



Next week is Thanksgiving and Community Action Partnership of Kern wants to wish each and every one of you a time of joy and reflection filled with all the bounty of the harvest season. Please remember to stay safe and follow health guidelines during this new surge of COVID-19 cases in our communities.

This week we're proud to share with you a chance to gather some wisdom from one of CAPK's top leaders, to share warmth with the most vulnerable people we serve and learn about how our community is supporting the CAPK Food Bank.

We're thankful you are a part of CAPK in Action!

KEGLEY INSTITUTE of ETHICS CALIFORNIA STATE UNIVERSITY 50 YEARS 1970-2020 ARKERSFIELD

HUMANITIES BEYOND BARS EVENT SERIES

Reimagining Public Safety: A Moderated Conversation

Traco Matthews
Chief Program Officer,
Community Action Partnership
of Kern

Romarilyn Ralston
Program Director, Project
Rebound, CSU Fullerton

Brady Heiner, PhD
Chair, Project Rebound
Consortium

Wednesday, November 18, 2020 - 6 p.m. (PST)

FREE AND OPEN TO THE PUBLIC VIA ZOOM

Event Link is Posted at csub.edu/kie and on KIE Social Media Channels

EVENT SPONSORS

VALLEY STRONG, Adventist Health, PRIDE PLACEMENTS, THE KEGLEY FAMILY, CALIFORNIA HUMANITIES, PUBLIC PHILOSOPHY NETWORK

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Public Safety
CAPK's Traco Matthews talks Ethics

Warm for Winter
Clothes for M Street Clients

Chief Program Officer Traco Matthews is taking part in a critical discussion about the future of law enforcement and public safety in the time of Black Lives Matter and COVID-19 tonight at 6 p.m. The Kegley Institute of Ethics at CSUB is hosting this important conversation. If you can, please click on the link below, find the link to the virtual meeting and listen in.

Kegley Institute
Forum

This month the M Street Navigation Center is collecting donations of new, warm winter clothes for the residents of the M Street Navigation Center. Kern County, as it often does, skipped right from fall into winter and these individuals need help transitioning their clothing to the new season. You can help foster a sense of thanksgiving in our M Street residents by clicking on the link below and making a donation to the Warm for Winter campaign.

Donate to Warm for
Winter



Helping Hands

Community supports Food Bank

The Thanksgiving Holiday brings out the heart of the Kern County community and many of our local institutions and partners are supporting the CAPK Food Bank during a season altered by COVID-19.

Citizens Business Bank is making \$15,000 in donations to CAPK and the Food Bank as well as hosting a virtual employee food drive in all their locations across Southern California. Runners who attend the Bakersfield Turkey Day Run/Walk will be making a donation to the Food Bank.

Thanks also go to Capital Dental Group and 88.3 Life FM radio for their food drive in support of CAPK and our community partners across Kern County.

Celebrating Thanksgiving

Accessible version: <https://www.cd.gov/commainline/2019-nov/daily-life-topics/holidays/thanksgiving.html>



Traditional Thanksgiving gatherings with family and friends are fun but can increase the chances of getting or spreading COVID-19 or the flu. Follow these tips to make your Thanksgiving holiday safer.

The safest way to celebrate Thanksgiving this year is to celebrate with people in your household. If you do plan to spend Thanksgiving with people outside your household, take steps to make your celebration safer.

Everyone Can Make Thanksgiving Safer

Stay Safe and Thankful

Tips on how to celebrate this season

We've faced a lot of challenges in 2020 and now is an important time to stop, cherish our families and friends and be thankful for the good things we do have. But even celebrations are more challenging this year. Staying safe is easiest to do when we remain home this Thanksgiving with the immediate family we live with. But health officials have some guidance to share if you do travel or celebrate with others. Click the link below to learn more.

How to be safe on
Thanksgiving

