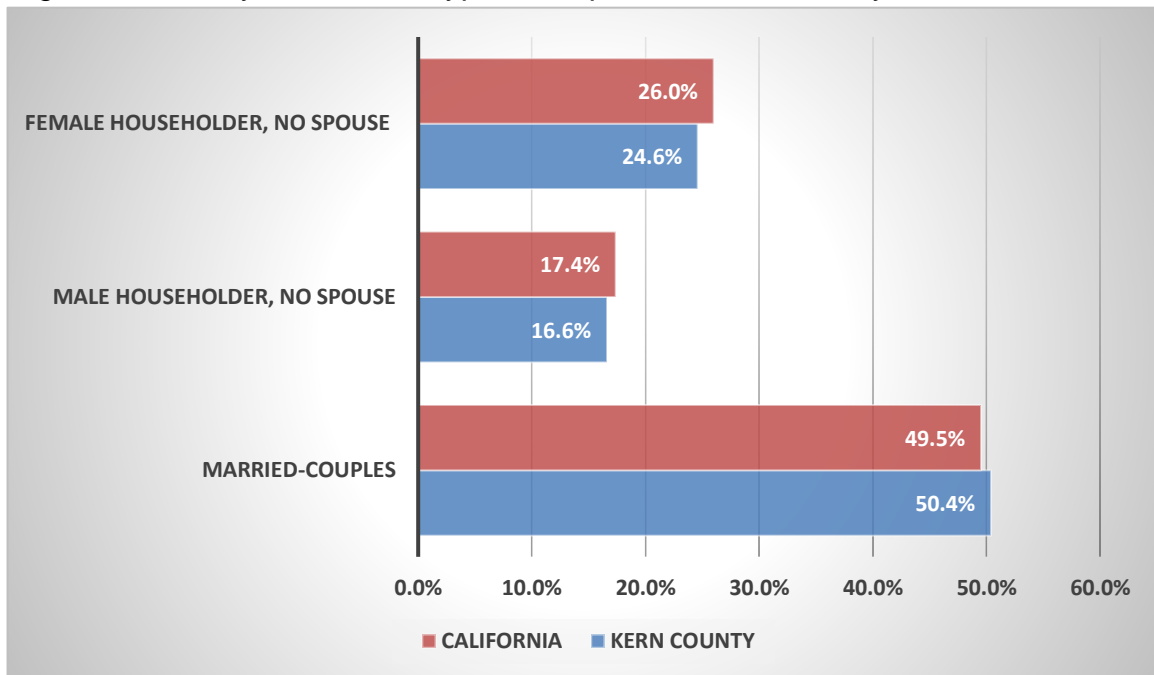
CAPK's Head Start/Early Head Start (HS/EHS) provides services and programs that positively impact low-income children ages 0-5 years and their families. Income limits for eligibility to enroll into HS/EHS programs are set by current federal poverty guidelines. Additionally, foster children, children experiencing homelessness, and children with disabilities, as well as those receiving TANF/CalWORKs assistance, are given priority.

Unless otherwise indicated in this section, the data source for the CAPK Head Start and Early Head Start programs are the 2022-23 CAPK Head Start Program and Early Head Start Program Information Reports (PIR).

HOUSHOLDS AND FAMILIES

In 2021, there were an estimated 274,705 households in Kern County, California (US Census) with married-couple families making up 50.8% (138,442) of these. Single male and single female households comprising 16.6% and 24.6%% of all Kern households. Householders living alone consist of 10.4% of the population. About 24.8% of married-couple families have children under the age of 18, while about 1.9% of male householders and 28% of female householders (no spouse) have children under the age of 18.

Figure 11, Family Household Types Comparison, Kern County and California

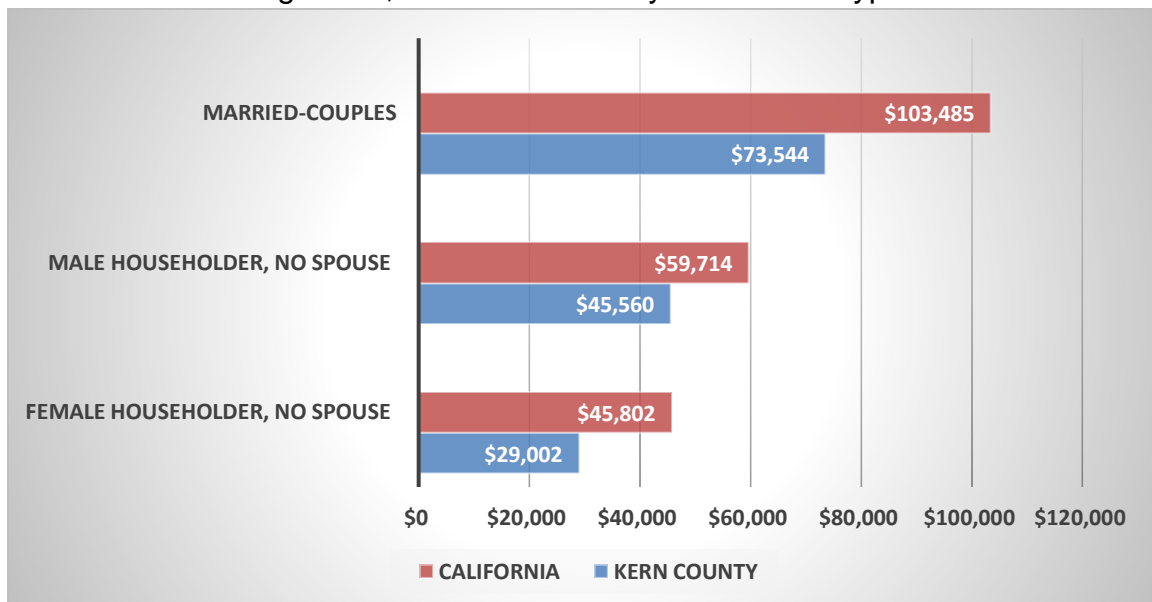


Source: US Census American Community Survey 2021, 5- Year Estimates

HOUSEHOLD INCOME

Kern County disparities in income are especially apparent when looking at family types. In Kern County, the median income for female householders - no spouse (\$29,002), was 64% of the male householder's median income (\$45,560) and 40% of the married-couple's median income (\$73,544). In each category, Kern County's median incomes are approximately \$15,000 to \$30,000 less than their respective counterparts for the state.

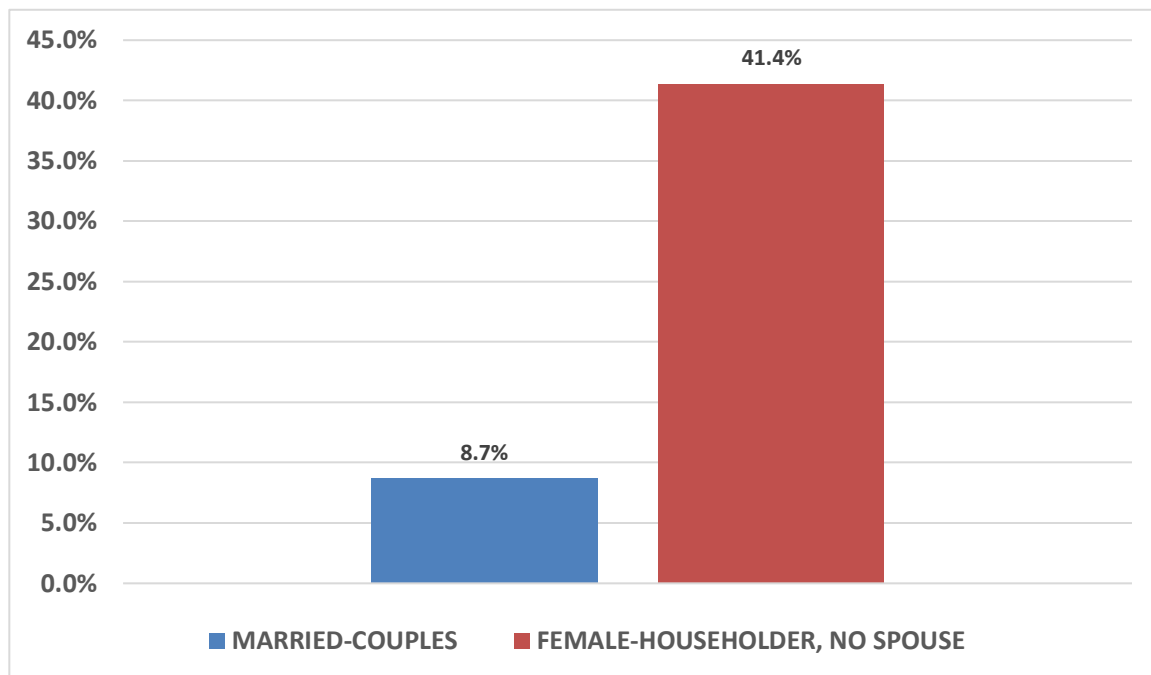
Figure 12, Median Income by Household Type



Source: US Census American Community Survey 2021, 5-Year Estimates

There are wide inequities in poverty among family types. Single female headed households with children under 5 experiencing poverty at five times the rate for married couples.

Figure 13, Kern County Poverty by Household Type with Children under 5 years



Source: US Census American Community Survey 2021, 5-Year Estimates

AGE-ELIGIBLE CHILDREN

According to American Community Survey 5-Year Estimates, there are 68,078 Kern County children that are 5 years of age and under. Approximately half (48%) are in the 0-2 age group and 52% are ages 3-5 years.

INCOME-ELIGIBLE CHILDREN

Of Kern County children ages 0-5 years, approximately 21,994 (31.3%) live in poverty and are Head Start income eligible. **An estimated 84% of impoverished Kern children ages 0-5 live in zip codes where HS/EHS centers are located.** Some of these communities have poverty rates for this age group as high as 58%.

HEAD START AGE CHILDREN – RACE AND ETHNICITY

The following data from the Kern County Network for Children, *2021 Report Card*, provides the most current information for racial characteristics for children broken out by age groups. Of Kern children ages 0-5, most (61.7%) are Hispanic.

Table 10, Kern Children by Age, Race, and Ethnicity

Age Group	African American	Caucasian	Latino	Asian/Pacific Islander	Native American	Multi-Race
Under 1	0.9%	4.4%	10.4%	0.5%	0.1%	0.6%
1 to 2	1.7%	8.8%	20.5%	1.0%	0.1%	1.1%
3 to 5	2.6%	13.2%	30.8%	1.5%	0.2%	1.5%
Total	5.2%	27%	61.7%	4%	0.5%	3.2%

Source: Kern County Network for Children, 2021 Report Card (Numbers may not match US Census data in Table 3, due to different data collection methods.)

Other notable facts as reported by the Kern County Network for Children include:

- A small percentage (5.4%) of Kern County children were born outside the United States.
- Students in Kern County public schools are linguistically diverse—22% of County enrollments were English Learners.
- In 2021, 42% of Kern County children ages 0-17 lived with one or more foreign-born parents.

KINSHIP CARE

Grandparents and other relatives traditionally hold a pivotal role in a child's upbringing. They shift roles between the occasional visitor with treats to becoming full-time caregivers, significantly influencing a child's life and the dynamics of the family. This familial setup is particularly prominent in Kern County, as underscored by 2021 census data revealing that 31% of local grandparents living with their grandchildren under 18 assume primary responsibility for their care. This percentage stands higher than the national average reported by the non-profit organization Zero to Three in 2017, which indicated that about 24% of America's preschool children were being looked after by grandparents. Other relatives, including siblings, also often step into the role of caregiving for these children. While such arrangements can offer convenience and stability, they may also generate conflicts due to differing caregiving philosophies. Additionally, these relatives, despite their best intentions, may not always be equipped to provide the educational and experiential benefits crucial to a child's early development. These considerations highlight the need for adequate resources and support in Kern County to assist relative caregivers in fostering optimal environments for children's growth and learning.

HOMELESS CHILDREN

According to the annual Homeless Point-in-Time Count, conducted by the Kern County Homeless Collaborative, in 2023, there were an estimated 1,948 people living in homelessness in Kern County—a 23% increase from 2020. **Families with children accounted for 3% of the homeless population and children constituted almost 6% of homeless people counted.** Other findings from the study include:

- Over 83% of Kern County's homeless population was in Metro Bakersfield and 17% in rural cities and communities outside of Bakersfield.
- About 46% of Bakersfield's homeless population had shelter on the count night, 43% were unsheltered.

- Only 15% of rural homeless people had shelter.
- Countywide, 85% of homeless families with children had shelter; 69% of single adults were unsheltered.

CHILDREN IN FOSTER CARE

Foster care is intended to provide temporary, safe living arrangements and therapeutic services for children who cannot remain safely at home because of the risk of maltreatment or inadequate care. The U.S. foster care system aims to safely reunify children with their parents or secure another permanent home, e.g., through adoption; however, too often this goal is not achieved, especially for older youth and children with disabilities. Instead, many children spend years in foster homes or group homes, often moving many times.

Children in foster care are at increased risk for a variety of emotional, physical, behavioral, and academic problems, with outcomes generally worse for children in group homes. Recognizing this, advocates and policymakers have made efforts to prevent children from entering the system and to safely reduce the number of children living in foster care, particularly in group homes. While the number of children in foster care nationally has decreased since the 2000s, it has risen in recent years, and California continues to have the largest number of children entering the system each year. Further, children of color continue to be overrepresented in the foster care system; in California, for example, African American/black children make up 35% of foster children but only 6% of the general child population (U.S. Department of Health and Human Services, Children's Bureau, 2021).

