





# Center Menu

## February 2021

### Toddler



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>National Heart Month:</b> Take Care of Your Heart by eating healthy, exercising Getting plenty of sleep.</p>  <p>National Children's Dental Health Month: Visit your dentist, brush your teeth for two minutes twice a day Brighten Your Smile</p> 	<p>1. WW Breakfast Burrito, Fruit Milk</p> <p><b>Burrito:</b> Seasoned Pinto Beans Shredded Cheese, WW Tortilla Salsa, Fruit Milk</p> <p>Muffin Fruit</p>	<p>2. Cereal, Fruit Milk</p> <p>Beef Patty WW Bun, Tomato Slices Fresh Fruit Milk</p> <p>Yogurt Crackers</p>	<p>3. WW Pancakes, Fruit w/Cinnamon, Milk</p> <p>Sliced Turkey, Sliced Cheese WW Bread, Carrots Dressing, Fruit Milk</p> <p>WW Muffin Milk</p>	<p>4. Cereal, Fresh Fruit Milk</p> <p>WG Fish Sticks, Tartar Sauce WW Bread, Mixed Vegetables Fruit Milk</p> <p>Boiled Egg Fruit</p>	<p>5. WW Toast, Preserves Fruit, Milk</p> <p><b>Turkey Wrap:</b> Sliced Turkey Sliced Cheese, WW Tortilla Diced Tomatoes, Dressing Fruit, Milk</p> <p>WG Cheez-its Juice</p>
	<p>8. Holiday</p> 	<p>9. WW Raisin Toast, Fruit Milk</p> <p>Sliced Turkey, Sliced Cheese WW Hoagie, Carrots Dressing, Fruit Milk</p> <p>Cottage Cheese Fruit</p>	<p>10. WW Toast, Preserves Fruit, Milk</p> <p>Sliced Turkey, Sliced Cheese WG Roll, Sliced Tomatoes Dressing, Fresh Fruit Milk</p> <p>WW Animal Crackers Milk</p>	<p>11. WW Waffle Sticks, Fruit Milk</p> <p>WG Spaghetti w/ Meat Sauce Shredded Cheese Steamed Peas &amp; Carrots Fruit, Milk</p> <p>Yogurt Fruit</p>	<p>12. WW Pancakes, Fruit w/Cinnamon, Milk</p> <p>Chicken Salad WW Tortilla Salsa, Fruit Milk</p> <p>WG Chex Snacks Fruit</p>
	<p>15. Holiday</p> 	<p>16. Muffin, Fruit Milk</p> <p>Sliced Turkey, Sliced Cheese WW Bread Sliced Tomatoes Dressing, Fruit, Milk</p> <p>Egg Salad WW Bread</p>	<p>17. WW Toast, Preserves Fruit, Milk</p> <p>Sliced Turkey, Sliced Cheese WW Bread, Carrots Dressing, Fruit Milk</p> <p>Cereal Milk</p>	<p>18. Raisin Bread, Fruit w/Cinnamon, Milk</p> <p>WG Chicken Patty WW Bun, Seasoned Potatoes, Fruit Milk</p> <p>Yogurt Fruit</p>	<p>19. WW Breakfast Burrito, Fruit Milk</p> <p>Tuna Pasta Salad WW Bread, Carrots Dressing, Fruit Milk</p> <p>WW Quesadilla Juice</p>
<p>CAPK Central Kitchen does not serve Pork or any Pork Products</p>	<p>22. WG Waffle Sticks, Fruit Milk</p> <p>Sliced Turkey, Sliced Cheese WW Hoagie Tomato Slices, Dressing Fruit Milk</p> <p>Yogurt Fruit</p>	<p>23. WW Toast, Preserves Fruit, Milk</p> <p>Diced Salisbury Steak w/Gravy WW Bread Mashed Potatoes Fruit Milk</p> <p>WW Cheez-its Egg Salad</p>	<p>24. Raisin Toast, Fruit Milk</p> <p>Chicken Salad WG Crackers Tomato Slices Dressing, Fresh Fruit Milk</p> <p>WW Sandwich Milk</p>	<p>25. WW Pancakes, Fruit Milk</p> <p>Chicken Fettuccini WW Bread Steamed Peas Fruit Milk</p> <p>Cottage Cheese Fruit</p>	<p>26. Cereal, Fresh Fruit Milk</p> <p><b>Salad Bar:</b> Chopped Turkey Shredded Cheese, Boiled Egg Diced Tomatoes, Dressing WW Chex Snacks Fruit, Milk</p> <p>WG Crackers Fruit</p>
<p>This institution is an equal opportunity provider and employer</p>					

Water will be Offered throughout the day

12 to 24 Months Unflavored Whole Milk 24 Months and Over 1% Unflavored Milk

Menu Subject to Change