





# Early Education

## School Readiness

The Head Start Approach to School Readiness means that families are ready to support their children's learning, children are ready for school, and schools are ready for children. Historically, Head Start often has led the early childhood development field with a clear and comprehensive focus on all aspects of healthy development, we achieve this by observing research-based strategies, curricula and philosophies.

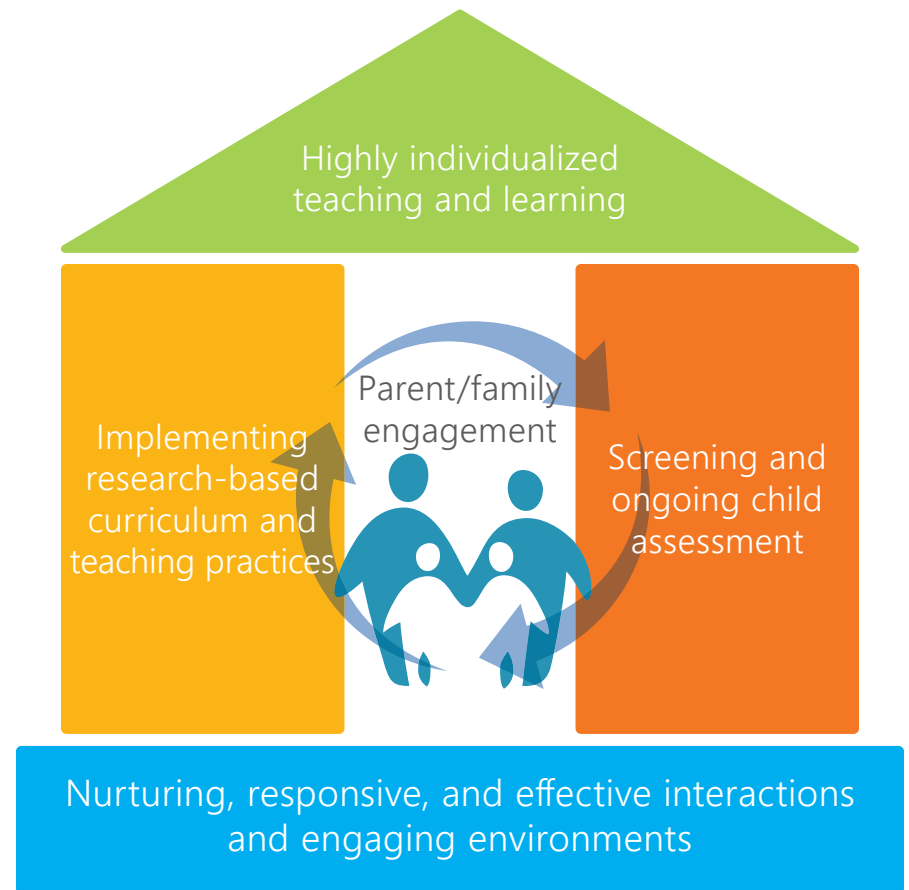
School Readiness for All Children  
Our program observes the House Framework for effective everyday practices. The house illustrates four integral elements of quality teaching and learning. In this framework, these elements correspond, respectively, to parts of a house - the foundation, two pillars, and a roof - and when connected with one another, they form a single structure

surrounding the family in the center, fostering children's learning and development.

### DUAL LANGUAGE LEARNERS

CAPK celebrates the linguistic, ethnic, and cultural diversity that exists among all of our families. This is done in the spirit of ensuring the best early education experience possible.

All assessments are performed in a culturally and linguistically inclusive manner, whereby children are assessed in their preferred language. The majority of our students are English Language Learners, therefore, CAPK makes a strong effort to hire bilingual team members, supporting both children and families with the preservation of the home language, while also helping families develop in their use of English.



## POSITIVE BEHAVIOR SUPPORT

Relationships, both in and out of the classroom, shape the way children learn, interpret, and connect with others. A child's first years of school are filled with wondrous moments and it's a time of tremendous physical, and intellectual development. Children are also developing self-regulation - the ability to calm themselves when they are upset, and this process can lead to some challenging moments for both adults and children.

The Pyramid Model's Positive Behavior Support framework offers proven strategies that support the learning and engagement of all children, giving teachers and parents strategies for promoting children's healthy social and emotional development.