Although Kern County has slightly more children in foster care compared to the state, the numbers have remained essentially static over the years spanning 2013 to 2018 (kidsdata.org, 2020).

Table 11, Kern and California Children in Foster Care

Locations	Rate per 1,000					
	2013	2014	2015	2016	2017	2018
California	5.3	5.6	5.6	5.5	5.4	5.3
Kern County	5.6	5.9	6.0	6.2	6.1	5.6

Source: Kidsdata.org, 2020

CHILDREN WITH DISABILITIES

Among the civilian non-institutionalized population in Kern County, 11.1% reported a disability. The likelihood of having a disability varied by age with people under 18 years less likely to have a disability and those 65 and over having the highest rates (US Census ACS 5-Year Estimates, 2021). According to Kidsdata.org, in 2020 there were **22,091 children K-12 with disabilities in Kern County, with learning disabilities being the most prevalent** followed by Speech or Language difficulties.

Table 12, Kern Children Disabilities, K-12

K-12 Disabilities	Number	Percent
Learning Disability	8,655	44.4%
Speech or Language Impairment	4,407	23.1%
Autism	3,322	15.5%
Other Health Impairment	2,652	12.8%
Intellectual Disability	2,020	10.3
Emotional Disturbance	672	3.5%
Hard of Hearing	465	2.4%
Orthopedic Impairment	206	1.1%
Multiple Disability	166	0.8%
Visual Impairment	94	0.5%
Traumatic Brain Injury	66	0.3%
Total	22,091	

Source: Kidsdata.org, 2020

Resources for children who have disabilities in Kern County include California Children's Services, Clinica Sierra Vista, Kern regional Center, Kern Autism Network, and First Five Kern. CAPK 2-1-4-1 also offers free developmental screenings for any callers with children under 5 years of age. If the screening indicates that the child may need assistance, they relate to the appropriate services.

CHILDREN AND BODY MASS INDEX (BMI)

Body mass index is a measurement value that often can determine the health outcomes for individuals. This is especially true for children with a high amount of body fat. This high measure can lead to weight-related health problems both in the near-term and in the future. For Kern County children enrolled in Head Start, statistics show 70% at a healthy BMI with 21% of them either overweight or obese. 4% of the children enrolling in the program are underweight at enrollment. Statistics for Early Head Start are not available.

TRAUMA INFORMED CARE

As quoted from Child Trends, "How to Implement Trauma-informed Care to Build Resilience to Childhood Trauma", *Children who are exposed to traumatic life events are at significant risk for developing serious and long-lasting problems across multiple areas of development. However, children are far more likely to exhibit resilience to childhood trauma when child-serving programs, institutions, and service systems understand the impact of childhood trauma, share common ways to talk and think about trauma, and thoroughly integrate effective practices and policies to address it—an approach often referred to as trauma-informed care.*

Some common types of childhood trauma include abuse and neglect, family, community, and school violence, life-threatening accidents, and injuries, frightening or painful medical procedures, serious and untreated parental mental illness, loss of or separation from a parent or other loved one, natural or manmade disasters, discrimination, and extreme poverty. Any of these exposures can lead to post-traumatic stress disorder (PTSD), which can lead to aggressive, self-destructive, or reckless behavior.

Young children who experience trauma may have difficulties forming attachments to caregivers, experience excessive fear of strangers or separation anxiety, have trouble sleeping and eating and can be especially fussy. Oftentimes, these young children will show regression after reaching a developmental milestone such as sleeping through the night, toilet training, and others.

Trauma-informed care benefits children by providing a sense of safety and predictability, protection from further adversity, and offering pathways to recovery from the trauma. By implementing realization of the wide impact of trauma and understanding the paths for recovery, recognizing the signs and symptoms of trauma, responding by fully integrating knowledge about trauma into the policies, procedures, and practices surrounding trauma-informed care, and by resisting re-traumatization of children, as well as the adults who care for them, trauma-informed care can be healing and beneficial to young children. Trauma informed care must include comprehensive, ongoing professional development and education for parents, families, school staff and other service providers on jointly addressing childhood trauma.

Secondary trauma among adults working with children who have experienced trauma should be addressed. Care for staff is an important component to trauma-informed care. This is accomplished through high-quality, reflective supervision, maintaining trauma caseload balance, supporting workplace self-care groups, enhancing the physical safety of staff, offering flex-time scheduling, providing training for staff and leadership about secondary traumatic stress, development of self-care practices for staff and leadership, such as the Staff Wellness Clinic, and creating a buddy-system for self-care accountability.

<https://www.childtrends.org/publications/how-to-implement-trauma-informed-care-to-build-resilience-to-childhood-trauma>

CAPK EARLY HEAD START ENROLLED CHILDREN

The 2022-2023 CAPK Head Start/Early Head Start Program Information Reports (PIRs) provide a wide variety of information pertaining to enrolled children. The following information is provided to give an overview of the children in the program. As stated previously,

PROGRAM ENROLLMENT

During the 2018/2019 school year, CAPK HS/EHS had cumulative enrollment of 3,185 children with the majority, (78%), enrolled in the Head Start program.

Table 13, Enrollment 2022/2019

	Head Start	Early Head Start	Total
Funded Enrollment	1,242	831	2,073
<i>Cumulative Enrollment</i>	1,141	1,113	2,254

Source: Kern PIR 2022/23

Head Start/Early Head Start centers are in low-income communities across Kern County's 8,163 square miles.

Table 14, Head Start/Early head Start Enrollment by Zip Code

Zip Code	Head Start	Early Head Start	Total Slots	Zip Code	Head Start	Early Head Start	Total Slots
93203	90	65	155	93308	142	81	223
93215	120	3	123	93309	133	112	245
93225	0	1	1	93311	36	42	78
93241	87	57	144	93312	51	44	95
93249	1	0	1	93313	96	83	179
93250	35	3	38	93314	15	14	29
93252	3	0	2	93384	0	1	1
93257	1	0	1	93385	3	1	4
93263	71	65	136	93386	2	0	2
93268	108	78	186	93387	0	0	0
93276	1	0	1	93395	1	0	1
93280	89	18	107	93396	0	1	1
93301	60	57	117	93501	35	0	35
93302	1	0	1	93502	1	0	1
93304	163	120	283	93505	80	0	80
93305	162	98	260	93506	1	0	1
93306	281	203	484	93520	1	0	1

93307	292	223	515	93523	1	0	1
93527	3	0	3				
93531	1	0	1				
93539	1	0	1				
93555	61	10	71				
93560	98	1	99				
93561	48	2	50				
93562	1	0	1				
93527	3	0	3				
93531	1	0	1				
93539	1	0	1				

Source Kern PIR 2022/2023

AGE

Of the 2,254 children who participated HS/EHS during the 2022-2023 school year, the majority, 47%, were ages 3-5 years.

RACE AND ETHNICITY

Most children (61.9%) enrolled in HS/EHS are White origin and accounted for 74.1% of CAPK's Head Start enrollments. Of HS/EHS children, 22% were from families where Spanish is the primary language.

Table 15, Enrollment by Race/Ethnicity

Race/Ethnicity	HS	EHS	Total
American Indian/Alaska Native	0.35%	0.18%	0.27%
Asian	0.61%	0.45%	0.53%
Black or African American	7.4%	4.4%	5.9%
Hispanic/Latino	69.2%	45%	57.3%
White	74.1%	49.2%	61.9%
Biracial/Multi-Racial	3.2%	2%	5.2%
Other Race	1%	0.27%	0.62%

Source: Kern PIR 2022/2023

HOMELESS CHILDREN

Within the context of Head Start and Early Head Start enrollment, approximately 43 children (42 families) experienced homelessness during the enrollment year with 5 of these families affected acquiring housing during the enrollment year.

FOSTER CARE

According to the Community Action Partnership of Kern's 2018-2019 Early Head Start Program Information Report (PIR), the number of children in San Joaquin County's Early Head Start categorized as a "foster child," were 25 approximately 4.4%.

DISABLED

CAPK Head Start had 81 children enrolled with diagnosed primary disabilities. All these children received special services. Of the children enrolled in the Early Head Start program, 73 infants and toddlers have an Individualized Family Service Plan (IFSP) indicating they have been determined eligible to receive early intervention services.

OBESITY

At enrollment in the Head Start program, 7% of children of children were overweight or obese. Obesity and overweight are not measured for Early Head Start children.

CHILDCARE AND PRESCHOOL

LICENSED CARE

Childcare is a critically important need for many families in the United States. High-quality childcare centers and homes deliver consistent, developmentally sound, and emotionally supportive care and education (Cahan, 2017). Research indicates that high-quality early care and education can have long-lasting positive effects; specifically, high-quality childcare before age 5 is related to higher levels of behavioral/emotional functioning, school readiness, academic achievement, educational attainment, and earnings, with improvements particularly pronounced for children from low-income families and those at risk for academic failure (Cahan, 2017).

However, finding affordable, high-quality childcare is a major challenge for many families, and access differs based on geography, race/ethnicity, and income. These costs often require that low-income families compromise on basic expenses when choosing childcare for their children. For example, center-based infant care costs in California made up an estimated 15% and 48% of median income for married couple family or single parent family respectively in 2021 (Childcare Aware of America, 2021)

Head Start operates within the context of California’s early childcare and education system, described by the Learning Policy Institute as a “patchwork of programs” and one that “can be difficult for policymakers, providers, and families to understand because of its complexity” (Melnick et al., 2017). Childcare and preschool providers are typically divided into two categories: licensed and unlicensed.

Recent data show a gap in childcare availability across California and in comparing Kern County with other counties of comparable size and demographics as well as with larger, more metropolitan counties, it is apparent that qualified and licensed childcare is mostly unaffordable for many in California, but especially for those living in poverty. According to the 2022 State Fact Sheet of California by Childcare Aware, the average annual cost of center-based childcare for infants is \$18,201 and \$12,286 for family-based childcare. Cost is a primary factor for families in poverty finding appropriate care for their children (Corcoran & Steinley, 2017). In Kern County there are slots available across the many zip- codes, but that availability is uneven.

Capacity continues to be a factor in determining what childcare and early childhood education is available. As illustrated in the most recent California Childcare Resources and Referral Network data, it seems there are not enough available child-care slots. Overall, only 23% of children 0-12 with parents in the labor force have licensed childcare in California. Kern County families do not fare any better. As the economy continues to improve, parents going back to work may have difficulty finding care that best fits the needs of their families.

Table 16, Childcare Slots by Type of Care

Type of Care	Infant/Toddler Ages - 2	Preschool Ages 3 - 5
Center-based Private	374	5,129
Center-based Subsidized	289	6,640
Total Slots	663	11,769

Source: Kern County Early Childhood Council 2020/2021

The COVID-19 pandemic precipitated unprecedented disruption in California's early childhood education programs. Kern County, home to a considerable number of low-income families, was not spared these effects.

Mandated closures triggered the shift to remote learning, an uphill battle for many families. According to the 2021 American Community Survey data, about 7% of Californian households lacked a broadband internet subscription, a disadvantage accentuated in Kern County where the figure stood at approximately 9%. This digital divide affected younger learners' adaptation to online education, given that their learning typically involves hands-on experiences.

The financial impacts were also significant, as these programs operate primarily on a per-child funding model. With enrollment dropping, many faced potential closure. Notably, surveys from organizations like the Center for the Study of Child Care Employment indicated that up to 60% of providers were staring at closure sans public assistance.

For Kern County parents who relied on these services for childcare, the closures presented another set of challenges. The pressures were felt more acutely by women, often forced to curtail work hours, or leave jobs entirely to handle childcare.

However, the state of California made strides to mitigate the fallout, providing funds for sanitizing materials, personal protective equipment, and extra staffing. The state also sought to address the digital divide, improving access to technology for learners. Nevertheless, Kern County, like the rest of California, will likely grapple with the long-term ramifications of the pandemic on early childhood education for years to come.

Table 17, Kern County Childcare Providers by Type

Type	Number
Child Care Center	39
Family Child Care Home	162
Total	201

Kidsdata.org, 2020

Table 18 Head Start/Early Head Start Waitlist

Program	Average number of children waitlisted	Highest number on list	Lowest number on list
Head Start	708	839	529
Early Head Start	462	493	420

Source: HS/EHS Data Base 2022/23

EARLY CHILDHOOD EDUCATION

According to the *Childcare Resource & Referral Network, 2021*, between 2019 and 2021 the number of Family Childcare slots saw a -1% decrease. As unemployment rates continue to decrease, childcare options will become increasingly important. Working parents need childcare options that support their ability to sustain a work schedule. Parents who are in school are also faced with childcare challenges, influencing their choices regarding the selection of classes and the rate by which they may complete their diploma or degree. The lack of affordable options persuades parents to pay a family member for childcare services. While these payments are lower than those required by non-subsidized centers, a payment of any size can weigh heavily on families with a limited expendable income.

