



## **Most Needed Items:**

- Canned meats & fish (in water)
- Peanut or other nut butters
- Canned vegetables
- Rice (brown preferred)
- Canned fruit (packed in water or juice)
- Natural applesauce
- Dried or canned beans (low sodium)
- Whole grain cereal (low sugar)
- Canned or boxed soup (low sodium)
- Whole grain pasta
- Healthy snacks such as low sugar granola bars, raw nuts or dried fruit.

## **You CAN help!**

### **These Allstate agencies are drop off locations**

218 SOUTH H 103, Bakersfield

2509 MOUNT VERNON, Bakersfield

6649 MING AVENUE, Bakersfield

2500 NEW STINE RD 10, Bakersfield

4300 COFFEE RD #A4, Bakersfield

6300 WHITE LANE #T, Bakersfield

3939 BERNARD 4, Bakersfield

9910/B2 ROSEDALE HY, Bakersfield

920 WIBLE RD, Bakersfield

3400 PANAMA LN #H, Bakersfield

1801 21ST ST #3, Bakersfield

4200 EASTON DR 1, Bakersfield

2601 BLUE MTN WAY, Bakersfield



### **For questions contact:**

Mallessa Barraza, CAPK Food Bank

(661) 336-5236

mbarraza@capk.org

# **June 19-30 Let's CAN Hunger Food Drive**