The Pyramid Model builds upon a tiered public health approach to providing universal support to all children to promote wellness, targeted services to those who need more support, and intensive services to those who need them.



**Effective Workforce**  
Systems and policies promote and sustain the use of evidence-based practices.

**Nurturing & Responsive Relationships**  
Supportive responsive relationships among adults and children is an essential component to promote healthy social and emotional development.

**High-Quality Support Environments**  
High-quality early childhood environments promote positive outcomes for all children.

**Targeted Social Emotional Supports**  
Systematic approaches to teaching social skills can have a preventive and remedial effect.

**Intensive Intervention**  
Assessment-based intervention that results in individualized behavior support plans.

# Family Engagement

## Positive & Goal-Oriented Relationships

Parent and Family Engagement in Head Start is about building relationships with families that support family well-being, strong family relationships, as well as ongoing learning and development for both parents and children. The Parent, Family, and Community Engagement (PFCE) Framework is our road map for achieving those kinds of outcomes which lead to positive and enduring change for children and families.

Parent and family engagement activities are grounded in positive, goal-oriented relationships with families. When parent and family engagement activities are systemic and integrated across program foundations, family engagement outcomes are achieved, resulting in children who are healthy and ready for school. For example, correlations between our parent surveys and DRDP outcomes show a significant

increase in the Cognition, Math, Science, and the Self-Regulation ELOF central domains.

Parents are the primary educators of their children, and research shows engagement activities at home are paramount to their child's success. To that end, CAPK adopted ReadyRosie, a research-based parenting curriculum which provides families with customized parenting videos and activities to reinforce learning initiatives from the classroom, while away from the classroom.

ReadyRosie builds on parents' knowledge, harnessing the power of video modeling and mobile technology to build powerful partnerships between families and educators, resulting in Ready Families, Ready Educators, Ready Children.



**Ready  
Rosie**

14

Fourteen workshops were provided to 49 parents and families to guide them on the use of the Ready Rosie mobile application.

920

920 parents and families were registered to use the Ready Rosie mobile service during the 2021-2022 School Year.

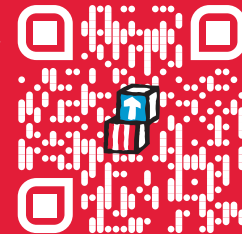
# Join Us

- Monthly Parent Policy Council and Sub-Committee Meetings, including Planning, School Readiness, Finance and By-Laws committee meetings.
- Quarterly Regional Parent Committee Meetings;
- Health, Nutrition and the Disabilities Advisory Committee Meetings;
- Center Family Engagement and School Readiness Parent Activities;
- Family Education Night (Open House);
- Monthly VIP Parent Meetings;
- Workshops such Families as Partners, You Can Make A Difference, and Relationship Matters;
- Annual School Readiness Resource Fair.

Scan here to learn more!

Follow **@CapkHeadStart** on Facebook, Instagram, Twitter, and Pinterest to see how much fun your child could have while learning in our programs.

Through Social Media, CAPK Head Start shares a variety of activities, learning materials, and helpful tips that families can use at home for remote learning, or to enhance what children are discovering while in class.



# Did You Know

59%

We are funded to serve 2,228 children and families each day. Our cumulative enrollment during the 2021-2022 School Year was 2,188 children and families. Our monthly enrollment, as a percentage of funded enrollment, was 59%.



95%

Ninety-five percent of clients were income or categorically eligible. Categorical eligibility includes children in foster care, families receiving specific forms of Public Assistance, or who are experiencing homelessness.



61%

Sixty-one percent of all children served this school year received a professional medical exam. Exams include Preschool Physical Exams, as well as Well Baby Checks for Infants and Toddlers.



72%

Seventy-two percent of preschool children, including those who are enrolled in Medicaid or CHIP, received a professional dental exam during the 2021-2022 School Year.









# Program Operations

## Accountability

### FEDERAL MONITORING REVIEW

From February 15, 2022 to February 18, 2022, the Administration for Children and Families, under the Department of Health & Human Services, conducted a Focus Area Two Monitoring Review of the CAPK Head and Early Head Start programs. Based on the information gathered during this review, our program was found to have met the requirements of all applicable Head Start Program Performance Standards, laws, regulations, and policy requirements.



### EXTERNAL FINANCIAL AUDIT

An independent, external audit for fiscal year ending February 28, 2022, found no deficiencies in our financial oversight, expenditures, or program operations.