Table 19, Childcare Supply in Kern County

Age and Type	Licensed Childcare Centers			Licensed Childcare Family Homes		
	2019	2021	Change	2019	2021	Change
Total number of slots	12,612	11,753	-7%	6,920	7,454	8%
Infant slots (under 2 years old)	630	599	-5%	n/a	n/a	n/a
Preschool slots (2-5 years old)	10,587	9,836	-7%	n/a	n/a	n/a
School-age slots (6 years and older)	1,395	1,318	-6%	n/a	n/a	n/a
Total number of sites	190	174	-8%	635	674	6%

Early education has a great impact on a child's future by preparing them for success in school and life. The *2021 Childcare Portfolio* also provided insight into the nature of childcare requests countywide; it shows that the monthly cost for licensed childcare centers is \$1,266 and \$932 for licensed family childcare homes. In 2021, there were 599 licensed center slots in Kern County for children under the age of 2 years.

CHILDCARE WORKFORCE SHORTAGE

According to the Early Childhood Workforce Index (2019), there is an overall shortage of childcare workers in California. For the industry in general, pay is not especially good and approximately 58% of child-care worker families in the state receive some sort of public assistance. Many child-care workers lack higher education credits as many jobs in the field do not require anything more than a high school diploma. This combination of low pay and low expectations is not a good formula for having a quality childcare workforce. There are initiatives in the works for potentially unionizing child-care providers and with that an increase in pay for

those workers. Should this come to pass, it might be good for the workers but unless it is properly funded, the cost would eventually be passed along to already strapped families.

STAFF WELLNESS

According to the National Head Start Association, there are seven dimensions of wellness:

- Physical
- Social
- Emotional
- Spiritual
- Environmental
- Occupational
- Intellectual

The wellness of employees in the education and childcare sector is often overlooked. Recognizing the importance of their wellness is vital to improving overall child health and development. Healthy workers make for healthier children. With teachers being role models, the classroom setting is an excellent place for promoting healthy behaviors, with life-long effect on the children. Teachers modeling nutritious eating, physical activity, happiness and other good-health attributes pass along to their students these opportunities for a healthy life.

An emphasis on staff wellness is not only good for the childcare workers but is consequently good for the children in their care, too. By addressing the seven dimensions of wellness among staff, the results across the board are good for all concerned. Reduced absenteeism, lower health care costs and workers' compensation claims, increased productivity and employee morale are just a few of the benefits. Ultimately, addressing the seven dimensions of wellness in childcare employees pays off for staff and for the children under their care.

At CAPK, wellness takes the form of activities such as the Staff Wellness Clinic featuring guided meditation, yoga, and art projects. This initiative allows staff to take a break and focus on their personal wellbeing and health.

CHILDREN AGES 0 TO 5 WHO ARE NOT IN LICENSED CARE

The National Household Education Survey conducted a national study of childcare choices for children not enrolled in kindergarten ages birth through 6. The study estimated the percentage of children aged 0 to 5 in each type of childcare setting. Although percentages are not given for Kern County, they are provided for the Western region. These percentages were applied to Kern County population numbers to create estimates for the number of children in Kern County, as shown in the table below (Children may be in multiple sources of care).

Table 20, Kern Children by Childcare Type

Type of Care	Percent of Children	Number of Children
Center	29%	20,378
Relative	24%	16,865
Non-Relative	12%	8,432
No Regular Weekly Arrangement	47%	33,026

Source: National Household Education Survey, 2017

The estimated number of children in center-based care is higher than the number of childcare slots in the county. Consequently, the estimates above are likely underestimates of the number of children in relative and non-relative care. Nevertheless, the table shows a very large number of relative and non-relative caregivers. There are over 16,000 children with relative caregivers and over 8,000 children with non-relative caregivers. There are also over 33,000 children with no regular childcare arrangement, although some of them may not have working parents. As seen in the table below, grandparents are the most common relative caregiver.

Table 21, Kern Children Ages 0 to 5 by Type of Relative Caregiver

Statistic	Percent	Number
Grandparent	73%	12,311
Aunt or Uncle	14%	2,362
Other Relative	13%	2,192
Total		16,865

Source: National Household Education Survey, 2017

LOW INCOME CHILDREN AGES 3 -5 WHO ARE NOT IN PRESCHOOL

As noted above, approximately 14,663 children ages 0-5 are not enrolled in Head Start services though they are eligible given their income status. As 52% of children 0-5 fall between the 3-5 age range, approximately 7,625 children between 3 to 5 are not enrolled in Head Start services. This figure is based on current Head Start enrollment and the level of poverty in Kern County.

PRE- KINDERGARTEN

Enacted in 2010 by the California State Legislature, the Kindergarten Readiness Act changed admission requirements for kindergarten and established a Transitional Kindergarten (TK) program. Prior to this legislation, kindergarten-eligible children were required to have their 5th birthday by December 2. The new legislation moved that date back to September 2.

Coinciding with this change was the implementation of TK, the first year of a two-year kindergarten program for 4-year-old children who would turn 5 between September 2 and December 2. TK is an early year kindergarten experience for young 5-year-old children and provides students with a year of kindergarten readiness to help them transition to traditional kindergarten. TK programs, as defined in statute, are not preschool classrooms or child development programs. They are part of the K-12 public school system and use a modified kindergarten curriculum. Each elementary or unified school district in California is required by law to provide TK classes for all age-eligible children. Enrollment in TK is optional and free to all children. Additionally, many school districts provide transportation for TK students.

Head Start-eligible families may choose to enroll their children in TK instead of Head Start because TK is a more convenient option for them. TK has no income eligibility requirements, transportation is often provided, and families may have older children already attending the same

school site. TK, however, cannot provide the same level of service to low-income families and children with disabilities as Head Start. This lack of focus on low-income and disabled children and their families means that disadvantaged children enrolled in TK may not receive the specialized services needed to prepare them to perform at or above the level of their peers when entering the K-12 system. In addition, while TK teachers must be credentialed, legislation allows the credentialing to be undetermined verses the early childhood specific credential that better serves children in the TK age group (as required by Head Start).

Head Start locations are seeing an impact from transitional kindergarten with fewer children ages 4-5 years and have re-focused their efforts on recruiting younger children for Early Head Start. As noted previously in this report, there is a high level of unmet need for childcare for children ages 0 to 3. The Early Head Start programs help to bridge that gap. This can be demonstrated by an increased enrollment of 38% in Kern County public schools' pre-kindergarten classes (California Department of Education, Data Quest).

Table 22, Kern Public School Transitional Kindergarten Enrollments

	2022/21	2021/20	2020/19	2018/19
Hispanic or Latino of Any Race	1,351	1,609	2,374	2,901
American Indian or Alaska Native	7	14	11	20
Asian	32	34	115	89
Pacific Islander	1	2	10	13
Filipino	17	25	33	34
African American	84	115	209	252
White	394	530	885	1,116
Two or More Races	51	58	82	113
Not Reported	177	9	40	35
Total	1,952	2,396	3,759	4,573

Source: California Department of Education, Data Quest

COMMUNITY ACTION PLAN AND NEEDS ASSESSMENT

Every two years, Community Action Partnership of Kern completes the Community Action Plan (CAP) as a two-year roadmap demonstrating how Community Services Block Grant (CSBG) eligible entities plan to deliver CSBG services. Like the Head Start Community Assessment, the CAP identifies and assesses poverty related needs and resources in the community and establishes a detailed plan, goals, and priorities for delivering those services to individuals and families most affected by poverty. The 2024-2025 Community Needs Survey and Focus Groups are integral components of the CAP, by assisting to identify needed programs and services for low-income residents and families in Kern County.

Three community needs surveys were administered to CAPK Clients; Partner/Community Agencies; and CAPK Staff, Volunteer and Board Members. A total of 1,108 surveys were completed.

Table 23, Survey Completion by Group

Survey	Response
CAPK Clients	920
Partners/Community Agencies	175
Board Members	13
Total Responses	1,108

Source: Survey Monkey, CAPK 2024-2025 Community Needs Survey

The brief survey had a list of 26 programs/services. Respondents were asked to rank each service on a scale from 0-3 with higher scores indicating the most need. The following table shows the results, with the top five scores for each survey group.

Table 24, Survey Results

Source: Survey Monkey, CAPK 2024-2025 Community Needs Survey

Rank	Clients	Partners and Community Agencies	CAPK Board
1	Affordable Housing	Mental Health Needs	Services/Programs in Rural Areas
2	Utility Bill Assistance	Substance Abuse Treatment	Financial Education
3	Afterschool Activities	Affordable Housing	Employment for Youth
4	More Education for Children	Affordable Childcare	Leadership Skills for Youth
5	Affordable Childcare	Homeless Services	Mental Health Needs

In all three groups, **affordable childcare**, **affordable housing**, and **mental health needs** were identified as top needs. **Affordable housing** was identified by CAPK clients and partners as a top need. Clients also identified **utility assistance** as a top need, while partners and community agencies chose **mental health** and **substance abuse** as some of the most needed services.

Due to the vast geographic and demographic diversity across Kern County CAPK conducted focus groups to further explore and define the top needs in Kern's rural and/or high need communities of California City and Shafter. They were asked to choose and prioritize the top five needs for their community. After completing the individual lists, the group discussed their choices, and together, identified the top five needs for their communities. The following table shows the top five needs identified by each focus group:

In **California City**, a total of 10 work groups were established. Staff found the following need-based themes from our focus group in California City:

1. Utility Assistance
2. After-school programs for youth
3. Transportation
4. Affordable Housing
5. Affordable Childcare

Utility Assistance was the number 1 response. Five of the 10 workgroups cited utility assistance as a concern. Topics numbered 2 through 5 were equally mentioned by a total of four workgroups during the discussion.

In **Shafter**, a total of 7 work groups were established with two to three members each. Staff found the following need-based themes from our focus group in Shafter:

1. After-school programs for youth
2. Medical services/access to specialty care
3. Job skills and job training
4. Senior Services

After-school programs for youth was the number 1 response. Four of the 7 workgroups cited after-school services as a need in the community. Topics numbered 2 through 4 were equally mentioned by three workgroups.

In review of the CAPK 2019 Community Needs Survey, results are aligned with many of the identified community needs in this current report. Specifically, “Affordable Childcare” was identified as the number one top need in Kern. In focus group discussions, people discussed the need for free or affordable childcare that matches their work schedules including nights and weekends.

CONCLUSION

Kern is a county that continues to struggle with deep poverty and disparities. However, each challenge can be seen as an opportunity for change. The County’s rich agriculture, abundant natural resources, and innovative industries can provide great opportunities for low-income families to improve their circumstances. It is clear by the research, surveys, and interviews, that low-income people want the ability to earn better wages, safe and affordable housing, and the resources to support their climb out of poverty. It is incumbent upon the community to meet these challenges with innovative programs that assist families with building stability. This not only helps those we serve, but also serves the entire community by assuring Kern has a diverse and skilled workforce to meet the challenges ahead. As a Community Action Agency, staff members have taken the initiative to be certified in a Results-Oriented Management and Accountability (ROMA) and serve as an implementor for our agency. ROMA provides a framework for continuous agency growth and provides accountability to how Community Action Agencies report results. Through the ROMA course, staff members identified the need for and the importance of collecting customer satisfaction data. CAPK staff are currently developing a customer satisfaction survey to be implemented and available through our website. The expected date of completion is May 2023.

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Community Assessment San Joaquin County

2023



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EXECUTIVE SUMMARY

Community Action Partnership of Kern (CAPK) has been serving low-income people and families since 1965. As the dedicated poverty fighting agency in Kern County, the Agency provides quality, life changing services through an array of programs designed to meet basic needs as well as empower people and families to improve their lives. CAPK's Head Start/Early Head Start (HS/EHS) program plays a crucial role in the fight against poverty by giving children and families the support they need for children to be successful academically and throughout their lives.

CAPK's HS/EHS mission is to "provide rich, high quality early learning experiences to a diverse population of children ages birth to five. We will promote access to comprehensive services with a holistic focus on the family by encouraging family engagement, supporting school readiness and instilling self-reliance in children and their families." CAPK's HS/EHS provides high quality early childhood education to children from pre-natal to five years-old through part-day, full-day and home-based options.

This assessment used primary and secondary data sources to identify service gaps and emerging needs of low-income Early Head Start eligible children and families in San Joaquin County. Findings from the assessment will assist CAPK to identify and respond to gaps in services and emerging needs in the community for low-income EHS eligible children and families. The data and analysis are used to guide CAPK's strategic planning process to better serve EHS children and families.

In accordance with the requirements of 45 CFR Part 1305 Section 1302.11, the CAPK Early Head Start Programs 2021 Community Assessment Update was completed and approved by the Head Start Policy Council Planning Committee on February 2, 2021 and the CAPK Board of Directors meeting on February 24, 2021.

KEY FINDINGS

As in Kern County Assessment, the results of the needs analysis of San Joaquin confirms the continued need in the County for Early Head Start Services for low-income children and families as an important part of community efforts to break the cycle of poverty by providing low-income infant/toddlers children and their families a wholistic and culturally responsive approach to help them meet their emotional, social, health, nutritional and psychological needs. Some key findings for San Joaquin include:

- 54% of children ages 0-5 are in the 0-2 years age group.
- 40.8.% of San Joaquin residents ages 5 and over speak a language other than English at home.
- The median household income in San Joaquin County is \$74,962 and has grown approximately 17% from 2017-2021
- 11.9% of San Joaquin residents live in poverty.

