



Books, a Food Van and Healthy Lives



Molina Foundation Books Connect with Kids

"Books are essential. Not only to our students but to the families of our students. So we are trying to pick a selection of books that will help our students in their reading process."
- Lorraine Gonzales, Assistance League of Bakersfield, Operation School Bell

The Molina Foundation donated more than 10,000 brand new, high-quality books

and educational magazines to Community Action Partnership of Kern. Programs like Head Start and the CAPK Home Visiting Program have put those books in the hands of the children and families we serve. But we have also been able to expand the impact of the Molina Foundation's gift by partnering with a host of Kern County organizations and community groups who have delivered those books to children at libraries, schools and youth enrichment programs.



Healthy Victories with CalFresh

CAPK's CalFresh Healthy Living staff are getting ready to host a virtual Make Every Day a Healthy Victory event at 11 a.m. on June 16. This statewide movement aims to encourage Californians to drink more water and eat healthy snacks while avoiding foods and drinks with added sugars.

During the event participants will learn:

- Why healthy snacking is important
- Easy everyday snack recipes
- The benefits of drinking water instead of sugary drinks
- Easy fruit or herb-infused water recipes

For more information, and to sign up for the event, please click on the link below.

[Register Here!](#)



CAPK Food Bank and Anthem Blue Cross spent World Hunger Day together and

launched a new food distribution van onto the highways and byways of Kern County. Hundreds of seniors picked up their monthly food boxes during the event and we were able to thank Anthem for the generous donation that made the van a reality. Bakersfield Mayor Karen Goh cut the ribbon and leaders from the offices of Supervisor David Couch, County Board Chair Phillip Peters, Assemblyman Rudy Salas and California Senator Melissa Hurtado were on hand. Thanks Isabel, Joe, Eric, and Joseph!



Alan Rodriguez was a Head Start student when he was young. Now he works as CAPK Head Start's Health and Nutrition Manager helping kids connect with quality early-childhood education, learn about nutrition and discover how to take care of their health. Head Start early childhood education creates a strong foundation for success and helps children grow up to be leaders like Alan.

