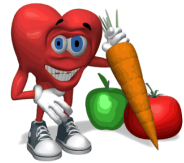


February 2021

INFANT 8 TO 11 MONTHS TRANSITIONAL LUNCH



National Heart Month:
Take Care of Your Heart
by eating healthy,
exercising
Getting plenty of sleep.





**National Children's
Dental Health Month:**
Visit your dentist, brush
your teeth for two
minutes twice a day
Brighten Your Smile



CAPK Central Kitchen
does not serve Pork or
any Pork Products

This menu is **only for** infants 8 – 11 months of age depending on their developmental stage
Infants **must be** offered the food components identified on the
Child Care Food Program USDA Infant Meal Pattern for Child Nutrition Programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Seasoned Pinto Beans Steamed Zucchini Fruit	2. Seasoned Beef Steamed Peas Fruit	3. Chopped Turkey Steamed Carrots Fruit	4. Seasoned Beans Mixed Vegetables Fruit	5. Chopped Turkey Steamed Green Beans Fruit
8. Holiday 	9. Chopped Turkey Steamed Carrots Fruit	10. Chopped Turkey Steamed Zucchini Fruit	11. Seasoned Beef & Noodles Steamed Peas & Carrots Fruit	12. Seasoned Diced Chicken Steamed Green Beans Fruit
15. Holiday 	16. Chopped Turkey Steamed Peas & Carrots Fruit	17. Chopped Turkey Steamed Carrots Fruit	18. Seasoned Diced Chicken Steamed Potatoes Fruit	19. Chopped Turkey Steamed Zucchini Fruit
22. Chopped Turkey Steamed Peas Fruit	23. Seasoned Beef Mashed Potatoes Fruit	24. Seasoned Diced Chicken Steamed Carrots Fruit	25.. Seasoned Diced Chicken w/ Fettuccini Noodles Steamed Peas	26. Chopped Turkey Steamed Green Beans Fruit
This institute is an equal opportunity provider and employer				

Water will be offered throughout the day

Menu Subject to Change