- Large disparities in poverty between communities ranging from 8% in Tracy to 31% in Woodlake.
- According to the 2015-2023 Regional Household Needs Assessment in San Joaquin County Housing Element, a total of 8,301 household units were identified as needed. Of them, 1,257 are needed for those in the extremely low-income category, 1,153 needed for the very low income category, 779 needed for the low income category, 1,290 needed for the moderate income category, and 3,822 needed for the above moderate income category.
- In 2022, Mental health is a high prioritized need throughout the County.
- Asthma, obesity, and diabetes are some of the most prevalent health conditions in the County.
- 13% of the homeless population are families with children.
- 3,661 (6.5%) of children ages 0-5 years live in Foster Care in 2018.
- 68.6% of pregnant women had a regular source of care pre-pregnancy and 85% of women initiated pre-natal care during their first trimester.
- 8.7% of people ages 25 had a 9th to 12th grade education without a diploma, 2-3% higher than the State of California and the United States.
- 65% of Early Head Start parents are employed.
- 100% of Early Head Start enrolled families have health insurance.
- 78% of EHS families are Hispanic/Latino.

METHODS

In 2021, the Community Action Partnership of Kern (CAPK) Head Start/State Child Development (HS/SCD) Division completed a comprehensive community assessment of Kern County detailing the most current data and source material available. The assessment provided a detailed understanding of the characteristics of Kern County's children and families, their childcare needs, and the conditions that impact their health, development, and economic stability. For the current assessment period, CAPK is including this separate assessment of San Joaquin County, due to its unique characteristics.

This assessment includes current statistics and considerations of county and incorporated community population numbers, household characteristics and relationships, estimates of income eligible children, disability, educational attainment, health and mortality, child welfare, prenatal health, homeless children and families, and Head Start and Early Head Start program information. The information presented herein may be used by CAPK Early Head Start (EHS) for future planning and program decision-making.

The primary data source (unless otherwise cited) for the 2021 San Joaquin Community Assessment is the U.S. Census Bureau American Community Survey, 2019 ACS 1-year Estimates and 2017-2021 ACS 5-year Estimates. Other sources of local, state, regional, and national data and intelligence are cited throughout the report. The CAPK Early Head Start Program 2022/2023 Information Reports (PIR) was used for data directly related to EHS.

AGENCY OVERVIEW

Established in 1965, CAPK is a private nonprofit 501(c)(3) corporation. In carrying out its mission *to provide and advocate for resources that will empower the members of the communities we serve to be self-sufficient*, CAPK develops and implements programs that meet specific needs of low-income individuals and families.

CAPK is one of the largest nonprofit agencies in Kern County and one of the oldest and largest Community Action Agencies in the United States. Originating as the Community Action Program Committee of Kern County in 1965, CAPK later became the Kern County Economic Opportunity Corporation, and in 2002 became the Community Action Partnership of Kern.

CAPK operates seven divisions, which include Head Start/State Child Development (HS/SCD); Health and Nutrition Services; Administration; Finance; Human Resources; Operations; and Community Development. Head Start and Early Head Start (HS/EHS) programs are operated under the HS/SCD Division.

As Kern County's federally designated Community Action Agency in the fight against poverty, CAPK provides assistance to over 100,000 low-income individuals annually through 11 direct-service programs including 2-1-1 Kern County; CalFresh Healthy Living Program; the East Kern Family Resource Center; Energy; CAPK Food Bank; Friendship House Community Center; Head Start/Early Head Start; Migrant Childcare Alternative Payment; Shafter Youth Center; CAPK Volunteer Income Tax Assistance (VITA); and Women, Infants and Children (WIC) Supplemental Nutrition.

CAPK has offices located in 27 cities/communities in Kern County and offers services at over 100 sites. The Agency also operates programs in other counties in the San Joaquin Valley including Migrant Childcare Alternative Payment (MCAP) Program, enrolling families through six Central Valley counties that include Kern, Madera, Merced, Tulare, Kings, and Fresno; WIC program services in the communities of Big Bear City, Phelan, Adelanto, Crestline, and Needles in San Bernardino County; and 2-1-1 Information and Referral Helpline in Kings, Tulare, and Stanislaus Counties. In 2015 CAPK's EHS program expanded to San Joaquin County (Stockton, Lodi, Manteca, and Tracy). The information below further details CAPK's programs.

CAPK's San Joaquin Early Head Start (EHS): High quality early childhood education for children from pre-natal to age three through part-day, full-day and home-based options. The program uses a wholistic approach by not only addressing the needs of the child, but by teaching

parents to become advocates and self-reliant providers for their children through EHS Parent Policy Council and Family Engagement programs. *CAPK San Joaquin Early Head Start served 580 children and their families in 2022/2023 at seven locations and in home-based setting.*

Table 1, CAPK San Joaquin County Early Head Start Locations

Site Name	Address
California St	425 N California St, Stockton
Marci Massei	215 W. 5 th Street, Stockton
Chrisman	23950 S Chrisman, Tracy
Kennedy	2800 S. D St, Stockton
St. Mary's	545 W. Sonora Street, Stockton
LUCCC Lodi	701 S. Hutchins, Lodi
Gianone	1509 N Golden Gate Ave, Stockton
Lathrop	850 J Street, Lathrop

DETERMINANTS OF NEED

SAN JOAQUIN COUNTY OVERVIEW

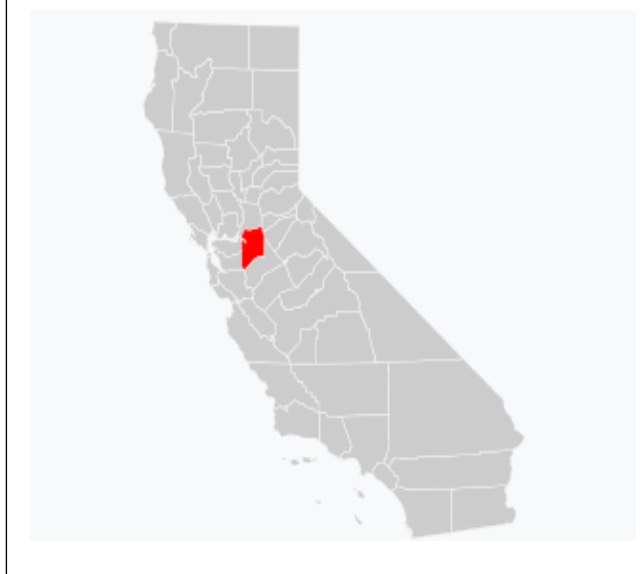
San Joaquin County is centrally located in the San Joaquin Valley, the agricultural heartland of California. The County encompasses approximately 1,440 square miles of relatively level, agriculturally productive lands. The foothills of the Diablo Range define the southwest corner of the County, and the foothills of the Sierra Nevada lie along the County's eastern boundary.

The valley was created by sediments that washed out of the major rivers that drain in the area which also created rich agricultural soils. As one of the State's top ten counties in agriculture production, the area produces a wide variety of fruit and nut crops, field crops, livestock, and poultry.

Urbanized areas comprise a relatively small proportion of the County. However, with the growing high cost of housing in the nearby San Francisco Bay Area, San Joaquin County is a highly attractive location for commuters.

The County is interlaced with a complex network of creeks, rivers, and canals. The County's major rivers, the San Joaquin, the Mokelumne, the Calaveras, and the Stanislaus, all lead to the Sacramento-San Joaquin Delta in the western half of the County. It is in this region, at the confluence of the Sacramento and San Joaquin Rivers, that about one-half of the State's entire

Figure 1, San Joaquin County

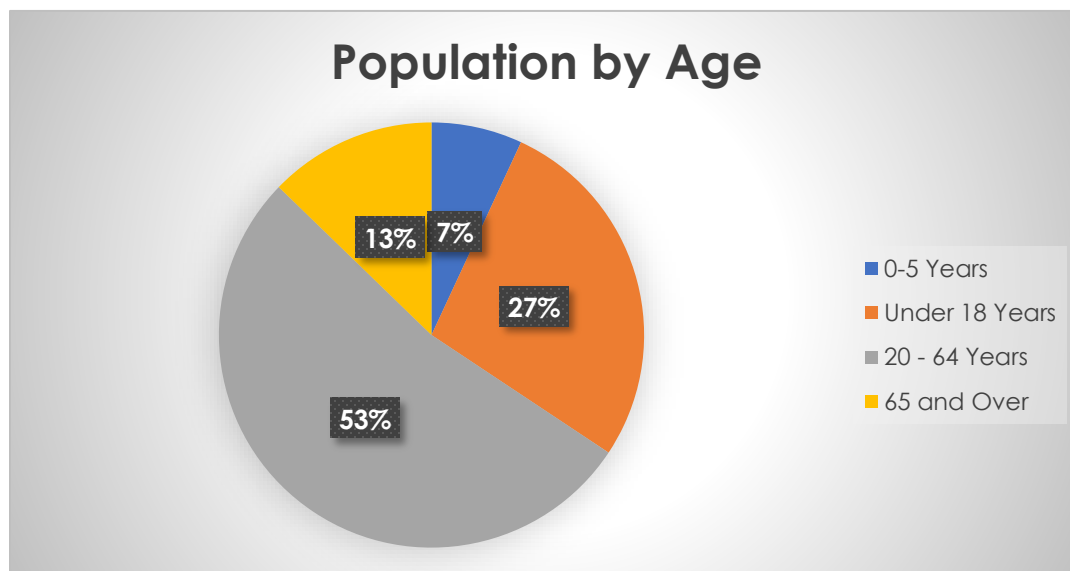


runoff water volume passes and supports the biologically and agriculturally rich Delta. The waterways provide recreation opportunities, scenic beauty, and water for municipal, industrial, and agricultural users. Both the Delta-Mendota Canal and the California Aqueduct carry tremendous volumes of water from the Delta area to the south (<https://www.sjgov.org/>).

POPULATION

There are 771,406 people living in San Joaquin County with 317,818 residents (42%) living in the City of Stockton, the County's major metropolitan area. The next five largest cities contain approximately 36% of the County's population and the remaining residents live in small Census designated places with populations less than 8,000 people. Approximately **52,937** of the County's residents are **under the age of 5** years; 209,515 are under 18; 404,608 are ages 20 – 64; and 97,523 are ages 65 and over.

Figure 2, San Joaquin Population Age Distribution



Source: US Census American Community Survey Estimates, 2021

Of the estimated **52,937** children ages 0 to 5 in San Joaquin County, approximately **54% (28,709) are in the 0-2 years age group** (kidsdata.org.) Gender for children in the 0-5 age group is almost even with 49% female and 51% male.

POPULATION GROWTH

The County's overall population growth from 2010-2021 is higher than the State and Nation. The decrease of 0-5 population in the United States (-4%) is higher than the decrease observed in San Joaquin and California at -2% and -8%, respectively. California had the highest decrease in the 0-5 population.

Table 2, Population Growth Comparison

Location	2010	2021	Growth
San Joaquin	685,306	771,406	13%
California	37,253,956	39,455,353	6%
United States	308,745,538	329,725,481	7%
Children Ages 0-5			
San Joaquin	54,228	52,937	-2%
California	2,545,065	2,350,335	-8%
United States	20,131,420	19,423,121	-4%

Source: US Census American Community Survey Estimates, 2021

RACE/ETHNICITY

San Joaquin County's racial and ethnic composition is diverse and similar to the State of California. After White, the largest Racial/Ethnic group is Hispanics/Latino — about 2% more than California and 23% more than the United States. The smallest group are Native Hawaiian/Pacific Islander. There are almost three times as many people of Asian descent in the County and State, then the Nation.

Table 3, San Joaquin County Race and Ethnicity

Race/Ethnicity	San Joaquin	California	United States
White	46.5%	52.1%	68.2%
African American	7.0%	5.7%	12.6%
American Indian or Alaska Native	0.8%	0.9%	0.8%
Asian	16.5%	14.9%	5.7%
Native Hawaiian or Other, Pacific Islander	0.6%	0.4%	0.2%
Hispanic or Latino	42.3%	39.5%	18.4%
Some Other Race	10.1%	15.1%	5.5%

Source: US Census American Community Survey Estimates, 2021

From 2017 to 2021, the County has grown by 47,253 people. However, growth varies among race/ethnicity. Most notably, there was a -38.% decrease in the White population in this region and a 162% increase in American Indian or Alaska Native population.

Table 4, San Joaquin Population Change by Race/Ethnicity, 2017-2021

Race/Ethnicity	Population Change Percent
White	-38%
Black or African American	-2%
American Indian or Alaska Native	162%
Asian	28%
Native Hawaiian and Other Pacific Islander	12%
Hispanic or Latino (of any race)	9%
Some Other Race	59%

Source: US Census American Community Survey Estimates, 2017-2021

NATIVE AND FOREIGN BORN

Of San Joaquin County's population, 75.3% (580,986) were born in the United States. Of the 179,920 residents that are foreign born, 52% are naturalized citizens and 48% are not U.S. citizens.

