


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. WG Cereal, Fruit Milk  Sliced Turkey, Sliced Cheese WW Bread, Diced Tomatoes Dressing, Fruit Milk  Sliced Cheese, WG Crackers Fruit	3. WW Bread, Preserves Fruit, Milk  Chicken Fettuccini Alfredo Steamed Peas WG Roll, Fruit Milk  WW Crackers Fruit	4. WW Pancakes, Fruit Milk  <b>Salad Bar:</b> Cubed Turkey Boiled Egg, Shredded Cheese Diced Tomatoes, Dressing, WW Chex Snacks, Fresh Fruit, Milk  WW Quesadilla Milk	5. Raisin Toast, Fruit Milk  <b>Burrito Supreme:</b> Seasoned Beef, Vegetarian Refried Beans, WW Tortilla Salsa Sour Cream, Fruit, Milk  Sandwich Fruit Juice	6. WW Bread, Preserves Fruit, Milk  Chicken Pasta Salad WW Crackers Carrots, Dressing, Fruit Milk  Yogurt Fresh Fruit
9. Muffin, Fruit Milk  Sliced Turkey, Sliced Cheese Canned Carrots WW Roll, Dressing Fruit, Milk  WW Crackers Fruit	10. Cereal Bowl, Fruit Milk  Beef Patty WW Bun Sliced Tomatoes Fruit, Milk  Yogurt Fruit	11. WW Bread, Preserves Fruit, Milk  Tuna Salad WW Bread Steamed Peas Fresh Fruit, Milk  <b>Staff Development</b> <b>No Snack</b>	12. WW Waffles, Fruit Milk  Chicken Nuggets Green Beans WW Roll Fruit, Milk  WW Crackers Fruit Juice	13. Muffin, Fruit Milk  <b>Rollup:</b> Sliced Turkey Sliced Cheese, WW Tortilla Diced Tomatoes, Dressing Fresh Fruit, Milk  Cottage Cheese Fruit
16. Cereal, Fruit Milk  Chicken Salad WW Roll Diced Tomatoes Fruit, Milk  WW Crackers Fruit	17. WG Waffle Sticks, Fruit Milk  Beef Enchilada Casserole Refried Beans Shredded Cheese Fresh Fruit, Milk  WW Quesadilla Fruit Juice	18. WW Bread, Preserves Fruit, Milk  <b>Salad Bar:</b> Diced Chicken Boiled Egg, Shredded Cheese Diced Tomatoes, Dressing WW Crackers, Fresh Fruit, Milk  Muffin Milk	19. WW Pancakes, Fresh Fruit Milk  WG Spaghetti w/ Meat Sauce Steamed Peas WG Roll, Fruit Milk  Yogurt Fruit	20. Raisin Toast, Fruit Milk  Sliced Turkey, Sliced Cheese WW Bread, Carrots Dressing, Fruit Milk  Muffin Fruit
23. Cereal Bowl, Fruit Milk  Sliced Turkey, Sliced Cheese WW Roll Tomato Slices Fruit, Milk  WW Crackers Fruit	24. Muffin, Fruit Milk  Mandarin Orange Chicken Steamed Peas WW Bread, Fresh Fruit Milk  WG Crackers Boiled Egg	25. WW Waffle Sticks, Fruit w/ Cinnamon, Milk  Tuna Pasta Salad WG Crackers Diced Tomatoes Fruit, Milk  WW Crackers Milk	26. WG Breakfast Burrito, Fresh Fruit, Milk  Hearty 3 Bean Chili Shredded Cheese WG Roll, Fruit Milk  WW Sandwich Fruit Juice	27. WW Toast, Preserves Fruit, Milk  Sliced Turkey, Sliced Cheese WW Bread, Carrots Dressing, Fruit Milk  Yogurt Fruit
30.  	31. Cereal Bowl, Fruit Milk  Seasoned Pinto Beans Shredded Cheese WW Tortilla, Salsa Fruit, Milk  WW Crackers Fruit Juice			CAPK Central Kitchen does not serve Pork or any Pork Products.  This institution is an equal opportunity provider and employer

Water will be offered throughout the day

12 to 24 months Unflavored Whole Milk

24 Months and over 1% Unflavored Milk