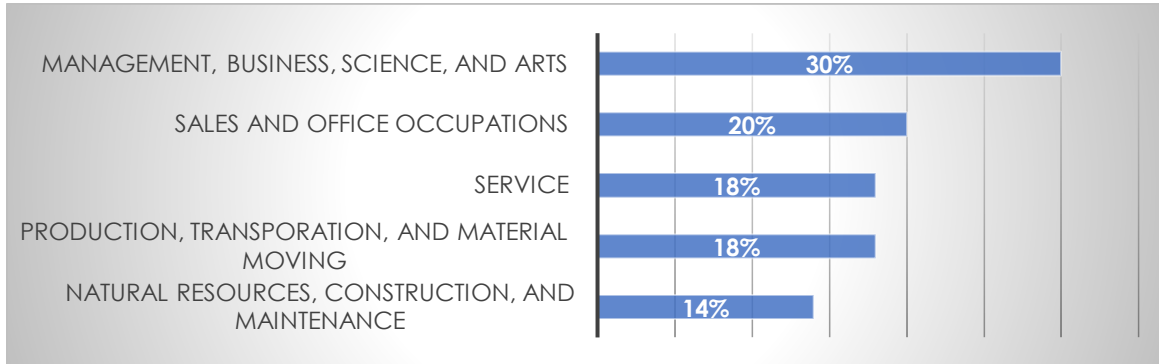
LANGUAGE

Approximately 40.8% of San Joaquin residents ages 5 and over speak a language other than English at home. The most common non-English language spoken is Spanish (26.2%). By comparison, 43.9% of Californians speak a language other than English at home. Of the population that spoke a language other than English at home, 28.3% spoke Spanish (US Census American Community Survey Estimates, 2021)

EMPLOYMENT

San Joaquin County's economy is diverse with a mix of agriculture, e-fulfillment centers, advanced manufacturing, data centers/call center and government/medical service centers. Some companies in this area include Applied Aerospace, Amazon, Tesla, Pacific Medical, Medline, FedEx, Trincherro-Sutter Home Winery and Crate & Barrel. There are an estimated 353,544 employed San Joaquin residents ages 16 and over. The occupations comprising the most employees is "Management, Business Science, and Arts" and the smallest sector is "Natural Resources, Construction, and Maintenance" occupations.

Figure 3, San Joaquin County Occupations

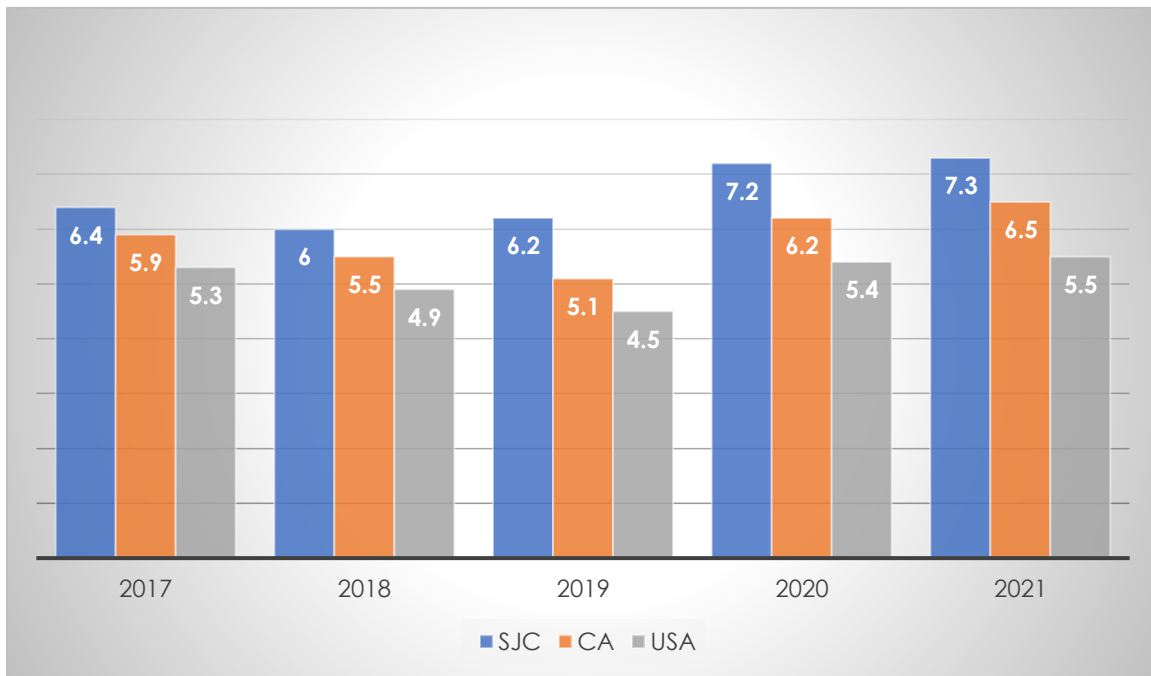


Source: US Census American Community Survey Estimates, 2021

UNEMPLOYMENT

Although the County, State, and Nation have seen sharp decreases in unemployment since the recession, San Joaquin consistently has higher rates of unemployment than the State and Nation.

Figure 4. Unemployment Rate Comparison, Not Seasonally Adjusted

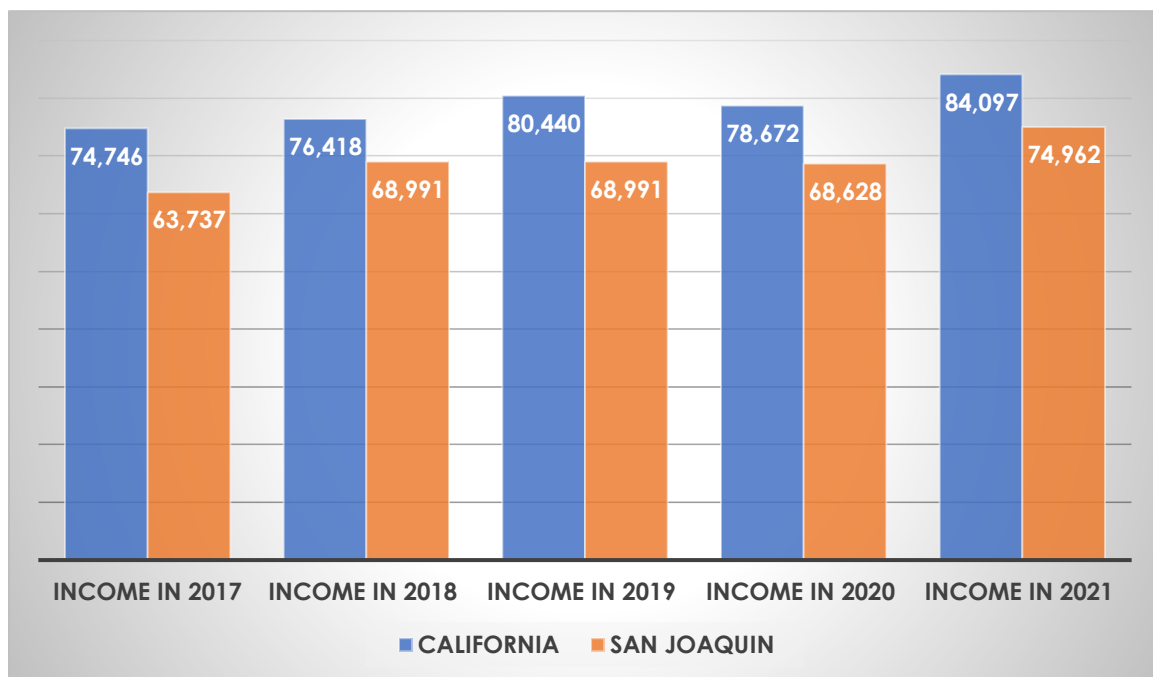


Source: US Census American Community Survey Estimates, 2017-2021

INCOME

The median household income in San Joaquin County (\$74,962), has grown approximately 17% from 2017 to 2021. Although the US median income (\$ 69,021) in 2021, the State of California median income is still higher at \$84,097.

Figure 5, Median Household Income Comparison

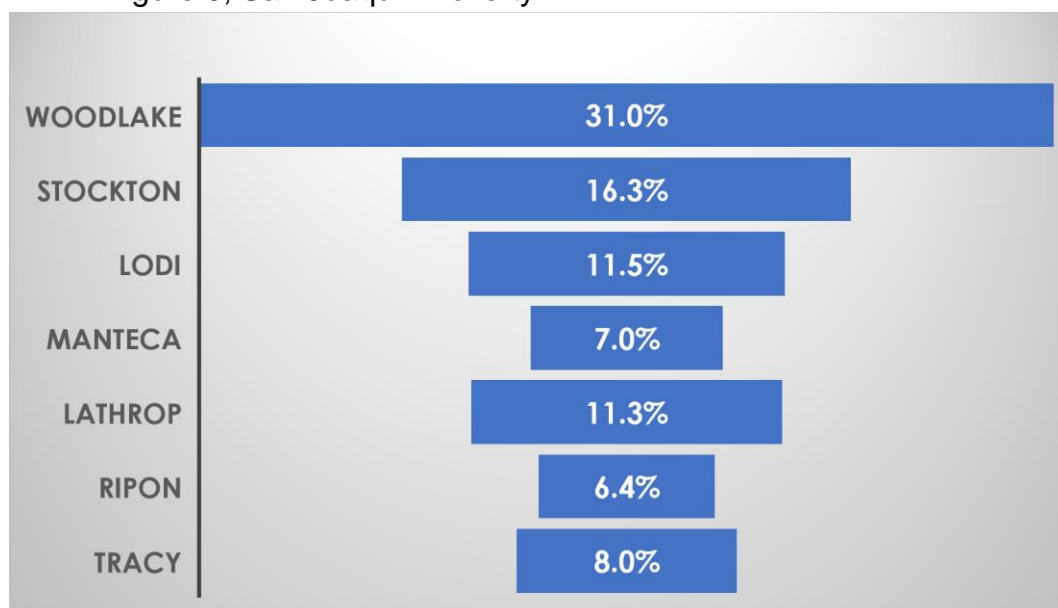


Source: US Census American Community Survey Estimates, 2017-2021

POVERTY

According to the US Census, 11.9% of San Joaquin residents live in poverty. When looking at poverty data in the 7 most populated cities, there are large disparities between communities ranging from 8% in Tracy to 31% in Woodlake.

Figure 6, San Joaquin Poverty



Source: US Census American Community Survey Estimates, 2021

WORKING POOR

The face of poverty in the United States has changed greatly over the last decade. In a report presented at the National Community Action Partnership Mega Trends Learning Cluster, *Inequality in America*, former Secretary of Labor Robert Reich discusses trends of those living in poverty in the U.S. According to Reich, as the median family income continues to drop, an estimated 65% of U.S. families live paycheck to paycheck. He goes on to say that a significant number of people in poverty are working but are unable to earn enough to lift themselves out of poverty. Reich also claims that about 55% of all Americans aged 25 to 60 have experienced at least one year of poverty or near poverty (below 150% of the poverty line), and at least half of all U.S. children have relied on food stamps at least once in their life time.

This is also supported by the California Budget and Policy Center, *Five Facts Everyone Should Know About Poverty*, which states that the majority of families that live in poverty are working and 67% of those families have one or more workers supporting them. The key reasons cited for working families remaining in poverty are a lack of good paying jobs and the low minimum wage.

HOUSING

According to the US Census Estimates, of the 249,018 housing units in San Joaquin County, 234,662 are occupied and 14,356 are vacant.

According to the San Joaquin Council of Governments, 2015-2023 Regional Housing Needs Assessment and SJ County Housing Element (a County wide assessment to meet housing needs), low-income households such as people earning minimum wage, receiving cash aid, Supplemental Security Income (SSI), or Social Security recipients face difficulties affording the rent for a one-bedroom unit or a studio unit at fair market rent. A key area of concern is the housing needs for elderly, persons with disabilities, large families, extremely low-income households, farmworkers, families with single-headed households, and families and persons in need of emergency shelter.

Other key San Joaquin County Housing issues cited in the report include:

- Between 2014 and 2015, a total of 8,301 household units were identified as needed. Of them, 1,257 are needed for those in the extremely low-income category, 1,153 needed for the very low-income category, 779 needed for the low-income category, 1,290 needed for the moderate-income category, and 3,822 needed for the above moderate income category
- Migration from Bay Area residents is associated with the rising cost of homes and rentals, negatively impacting those that are native to the community
- Housing discrimination issues continue; minority groups and low-income households are less likely to demand habitable dwellings and report issues

- SJCOG projects that from 2006 to 2035, San Joaquin County will have an estimated 327,379 additional people that will need housing and that approximately 11% of those will be in unincorporated areas
- Most market rents are out of reach for individuals and families with very low or extremely low-income
- A 4-bedroom house rental in the Mountain House communities averaged \$2,250, a cost which would not be affordable to a family of four persons at any income level
- San Joaquin County has a greater need for larger rental housing units than California
- Approximately 58% of the housing stock surveyed across the county were in sound condition with the rest needing minor or major renovations
- Most emergency shelters operate at or near capacity throughout the year; during maximum times of need there is a significantly greater number of homeless than shelter spaces
- The lack of available water is a significant concern in housing production
- Most farm working families are above average in size (household members); as a result, most migrant farmworkers live in overcrowded housing

The U.S. Department of Housing and Urban Development states that families who pay more than 30% of their income for housing are considered cost burdened and may have difficulty affording necessities such as food, clothing, transportation, and medical care. Based on the 2021 American Community Survey estimates, 26.3% of all San Joaquin homeowners with a mortgage used 35% or more of their household income on housing. For renters, over 43% used 35% or more of their household income on rent.

MENTAL HEALTH AND SUBSTANCE ABUSE

Community Health Needs Assessments (CHNA) is a California requirement for nonprofit hospitals and conducted every three years. Information is gathered from a variety of sources and is used to prioritize each counties areas of need in relationship to effects on health. Through a comprehensive process combining findings from demographic and health data as well as community leader and resident input, nine health needs were identified. According to the 2022 SJ CHNA, **mental health is the highest prioritized need in San Joaquin County**. The table below shows indicators of mental health for San Joaquin compared to the State of California. As seen below, San Joaquin had worse outcomes in several key areas.

Table 5, San Joaquin and California Mental Health Indicators Comparison

Indicator	San Joaquin (Rate or %)	California (Rate or %)
Deaths by Suicide, Drug or Alcohol Poisoning (per 100,000 deaths)	43	34
Depression among Medicare Beneficiaries	14%	14%
Mental health Provider (Per 100,000)	238	352
Poor Mental Health days In past month	4.4	3.7
Seriously Considered Suicide	12%	10%
Social Associations	6	0.07
Insufficient Social and Emotional Support	29%	25%
Suicide Deaths (per 100,000)	11	11
Young People not in School or Working (Disconnected Youths)	8%	8%

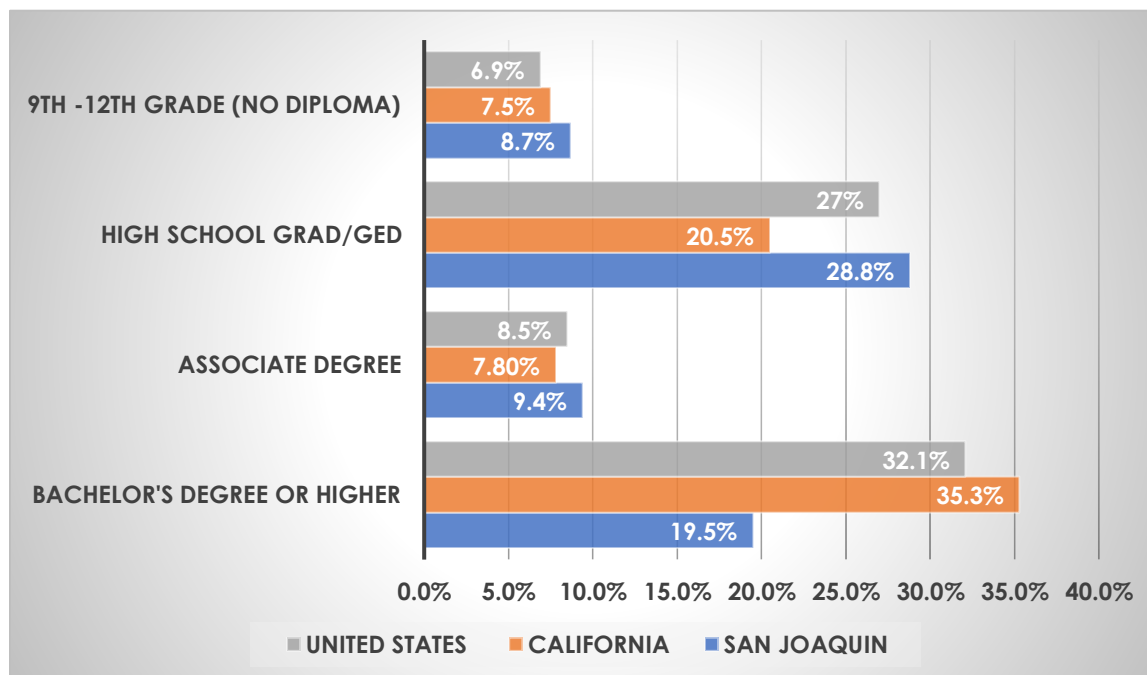
Source: San Joaquin Community Health Needs Assessments (CHNA), 2022

NEEDS AND RESOURCES OF ELIGIBLE CHILDREN AND THEIR FAMILIES

EDUCATIONAL ATTAINMENT

In 2021, 8.7% of people ages 25 and older in San Joaquin had a 9th to 12th grade education (no diploma), 2% higher than the rate for the State of California and about 3% higher than the United States. The most concerning for San Joaquin is the low attainment of college degrees—about half as many people with a bachelor's degree or higher than the state or nation. Today, college is the new high school, with many entry level jobs requiring higher levels of education and skills than what can be acquired as a high school graduate.

Figure 7, Educational Attainment Comparison, 2021



Source: US Census American Community Survey Estimates, 2021

The lack of higher educational attainment has far reaching implications for San Joaquin residents. According to a report by The PEW Charitable Trust, a four-year college degree encourages upward mobility from the lower rungs of society and prevents downward mobility from the middle and top. The report states that about 47% of people who are raised in the bottom quartile of the family income ladder who do not get a college degree stay at that level, compared to 10% who have earned a college degree. Also, about 39% of those raised in the middle income ladder who don't get a college degree move down, while 22% with a degree stay in the middle or advance.

ADULT EDUCATION

In San Joaquin County, 9.6% of residents over age 25 lack a high school diploma and 11.1% of residents have less than a 9th grade education. Among families enrolling in Early Head Start the figure is even higher with 41% (approximately 152) of parents not having a high school diploma.

According to the Library and Literacy Foundation for San Joaquin County, 52% of residents read below a third-grade level.

These numbers demonstrate the need for Adult Basic Education (ABE) or General Education Development (GED) preparation in San Joaquin County. ABE and GED preparation is available in approximately five cities in the county: Stockton, Lodi, Manteca, and Tracy.

Very few undergraduate education opportunities exist in San Joaquin County with 4-year degrees offered on-campus at two private universities in Stockton. Over time there have been a few for-profit colleges and technical schools but those are now closed. San Joaquin Delta College offers 2-year/vocational/associates degrees offered at the Stockton and Mountain House campuses. Both locations suffered greatly during the 2008 economic downturn but have maintained their place in higher education in the county. It is noted that a greater number of families (77%) both two-parent and single parent are either not in job training or school upon their children's entry into the Early Head Start programs.

EMPLOYMENT AND JOB TRAINING

Employment and job training for families with children enrolled in the Early Head Start program is critical in ensuring the ability of families to become self-sufficient and capable of adequately providing for themselves and their children. Numbers based on the San Joaquin County PIR show that out of 373 enrollees, 65 % (244), are employed. Of the total number of families, approximately 211 are not working. These totals include two-parent and single-parent families.

FOREIGN BORN

Of San Joaquin County's 2021 population, 76.7% (580,986) were born in the United States, and 23.3% (179,920) were foreign born. Of the county's foreign-born population, 51.2% came from Latin America.

ENGLISH AS A SECOND LANGUAGE

There is a high need for English as a second language (ESL) education in San Joaquin with many (40.8%) residents speaking a language other than English at home and 16.5% of these speak English "less than "very well". Among Early Head Start families in San Joaquin, 60% stated that they primarily speak another language at home, according to the PIR. ESL training opportunities are available in San Joaquin County but not as abundantly in nearby counties.

Low cost or free GED preparation, ESL classes, and vocational training are often offered by the same institutions. A GED is available online through the Stockton Adult School. Only one college with two campuses offer vocational training as several of the for-profit colleges closed their doors in recent years.

HEALTH

The County Health Rankings and Roadmaps, 2023, uses several sources to determine the overall health of communities and provide a revealing snapshot of how health is influenced by where we live, learn, work, and play. Of the 58 California Counties in the report, San Joaquin (SJ) is ranked in the lower middle range of counties in California (Lower 25%-50%) for health outcomes. When comparing the rankings over the past six years, the County has remained about the same for health outcomes and has improved slightly for health factors.

Table 6, San Joaquin County Health Rankings, 2018-23

Outcomes	2018	2019	2020	2021	2022	2023
Health Outcomes	46	44	34	39	42	41
Length of Life	40	37	38	41	40	40
Quality of Life	50	50	33	47	37	46
Health Factors	43	46	40	43	44	37
Health Behaviors	34	40	34	30	34	32
Clinical Care	36	37	35	34	33	33
Social & Economic Factors	45	45	44	45	48	40
Physical Environment	45	47	49	52	56	49

Source: County Health Rankings.org, 2023

Some of the most prevalent health conditions affecting San Joaquin residents are asthma, obesity, and diabetes.

Asthma: San Joaquin, like most of California's Central Valley has very poor air quality—a key contributor to asthma and other lung diseases. According to the American Lung Association, the county gets an “F” ozone grade with an average of 18.5 high ozone days per year. Approximately 14.6% of all San Joaquin adults aged 18+ and **19.5% of San Joaquin children** aged 0-17 suffer from Asthma (California Department of Public Health 2020).

Obesity: There are a host of health issues related to obesity including diabetes, heart disease and stroke. Children that are obese are more likely to be obese as adults. Unfortunately, obesity rates tend to be much higher among low-income children and families due to the over consumption of low-cost foods that tend to be high in fats, sodium, and carbohydrates.

Across the nation, children and adolescents aged 2-19 years old, the prevalence of obesity on a national level was 18.5% and affected about 13.7 million children and adolescents. (Source: CDC/obesity/data/childhood)

- 30.4% of San Joaquin adults are obese and the county ranks 34th in the state for obesity among adults (County Health Rankings 2023)

Diabetes: Over 2.3 million California adults report having been diagnosed with diabetes, representing one out of every 12 adult Californians. Many diabetes cases in California are type 2, representing 1.9 million adults. The prevalence increases with age—one out of every six adult Californians aged 65 and above have type 2 diabetes—and is higher among ethnic/racial minorities and Californians with low education attainment and/or family income. Compared with non-Hispanic Whites, Hispanics and African Americans have twice the prevalence of type 2 diabetes and are twice as likely to die from their disease.

- 12.6% of San Joaquin adults have been diagnosed with diabetes, (Ask California Health Survey Neighborhood Edition, 2020)

HEALTH INSURANCE

The US census estimates the percentage of children with health insurance each year by county. Estimates are available for children younger than 19 and living at 138% of the federal poverty level or below. Coverage rates in San Joaquin County are now at 93.6%, which is above national and state estimates. Data from San Joaquin County's Early Head Start program information report (PIR) is similar with all (100%) enrolled children having health insurance at the end of the reporting period.

In 2019, approximately 6.9% and 6% of children under the age of five did not have health insurance in San Joaquin County and California respectively. Along these same lines, the California Department of Public Health, Maternal and Infant Health Assessment found that 4% of women were uninsured during pregnancy. The survey also reported that 14% were uninsured post-partum and that 2% had no infant health insurance.

HEALTH CARE ACCESS

Although most of San Joaquin residents and all EHS children are insured, having access to quality and timely care is an issue. In San Joaquin County there are 1,680 people for each primary care physician (1,680:1) compared to a ratio of 1,230:1 for the State of California (County Health Rankings and Roadmaps, 2023). Where a family lives in the county also plays a crucial role in access. Portions of Stockton is a severely under-resourced area. Communities identified as majorly under resourced include Stockton, Manteca, and Lodi. The other parts of the county seem to be better served. (California Healthy Places Index)

Pregnant women are a priority in the health care system but continue to face access issues. The California Maternal and Infant Health Assessment reported several important findings:

- 66.5% of pregnant women had a routine source of pre-pregnancy care;
- 85% initiated care during the first trimester; and
- 16.7% reported either they or their infant needed care post-partum, but they could not afford it.

Access to high quality, culturally competent, affordable healthcare and health services is essential to the prevention and treatment of morbidity and increases the quality of life, especially for the most vulnerable. In San Joaquin County, residents are more likely to be enrolled in Medicaid or other public insurance, which is a factor related to overall poverty. Latinos are most likely to be uninsured. Secondary data revealed that poor access to affordable health insurance and the lack of high-quality providers, including urgent care and mental health, impact access to care. Language and cultural barriers, including poor language access, are also a factor in access to quality healthcare.

HEALTHY PREGNANCIES

Receiving medical care during pregnancy greatly influences a healthy pregnancy. According to the California Department of Public Health, for 2021 approximately 68.6% of pregnant women in SJ had a regular source of care pre-pregnancy and 85% of women initiated pre-natal care during their first trimester.

HEAD START/EARLY HEAD START ELIGIBLE CHILDREN AND FAMILIES

In San Joaquin County, CAPK's Early Head Start (EHS) program provides services and programs that positively impact low-income children ages 0-3 years and their families. Income limits for eligibility to enroll into EHS programs follow the current federal poverty guidelines. Additionally, disabled and homeless children, as well as those receiving TANF/CalWORKs assistance, are given priority.

Unless otherwise indicated in this section, the data source for the CAPK Early Head Start programs are the 2018-2019 CAPK SJ Early Head Start Program Information Reports (PIR).

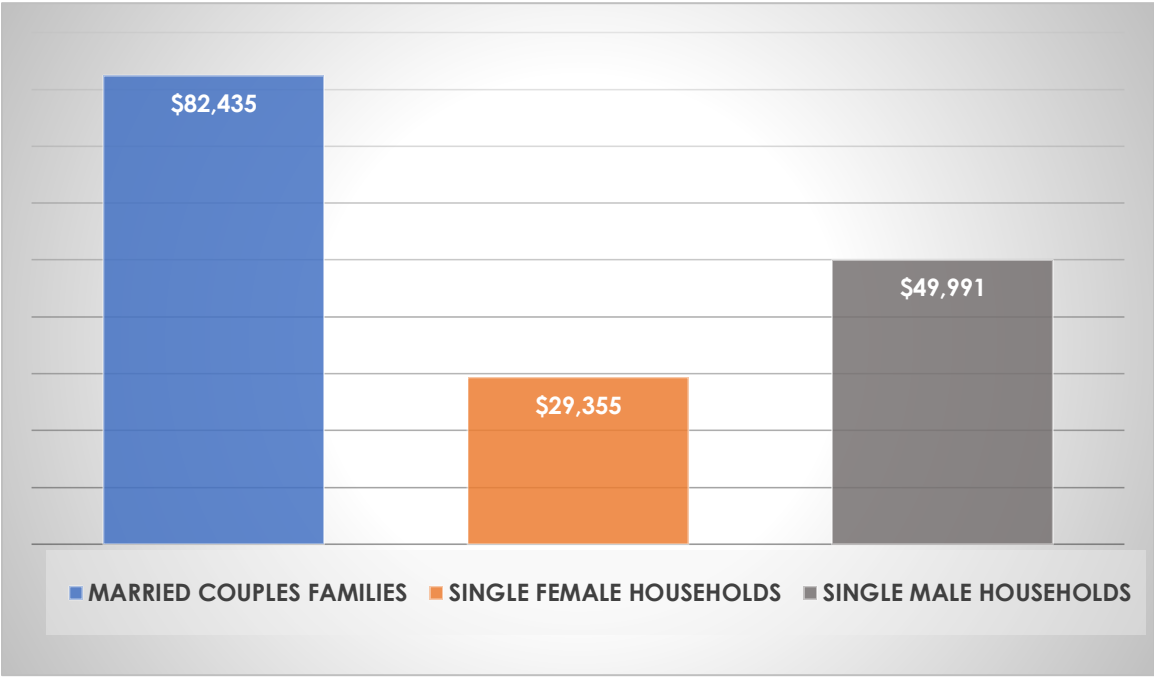
HOUSEHOLDS AND FAMILIES

In 2021 there were an estimated 234,662 households in San Joaquin County, (US Census 2021). Married Couple Families were just over half of all households (52.4%), with Male Householder or Female Householder (no spouse) making up 15.4% and 25.1%, respectively. Approximately 41.5% of all households have one or more people under 18 years of age.

HOUSEHOLD INCOME

There are large disparities for income among different types of families in the county. Single ***female headed households with underage children have about 33% of the median incomes than married couples with underage children.***

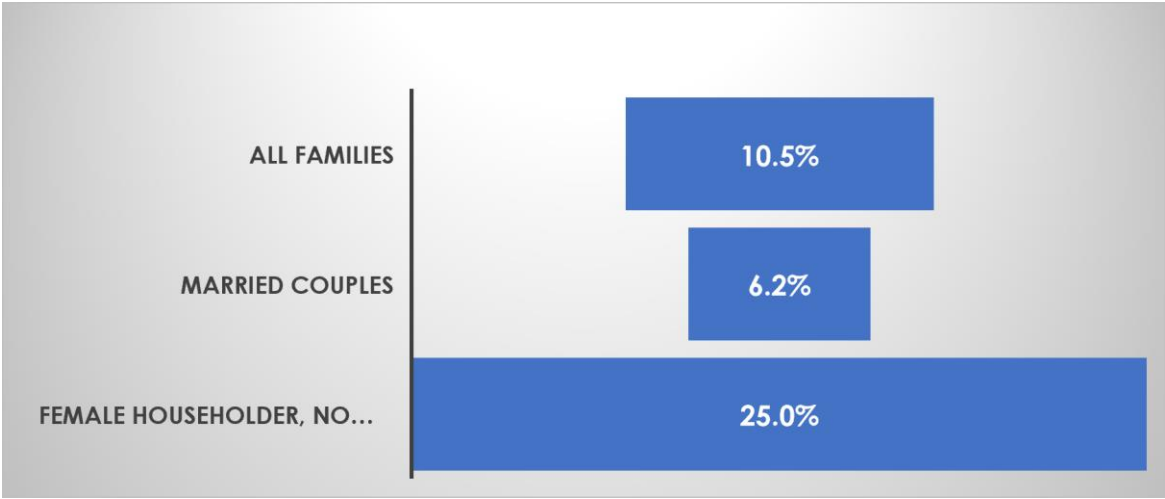
Figure 8, San Joaquin County Median Income by Household with Children Under 18 Years



Source: US Census American Community Survey Estimates, 2021

There are wide inequities in poverty among family types, with single female headed households with children experiencing poverty at about 175% to 300% of the rate experienced by their male and married couples counterparts, respectively.

Figure 9, San Joaquin County Poverty by Household Type



Source: US Census American Community Survey Estimates, 2021

AGE AND INCOME ELIGIBLE CHILDREN

There are approximately 59,942 children under 5 years of age in San Joaquin, of these, 54% (28,709) are ages 0-2 (kidsdata.org). With a poverty rate of approximately 20% 11,998 are age and income eligible for early head start services.

HEAD START CHILDREN – RACE

Like the overall population, the majority of San Joaquin children ages 0-5 are white. The next largest group are Hispanic.

Table 7, Approximate Distribution San Joaquin Children ages 0-5 by Race and Ethnicity

Race/Ethnicity	Number	%
White	29,651	56.6%
Black or African American	3,667	7%
American Indian and Alaska Native	314	.6%
Asian	8172	15.6%
Hispanic or Latino (of any race)	21,688	41.4%

Source: US Census American Community Survey Estimates, 2021

HOMELESS CHILDREN

According to the annual San Joaquin Continuum of Care Homeless Point-in-Time Count, in 2022 there were an estimated 2,319 people living in homelessness in the county—a 11.7% decrease from 2019. **Families with children accounted for 13% of the homeless population.**

KINSHIP CARE

Traditionally, grandparents and other relatives have played an important role in a child's life. From being the occasional visitor bearing treats to being full-time caregivers to children, these relatives contribute much to the life of a child and family. According to *Zero to Three*, a national non-profit organization that informs, trains, and supports professionals, policymakers and parents, in 2017, upwards of 24% of America's preschool children were being cared for by grandparents. Other relatives, including siblings are also often the caregiving for preschoolers. Although convenient, it can often be conflicting with relatives having different ideas for care and they may not be able to provide educational and experiential benefit to children's early development.

CHILDREN IN FOSTER CARE

In 2018, 3,661 (6.5%) of children ages 0-5 years live in Foster Care in San Joaquin, slightly higher than the percentage for the State of California at 5.3%, (kids.data.org). Foster care is intended to provide temporary, safe living arrangements and therapeutic services for children who cannot remain safely at home because of risk for maltreatment or inadequate care. The U.S. foster care system aims to safely reunify children with their parents or secure another permanent home, e.g., through adoption; however, too often this goal is not achieved, especially for older youth and children with disabilities. Instead, many children spend years in foster homes or group homes, often moving many times.

Children in foster care are at increased risk for a variety of emotional, physical, behavioral, and academic problems, with outcomes generally worse for children in group homes. Recognizing

this, advocates and policymakers have made efforts to prevent children from entering the system and to safely reduce the number of children living in foster care, particularly in group homes. While the number of children in foster care nationally has decreased since the 2000s, it has risen in recent years, and California continues to have the largest number of children entering the system each year. Further, children of color continue to be overrepresented in the foster care system; in California, for example, African American/Black children make up 23% of foster children but only 6% of the general child population. (U.S. Department of Health and Human Services, Children's Bureau, 2018.)

CHILDREN WITH DISABILITIES

For 2019, among the civilian non-institutionalized population in SJ, 12.5% reported a disability. The likelihood of having a disability varied by age, people under 18 years least likely to have a disability and those 65 and over having the highest rates. According to Kidsdata.org, between 2016 and 2018, approximately 13.9% of San Joaquin children have special healthcare needs.

CHILDREN AND OBESITY

Body mass index is a measurement value that often can determine the health outcomes for individuals. This is especially true for children with a high amount of body fat. This high measure can lead to weight-related health problems both in the near-term and in the future. In 2018, 42.4% of children in 5th grade were overweight or obese in San Joaquin according to Kidsdata.org, compared to 40.5% of children who were overweight or obese in California.

TRAUMA INFORMED CARE

As quoted from Child Trends, “How to Implement Trauma-informed Care to Build Resilience to Childhood Trauma”, *Children who are exposed to traumatic life events are at significant risk for developing serious and long-lasting problems across multiple areas of development. However, children are far more likely to exhibit resilience to childhood trauma when child-serving programs, institutions, and service systems understand the impact of childhood trauma, share common ways to talk and think about trauma, and thoroughly integrate effective practices and policies to address it—an approach often referred to as trauma-informed care.*

Some common types of childhood trauma include abuse and neglect, family, community, and school violence, life-threatening accidents and injuries, frightening or painful medical procedures, serious and untreated parental mental illness, loss of or separation from a parent or other loved one, natural or manmade disasters, discrimination, and extreme poverty. Any of these exposures can lead to post-traumatic stress disorder (PTSD), which can lead to aggressive, self-destructive, or reckless behavior.

Young children who experience trauma may have difficulties forming attachments to caregivers, experience excessive fear of strangers or separation anxiety, have trouble sleeping and eating and can be especially fussy. Oftentimes, these young children will show regression after

reaching a developmental milestone such as sleeping through the night, toilet training, and others.

Trauma-informed care benefits children by providing a sense of safety and predictability, protection from further adversity, and offering pathways to recovery from the trauma. By implementing realization of the wide impact of trauma and understanding the paths for recovery, recognizing the signs and symptoms of trauma, responding by fully integrating knowledge about trauma into the policies, procedures, and practices surrounding trauma-informed care, and by resisting re-traumatization of children, as well as the adults who care for them, trauma-informed care can be healing and beneficial to young children. Trauma informed care must include comprehensive, ongoing professional development and education for parents, families, school staff and other service providers on jointly addressing childhood trauma.

Secondary trauma among adults working with children who have experienced trauma should be addressed. Care for staff is an important component to trauma-informed care. This is accomplished through high-quality, reflective supervision, maintaining trauma caseload balance, supporting workplace self-care groups, enhancing the physical safety of staff, offering flex-time scheduling, providing training for staff and leadership about secondary traumatic stress, development of self-care practices for staff and leadership, such as the Staff Wellness Clinic, and creating a buddy-system for self-care accountability, (childtrends.org).

CAPK EARLY HEAD START ENROLLED CHILDREN

During the 2022/23 school year, CAPK EHS had cumulative enrollment of 580 in San Joaquin County.

Table 8, EHS Enrollment

	Head Start	Early Head Start	Total Enrollment
Funded Enrollment	N/A	274	274
Cumulative Enrollment	N/A	306	306

AGE

Of the children and pregnant women enrolled who participated EHS during the 2022-23 school year, the majority, (36%) were 1 year of age and the smallest group were children aged 3 years and pregnant women. (7% and 8%).

Table 9, EHS Enrollment by Age

Age	Number	%
Under 1	74	27%
1 Year	99	36%
2 Years	88	32%
3 Years	21	7%
Pregnant Women	22	8%

RACE AND ETHNICITY

The majority of children (78%) enrolled in San Joaquin County's EHS are of Hispanic or Latino origin. The primary language EHS is English (48%) and second is Spanish (46%).

Table 10, EHS Enrollment by Race/Ethnicity

Race/Ethnicity	EHS	Total
American Indian/Alaska Native	.5%	.5%
Asian	8.3	8.3%
Black or African American	10.4%	10.4%
Hispanic/Latino Origin (Single Section)	78%	78%
White	74.5%	74.5%
Biracial/Multi-Racial	6.3%	6.3%
Other Race	0%	0%

HOMELESS CHILDREN

In the 2022 school year EHS had 12 of children were "homeless," approximately (3%).

FOSTER CARE

According to the Community Action Partnership of Kern's 2022-2023 Early Head Start Program Information Report (PIR), the number of children in San Joaquin County's Early Head Start categorized as a "foster child," were 10 approximately 3.6%.

CHILDCARE AND PRESCHOOL

LICENSED CARE

Childcare is a critically important need for many families in the United States. High-quality childcare centers and homes deliver consistent, developmentally sound, and emotionally supportive care and education. Research indicates that high-quality early care and education can have long-lasting positive effects; specifically, high-quality childcare before age 5 is related to higher levels of behavioral/emotional functioning, school readiness, academic achievement, educational attainment, and earnings, with improvements particularly pronounced for children from low-income families and those at risk for academic failure

However, finding affordable, high-quality childcare is a major challenge for many families, and access differs based on geography, race/ethnicity, and income. In 2022, licensed childcare was available for an estimated 23% of California children ages 0-12 with working parents. Center-based infant care costs in California made up an estimated 15% of the median annual income for married couples and 48% for single parents in 2022. That same year, California was ranked the least affordable state for center-based infant care in the nation.

Sources: *Childcare Aware of America (2022), Economic Impacts of Early Care and Education in California; UC Berkeley Center for Labor Research and Education, Macgillvary and Lucia, 2011; US Dept. Education, A Matter of Equity: Preschool in America (2015)*

Head Start operates within the context of California's early childcare and education system, described by the Learning Policy Institute as a "patchwork of programs" (Melnick, et al., 2017) and one that "can be difficult for policymakers, providers, and families to understand because of its complexity". Childcare and preschool providers are typically divided into two categories: licensed and unlicensed.

Recent data shows a gap in childcare availability across California and in comparing San Joaquin County with other counties of comparable size and demographics as well as with larger, more metropolitan counties, it is apparent that qualified and licensed childcare is mostly unaffordable for many in California, but especially for those living in poverty. According to kidsdata.org 2021 figures, the average annual rate for childcare is \$15,000 for infants, and \$10,191 for Preschoolers. However, for family childcare homes the cost is \$11,481 for infants/toddlers and \$9,743 for preschoolers.

Table 11, Cost of Childcare by Type

Facility Type	Infant	Preschooler
Childcare Center	\$15,000	\$10,191
Family Childcare Home	\$11,481	\$9,743

Source: Kidsdata.org

Publicly funded Early Childhood Education (ECE) programs currently do not have capacity to serve all of California's children and families. In 2015–16, only 33% of children under age 5 who qualified for one of California's publicly funded ECE programs—based on family income and having working parents—were served. Many of these children were enrolled in programs that run for only a few hours each day. The state is making strides toward meeting the needs of 4-year-olds, with roughly 69% of low-income 4-year-olds enrolled in an ECE program. However, nearly 650,000 children birth to age 5 do not have access to the publicly funded ECE programs for which they are eligible.

Access to publicly funded ECE programs is extremely limited for infants and toddlers. Approximately 14% of eligible infants and toddlers are enrolled in subsidized programs—a large portion of whom are in family childcare homes or license-exempt (friend, family, or neighbor) care. Subsidized ECE for this age group is mostly limited to working families.

Full-day programs are particularly limited in scope. Many of California's largest early learning programs offer mostly part-day slots, despite a demand for full-day services, which is challenging for working families. Furthermore, few of California's ECE programs are available during the nontraditional hours that many low-income working parents need. Working evening, weekends, or overnight hours are especially challenging in getting childcare. According to the available data, only 3% of licensed childcare facilities in the state of California offer this alternative type of service. The same data shows this care is more available in licensed family childcare homes at 41%.

Per the report from the learning policy institute (Melnick, et al., 2017), California's ECE programs are too limited in scope to serve all the state's vulnerable young children, presenting a challenge for families who cannot independently afford the high cost of care, which can be as high as college tuition.

EARLY CHILDHOOD EDUCATION

As seen in the table below, there have been increases in the availability of childcare over the years. However, there is still a high unmet need for these services for families with untraditional work hours, which are more typical for low-income workers, including nights, split shifts, and weekends.

Table 12: Childcare Supply in San Joaquin County

AGE/TYPE

CHILD CARE	LICENSED CHILD CARE CENTERS			LICENSED FAMILY CHILD CARE HOMES		
	2019	2021	CHANGE	2019	2021	CHANGE
Total number of spaces	12,423	11,873	-4%	6,192	5,758	-7%
Under 2 years	884	1,036	17%			
2-5 years	8,966	8,373	-7%			
6 years and older	2,573	2,464	-4%			
Total number of sites	220	195	-11%	632	566	-10%

Source California Childcare Resource and Referral Network, *2021 Childcare Portfolio*

CHILDCARE WORKFORCE SHORTAGE

Sources indicate there is an overall shortage of childcare workers in California. For the industry in general, pay is not especially good and approximately 58% of childcare worker families in the state receive some sort of public assistance. Many childcare workers lack higher education credits as many jobs in the field do not require anything more than a high school diploma. This combination of low pay and low expectations is not a good formula for having a quality childcare workforce. One strategy observed across California to address pay limitations and education requirements is unionizing childcare providers. Research indicates that while this may positively affect workers, shortcomings in the funding channels of unions can negatively impact already strapped families. Sources: *Early Childhood Workforce Index, 2020*; Christopher, B., March 2019 article for *CalMatters*

LOW INCOME CHILDREN AGES 3 AND 4 WHO ARE NOT IN PRESCHOOL

According to Kidsdata.org (2019), 46.3% of San Joaquin County children who are eligible are not enrolled in Preschool or Kindergarten.

STRENGTHS OF THE COMMUNITY

As indicated in this report, San Joaquin is a high need County. However, there are many strengths in the community that can be built upon.

San Joaquin is centrally located in California and is the main region for agriculture production in the State, adding many opportunities for employment beyond field work. Additionally, due to lower housing costs and the close proximity to the Bay area, it has become an attractive place for professionals to live, which brings additional resources and opportunities into the community. The area has a lot of opportunity due to a sophisticated transportation network comprised of an international deep-water port, major interstate highways, air, and rail services which connects businesses to the global economy. CAPK Early Head Start can play a crucial role in breaking the barriers of economic inclusion and poverty for families so they can be prepared to benefit from the economic stability available in this County.

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Goal I Workforce: To enhance onboarding, recruitment, and retention of staff by implementing programs that embraces pathways for learning, professional development, succession planning, and a positive culture to obtain and retain staff.			
	Objectives	Action Steps	Progress/Challenges
	Objective A: Develop a structured onboarding process that introduces new employees to the organization's culture, values, and expectations. Provide them with the necessary tools, resources, and training to quickly integrate into their roles.	<ol style="list-style-type: none"> 1. During new hire orientation, conduct an official welcome session to introduce them to key team members, managers, and colleagues. 2. Provide an overview of the organizational structure, departments, and how their roles fit within the broader picture. 3. Provide job-specific training that covers the tasks, responsibilities, and expectations associated with their position. 4. Conduct hands-on training, workshops, or online courses to enhance their understanding of job functions, tools, and systems they will be using. 5. Assign a mentor who could provide 	

**HS & EHS Kern
Measurable
Objectives/
Outcomes**

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		guidance and support.	
	Objective B: Development, implement, and evaluate a mentorship program for new staff onboarding to ensure comprehension, knowledge, and understanding of their position by gathering feedback from the mentors and mentees, assessing goal attainment, retention, and promotion rates, and measuring the level of engagement between the mentees and mentors in the program.	1. Identify experienced and knowledgeable employees who can serve as mentors. 2. Provide mentorship training to help mentors understand their roles, effective communication techniques, and the importance of fostering a positive learning environment. 3. Assign mentors with mentees. 4. During orientation, introduce mentors and mentees to each other and provide an overview of the mentorship program. 5. Set clear expectations and goals for both mentors and mentees via policies and procedures. 6. Evaluation and Feedback: Regularly assess the mentorship program's effectiveness	

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		<p>through surveys, feedback sessions, or focus groups. Questions regarding the satisfaction with the program, the quality of the mentoring relationship, and whether the goals were met. An inquiry about specific aspects such as communication, supportiveness, and knowledge transfer will be documented as well. The questions will be in quantitative format; however, a qualitative portion will be included to determine if there are any themes that need to be addressed.</p> <p>7. Gather input from mentors and mentees to identify strengths and areas for improvement.</p> <p>8. Continuously review and update the mentorship program to ensure its alignment with evolving organizational needs and changing employee demographics.</p>	
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		<p>9. Retention and Promotion rates: Monitor the retention rates of mentees within the organization. Additionally, track the number of mentees who have been promoted or advanced in their careers as an indication of the program's impact on their professional development.</p> <p>10. Measure the level of engagement of both mentees and mentors.</p>	
	<p>Objective C: Incorporate incentive or reward programs to empower all staff to be directly involved in the recruitment and retention process that would shift the culture of the division.</p>	<p>1. Develop and implement a Home Base option for children eligible for Head Start services.</p> <p>2. Develop and implement a Family Childcare Option to reach families that are receiving services in the private sector while ensuring it upholds the Head Start Performance Standards.</p> <p>3. Provide opportunities that allow for more 3-year-old designated classrooms to reach a needed</p>	

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		<p>population in the community.</p> <p>4. Explore the need to create more Early Head Start classrooms to facilitate the needs of the community for the specific demographic.</p>	
Goal II Program Options: To develop and implement program options that coincide with the needs of the community and ensure eligible families receive services that provide a strong foundation for their children’s academic journey.			
HS & EHS Kern Measurable Objectives/Outcomes	Objectives Objective A: Develop a structured onboarding process that introduces new employees to the organization’s culture, values, and expectations. Provide them with the necessary tools, resources, and training to quickly integrate into their roles.	Action Steps 1. Develop and implement a Home Base option for children eligible for Head Start services. 2. Develop and implement a Family Childcare Option to reach families that are receiving services in the private sector while ensuring it upholds the Head Start Performance Standards. 3. Provide opportunities that allow for more 3-year-old designated classrooms to reach a needed	Progress/Challenges

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		<p>population in the community.</p> <p>4. Explore the need to create more Early Head Start classrooms to facilitate the needs of the community for the specific demographic.</p>	
Goal III Health and Safety: Strengthen standards of practice for mitigating risk through expanding our culture of child health and safety.			
HS & EHS Kern Measurable Objectives/Outcomes	Objectives Objective A: The program will expand tools and resources necessary to ensure we have a standard of practice focused on protecting child safety and preventing and identifying child abuse before June 2024. For example, Bee Safe and iLookOut training, a free online professional development course focused on protecting child safety and preventing and	Action Steps	Progress/Challenges

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	identifying child abuse.		
	Objective B: The program will establish a system of fidelity for implementing a child health and safety environment, including reporting of all incidents for all program options prior to the 2024 school year.		
	Objective C: The program will implement a CIR (Critical Incident Review) system to establish a culture of active supervision to support ongoing health and safety improvement prior to the Year 3 funding period.		
Goal IV School Readiness: Increase families and staff capacity to support children's school readiness and to implement a quality program by enhancing an inclusive environment to strengthen teacher and child interactions.			
HS & EHS Kern Measurable Objectives/Outcomes	Objectives Objective A: The program will redesign indoor/outdoor environments to reflect the children's culture, promote curiosity, diversity, equity, inclusion, and safety.	Action Steps 1. 10% of the program staff will attend Loose Parts and STEM training by year 1. 2. The program will pilot 10% of centers in a Loose Parts / STEM curriculum enhancement implementation by year 1.	Progress/Challenges

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		3. The program will increase male involvement participation to enhance learning environments.	
	Objective B: The program will develop a dual-language framework and will strengthen the ability of staff to work with dual-language learners.	<p>1. The program will provide training to 15% of staff to increase their knowledge of best practices that support dual language learners and bilingualism by year 1.</p> <p>2. The program will partner with families in the importance of maintaining their home language by year 1.</p>	
	Objective C: The program will elevate children's social-emotional development and strengthen teacher-child interactions.	<p>1. The program will have 4 train-the-trainers on Pyramid Model, Trauma Informed Care, and CLASS by year 2.</p> <p>2. 75% of education and support services staff will be trained in Pyramid Model by year</p> <p>3. 50% of newly hired staff will participate in the Pyramid Model training and ongoing coaching in Trauma Informed Care during Professional Learning Communities.</p> <p>4. The program will increase the number of mentor coaches to</p>	

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		<p>enhance quality interactions.</p> <p>5. The program will implement an annual Family Workshop to increase Social Emotional Awareness in young children.</p>	
	<p>Objective D: The program will strengthen the collaboration with 25% of receiving School Districts by developing MOUs.</p>	<p>1. The program will collaborate with community agencies to support transitions by participating in collaborative meetings and community resource fairs.</p> <p>2. The program will provide ongoing series of parent's roles in transitions and developmental milestones.</p> <p>3. The program will develop a data system to track transitions across program options.</p>	



MEMORANDUM

To: Policy Council

From: Jerry Meade, Assistant Director ~ Program

Date: September 27, 2023

Subject: *Agenda Item* : Revised Head Start and Early Head Start Carryover and Budget Revision Request – **Action Item**

Head Start and Early Head Start is requesting a revision to the Carryover Request for the 2023-2024 budget year that was approved by the Policy Council in June 2023. As noted in the previously approved request, the Head Start and State Child Development Division is seeking a budget carryover of \$3,523,819, which includes Base and Training and Technical Assistance (T&TA).

The Head Start and State Child Development Division will submit the Carry Over Request with a budget revision. The revision will move funds to the Personnel and Fringe categories to support the Recruitment and Retention Stipends. Additionally, funding will be moved to the equipment category and include a request to purchase equipment for the play yards. These revisions align with our priorities to recruit and retain staff, as well as providing quality outdoor environments conducive to the population in which we serve.

In collaboration with the Finance Division, the revised proposal was formulated. The fiscal impact is minimal. All previously approved projects are on track to be completed with the carryover funds, the revision will ensure the funds are in the correct category.

Recommendation:

Staff recommends the Policy Council approve the revised Head Start and Early Head Start Carryover Request and Budget Revision for the 2023-2024 funding period for grant #09CH01132.

Attachments:

Carry Over Budget Detail

Community Action Partnership of Kern
Head Start and State Child Development Division
2023-2024 Carry Over
Budget Detail Revised

BASE and T&TA	CARRYOVER REQUEST	PROJECTS
PERSONNEL	\$ 309,231.00	Recruitment and Retention Initiatives
FRINGE BENEFITS	\$ 8,000.00	Recruitment and Retention Initiatives
TRAVEL	\$ 62,331.00	Training Opportunities for 2023
SUPPLIES	\$ 66,733.00	Outdoor & Education Materials
EQUIPMENT	\$ 414,100.00	Vehicles to support Central Kitchen & Maintenance; Play Yards
CONSTRUCTION	\$ -	
CONTRACTUAL	\$ 5,825.00	Training Consultants (Loose Parts)
OTHER	\$ 2,620,552.00	Minor Renovations Projects, Landscape Design, and Fencing
INDIRECT	\$ 37,047.00	
TOTAL	\$ 3,523,819.00	